

2012 Oregon Student Wellness Survey



Sheridan SD 48J

Oregon Health Authority, Addictions and Mental Health Division

Conducted by International Survey Associates dba Pride Surveys

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158	During your life, how many times have you used a needle to inject any illegal drug into your body?	78	178	Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?	83
159	Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)	78	179	My parents ask if I've gotten my homework done	83
160	Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)	78	180	My parents would catch me if I skipped school	83
161	If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	79	181	When I am not at home, one of my parents knows where I am and whom I am with	84
162	If you wanted to get some, how easy would it be for you to get some cigarettes?	79	182	My family has clear rules about alcohol and drug use	84
163	If you wanted to get some, how easy would it be for you to get some marijuana?	79	183	How would most students in your school respond to this statement "My family has clear rules about alcohol and drug use."	84
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165	How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	80	185	How wrong do you think your parents feel it would be for you to smoke cigarettes?	85
166	How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?	80	186	How wrong do you think your parents feel it would be for you to smoke marijuana?	85
167	How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?	80	187	BMI Percentile Ranking	85
168	How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?	80	188	How do you describe your weight?	85
169	How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?	81	189	Which of the following are you trying to do about your weight?	86
170	How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?	81	190	During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?	86
171	How wrong do you think it is for someone your age to smoke one or more packs of cigarettes a day?	81	191	During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)	86
172	How wrong do you think it is for someone your age to try marijuana or hashish once or twice?	81	192	During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?	86
173	How wrong do you think it is for someone your age to use marijuana or hashish once a month or more?	82			
174	How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	82			
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1 INTRODUCTION

This is a report of key findings from the *Oregon Student Wellness Survey*, a survey of 6th, 8th and 11th grade youth, conducted in the spring of 2012. The *Oregon Student Wellness Survey* is an anonymous and voluntary survey sponsored by the Oregon Health Authority (OHA) in collaboration with the Oregon Department of Education. OHA contracted with International Survey Associates to recruit schools, administer the survey and report survey results. The survey was available free of charge to all Oregon schools that chose to participate including public, charter and private. Schools that agreed to participate in the *Oregon Student Wellness Survey* were given the option of administering the survey either online or by paper and pencil with the schools determining which method would be best for their particular circumstances.

The *Oregon Student Wellness Survey* was designed to assess a wide range of topics that included school climate, positive youth development, mental health, substance use, problem gambling, fighting and other problem behaviors. In addition the survey collected information about risk and protective factors that are influential in healthy youth development and student success.

Oregon Student Wellness Survey results are used by schools, state and local agencies, organizations and communities to assess and monitor the health and well being of Oregon youth and the environments in which they live. *Oregon Student Wellness Survey* data can serve as a valuable tool for program planning, implementation, and evaluation. The data are essential information for communications with legislators and the public, and communities and local agencies will find the data improves their ability to procure funding by providing the baseline data needed for grant writing. In these ways, schools, communities and policy makers will find themselves poised to make effective decisions about behavior and health policies, services, programs and educational activities.

The *Oregon Student Wellness Survey* was designed as a split survey. The 6th and 8th grade version of the survey consisted of a subset of the questions found on the 11th grade versions. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version appear in this report as missing.

This report is divided into topic specific sections. Each section provides a brief overview of the topic, followed by summary data tables that include results for all three grades and compares local data to that of the state. The state data for this report has been weighted based on enrollment numbers. The district data in this report is unweighted.

Your questions, concerns and comments are invited. For more information about how the Oregon Student Wellness Survey results are used, contact:

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1.1 Participants by Gender

Table 1: Participants by Gender

	Grade 6 District	Grade 8 District	Grade 11 District
Female	43	49	25
Male	31	27	16
NA*	0	1	1
TOTAL	74	77	42

* NA - No Answer

1.2 Race and Ethnicity

Schools throughout Oregon vary considerably in the racial and ethnic composition of their students. The *Oregon Student Wellness Survey* asks one question about race and another about Hispanic or Latino ethnicity.

The table below shows the percentage of students that self-identified as...

Table 2: Race and Ethnicity

	Grade 6 District	Grade 8 District	Grade 11 District
American Indian or Alaska Native	2.9	1.4	2.5
Asian	2.9		
Black or African American	2.9		
Native or Other Pacific Islander	1.4	4.1	
White	82.6	78.4	85.0
Multiracial	7.2	16.2	12.5

Percentages exclude missing answers.

The table below shows the student responses to the question "Are you Hispanic or Latino/Latina?"

Table 3: Hispanic or Latino/Latina?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	8.5	17.6	9.5
No	91.5	82.4	90.5

Percentages exclude missing answers.

1.3 Language Used at Home

Students were asked what language they used most often at home.

Table 4: Language Used at Home

	Grade 6 District	Grade 8 District	Grade 11 District
English	94.5	97.2	97.6
Russian			
Spanish	4.1	1.4	2.4
Vietnamese			
A tribal language			
Another language	1.4	1.4	

Percentages exclude missing answers.

2 SCHOOL CLIMATE

School climate is an important issue to parents, administrators and the community. The environment within a school directly impacts students' academic, social, emotional and mental states. Respectful, supportive relationships among students, teachers and parents are fundamental. When students have opportunities to collaborate and share a sense of purpose and ideals, students, faculty and staff look forward to school. When students are attached to school and to teachers and prosocial peers, they are more likely to behave in prosocial ways themselves, and to avoid engaging in high-risk behaviors.

There is strong evidence that the learning environment influences student attachment to school. Classroom and school interventions that make the learning environment safer, more caring, better managed and highly participatory and that enhance students' social competence have been shown to increase student attachment to school. A comprehensive assessment of school climate involves input from students, faculty and staff on a wide range of topics. The data collected with the *Oregon Student Wellness Survey* deals exclusively with the student perception aspect of school climate. It provides an assessment of whether students feel they belong, are valued and physically and emotionally safe at school.

2.1 Supportive Atmosphere

In supportive atmospheres students feel more comfortable approaching and interacting with teachers and peers, thereby strengthening their relationships.

The table below reports the percentage of students that agree with the following statements.

Table 5: Supportive Atmosphere

	Grade 6 District	Grade 8 District	Grade 11 District
My teachers notice when I am doing a good job and let me know about it.	78.3	76.3	66.7
I can talk to my teachers openly and freely about my concerns.	67.6	63.2	70.7
In my school, teachers treat students with respect.	89.7	61.0	88.1
Most students at my school help each other when they are hurt or upset.	71.0	66.7	65.9
In my school, students that work hard to get good grades are picked on by other students.	34.8	30.3	24.4

Percentages exclude missing answers.

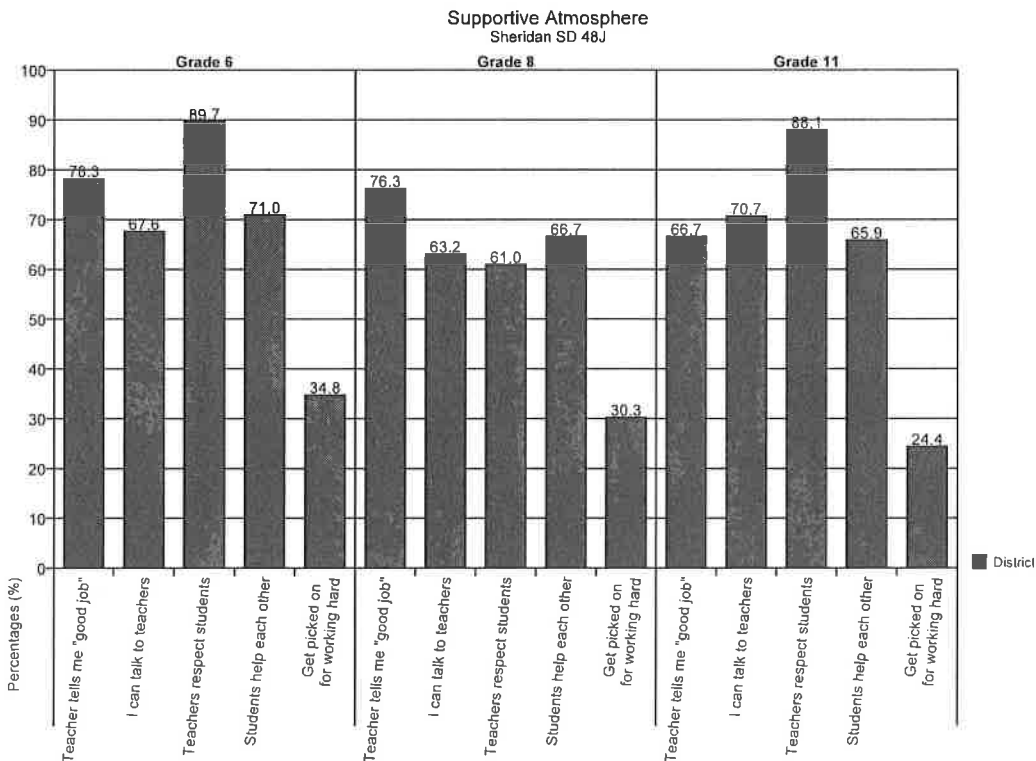


Figure 1: Supportive Atmosphere

2.2 Attachment to School

Students who like school, feel their assignments are important, and that what they are learning in school will be valuable to them later in life, are better prepared to make successful transitions after graduation. Young people who do not feel a part of society, are not bound by rules, don't believe in trying to be successful or responsible are at high risk of academic failure and developing mental, emotional or behavioral disorders.

Table 6: Attachment to School

	Grade 6 District	Grade 8 District	Grade 11 District
I like school	63.5	59.7	50.0
I did not skip school in the last four weeks	85.1	76.6	61.9
I respect my teachers	91.0	81.3	90.5

Percentages exclude missing answers.

This table show the percentage of students that say...

Table 7: Value School Work

	Grade 6 District	Grade 8 District	Grade 11 District
I feel that schoolwork is meaningful and important	66.7	44.2	39.0
I tried to do my best work in school over the past year	88.7	65.8	73.2
I think the things I am learning in school are going to be important later in life	79.5	63.6	56.1

Percentages exclude missing answers.

Table 8: Accountability to Parents

	Grade 6 District	Grade 8 District	Grade 11 District
My parents ask if I've gotten my homework done.	85.0	80.6	77.5
My parents would catch me if I skipped school.	90.0	76.4	67.5
When I am not at home, one of my parents knows where I am and whom I am with.	87.1	83.6	80.0

Percentages exclude missing answers.

13

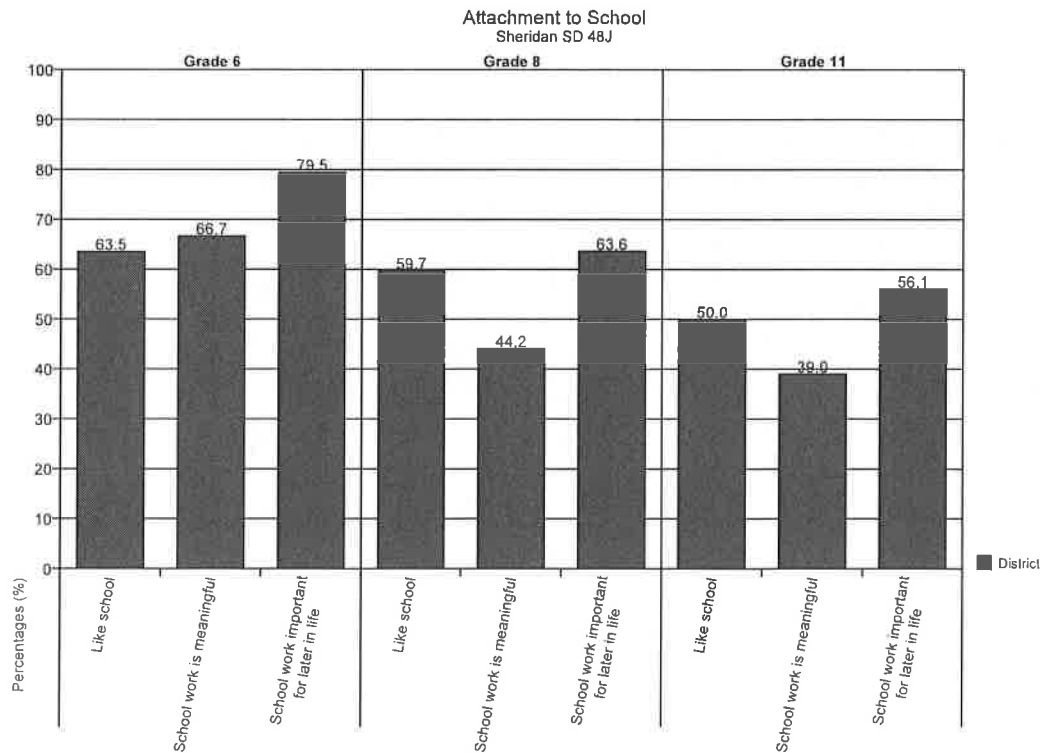


Figure 2: Attachment to School

2.3 Opportunities for Participation

When young people are given many opportunities to participate meaningfully in school activities that are important to them, they are less likely to engage in problem behaviors. When opportunities are available for positive participation outside of class, children are less likely to engage in substance use, and other problem behaviors.

The table below shows the percentage of students that agree with the following statements about their school.

Table 9: Opportunities for Participation

	Grade 6 District	Grade 8 District	Grade 11 District
I have lots of chances to be part of class discussions or activities.	87.1	88.3	92.9
There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.	89.9	78.9	88.1

Percentages exclude missing answers.

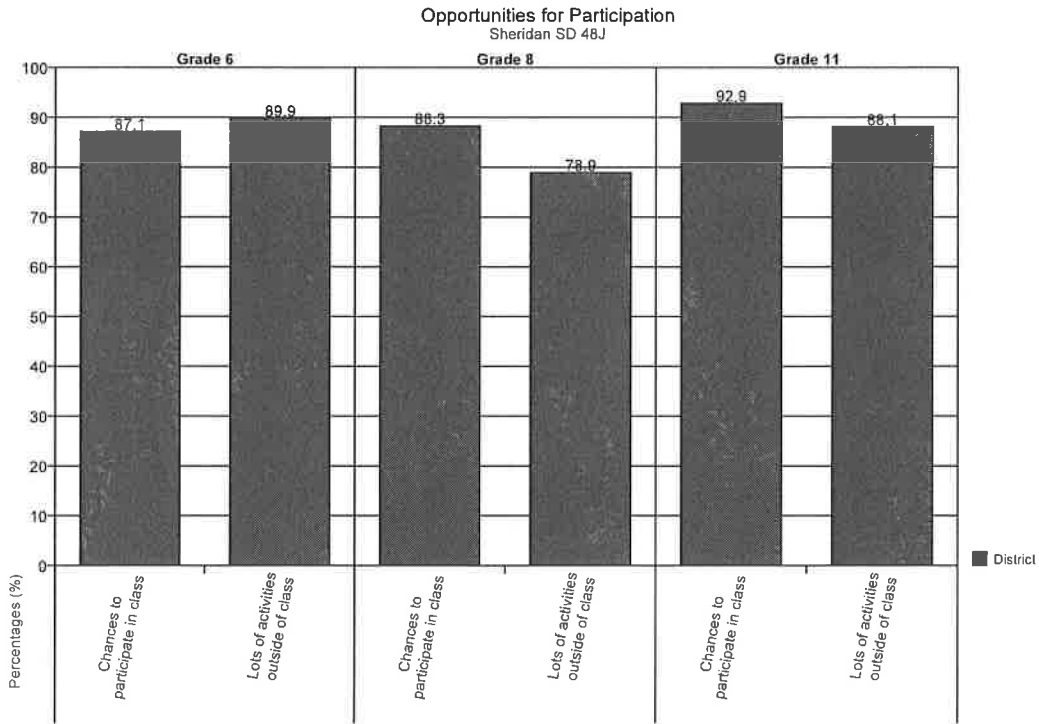


Figure 3: Opportunities for Participation

2.4 Safe Environment

Students who are harassed, feel unsafe or otherwise victimized are more likely to cut classes, skip school, feel depressed or become involved in problem behaviors. Comprehensive discipline, positive behavior support and anti-bullying programs in schools have been shown to reduce the incidence of harassment.

