



NORTHWEST ARCTIC BOROUGH SCHOOL DISTRICT

Atautchikun Iñuunialiptigun (Through Our Way of Life Together as One)

NWABSD Food Service Overview

Natalie Dickey, Administrative Services Business Manager

Amber Colvin, Food Services Manager

October 2025



- Assist students with meeting daily caloric intake expectations
- Aid students in expanding their dietary options
- Provide equity to those families suffering from food insecurity.





- National School Lunch Program (NSLP)
- School Breakfast Program (SBP)
- Fresh Fruit & Vegetable Program (FFVP)
- USDA Foods Program

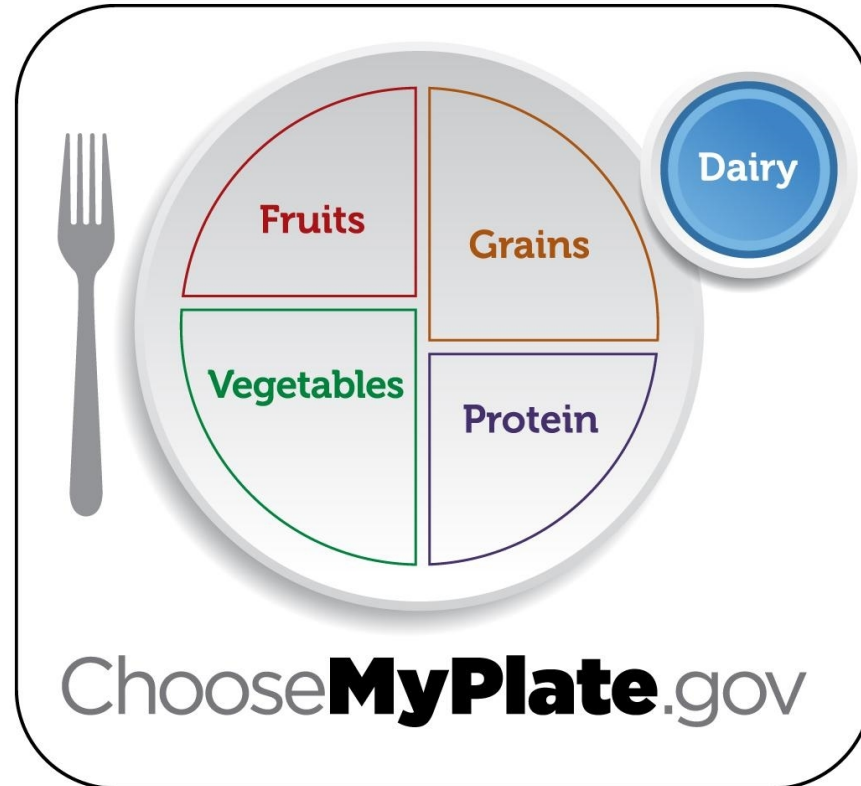


Programs



Breakfast Components

3 required
components



Lunch Components

5 required
components

Menu Planning



Moving Alaska's Traditional Foods into the school kitchen

Hunter/Fisher and Food Service Program must be in communication

Donations accepted for:

- ✓ Meats: whole, quartered, or roasts
- ✓ Fish: gutted and gilled, with or without heads
- ✓ Plants: whole, fresh or frozen

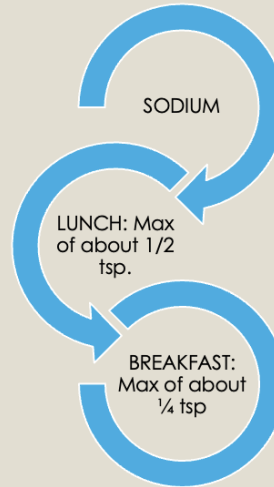
Confirmations needed:

- ✓ Animal not diseased
- ✓ Proper preparation steps followed
- ✓ Transfer of possession form completed for donating game meat