Table 10: Safe Environment

	Grade 6 District	Grade 8 District	Grade 11 District
Did not go to school one or more times in the past 30 days because you felt unsafe at school or on your way to or from school	13.4	14.9	7.1

Percentages exclude missing answers.

The following table shows the percentage of students that witnessed another student being harassed in school or on the school bus in the past year.

Table 11: Bullying

	Grade 6 District	Grade 8 District	Grade 11 District
Heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?	76.5	86.8	71.4
Seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?	61.4	68.8	40.5
Heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?	78.6	86.7	71.4

Percentages exclude missing answers.

17

This table shows the percentage of students that have been harassed during the past 30 days. Students were asked to indicate whether they were harassed at school or on the way to or from school for any of the following reasons.

Table 12: Harassment

	Grade 6 District	Grade 8 District	Grade 11 District
Your race or ethnic origin	16.2	10.8	2.5
Someone said you were gay, lesbian, bisexual and transgender	26.5	12.3	15.0
Your group of friends	25.0	14.5	20.0
Your weight, clothes, acne or other physical characteristics	40.3	41.3	24.4
Unwanted sexual comments or attention	7.5	13.3	9.8
E-mail, chat rooms, IM, Web sites, texting or phone	14.9	16.2	22.5
For other reasons.	38.8	29.3	12.5
Any harassment in the past 30 days	66.2	56.0	43.9

Percentages exclude missing answers.

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Harassment - Grade 6
Sheridan SD 48J

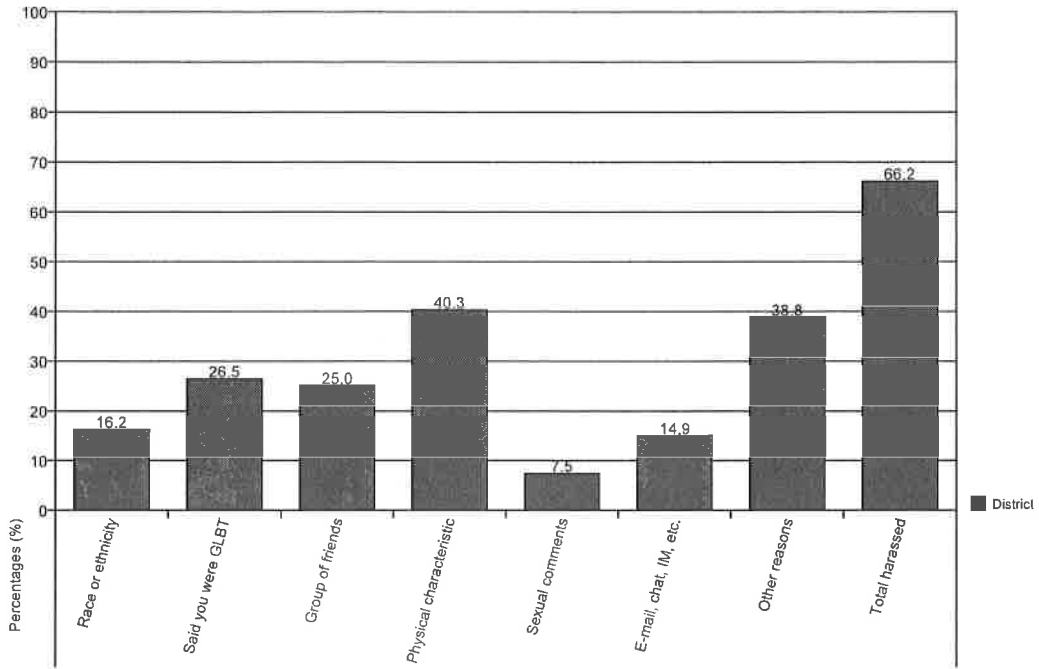


Figure 4: Harassment - Grade 6

Harassment - Grade 8
Sheridan SD 48J

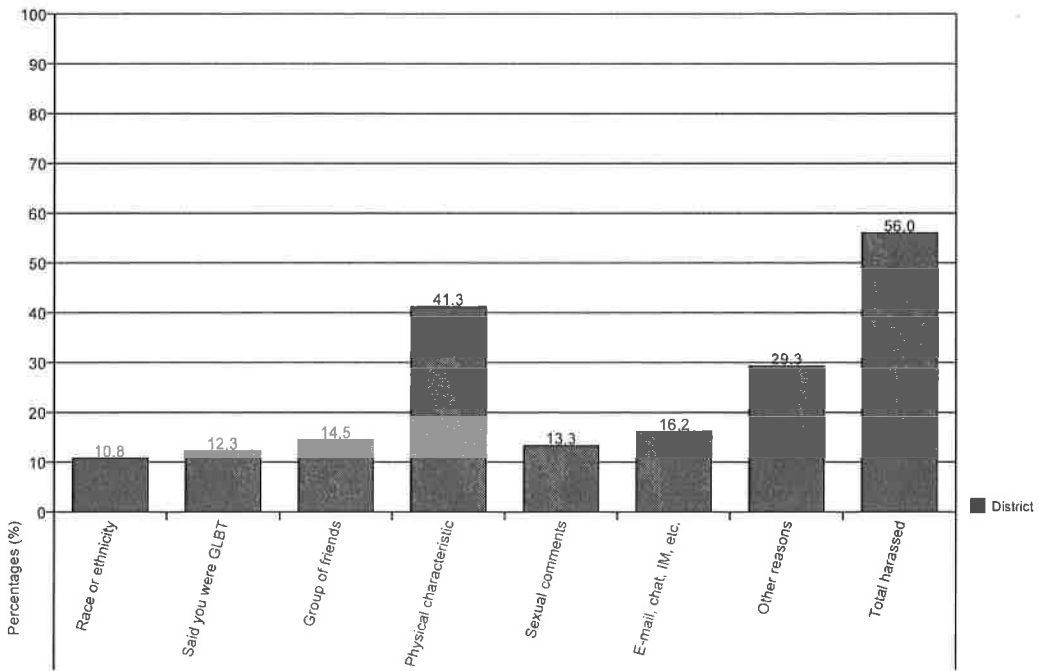


Figure 5: Harassment - Grade 8

Harassment - Grade 11
Sheridan SD 48J

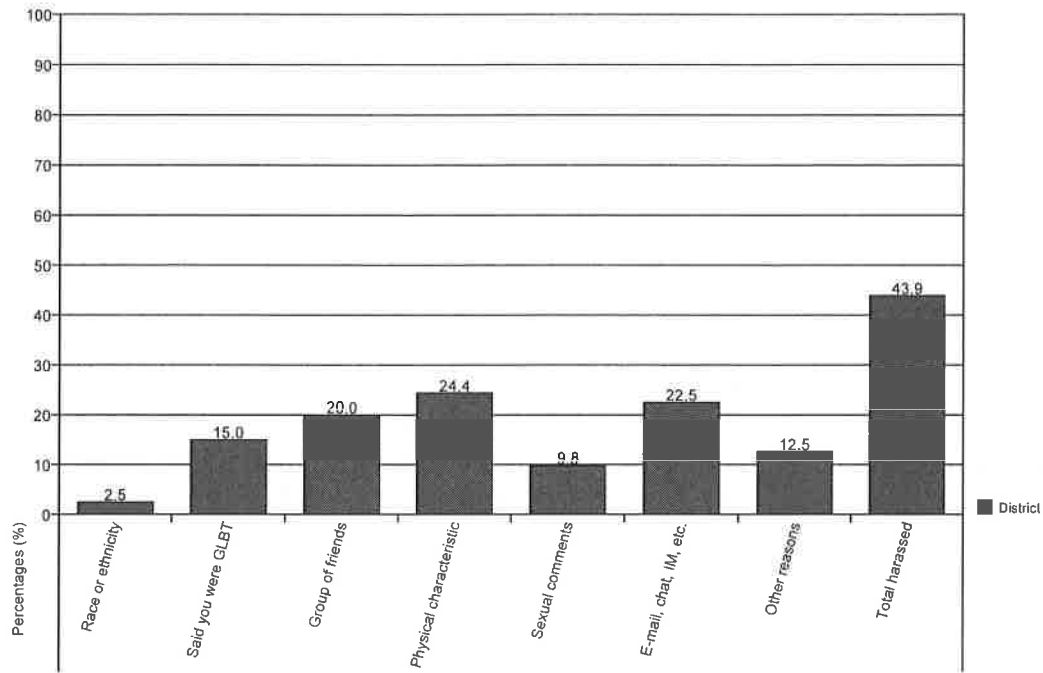


Figure 6: Harassment - Grade 11

2.5 Serious Problem Behaviors

Schools are one of the safest places for our children. This does not mean that they are free of serious problem behaviors.

This table shows the prevalence of other serious problem behaviors reported to have occurred in the past 12 months at school.

Table 13: Serious Problem Behaviors on School Property

	Grade 6 District	Grade 8 District	Grade 11 District
Someone has offered, sold or given you an illegal drug at school	2.9	1.3	9.8
Were in a physical fight on school property	17.9	21.6	4.8
Been threatened with a weapon on school property	17.9	16.0	0.0
Took a weapon other than a gun to school	3.0	6.7	7.1
Took a gun to school	0.0	1.4	7.3
Have a gun/weapon on school property	3.0	6.7	7.1

Percentages exclude missing answers.

This table shows problem behaviors that took place in the past 12 months, but they may take place anywhere, not necessarily on school property.

Table 14: Serious Problem Behaviors

	Grade 6 District	Grade 8 District	Grade 11 District
In a physical fight	41.2	26.7	19.0
Bullied someone physically or verbally	38.5	38.7	19.0

Percentages exclude missing answers.

Serious Problem Behaviors
Sheridan SD 48J

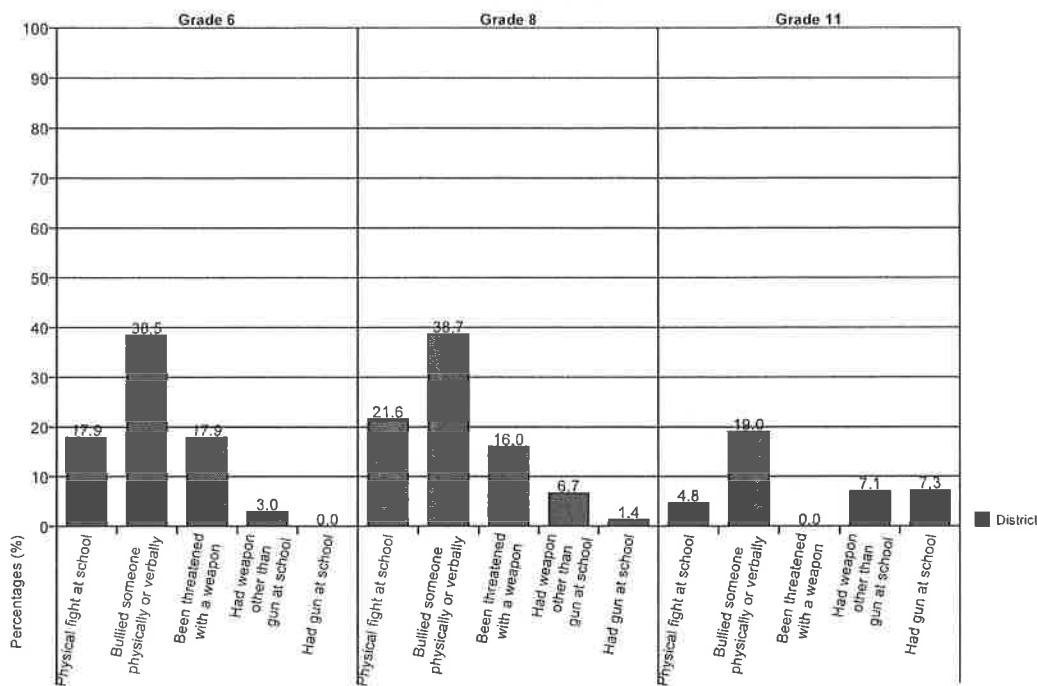


Figure 7: Serious Problem Behaviors

3 POSITIVE YOUTH DEVELOPMENT

In 2006, a statewide benchmark of positive youth development (PYD) was established for 8th and 11th graders. High levels of positive youth development are strongly associated with healthy behaviors and student success. The benchmark looks at six components: emotional and mental health, physical health, feelings of competence, self-confidence, support of a caring adult in school, and service to the community.

3.1 PYD Benchmark

Students that answer at least five of the six PYD questions in a positive manner are considered to have strong positive youth development.

Table 15: PYD Benchmark

	Grade 6 District	Grade 8 District	Grade 11 District
Strong positive youth development	58.8	41.0	68.4
Weak positive youth development	41.2	59.0	31.6

3.2 General Health

Two questions are asked as an assessment of student health.

Table 16: General Health

	Grade 6 District	Grade 8 District	Grade 11 District
Good to excellent physical health	84.8	83.3	85.7
Good to excellent emotional and mental health	81.2	82.2	85.7

3.3 Competence, Confidence, Support and Service

The following table reports the percentage of students that indicated the statement is "pretty much true" or "very much true."

Table 17: Competence, Confidence, Support and Service

	Grade 6 District	Grade 8 District	Grade 11 District
I can work out my problems.	75.0	74.0	87.2
I can do most things if I try.	64.5	69.9	87.5
There is at least one teacher or other adult in my school that really cares about me.	79.0	73.6	77.5
I volunteer to help others in my community.	53.6	38.2	57.9

Positive Youth Development - Grade 6
Sheridan SD 48J

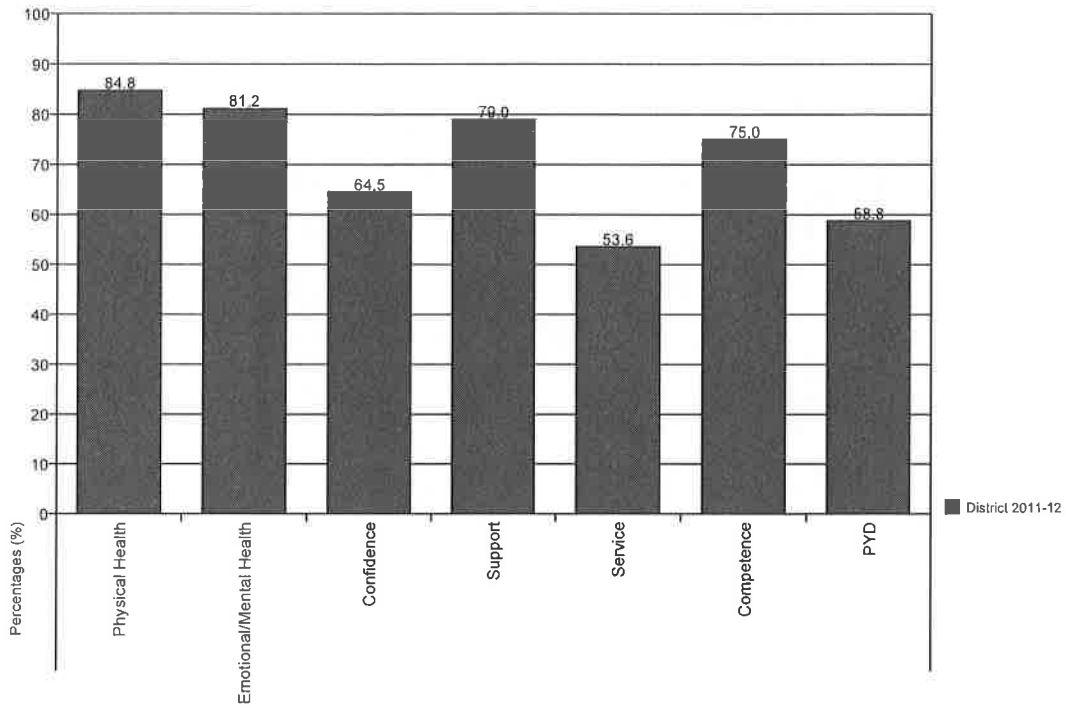


Figure 8: Positive Youth Development - Grade 6

Positive Youth Development - Grade 8
Sheridan SD 48J

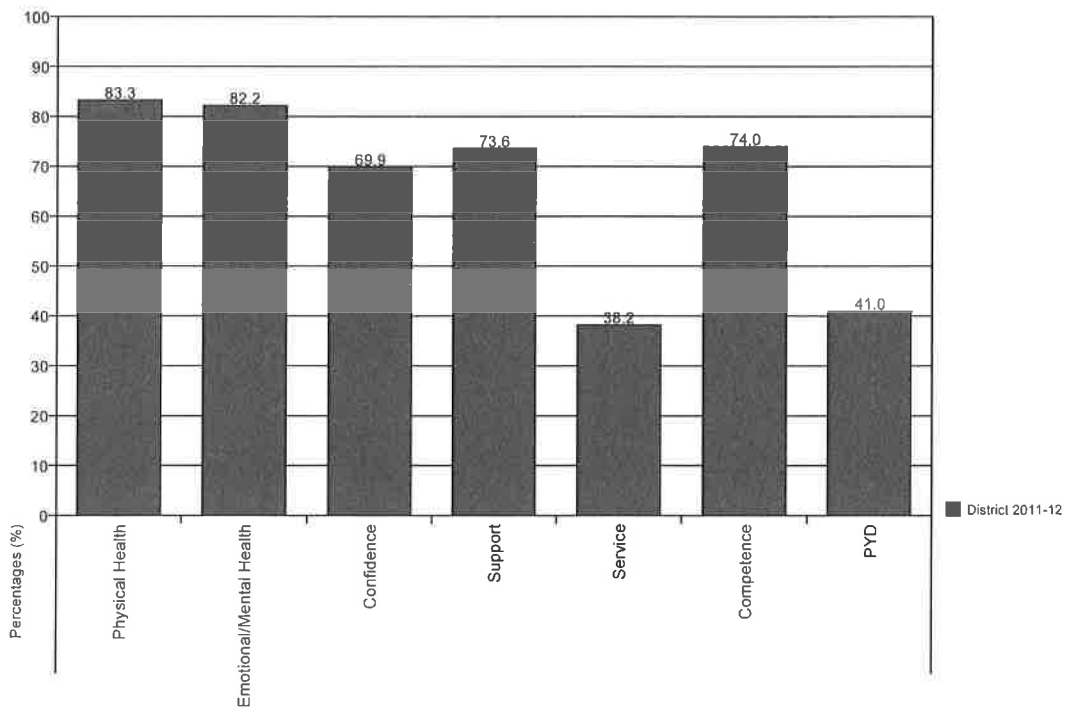


Figure 9: Positive Youth Development - Grade 8

Positive Youth Development - Grade 11
Sheridan SD 48J

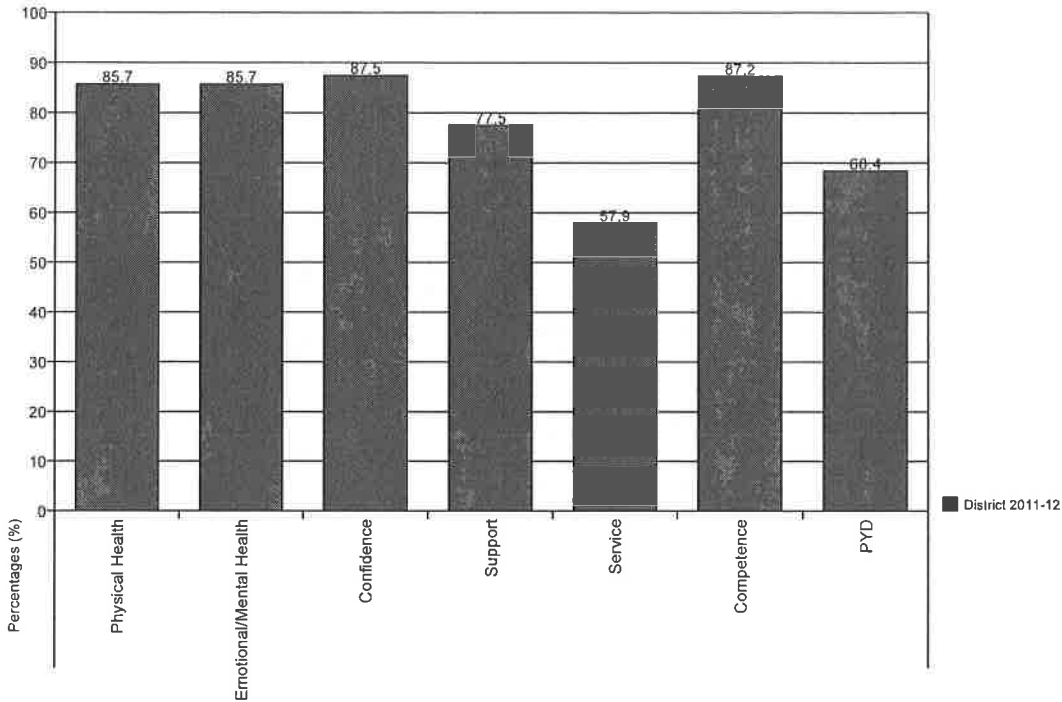


Figure 10: Positive Youth Development - Grade 11

4 MENTAL AND EMOTIONAL HEALTH

Good mental and emotional health makes it easier for youth to establish constructive interpersonal relationships, succeed in school and make a successful transition into the workforce. Depression and psychological distress can interfere with the development of positive teacher and peer relationships. Youth with depression or high levels of psychological distress may find it difficult to focus on academics. They are more likely to smoke, drink alcohol or use other drugs and they are at increased risk of suicide.

The *Oregon Student Wellness Survey* asks questions about emotional and mental health, depression, suicide thoughts and suicide attempts. The survey also asks a series of five questions known as the Mental Health Inventory (MHI-5). When responses for all five are considered together, the result is an estimate of the level of psychological distress that youth are experiencing. MHI-5 scores range from five to 30. Scores of 21 or higher are an indication that youth may be experiencing a mental health concern that requires further assessment.

4.1 Psychological Distress

This table shows the percentage of students with high levels of psychological distress during the past 30 days based on an MHI-5 score of 21 or higher.

Table 18: Psychological Distress

	Grade 6 District	Grade 8 District	Grade 11 District
Below MHI-5 cutoff	84.8	89.2	90.2
At or above MHI-5 cutoff	15.2	10.8	9.8

The following table contains data on each of the five Mental Health Inventory questions. This series of questions asks about how the student was feeling during the past 30 days. The table reports the percentage of students that indicated "a good bit of the time," "most of the time", or "all of the time."

Table 19: MHI-5 Questions

	Grade 6 District	Grade 8 District	Grade 11 District
Been a happy person?	71.4	71.4	78.6
Felt calm and peaceful?	56.5	59.2	63.4
Been a very nervous person?	33.3	27.6	23.8
Felt downhearted and blue?	27.9	27.6	23.8
Felt so down in the dumps that nothing could cheer you up?	18.6	17.1	9.5

4.2 Depression and Suicide Ideation

Suicide is the second leading cause of death among Oregon youth aged 10-24. Depression is the most common underlying cause of suicide. The following table reports the percentage of students that had signs of depression, thoughts about suicide, or actually attempted suicide during the last 12 months.

Table 20: Depression and Suicide Ideation

	Grade 6 District	Grade 8 District	Grade 11 District
Did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?	31.0	39.0	31.7
Did you ever seriously consider attempting suicide?	14.5	16.9	14.3
Actually attempted suicide?	5.7	5.2	14.3

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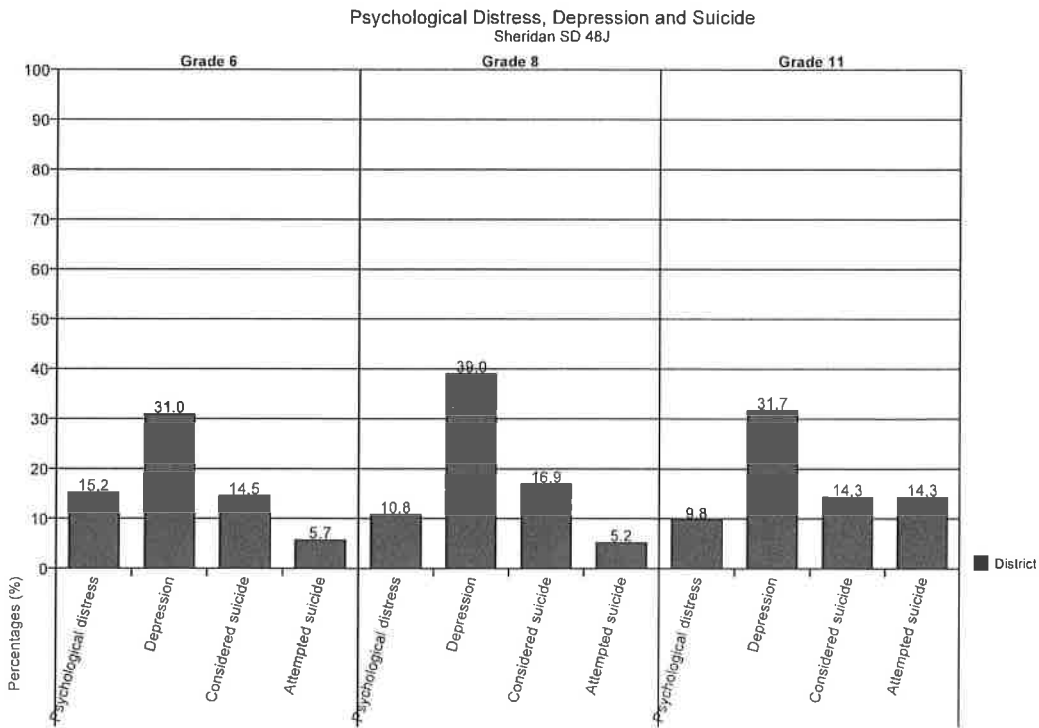


Figure 11: Psychological Distress, Depression and Suicide

5 PROBLEM GAMBLING

Students today are increasingly being exposed to gambling opportunities - on the Internet, in the community, at home and even at church - so it's no surprise that problems associated with gambling are being seen in youth. It's generally not perceived nor treated as risky, yet research shows that youth who gamble are much more likely to engage in other risky behaviors such as drinking, smoking and using drugs and some of them will go on to develop serious gambling problems.

The adolescent brain is developmentally inclined towards risk, minimal consideration of consequences, preference for stimulation and novelty, all of which gambling offers in abundance.

The *Oregon Student Wellness Survey* asks a series of questions that address and measure various gambling activities. Students were asked questions regarding the types of gambling they participated in, their feelings about being involved in gambling and the degree to which parents and teachers have communicated to the students the risks involved in engaging in this particular activity.

Gambling can be addictive, yet most youth and parents treat it as harmless entertainment. The following tables and charts contain data on gambling questions. These percentages are provided by grade level and statewide data are included for comparison purposes. For more information on youth gambling in Oregon, including more data and educational resources, go to www.problemgamblingprevention.org.

5.1 Types of Gambling

Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event. The following table shows the percentage of students that participated in these types of gambling in the last 30 days.

Table 21: Types of Gambling

	Grade 6 District	Grade 8 District	Grade 11 District
I did not gamble during the last 30 days.	73.0	67.5	59.5
Playing lottery ticket/Powerball/Megabucks	2.7	5.2	11.9
Playing dice or coin flips.	9.5	11.7	4.8
Playing cards (poker, etc.).	5.4	18.2	16.7
Betting on a sports team.	9.5	16.9	21.4
Betting on games of personal skill (bowling, video games, dares, etc.).	16.2	16.9	14.3
Gambling on the Internet for free or with money.	4.1	6.5	2.4
Playing Bingo for money.	2.7	2.6	2.4
Other.	8.1	22.1	4.8

Percentages exclude missing answers.

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5.2 Risk of Problem Gambling

Most youth don't have large sums of money to spend on gambling, so this measure must be looked at within that context. The fact that youth are spending any money on a potentially addictive behavior is of concern, and some youth spend significant amounts on it. Even those who spend a small amount of money are still "spending" time and attention on gambling at the expense of other activities and responsibilities. By the time they get into college, where problem gambling rates are among the highest and the average college student gets 25 credit card solicitations a year, some youth have developed seemingly innocent gambling habits that will cost them dearly.

The following table shows the percentage of 11th grade students that reported the following signs of problem gambling in the last 12 months. The last two questions (lied about/bet more) are based on a valid and reliable problem gambling screening instrument which has been used for many years; saying yes to either of these is highly correlated to a potential gambling problem and indicates a need for further assessment by a trained counselor.