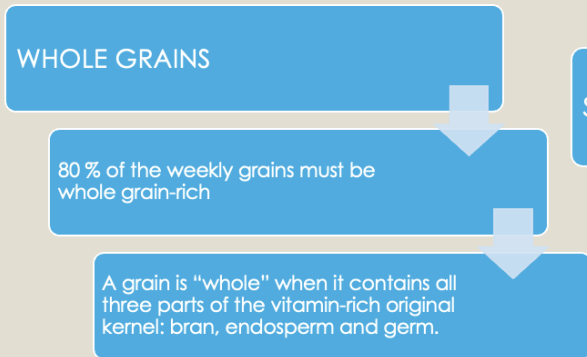




Dietary Specifications



Example: One pkg of prepared ramen contains 3/4 tsp. salt



Dietary Guidelines



Dietary Guidelines Breakfast

Fruits
A full cup of fruit is available every day, providing nutrients that are important for kids' health, such as potassium, dietary fiber, vitamin C, and folate (folic acid).

MILK
Kids and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth, and muscles.

Vegetables
Every breakfast does not include vegetables, but schools may offer them in place of fruits.

Protein
Some breakfast menus may offer items such as eggs, nuts, or meats to pair with whole-grain options.

GRAINS
Starting every day the whole grains way gives kids and teens B vitamins, minerals, and fiber to feel fuller longer so they stay alert to concentrate at school.



GRAINS
Whole grains give kids B vitamins, minerals, and fiber to help them feel fuller longer so they stay alert to concentrate at school.

VEGETABLES
A variety of vegetables helps kids get the nutrients and fiber they need for good health.

MILK
Low-fat (1%) or Fat-free milk. Children and teens need the calcium, protein, and vitamin D found in milk for strong bones, teeth and muscles.

PROTEIN FOODS
Meat, poultry, fish, dry beans, peas, eggs, nuts, and seeds provide many nutrients including protein and iron. Portion sizes are based upon the nutrition needs of children in various grade groups. School meals also allow cheese, tofu, and yogurt to count as the meat/meat alternate in the school lunch.

FRUITS
Every school lunch includes fruits as well as vegetables. Only ½ of the fruits offered may be 100% juice, since whole and cut-up fruits have more fiber.

Dietary Guidelines Lunch



Challenges NMS and NWABSD Face in Meeting USDA Guidelines

- ✓ Adapting to evolving school nutrition standards
 - balancing nutrition and participation
- ✓ Rising costs
- ✓ Shipping delays

Challenges



NMS & NWABSD Food Service cost out FY24

	<i>NMS Cost</i>	<i>Estimated NWABSD Cost</i>	<i>Notes</i>
Food	\$ 696,549.00	\$ 2,448,872.63	Vendors quoted food and supplies combined. Bypass freight not included for freeze & fresh fruit or vegetables, so not included in amount.
Supplies	\$ 79,907.00		
Postage & Freight	\$ 459,064.00	\$ 505,000.00	VERY Rough estimate
Salaries & Benefits	\$ 782,207.00	\$ 1,748,782.00	Same # of staff as NMS @ District's pay & benefit rates
Facility Rent/Utilities	\$ 151,043.00	\$ -	NMS rents a warehouse, provides housing for management staff. No estimate for district at this time.
Equipment Depreciation	\$ 22,726.00	\$ -	N/A
Travel	\$ 28,229.00	\$ 80,000.00	Estimate with site visits for manager(s) to review and train staff
Vehicle Costs	\$ 14,306.00	\$ -	N/A
Other	\$ 15,969.00	\$ -	N/A
TOTAL	\$ 2,250,000.00	\$ 4,782,654.63	
Projected NWABSD cost over NMS		\$ 2,532,654.63	

Cost Comparison



- **Monthly**
 - Claims for reimbursement – NSLP & SBP
 - Student enrollment/household eligibility
- **Quarterly**
 - Requests/Expenditures for FFVP
- **Annually**
 - Food Safety Inspections
 - Claims for FFVP
 - New applications – NSLP, SBP, FFVP





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