Table 22: Signs of Problem Gambling

	Grade 6 District	Grade 8 District	Grade 11 District
Felt bad about the amount you bet, or about what happens when you bet money	0.0	2.6	0.0
Felt that you would like to stop betting money but didn't think you could	0.0	1.3	0.0
Lied to anyone about betting/gambling	4.5	6.5	2.6
Bet/gambled more than you wanted to	3.2	7.8	0.0

5.3 Communication about the Risks of Gambling

Table 23: Communication About the Risks of Gambling

	Grade 6 District	Grade 8 District	Grade 11 District
Parents have talked to you about the risks of betting/gambling	43.1	45.5	43.6
Teachers have talked to you about the risks of betting/gambling	12.5	20.8	29.7

32

Gambling - Grade 6
Sheridan SD 48J

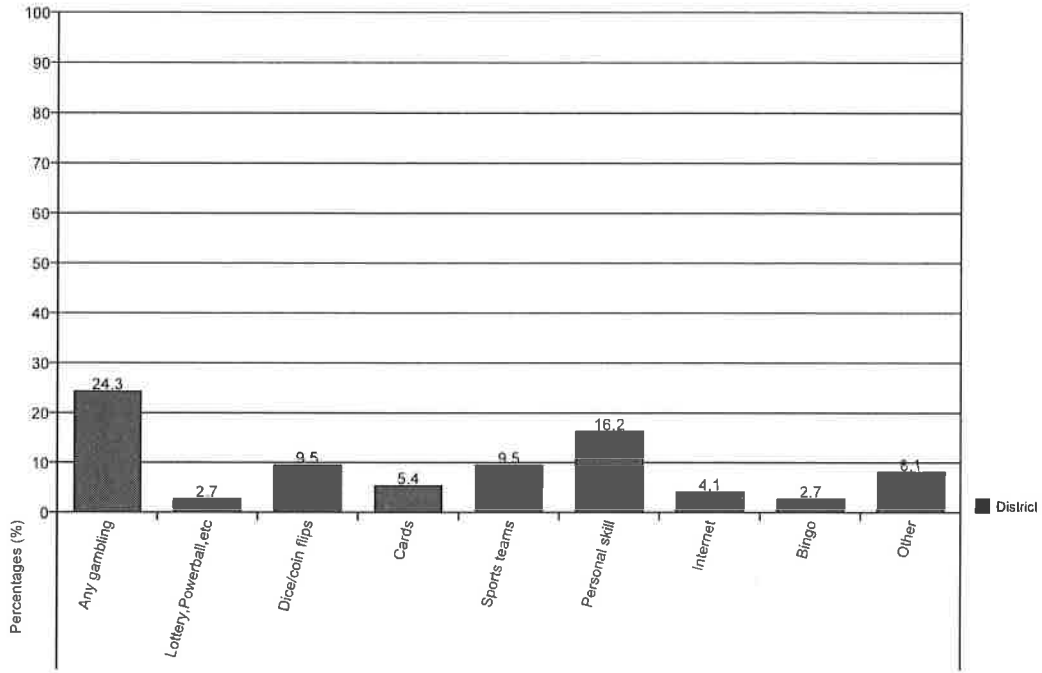


Figure 12: Gambling - Grade 6

Gambling - Grade 8
Sheridan SD 48J

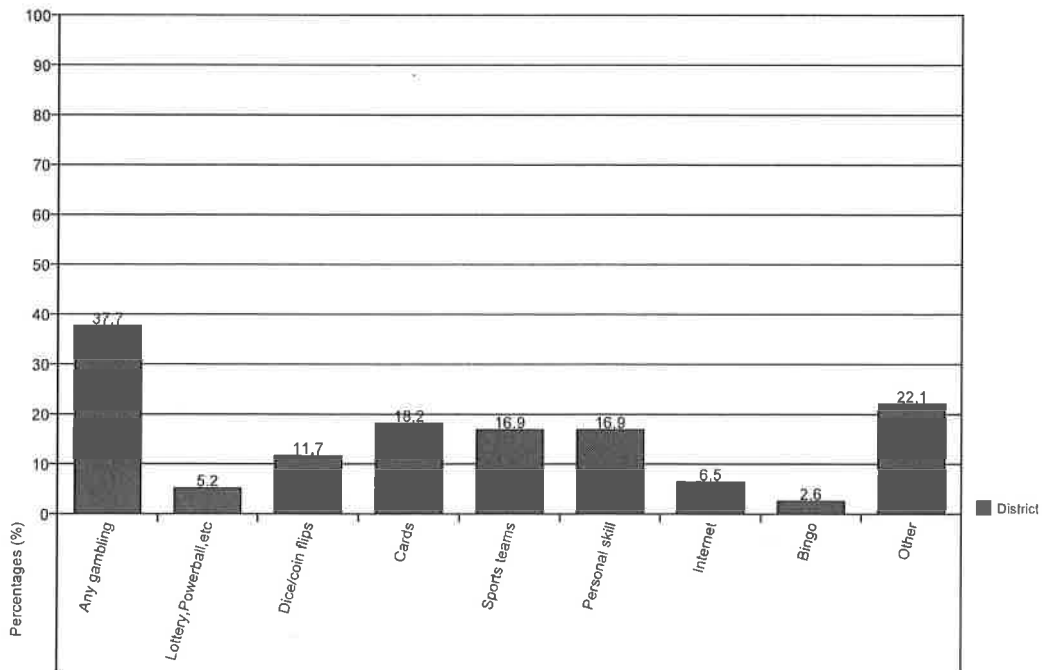


Figure 13: Gambling - Grade 8

Gambling - Grade 11
Sheridan SD 48J

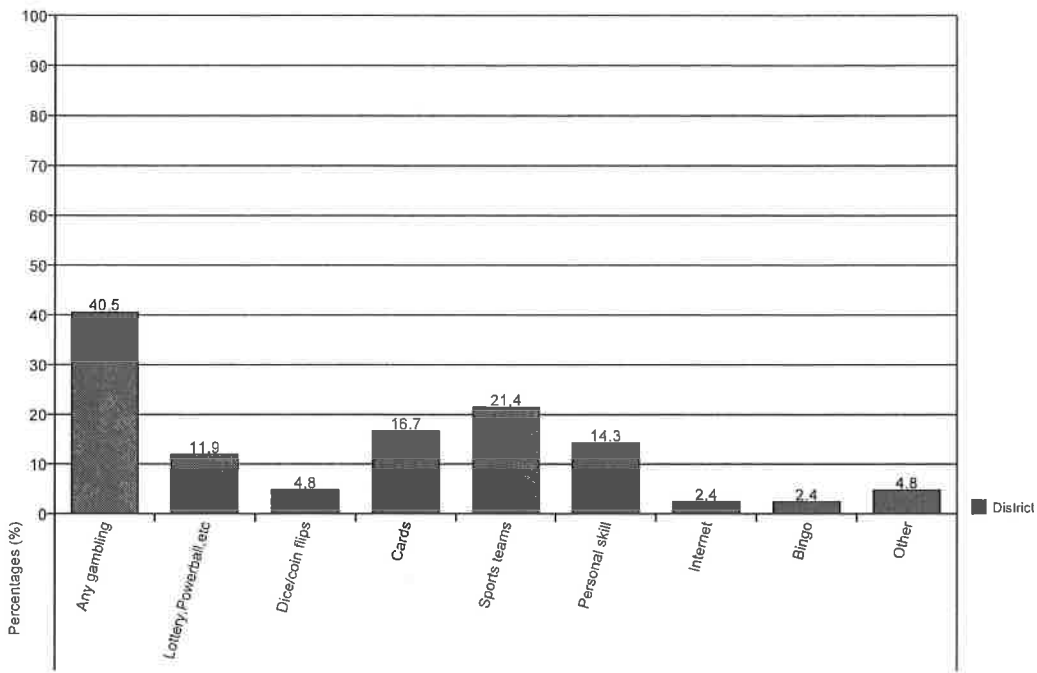


Figure 14: Gambling - Grade 11

Signs of Problem Gambling
Sheridan SD 48J

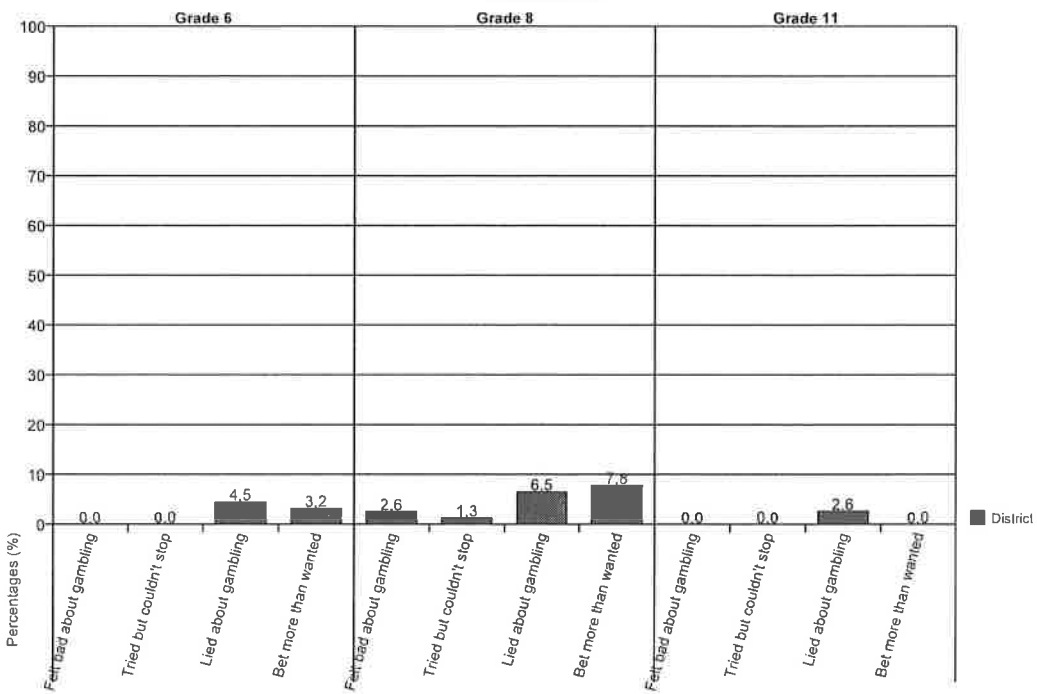


Figure 15: Signs of Problem Gambling

6 SUBSTANCE USE

During the elementary school years, most children express anti-drug, anti-crime and pro-social attitudes and have difficulty imagining why people use drugs. However, in middle school, as more youth are exposed to others who use cigarettes, alcohol or other drugs, their attitudes often shift toward greater acceptance of these behaviors. Typically, by 11th grade, most students have tried alcohol, and many have tried marijuana, cigarettes or other tobacco products.

6.1 Abstinence from Substance Use

The following table shows the percent of students that have never used these substances.

Table 24: Abstinence from Substance Use

	Grade 6 District	Grade 8 District	Grade 11 District
Never smoked a whole cigarette	93.8	80.3	71.1
Never used other tobacco products	100.0	90.1	76.3
Never had more than a sip or two of alcohol	74.2	48.6	17.9
Never tried marijuana	100.0	81.4	56.4

Percentages exclude missing answers.

6.2 Substance Use in the Past 30 Days

The table below provides the percentage of students that used one or more times in the past 30 days.

Table 25: Substance Use in the Past 30 Days

	Grade 6 District	Grade 8 District	Grade 11 District
Smoked cigarettes	2.9	11.0	12.2
Used other tobacco products	0.0	5.6	7.3
Used a hookah for tobacco	0.0	0.0	7.5
Had at least one drink of alcohol	7.4	18.1	39.0
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	11.0	22.5
Used marijuana	0.0	11.0	15.4
Sniffed glue, breathed the contents of aerosol spray cans, or any paints or sprays to get high	1.6	2.8	0.0
Used prescription drugs (without a doctor's orders)	0.0	7.0	7.3
Any illicit drug use in the past 30 days	1.4	16.9	14.3
Any illicit drug use in the past 30 days (except marijuana)	1.4	16.9	11.9

Percentages exclude missing answers.

Alcohol, Tobacco and Other Drug Use - Grade 6
Sheridan SD 48J

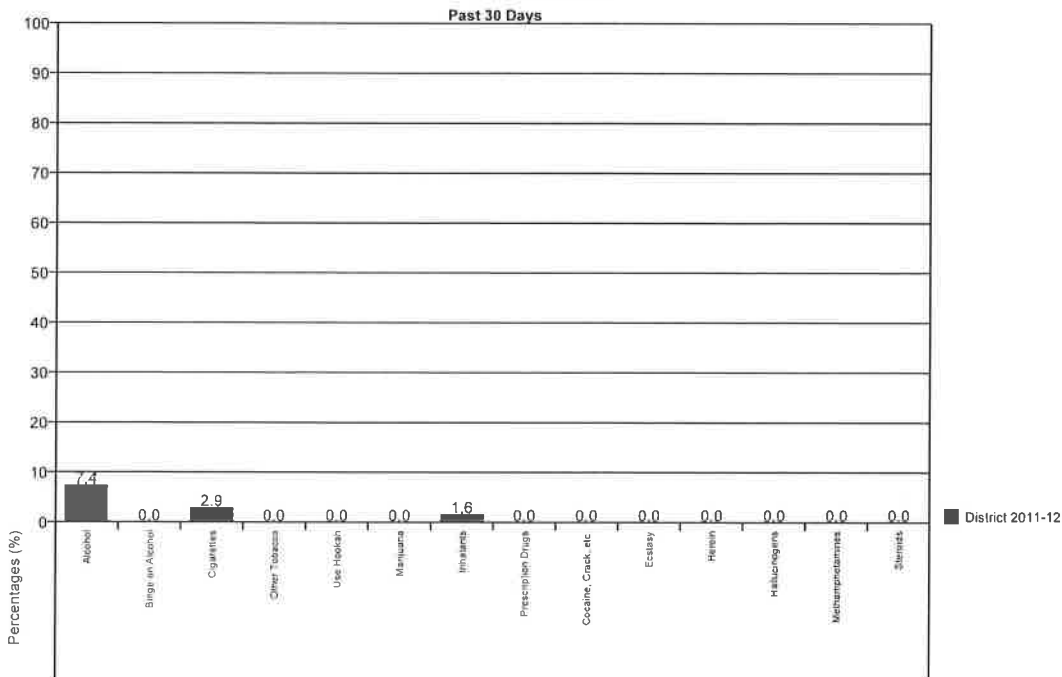


Figure 16: Alcohol, Tobacco and Other Drug Use - Grade 6

Alcohol, Tobacco and Other Drug Use - Grade 8
Sheridan SD 48J

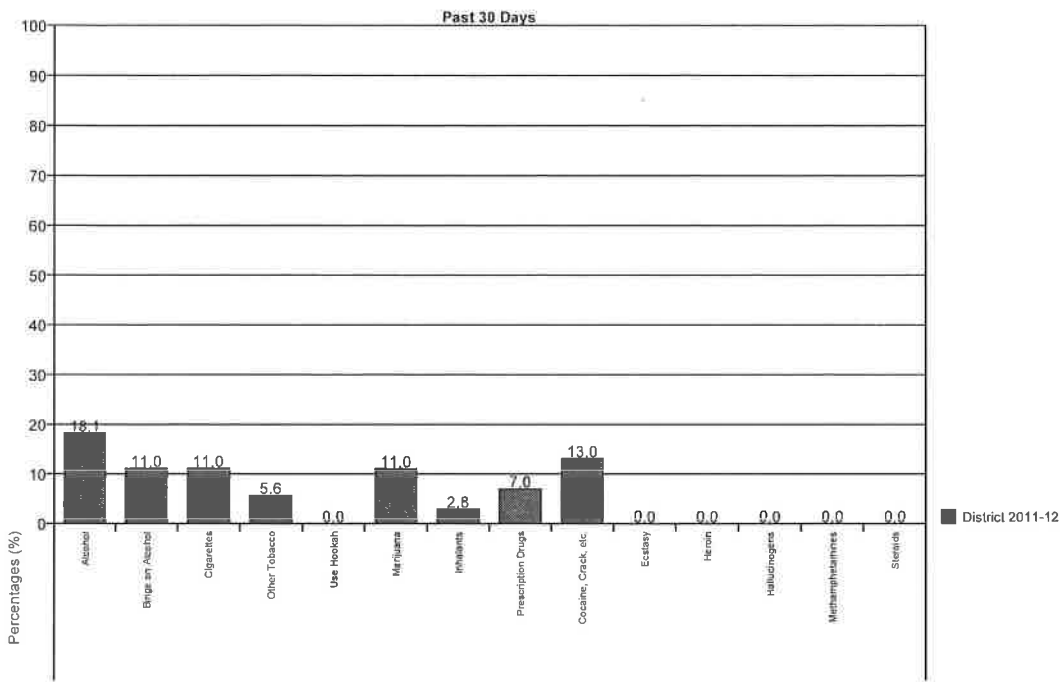


Figure 17: Alcohol, Tobacco and Other Drug Use - Grade 8

Alcohol, Tobacco and Other Drug Use - Grade 11
Sheridan SD 48J

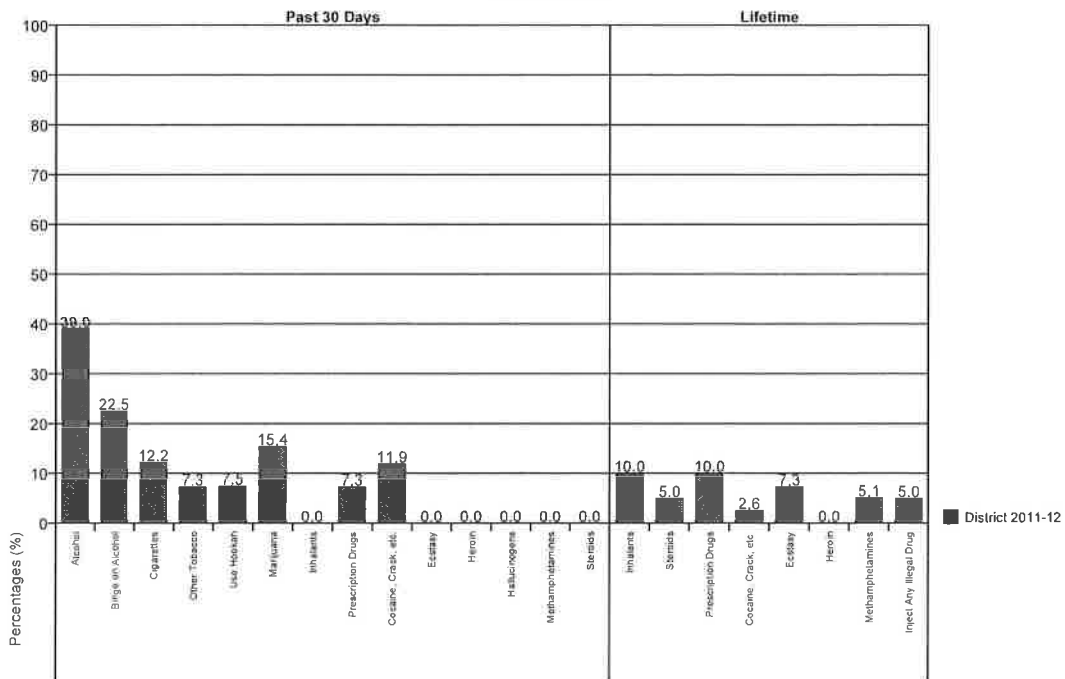


Figure 18: Alcohol, Tobacco and Other Drug Use - Grade 11

6.3 Norms About Alcohol Use

"Everybody's doing it!" is a refrain commonly heard by parents and believed by far too many youth in Oregon. The Student Wellness Survey provides information about alcohol norms. A series of questions allow the comparison of actual alcohol-related behaviors to what youth think most students are doing.

Correcting misperceptions is essential to establishing new, healthy norms about underage drinking.

The table below provides the percentage of students that responded one or more times in the past 30 days.

Table 26: Alcohol Use in the Past 30 Days

	Grade 6 District	Grade 8 District	Grade 11 District
Had at least one drink of alcohol	7.4	18.1	39.0
Think most students had at least one drink of alcohol	40.3	67.1	90.2
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	0.0	11.0	22.5
Think most students had 5 or more drinks of alcohol in a row	18.2	43.8	79.5
Rode in a vehicle driven by a parent or other adult who had been drinking	11.9	15.1	14.6
Think most students rode in a vehicle driven by a parent or other adult who had been drinking	32.1	36.6	42.1

Percentages exclude missing answers.

The table below provides the percentage of students that responded "wrong" or "very wrong."

Table 27: Attitudes about Drinking

	Grade 6 District	Grade 8 District	Grade 11 District
How wrong do you think it is for someone your age to have one or two drinks of an alcohol beverage nearly every day?	95.5	82.4	59.0
How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?	88.9	56.8	46.2

Percentages exclude missing answers.

6.4 Factors Associated with Initiation of Substance Use

This section reports on a variety of factors associated with initiation of substance use. Easy availability, attitudes about use, perceptions about the risk of harm from use and communication about substance use all influence whether young people choose to use tobacco, alcohol or other drugs.

6.5 Availability

Adolescents that report easy availability of cigarettes, alcohol, marijuana, and other illegal drugs are more likely to use these substances. Research has shown that legal restrictions on alcohol and tobacco use, such as raising the legal drinking age, restricting smoking in public, and increased taxation have been followed by decreases in consumption.

The table below shows the percentage of students that said it would be "easy" or "very easy" for the student to...

Table 28: Availability

	Grade 6 District	Grade 8 District	Grade 11 District
Get some cigarettes?	19.3	50.7	71.8
Get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?	14.8	48.6	81.6
Get some marijuana?	3.5	38.0	79.5
Get a drug like cocaine, lsd, or amphetamines?	3.5	4.2	30.8

Percentages exclude missing answers.

6.6 Parental Attitude toward Substance Use

In families where parents are heavy users of alcohol, use illegal drugs or are tolerant of children's use, adolescents are more likely to engage in substance use. The risk is further increased if parents involve children in their own using behavior such as asking the child to light the parent's cigarette or get the parent a beer from the refrigerator.

The Oregon Student Wellness Survey asks students about how their parents would feel if the student used alcohol, cigarettes or marijuana. The table below reports the percentage of students that said their parents feel it would be "wrong" or "very wrong" for youth to...

Table 29: Parental Attitude toward Substance Use

	Grade 6 District	Grade 8 District	Grade 11 District
Wrong to smoke cigarettes	100.0	93.2	86.8
Wrong to drink beer, wine or liquor regularly	98.4	78.1	67.5
Wrong to smoke marijuana	100.0	89.0	86.8

Percentages exclude missing answers.

6.7 Student Attitude toward Substance Use

Youth who disapprove of substance use are less likely to engage in a variety of problem behaviors.

The following table shows the percentage of students that think it is "wrong" or "very wrong" for someone their age to...

Table 30: Student Attitude toward Substance Use

	Grade 6 District	Grade 8 District	Grade 11 District
Wrong to smoke one or more packs of cigarettes a day	100.0	94.5	92.3
Wrong to have one or two drinks of an alcoholic beverage nearly every day	95.5	82.4	59.0
Wrong to try marijuana or hashish once or twice	98.4	80.6	43.6
Wrong to use marijuana or hashish once a month or more	100.0	82.9	51.3

Percentages exclude missing answers.

6.8 Perceived Risk of Harm

Students who perceive cigarette, alcohol or marijuana use are risky are less likely to engage in use.

The following table reports the percentage of students that think there is "moderate risk" or "great risk" of harming themselves (physically or in other ways).

Table 31: Perceived Risk of Harm

	Grade 6 District	Grade 8 District	Grade 11 District
Smoking one or more packs of cigarettes per day is risky	77.4	87.5	82.1
Taking one or two drinks of an alcoholic beverage nearly every day is risky	39.7	45.8	53.8
Having five or more drinks of an alcoholic beverage once or twice a week is risky	61.3	54.2	76.9
Trying marijuana once or twice is risky	57.4	45.1	21.6
Smoking marijuana once or twice a week is risky	80.3	64.3	39.5

Percentages exclude missing answers.

6.9 Communication about Substance Use

The table below shows the percentage of students that recall communication about substance use during the past 12 months.

Table 32: Communication about Substance Use

	Grade 6 District	Grade 8 District	Grade 11 District
Talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use	43.5	67.1	72.5
Had a special class about drugs or alcohol in school	19.0	34.2	32.5
Recall hearing, reading, or watching an advertisement about prevention of substance abuse	39.7	56.8	77.5

Percentages exclude missing answers.

7 DRUG FREE COMMUNITIES CORE MEASURES

The Drug-Free Communities (DFC) Support Program, administered by the Center for Substance Abuse Prevention, requests specific data which are typically referred to as the Core Measures. Beginning in 2013 there will be a new set of Core Measures. The 2014 Student Wellness Survey will meet the new Core Measure requirements. This report reflects the 2012 Core Measure requirements. At this time, grantees are required to report on three drug categories: tobacco, alcohol and marijuana. A number of Oregon DFCs focus on other substances, so this report also includes 30-day use data for binge drinking, prescription drugs, methamphetamines, and any illicit drugs other than marijuana.

Data in the tables that follow are provided by grade level. For each drug, and at each grade level, the percentage of students who responded positively to the question and the number of students who responded to the question are reported. For Average Age of Onset, the average age of first use in years and the number of students using is reported. The possible responses to this question range from 10 or under to 17 or older. The table shows the average age of onset of use by those students who answered the question with a response other than "never used."

7.1 30 Day Use

Table 33: 30 Day Use

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
Had at least one drink of alcohol	68	7.4	72	18.1	41	39.0
Had 5 or more drinks of alcohol in a row, that is, within a couple of hours	67	0.0	73	11.0	40	22.5
Smoked cigarettes	68	2.9	73	11.0	41	12.2
Used marijuana	69	0.0	73	11.0	39	15.4
Used prescription drugs (without a doctor's orders)	64	0.0	71	7.0	41	7.3
Used methamphetamines (also called speed, crystal, crank or ice)	74	0.0	77	0.0	42	0.0

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7.2 Perception of Moderate or Great Risk

Table 34: Perception of Moderate or Great Risk

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
If they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?	63	39.7	72	45.8	39	53.8
If they smoke one or more packs of cigarettes per day?	62	77.4	72	87.5	39	82.1
If they smoke marijuana once or twice a week?	61	80.3	70	64.3	38	39.5

Percentages exclude missing answers.

7.3 Parents Feel It Would Be Wrong or Very Wrong

Table 35: Parents Feel It Would Be Wrong or Very Wrong

	Grade 6		Grade 8		Grade 11	
	N	Pct	N	Pct	N	Pct
Drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?	64	98.4	73	78.1	40	67.5
Smoke cigarettes?	64	100.0	73	93.2	38	86.8
Smoke marijuana?	64	100.0	73	89.0	38	86.8

Percentages exclude missing answers.

7.4 Average Age (in years) of Onset

Table 36: Average Age (in years) of Onset

	Grade 6		Grade 8		Grade 11	
	N	Age	N	Age	N	Age
Smoked a whole cigarette	65	10.2	71	12.0	38	13.8
Had more than a sip or two of alcohol	66	9.8	72	10.9	39	12.7
Tried marijuana	66	0.0	70	12.2	39	14.7

Percentages exclude missing answers.

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8 HEIGHT, WEIGHT & BODY MASS INDEX (BMI)

The 11th grade version of the *Oregon Student Wellness Survey* contains questions about height and weight. Information from these questions are broken down by sex rather than by grade. From these questions it is possible to calculate a Body Mass Index (BMI) and to classify students on a percentile rankings, based on previous CDC analysis, as being either underweight (less than 5th percentile), healthy weight (5th percentile to less than 85th percentile), overweight (85th to less than 95th percentile) or obese (greater than or equal to 95th percentile). This information is detailed in the following tables.

Table 37: Average Weight

	Female		Male	
	N	Pounds	N	Pounds
Average	20	147.7	16	166.7

Percentages exclude missing answers.

Table 38: Average Height

	Female		Male	
	N	Inches	N	Inches
Average	21	64.6	15	68.9

Percentages exclude missing answers.

Table 39: BMI Categories

	Female		Male	
	N	Pct	N	Pct
Underweight				
Healthy Weight	14	70.0	10	66.7
Overweight	1	5.0	3	20.0
Obese	5	25.0	2	13.3

Percentages exclude missing answers.

Table 40: How do you describe your weight?

	Female		Male	
	N	Pct	N	Pct
Very underweight				
Slightly underweight			4	25.0
About the right weight	10	47.6	8	50.0
Slightly overweight	7	33.3	3	18.8
Very overweight	4	19.0	1	6.2

Percentages exclude missing answers.

Table 41: What Are You Trying To Do About Your Weight?

	Female		Male	
	N	Pct	N	Pct
Lose weight	14	66.7	6	37.5
Gain weight			4	25.0
Stay the same weight	4	19.0	1	6.2
I am not trying to do anything about my weight	3	14.3	5	31.2

Percentages exclude missing answers.

Table 42: During the past 30 days, did you go without eating for 24 hours or more to lose weight or to keep from gaining weight?

	Female		Male	
	N	Pct	N	Pct
Yes	4	19.0	2	12.5
No	17	81.0	14	87.5

Percentages exclude missing answers.

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Table 43: During the past 30 days, did you take diet pills, powders, or liquids to lose weight or to keep from gaining weight?

	Female		Male	
	N	Pct	N	Pct
Yes	5	23.8	1	6.2
No	16	76.2	15	93.8

Percentages exclude missing answers.

Table 44: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Female		Male	
	N	Pct	N	Pct
Yes	2	10.0	1	6.2
No	18	90.0	15	93.8

Percentages exclude missing answers.

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A FREQUENCY DISTRIBUTION TABLES

This section contains frequency distribution tables for all of the questions found on the 2012 *Oregon Student Wellness Survey*. Two versions of the survey were used, one for 6th and 8th grades and another for the 11th grade. The 6th and 8th grade survey consisted of a subset of the questions found on the 11th grade version. In order to provide results that spanned all grade levels in a single report, the data for questions that did not appear on the 6th and 8th grade version were coded as missing.

A.1 Frequency Distribution Tables

A.1.1 Demographics

Table 45: How old are you?

	Grade 6 District	Grade 8 District	Grade 11 District
10 or younger			
11 years old	45.9		
12 years old	51.4		
13 years old	2.7	45.5	
14 years old		50.6	
15 years old		3.9	
16 years old			40.5
17 years old			54.8
18 years old			4.8
19 years old or older			
N of Valid	74	77	42
N of Miss	0	0	0

Table 48: In what grade are you?

	Grade 6 District	Grade 8 District	Grade 11 District
6th	100.0		
7th			
8th		100.0	
9th			
10th			
11th			100.0
12th			
N of Valid	74	77	42
N of Miss	0	0	0

Table 49: What is your race?

	Grade 6 District	Grade 8 District	Grade 11 District
American Indian or Alaska Native	2.9	1.4	2.5
Asian	2.9		
Black or African American	2.9		
Native or Other Pacific Islander	1.4	4.1	
White	82.6	78.4	85.0
Multiracial	7.2	16.2	12.5
N of Valid	69	74	40
N of Miss	5	3	2

Table 46: What is your sex?

	Grade 6 District	Grade 8 District	Grade 11 District
Female	58.1	64.5	61.0
Male	41.9	35.5	39.0
N of Valid	74	76	41
N of Miss	0	1	1

Table 47: Which of the following best describes you?

	Grade 6 District	Grade 8 District	Grade 11 District
Heterosexual (straight)			87.8
Gay or lesbian			2.4
Bisexual			7.3
I wonder/think I'm transgendered			
Not sure			2.4
N of Valid	0	0	41
N of Miss	74	77	1

Table 50: Are you Hispanic or Latino/Latina?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	8.5	17.6	9.5
No	91.5	82.4	90.5
N of Valid	71	74	42
N of Miss	3	3	0

Table 51: What is the language you use most often at home?

	Grade 6 District	Grade 8 District	Grade 11 District
English	94.5	97.2	97.6
Russian			
Spanish	4.1	1.4	2.4
Vietnamese			
A tribal language			
Another language	1.4	1.4	
N of Valid	73	71	42
N of Miss	1	6	0

A.1.2 Transitions and Mobility

Table 52: Have you changed schools (including changing from elementary to middle and middle to high school) in the past year?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	55.7	14.3	21.4
No	44.3	85.7	78.6
N of Valid	70	77	42
N of Miss	4	0	0

Table 53: How many times have you changed homes since kindergarten?

	Grade 6 District	Grade 8 District	Grade 11 District
Never	41.1	30.3	21.4
1 or 2 times	30.1	19.7	38.1
3 or 4 times	19.2	23.7	21.4
5 or 6 times	5.5	11.8	2.4
7 or more times	4.1	14.5	16.7
N of Valid	73	76	42
N of Miss	1	1	0

A.2 School Climate

A.2.1 Academic Performance

Table 54: Putting them all together, what were your grades like last year?

	Grade 6 District	Grade 8 District	Grade 11 District
Mostly A's	43.7	20.3	22.0
Mostly B's	40.8	27.5	63.4
Mostly C's	12.7	39.1	14.6
Mostly D's	1.4	7.2	
Mostly F's	1.4	5.8	
N of Valid	71	69	41
N of Miss	3	8	1

A.2.2 School Commitment

Table 55: During the LAST FOUR WEEKS how many whole days of school have you missed because you skipped or "cut"?

	Grade 6 District	Grade 8 District	Grade 11 District
None	85.1	76.6	61.9
1 day	6.8	9.1	14.3
2 days		6.5	7.1
3 days	5.4	3.9	11.9
4 to 5 days		1.3	2.4
6 to 10 days	1.4	2.6	
11 or more days	1.4		2.4
N of Valid	74	77	42
N of Miss	0	0	0

Table 56: How do you like school?

	Grade 6 District	Grade 8 District	Grade 11 District
I like school very much	20.3	19.5	2.4
I like school	43.2	40.3	47.6
I neither like nor dislike school	24.3	27.3	38.1
I dislike school	6.8	5.2	7.1
I dislike school very much	5.4	7.8	4.8
N of Valid	74	77	42
N of Miss	0	0	0

Table 57: How important do you think the things you are learning in school are going to be for your later life?

	Grade 6 District	Grade 8 District	Grade 11 District
Very important	58.9	32.5	14.6
Quite important	20.5	31.2	41.5
Fairly important	16.4	22.1	26.8
Slightly important	2.7	10.4	14.6
Not at all important	1.4	3.9	2.4
N of Valid	73	77	41
N of Miss	1	0	1

Table 58: How often do you feel that the schoolwork you are assigned is meaningful and important?

	Grade 6 District	Grade 8 District	Grade 11 District
Almost always	23.6	13.0	7.3
Often	43.1	31.2	31.7
Sometimes	27.8	40.3	39.0
Seldom	5.6	13.0	17.1
Never		2.6	4.9
N of Valid	72	77	41
N of Miss	2	0	1

Table 59: I have lots of chances to be part of class discussions or activities.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	32.9	35.1	38.1
Somewhat agree	54.3	53.2	54.8
Somewhat disagree	11.4	7.8	4.8
Strongly disagree	1.4	3.9	2.4
N of Valid	70	77	42
N of Miss	4	0	0

Table 60: Thinking back over the past school year, how often did you try to do your best work in school?

	Grade 6 District	Grade 8 District	Grade 11 District
Almost always	62.0	34.2	22.0
Often	26.8	31.6	51.2
Sometimes	9.9	25.0	22.0
Seldom	1.4	6.6	4.9
Never		2.6	
N of Valid	71	76	41
N of Miss	3	1	1

Table 61: There are lots of chances for students in my school to get involved in sports, clubs, and other school activities outside of class.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	40.6	38.2	69.0
Somewhat agree	49.3	40.8	19.0
Somewhat disagree	8.7	15.8	11.9
Strongly disagree	1.4	5.3	
N of Valid	69	76	42
N of Miss	5	1	0

Table 62: I respect most of my teachers.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	67.2	52.0	52.4
Somewhat agree	23.9	29.3	38.1
Somewhat disagree	9.0	13.3	7.1
Strongly disagree		5.3	2.4
N of Valid	67	75	42
N of Miss	7	2	0

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Table 63: My teachers notice when I am doing a good job and let me know about it.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	30.4	42.1	19.0
Somewhat agree	47.8	34.2	47.6
Somewhat disagree	15.9	11.8	28.6
Strongly disagree	5.8	11.8	4.8
N of Valid	69	76	42
N of Miss	5	1	0

Table 64: I can talk to my teachers openly and freely about my concerns.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	39.7	27.6	29.3
Somewhat agree	27.9	35.5	41.5
Somewhat disagree	17.6	19.7	22.0
Strongly disagree	14.7	17.1	7.3
N of Valid	68	76	41
N of Miss	6	1	1

Table 65: In my school, teachers treat students with respect.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	45.6	24.7	16.7
Somewhat agree	44.1	36.4	71.4
Somewhat disagree	8.8	33.8	9.5
Strongly disagree	1.5	5.2	2.4
N of Valid	68	77	42
N of Miss	6	0	0

Table 66: Most students at my school help each other when they are hurt or upset.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	33.3	33.3	26.8
Somewhat agree	37.7	33.3	39.0
Somewhat disagree	17.4	25.3	26.8
Strongly disagree	11.6	8.0	7.3
N of Valid	69	75	41
N of Miss	5	2	1

Table 67: In my school, students that work hard to get good grades are picked on by other students.

	Grade 6 District	Grade 8 District	Grade 11 District
Strongly agree	10.1	13.2	2.4
Somewhat agree	24.6	17.1	22.0
Somewhat disagree	14.5	32.9	34.1
Strongly disagree	50.7	36.8	41.5
N of Valid	69	76	41
N of Miss	5	1	1

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A.2.3 Safe School Environment

Table 68: During the past 30 days, on how many days did you not go to school because you felt you would be unsafe at school or on your way to or from school?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	86.6	85.1	92.9
1 day	7.5	9.5	
2 or 3 days	4.5	4.1	7.1
4 or 5 days			
6 or more days	1.5	1.4	
N of Valid	67	74	42
N of Miss	7	3	0

Table 69: During the past 30 days, on how many days did you carry a gun as a weapon on school property?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	100.0	98.6	92.7
1 day			2.4
2 or 3 days			
4 or 5 days			2.4
6 or more days		1.4	2.4
N of Valid	66	73	41
N of Miss	8	4	1

Table 70: During the past 30 days, on how many days did you carry a weapon (other than a gun) such as a knife or club on school property?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	97.0	93.3	92.9
1 day	3.0	1.3	2.4
2 or 3 days		4.0	
4 or 5 days			2.4
6 or more days		1.3	2.4
N of Valid	66	75	42
N of Miss	8	2	0

Table 71: During the past 12 months, how many times were you in a physical fight?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	58.8	73.3	81.0
1 time	20.6	17.3	7.1
2 or 3 times	13.2	4.0	7.1
4 or 5 times	2.9	1.3	4.8
6 or 7 times	1.5	1.3	
8 or 9 times	1.5		
10 or 11 times			
12 or more times	1.5	2.7	
N of Valid	68	75	42
N of Miss	6	2	0

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Table 72: During the past 12 months, how many times were you in a physical fight on school property?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	82.1	78.4	95.2
1 time	11.9	18.9	4.8
2 or 3 times	4.5	1.4	
4 or 5 times	1.5		
6 or 7 times			
8 or 9 times			
10 or 11 times			
12 or more times		1.4	
N of Valid	67	74	42
N of Miss	7	3	0

Table 73: During the past 12 months, how many times did you bully someone (such as hitting, kicking, pushing, saying mean things, spreading rumors, or making sexual comments that bothered them)?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	61.5	61.3	81.0
1 time	18.5	14.7	2.4
2 or 3 times	12.3	9.3	4.8
4 or 5 times	1.5	5.3	
6 or 7 times	1.5	1.3	
8 or 9 times	1.5	1.3	2.4
10 or 11 times		1.3	
12 or more times	3.1	5.3	9.5
N of Valid	65	75	42
N of Miss	9	2	0

Table 74: During the past 12 months, how many times have you been suspended from school?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	86.6	85.3	90.5
1 time	7.5	8.0	4.8
2 or 3 times	6.0	5.3	4.8
4 or 5 times		1.3	
6 or 7 times			
8 or 9 times			
10 or 11 times			
12 or more times			
N of Valid	67	75	42
N of Miss	7	2	0

Table 75: During the past 12 months, how many times has someone threatened you with a weapon such as a gun, knife, or club on school property?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	82.1	84.0	100.0
1 time	11.9	6.7	
2 or 3 times	1.5	8.0	
4 or 5 times	1.5	1.3	
6 or 7 times			
8 or 9 times			
10 or 11 times			
12 or more times	3.0		
N of Valid	67	75	42
N of Miss	7	2	0

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A.2.4 Harassment and Bullying

Table 76: During the past 12 months, how many times have you been drunk or high at school?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			82.9
1 time			7.3
2 or 3 times			2.4
4 or 5 times			
6 or 7 times			
8 or 9 times			
10 or 11 times			2.4
12 or more times			4.9
N of Valid	0	0	41
N of Miss	74	77	1

Table 77: During the past 12 months, has anyone offered, sold, or given you an illegal drug on school property?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	2.9	1.3	9.8
No	97.1	98.7	90.2
N of Valid	68	75	41
N of Miss	6	2	1

Table 78: Any harassment in the past 30 days

	Grade 6 District	Grade 8 District	Grade 11 District
No	33.8	44.0	56.1
Yes	66.2	56.0	43.9
N of Valid	68	75	41
N of Miss	6	2	1

Table 79: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of your race or ethnic origin?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	83.8	89.2	97.5
1 time	10.3	2.7	2.5
2 or 3 times	4.4	2.7	
4 or 5 times		1.4	
6 or more times	1.5	4.1	
N of Valid	68	74	40
N of Miss	6	3	2

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Table 80: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because someone said you were gay, lesbian, bisexual or transgender?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	73.5	87.7	85.0
1 time	10.3	6.8	5.0
2 or 3 times	11.8	2.7	7.5
4 or 5 times	2.9	1.4	
6 or more times	1.5	1.4	2.5
N of Valid	68	73	40
N of Miss	6	4	2

Table 81: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of who your friends are?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	75.0	85.5	80.0
1 time	14.7	10.1	15.0
2 or 3 times	4.4	1.4	2.5
4 or 5 times	2.9		
6 or more times	2.9	2.9	2.5
N of Valid	68	69	40
N of Miss	6	8	2

Table 82: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because of how you look (weight, clothes, acne, or other physical characteristics)?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	59.7	58.7	75.6
1 time	10.4	17.3	12.2
2 or 3 times	10.4	13.3	2.4
4 or 5 times	6.0	4.0	4.9
6 or more times	13.4	6.7	4.9
N of Valid	67	75	41
N of Miss	7	2	1

Table 83: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school because you received unwanted sexual comments or attention?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	92.5	86.7	90.2
1 time	3.0	4.0	7.3
2 or 3 times	3.0	9.3	
4 or 5 times			
6 or more times	1.5		2.4
N of Valid	67	75	41
N of Miss	7	2	1

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Table 84: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school through e-mail, chat rooms, instant messaging, Web sites, texting or phone?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	85.1	83.8	77.5
1 time	9.0	2.7	12.5
2 or 3 times	3.0	6.8	2.5
4 or 5 times		4.1	
6 or more times	3.0	2.7	7.5
N of Valid	67	74	40
N of Miss	7	3	2

Table 85: In the last 30 days, how many times have you been harassed at school, on a school bus or going to and from school for other reasons?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	61.2	70.7	87.5
1 time	17.9	13.3	2.5
2 or 3 times	4.5	4.0	5.0
4 or 5 times	3.0	4.0	
6 or more times	13.4	8.0	5.0
N of Valid	67	75	40
N of Miss	7	2	2

Table 86: How often have you seen another student bully others by hitting, kicking, punching or otherwise hurting them in school or on the school bus?

	Grade 6 District	Grade 8 District	Grade 11 District
Never	38.6	31.2	59.5
Once or twice per year	20.0	22.1	21.4
Once or twice per month	8.6	22.1	7.1
Once or twice per week	24.3	13.0	11.9
Every day	8.6	11.7	
N of Valid	70	77	42
N of Miss	4	0	0

Table 87: How often have you heard another student bully others by saying mean things, teasing or calling other students names in your school or on the school bus?

	Grade 6 District	Grade 8 District	Grade 11 District
Never	23.5	13.2	28.6
Once or twice per year	22.1	21.1	38.1
Once or twice per month	14.7	18.4	14.3
Once or twice per week	13.2	17.1	14.3
Every day	26.5	30.3	4.8
N of Valid	68	76	42
N of Miss	6	1	0

Table 88: How often have you heard another student spread mean rumors or leave other students out of activities to be mean in your school or on the school bus?

	Grade 6 District	Grade 8 District	Grade 11 District
Never	21.4	13.3	28.6
Once or twice per year	25.7	22.7	35.7
Once or twice per month	15.7	22.7	14.3
Once or twice per week	20.0	25.3	11.9
Every day	17.1	16.0	9.5
N of Valid	70	75	42
N of Miss	4	2	0

A.3 Social, Emotional and Mental Health

A.3.1 Positive Youth Development

Table 89: Positive Youth Development

	Grade 6 District	Grade 8 District	Grade 11 District
Strong positive youth development	58.8	41.0	68.4
Weak positive youth development	41.2	59.0	31.6
N of Valid	51	61	38
N of Miss	23	16	4

Table 90: Would you say that in general your emotional and mental health is...

	Grade 6 District	Grade 8 District	Grade 11 District
Excellent	18.8	13.7	21.4
Very good	26.6	42.5	45.2
Good	35.9	26.0	19.0
Fair	9.4	15.1	11.9
Poor	9.4	2.7	2.4
N of Valid	64	73	42
N of Miss	10	4	0

Table 91: Would you say that in general your physical health is...

	Grade 6 District	Grade 8 District	Grade 11 District
Excellent	25.8	22.2	14.3
Very good	25.8	27.8	38.1
Good	33.3	33.3	33.3
Fair	9.1	12.5	11.9
Poor	6.1	4.2	2.4
N of Valid	66	72	42
N of Miss	8	5	0

Table 92: I can do most things if I try.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	38.7	32.9	65.0
Pretty much true	25.8	37.0	22.5
A little true	16.1	21.9	10.0
Not at all true	19.4	8.2	2.5
N of Valid	62	73	40
N of Miss	12	4	2

Table 93: I can work out my problems.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	38.3	39.7	61.5
Pretty much true	36.7	34.2	25.6
A little true	16.7	23.3	12.8
Not at all true	8.3	2.7	
N of Valid	60	73	39
N of Miss	14	4	3

Table 94: I volunteer to help others in my community.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	28.6	22.1	44.7
Pretty much true	25.0	16.2	13.2
A little true	30.4	30.9	34.2
Not at all true	16.1	30.9	7.9
N of Valid	56	68	38
N of Miss	18	9	4

Table 95: There is at least one teacher or other adult in my school that really cares about me.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	67.7	61.1	50.0
Pretty much true	11.3	12.5	27.5
A little true	9.7	12.5	20.0
Not at all true	11.3	13.9	2.5
N of Valid	62	72	40
N of Miss	12	5	2

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Table 96: On an average school night, how many hours of sleep do you get?

	Grade 6 District	Grade 8 District	Grade 11 District
4 or less			2.4
5 hours			9.5
6 hours			28.6
7 hours			28.6
8 hours			23.8
9 hours			4.8
10 or more hours			2.4
N of Valid	0	0	42
N of Miss	74	77	0

A.3.2 Mental Health Inventory

Table 97: Mental Health Inventory 5

	Grade 6 District	Grade 8 District	Grade 11 District
Below MHI-5 cutoff	84.8	89.2	90.2
At or above MHI-5 cutoff	15.2	10.8	9.8
N of Valid	66	74	41
N of Miss	8	3	1

Table 98: During the past 30 days, how many times have you been a happy person?

	Grade 6 District	Grade 8 District	Grade 11 District
All of the time	17.1	10.4	33.3
Most of the time	48.6	45.5	33.3
A good bit of the time	5.7	15.6	11.9
Some of the time	10.0	19.5	7.1
A little of the time	15.7	9.1	11.9
None of the time	2.9		2.4
N of Valid	70	77	42
N of Miss	4	0	0

Table 99: During the past 30 days, how many times have you been a very nervous person?

	Grade 6 District	Grade 8 District	Grade 11 District
All of the time	8.7	5.3	4.8
Most of the time	8.7	10.5	16.7
A good bit of the time	15.9	11.8	2.4
Some of the time	14.5	17.1	23.8
A little of the time	30.4	30.3	28.6
None of the time	21.7	25.0	23.8
N of Valid	69	76	42
N of Miss	5	1	0

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Table 100: During the past 30 days, how many times have you felt calm and peaceful?

	Grade 6 District	Grade 8 District	Grade 11 District
All of the time	17.4	7.9	14.6
Most of the time	24.6	31.6	31.7
A good bit of the time	14.5	19.7	17.1
Some of the time	13.0	13.2	12.2
A little of the time	11.6	21.1	17.1
None of the time	18.8	6.6	7.3
N of Valid	69	76	41
N of Miss	5	1	1

Table 101: During the past 30 days, how many times have you felt downhearted and blue?

	Grade 6 District	Grade 8 District	Grade 11 District
All of the time	8.8	1.3	4.8
Most of the time	8.8	10.5	9.5
A good bit of the time	10.3	15.8	9.5
Some of the time	20.6	14.5	21.4
A little of the time	19.1	25.0	35.7
None of the time	32.4	32.9	19.0
N of Valid	68	76	42
N of Miss	6	1	0

Table 102: During the past 30 days, how many times have you felt so down in the dumps that nothing could cheer you up?

	Grade 6 District	Grade 8 District	Grade 11 District
All of the time	4.3	2.6	2.4
Most of the time	10.0	6.6	4.8
A good bit of the time	4.3	7.9	2.4
Some of the time	11.4	13.2	19.0
A little of the time	17.1	22.4	23.8
None of the time	52.9	47.4	47.6
N of Valid	70	76	42
N of Miss	4	1	0

A.3.3 Depression and Suicidality

Table 103: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	31.0	39.0	31.7
No	69.0	61.0	68.3
N of Valid	71	77	41
N of Miss	3	0	1

Table 104: During the past 12 months, did you ever seriously consider attempting suicide?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	14.5	16.9	14.3
No	85.5	83.1	85.7
N of Valid	69	77	42
N of Miss	5	0	0

Table 105: During the past 12 months, how many times did you actually attempt suicide?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	94.3	94.8	85.7
1 time	1.4	2.6	7.1
2 or 3 times	2.9	1.3	
4 or 5 times	1.4	1.3	4.8
6 or more times			2.4
N of Valid	70	77	42
N of Miss	4	0	0

A.3.4 Problem Gambling

Table 106: Gambling involves betting anything of value (money, a watch, soda, etc.) on a game or event with an uncertain outcome. Please mark ALL the different types of betting that you have done, if any, during the last 30 days:

	Grade 6 District	Grade 8 District	Grade 11 District
I did not gamble during the last 30 days.	73.0	67.5	59.5
Playing lottery ticket/Powerball/Megabub	2.7	5.2	11.9
Playing dice or coin flips.	9.5	11.7	4.8
Playing cards (poker, etc.).	5.4	18.2	16.7
Betting on a sports team.	9.5	16.9	21.4
Betting on games of personal skill (bowling, video games, dares, etc.).	16.2	16.9	14.3
Gambling on the Internet for free or with money.	4.1	6.5	2.4
Playing Bingo for money.	2.7	2.6	2.4
Other.	8.1	22.1	4.8
N of Valid	74	77	42
N of Miss	0	0	0

Table 107: During the last 12 months, have you ever felt bad about the amount you bet, or about what happens when you bet money?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes		2.6	
No	15.5	28.9	33.3
I don't bet for money.	84.5	68.4	66.7
N of Valid	71	76	39
N of Miss	3	1	3

Table 108: During the last 12 months, have you ever felt that you would like to stop betting money but didn't think you could?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes		1.3	
No	13.2	26.0	34.1
I don't bet for money.	86.8	72.7	65.9
N of Valid	68	77	41
N of Miss	6	0	1

Table 109: Have you ever lied to anyone about betting/gambling?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	4.5	6.5	2.6
No	95.5	93.5	97.4
N of Valid	67	77	38
N of Miss	7	0	4

Table 110: Have you ever bet/gambled more than you wanted to?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	3.2	7.8	
No	96.8	92.2	100.0
N of Valid	62	77	36
N of Miss	12	0	6

Table 111: Have your parents ever talked to you about the risks of betting/gambling?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	43.1	45.5	43.6
No	56.9	54.5	56.4
N of Valid	65	77	39
N of Miss	9	0	3

Table 112: Have your teachers ever talked to you about the risks of betting/gambling?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	12.5	20.8	29.7
No	87.5	79.2	70.3
N of Valid	64	77	37
N of Miss	10	0	5

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A.4 Substance Use

A.4.1 Tobacco Use

Table 113: During the past 30 days, on how many days did you smoke cigarettes?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	97.1	89.0	87.8
1 or 2 days	1.5	6.8	2.4
3 to 5 days	1.5		
6 to 9 days		1.4	
10 to 19 days		1.4	2.4
20 to 29 days		1.4	
All 30 days			7.3
N of Valid	68	73	41
N of Miss	6	4	1

Table 114: During the past 30 days, on how many days did you use other tobacco products?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	100.0	94.4	92.7
1 or 2 days		4.2	2.4
3 to 5 days			
6 to 9 days			2.4
10 to 19 days			2.4
20 to 29 days			
All 30 days		1.4	
N of Valid	69	72	41
N of Miss	5	5	1

Table 115: During the past 30 days, on how many days did you smoke tobacco in a "Hookah," also known as a water pipe?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days			92.5
1 or 2 days			2.5
3 to 5 days			2.5
6 to 9 days			2.5
10 to 19 days			
20 to 29 days			
All 30 days			
N of Valid	0	0	40
N of Miss	74	77	2

Table 116: During the past 30 days, from which of the following sources did you get tobacco (cigarettes, chew, cigars)? Please mark all that apply.

	Grade 6 District	Grade 8 District	Grade 11 District
I did not get tobacco during the past 30 days			78.6
A store or gas station			4.8
Friends 18 or older			9.5
Friends under 18			4.8
Took from home without permission			2.4
A family member			4.8
The Internet			
Some other source			4.8
N of Valid	74	77	42
N of Miss	0	0	0

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Table 117: Used any tobacco product during the past 30 days

	Grade 6 District	Grade 8 District	Grade 11 District
No Use	97.1	89.0	85.4
Use	2.9	11.0	14.6
N of Valid	69	73	41
N of Miss	5	4	1

Table 118: How old were you when you smoked a whole cigarette for the first time?

	Grade 6 District	Grade 8 District	Grade 11 District
Never have	93.8	80.3	71.1
8 or younger	1.5	1.4	
9		1.4	
10			
11	4.6	1.4	2.6
12		5.6	2.6
13		8.5	5.3
14		1.4	7.9
15			7.9
16			2.6
17 or older			
N of Valid	65	71	38
N of Miss	9	6	4

Table 119: How old were you when you smoked a whole cigarette for the first time?

	Grade 6 District	Grade 8 District	Grade 11 District
Avg Age in Years	10.2	12.0	13.8

Table 120: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6 District	Grade 8 District	Grade 11 District
Never have	100.0	90.1	76.3
8 or younger		1.4	
9			
10			
11			
12		4.2	2.6
13		1.4	5.3
14		2.8	5.3
15			7.9
16			2.6
17 or older			
N of Valid	66	71	38
N of Miss	8	6	4

Table 121: How old were you the first time you used tobacco products other than cigarettes such as snuff, chewing tobacco, and smoking tobacco from a pipe?

	Grade 6 District	Grade 8 District	Grade 11 District
Avg Age in Years	0.0	12.1	14.1

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A.4.2 Alcohol Use

Table 122: During your life, on how many days have you had at least one drink of alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days			12.8
1 or 2 days			17.9
3 to 9 days			15.4
10 to 19 days			7.7
20 to 39 days			10.3
40 to 99 days			25.6
100 or more days			10.3
N of Valid	0	0	39
N of Miss	74	77	3

Table 123: During the past 30 days, on how many days did you have at least one drink of alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	92.6	81.9	61.0
1 or 2 days	7.4	11.1	29.3
3 to 5 days		5.6	7.3
6 to 9 days			
10 to 19 days		1.4	
20 to 29 days			2.4
All 30 days			
N of Valid	68	72	41
N of Miss	6	5	1

Table 124: During the past 30 days, on how many days did you have 5 or more drinks of alcohol in a row, that is, within a couple of hours?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	100.0	89.0	77.5
1 or 2 days		9.6	20.0
3 to 5 days			
6 to 9 days			
10 to 19 days			
20 to 29 days			2.5
All 30 days		1.4	
N of Valid	67	73	40
N of Miss	7	4	2

Table 125: During the past 30 days, on how many days do you think most students in your school had at least one drink of alcohol? (your best estimate)

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	59.7	32.9	9.8
1 or 2 days	28.4	28.8	26.8
3 to 5 days	3.0	12.3	19.5
6 to 9 days	1.5	9.6	9.8
10 to 19 days	4.5	11.0	19.5
20 to 29 days		2.7	7.3
All 30 days	3.0	2.7	7.3
N of Valid	67	73	41
N of Miss	7	4	1

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Table 126: During the past 30 days, on how many days do you think most students in your school had 5 or more drinks of alcohol in a row, that is, within a couple of hours? (your best estimate)

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	81.8	56.2	20.5
1 or 2 days	4.5	17.8	33.3
3 to 5 days	6.1	12.3	15.4
6 to 9 days	4.5	4.1	12.8
10 to 19 days	1.5	5.5	7.7
20 to 29 days		1.4	
All 30 days	1.5	2.7	10.3
N of Valid	66	73	39
N of Miss	8	4	3

Table 127: Think of your four best friends (the friends you feel closest to). In the past 12 months, how many of your best friends have tried beer, wine, or hard liquor (for example, vodka, whiskey or gin)?

	Grade 6 District	Grade 8 District	Grade 11 District
None of my friends			24.4
1 of my friends			17.1
2 of my friends			17.1
3 of my friends			14.6
4 of my friends			26.8
N of Valid	0	0	41
N of Miss	74	77	1

Table 128: During the past 30 days, what type of alcohol did you usually drink? (Select only one response)

	Grade 6 District	Grade 8 District	Grade 11 District
I did not drink alcohol during the past 30 days.			55.6
I do not have a usual type.			2.8
Beer.			11.1
Flavored beverages (such as Smirnoff, Bacardi Silver, and Hard Lemonade).			11.1
Wine coolers (such as Bartles and Jaymes or Seagrams Wine).			
Wine.			8.3
Liquor (such as vodka, rum, scotch, bourbon, or whiskey).			11.1
Some other type.			
N of Valid	0	0	36
N of Miss	74	77	6

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Table 129: During the past 30 days, from which of the following sources did you get the alcohol you drank? Please mark all that apply.

	Grade 6 District	Grade 8 District	Grade 11 District
I did not drink alcohol during the past 30 days.			47.6
At a party			21.4
Friends under 21			9.5
Friends 21 or older			14.3
A brother or sister			7.1
A parent			16.7
A store or gas station			
Liquor store			2.4
Bar night club or restaurant			
Took it from home without permission			2.4
By asking a stranger to buy it for me			2.4
I got it some other way			11.9
N of Valid	74	77	42
N of Miss	0	0	0

Table 130: In the last 12 months, which of the following have you experienced? (Mark all that apply)

	Grade 6 District	Grade 8 District	Grade 11 District
I did not drink alcohol in the last 12 months.			40.5
Missed school or class because of drinking alcohol.			2.4
Gotten sick to my stomach because of drinking alcohol.			16.7
Not been able to remember what happened while I was drinking alcohol.			23.8
Later regretted something I did while drinking alcohol.			19.0
Worried that I drank alcohol too much or too often.			7.1
N of Valid	74	77	42
N of Miss	0	0	0

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Table 131: During the past 30 days, how many times did you ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	88.1	84.9	85.4
1 time	7.5	8.2	9.8
2 or 3 times	3.0	4.1	4.9
4 or 5 times		1.4	
6 or more times	1.5	1.4	
N of Valid	67	73	41
N of Miss	7	4	1

Table 132: During the past 30 days, how many times did you ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			92.5
1 time			5.0
2 or 3 times			2.5
4 or 5 times			
6 or more times			
N of Valid	0	0	40
N of Miss	74	77	2

Table 133: During the past 30 days, how many times did you drive a car or other vehicle when you had been drinking alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			89.7
1 time			10.3
2 or 3 times			
4 or 5 times			
6 or more times			
N of Valid	0	0	39
N of Miss	74	77	3

Table 134: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a parent or other adult who had been drinking alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	67.9	63.4	57.9
1 time	17.9	16.9	21.1
2 or 3 times	5.4	14.1	15.8
4 or 5 times	1.8	4.2	
6 or more times	7.1	1.4	5.3
N of Valid	56	71	38
N of Miss	18	6	4

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Table 135: During the past 30 days, how many times did most students in your school ride in a vehicle driven by a teenager who had been drinking alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			57.9
1 time			21.1
2 or 3 times			21.1
4 or 5 times			
6 or more times			
N of Valid	0	0	38
N of Miss	74	77	4

Table 136: During the past 30 days, how many times did most students in your school drive a car or other vehicle when they had been drinking alcohol?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			63.2
1 time			23.7
2 or 3 times			13.2
4 or 5 times			
6 or more times			
N of Valid	0	0	38
N of Miss	74	77	4

Table 137: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6 District	Grade 8 District	Grade 11 District
Never have	74.2	48.6	17.9
8 or younger	4.5	12.5	15.4
9	4.5	5.6	2.6
10	7.6	4.2	2.6
11	9.1	6.9	7.7
12		5.6	7.7
13		9.7	2.6
14		6.9	12.8
15			17.9
16			7.7
17 or older			5.1
N of Valid	66	72	39
N of Miss	8	5	3

Table 138: How old were you when you had more than a sip or two of beer, wine, or hard liquor (for example, vodka, whiskey, or gin) for the first time?

	Grade 6 District	Grade 8 District	Grade 11 District
Avg Age in Years	9.8	10.9	12.7

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A.4.3 Marijuana Use

Table 139: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6 District	Grade 8 District	Grade 11 District
Never have	100.0	84.7	56.4
8 or younger		1.4	
9			
10		2.8	2.6
11		2.8	
12		1.4	2.6
13		5.6	2.6
14		1.4	12.8
15			10.3
16			12.8
17 or older			
N of Valid	64	72	39
N of Miss	10	5	3

Table 140: How old were you when you first began drinking alcoholic beverages regularly, that is at least once or twice a month?

	Grade 6 District	Grade 8 District	Grade 11 District
Avg Age in Years	0.0	11.6	14.4

Table 141: During the past 30 days, how many times did you use marijuana?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times	100.0	89.0	84.6
1 or 2 times		2.7	5.1
3 to 9 times		4.1	2.6
10 to 19 times		2.7	2.6
20 to 39 times			
40 or more times		1.4	5.1
N of Valid	69	73	39
N of Miss	5	4	3

Table 142: During the past 30 days, from which of the following sources did you get marijuana? Please mark all that apply.

	Grade 6 District	Grade 8 District	Grade 11 District
I did not use marijuana during the past 30 days			76.2
A public event such as a concert or sporting event			2.4
A party			2.4
Friends 18 or older			9.5
Friends under 18			7.1
A family member			4.8
A medical marijuana cardholder or grower			2.4
I gave someone money to buy it for me			2.4
I grew it			
I got it some other way			4.8
N of Valid	74	77	42
N of Miss	0	0	0

Table 143: How old were you when you tried marijuana for the first time?

	Grade 6 District	Grade 8 District	Grade 11 District
Never have	100.0	81.4	56.4
8 or younger		1.4	
9			
10			
11		1.4	
12		7.1	5.1
13		5.7	
14		2.9	12.8
15			10.3
16			15.4
17 or older			
N of Valid	66	70	39
N of Miss	8	7	3

Table 144: How old were you when you tried marijuana for the first time?

	Grade 6 District	Grade 8 District	Grade 11 District
Avg Age in Years	0.0	12.2	14.7

A.4.4 Other Drug Use

Table 145: During the past 30 days, on how many days did you sniff glue, breathe the contents of aerosol spray cans, or inhale any paints or sprays to get high?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	98.4	97.2	100.0
1 or 2 days	1.6	2.8	
3 to 5 days			
6 to 9 days			
10 to 19 days			
20 to 29 days			
All 30 days			
N of Valid	63	71	40
N of Miss	11	6	2

Table 146: During the past 30 days, on how many days did you use a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's orders?

	Grade 6 District	Grade 8 District	Grade 11 District
0 days	100.0	93.0	92.7
1 or 2 days		4.2	2.4
3 to 5 days		1.4	4.9
6 to 9 days			
10 to 19 days			
20 to 29 days			
All 30 days		1.4	
N of Valid	64	71	41
N of Miss	10	6	1

Table 149: Any illicit drug use in the past 30 days (except marijuana)

	Grade 6 District	Grade 8 District	Grade 11 District
No Use	98.6	83.1	88.1
Use	1.4	16.9	11.9
N of Valid	74	77	42
N of Miss	0	0	0

A.4.5 Lifetime Drug Use

Table 150: During your life, how many times have you used marijuana?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			53.7
1 or 2 times			17.1
3 to 9 times			2.4
10 to 19 times			9.8
20 to 39 times			2.4
40 or more times			14.6
N of Valid	0	0	41
N of Miss	74	77	1

Table 147: Which of the following illicit drugs did you use during the past 30 days? (Please mark all that apply)

	Grade 6 District	Grade 8 District	Grade 11 District
I did not use illicit drugs during the past 30 days	77.0	81.8	83.3
Marijuana		13.0	11.9
Any form of cocaine including powder, crack or freebase			
Ecstasy (also called MDMA)			
Heroin or other opiates or narcotics			
LSD or other hallucinogens or psychedelics			
Methamphetamines (also called speed, crystal, crank or ice)			
Steroid pills or shots without a doctor's prescription		1.3	
N of Valid	74	77	42
N of Miss	0	0	0

Table 148: Any illicit drug use in the past 30 days

	Grade 6 District	Grade 8 District	Grade 11 District
No Use	98.6	83.1	85.7
Use	1.4	16.9	14.3
N of Valid	74	77	42
N of Miss	0	0	0

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Table 151: During your life, how many times have you sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			90.0
1 or 2 times			
3 to 9 times			5.0
10 to 19 times			5.0
20 to 39 times			
40 or more times			
N of Valid	0	0	40
N of Miss	74	77	2

Table 152: During your life, how many times have you taken steroid pills or shots without a doctor's prescription?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			95.0
1 or 2 times			2.5
3 to 9 times			2.5
10 to 19 times			
20 to 39 times			
40 or more times			
N of Valid	0	0	40
N of Miss	74	77	2

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Table 153: During your life, how many times have you taken a prescription drug without a doctor's prescription?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			90.0
1 or 2 times			2.5
3 to 9 times			
10 to 19 times			2.5
20 to 39 times			2.5
40 or more times			2.5
N of Valid	0	0	40
N of Miss	74	77	2

Table 154: During your life, how many times have you used any form of cocaine, including powder, crack or freebase?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			97.4
1 or 2 times			
3 to 9 times			
10 to 19 times			2.6
20 to 39 times			
40 or more times			
N of Valid	0	0	39
N of Miss	74	77	3

Table 155: During your life, how many times have you used ecstasy (also called MDMA)?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			92.7
1 or 2 times			2.4
3 to 9 times			2.4
10 to 19 times			
20 to 39 times			2.4
40 or more times			
N of Valid	0	0	41
N of Miss	74	77	1

Table 156: During your life, how many times have you used heroin (also called smack, junk, or China White)?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			100.0
1 or 2 times			
3 to 9 times			
10 to 19 times			
20 to 39 times			
40 or more times			
N of Valid	0	0	40
N of Miss	74	77	2

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Table 157: During your life, how many times have you used methamphetamines (also called speed, crystal, crank or ice)?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			94.9
1 or 2 times			5.1
3 to 9 times			
10 to 19 times			
20 to 39 times			
40 or more times			
N of Valid	0	0	39
N of Miss	74	77	3

Table 158: During your life, how many times have you used a needle to inject any illegal drug into your body?

	Grade 6 District	Grade 8 District	Grade 11 District
0 times			95.0
1 time			2.5
2 or more times			2.5
N of Valid	0	0	40
N of Miss	74	77	2

Table 159: Lifetime drug use (includes marijuana, inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 6 District	Grade 8 District	Grade 11 District
No Use			51.2
Use			48.8
N of Valid	0	0	41
N of Miss	74	77	1

Table 160: Lifetime drug use other than marijuana (includes inhalants, steroids, prescription drugs, cocaine, ecstasy, heroin, methamphetamines)

	Grade 6 District	Grade 8 District	Grade 11 District
No Use			85.4
Use			14.6
N of Valid	0	0	41
N of Miss	74	77	1

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A.4.6 Availability of Alcohol, Tobacco and Drugs

Table 161: If you wanted to get some, how easy would it be for you to get some beer, wine, or hard liquor (for example, vodka, whiskey, or gin)?

	Grade 6 District	Grade 8 District	Grade 11 District
Very hard	70.5	32.9	
Somewhat hard	14.8	18.6	18.4
Sort of easy	9.8	27.1	42.1
Very easy	4.9	21.4	39.5
N of Valid	61	70	38
N of Miss	13	7	4

Table 162: If you wanted to get some, how easy would it be for you to get some cigarettes?

	Grade 6 District	Grade 8 District	Grade 11 District
Very hard	75.4	38.0	10.3
Somewhat hard	5.3	11.3	17.9
Sort of easy	12.3	23.9	20.5
Very easy	7.0	26.8	51.3
N of Valid	57	71	39
N of Miss	17	6	3

Table 163: If you wanted to get some, how easy would it be for you to get some marijuana?

	Grade 6 District	Grade 8 District	Grade 11 District
Very hard	94.7	50.7	10.3
Somewhat hard	1.8	11.3	10.3
Sort of easy	1.8	22.5	30.8
Very easy	1.8	15.5	48.7
N of Valid	57	71	39
N of Miss	17	6	3

Table 164: If you wanted to get some, how easy would it be for you to get a drug like cocaine, LSD, or amphetamines?

	Grade 6 District	Grade 8 District	Grade 11 District
Very hard	94.7	87.3	46.2
Somewhat hard	1.8	8.5	23.1
Sort of easy	1.8	1.4	17.9
Very easy	1.8	2.8	12.8
N of Valid	57	71	39
N of Miss	17	6	3

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A.4.7 Perceived Risk of Harm from Substance Use

Table 165: How much do you think people risk harming themselves (physically or in other ways) if they take one or two drinks of an alcoholic beverage (beer, wine, liquor) nearly every day?

	Grade 6 District	Grade 8 District	Grade 11 District
No risk	19.0	13.9	12.8
Slight risk	41.3	40.3	33.3
Moderate risk	17.5	34.7	38.5
Great risk	22.2	11.1	15.4
N of Valid	63	72	39
N of Miss	11	5	3

Table 166: How much do you think people risk harming themselves (physically or in other ways) when they have five or more drinks of an alcoholic beverage once or twice a week?

	Grade 6 District	Grade 8 District	Grade 11 District
No risk	12.9	5.6	7.7
Slight risk	25.8	40.3	15.4
Moderate risk	38.7	29.2	38.5
Great risk	22.6	25.0	38.5
N of Valid	62	72	39
N of Miss	12	5	3

Table 167: How much do you think people risk harming themselves (physically or in other ways) if they smoke one or more packs of cigarettes per day?

	Grade 6 District	Grade 8 District	Grade 11 District
No risk	9.7	5.6	5.1
Slight risk	12.9	6.9	12.8
Moderate risk	21.0	20.8	12.8
Great risk	56.5	66.7	69.2
N of Valid	62	72	39
N of Miss	12	5	3

Table 168: How much do you think people risk harming themselves (physically or in other ways) if they try marijuana once or twice?

	Grade 6 District	Grade 8 District	Grade 11 District
No risk	9.8	23.9	43.2
Slight risk	32.8	31.0	35.1
Moderate risk	32.8	21.1	16.2
Great risk	24.6	23.9	5.4
N of Valid	61	71	37
N of Miss	13	6	5

Table 169: How much do you think people risk harming themselves (physically or in other ways) if they smoke marijuana once or twice a week?

	Grade 6 District	Grade 8 District	Grade 11 District
No risk	6.6	12.9	31.6
Slight risk	13.1	22.9	28.9
Moderate risk	34.4	17.1	21.1
Great risk	45.9	47.1	18.4
N of Valid	61	70	38
N of Miss	13	7	4

Table 170: How wrong do you think it is for someone your age to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	74.2	54.1	25.6
Wrong	21.2	28.4	33.3
A little bit wrong	4.5	10.8	35.9
Not wrong at all		6.8	5.1
N of Valid	66	74	39
N of Miss	8	3	3

Table 171: How wrong do you think it is for someone your age to smoke one or more packs of cigarettes a day?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	95.4	87.7	79.5
Wrong	4.6	6.8	12.8
A little bit wrong		2.7	7.7
Not wrong at all		2.7	
N of Valid	65	73	39
N of Miss	9	4	3

Table 172: How wrong do you think it is for someone your age to try marijuana or hashish once or twice?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	92.2	55.6	25.6
Wrong	6.2	25.0	17.9
A little bit wrong	1.6	6.9	30.8
Not wrong at all		12.5	25.6
N of Valid	64	72	39
N of Miss	10	5	3

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Table 173: How wrong do you think it is for someone your age to use marijuana or hashish once a month or more?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	87.5	74.3	33.3
Wrong	12.5	8.6	17.9
A little bit wrong		5.7	23.1
Not wrong at all		11.4	25.6
N of Valid	64	70	39
N of Miss	10	7	3

Table 174: How wrong do you believe most students in your school think it is for someone their age to have one or two drinks of an alcoholic beverage nearly every day?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	61.9	40.5	20.5
Wrong	27.0	16.2	25.6
A little bit wrong	9.5	29.7	35.9
Not wrong at all	1.6	13.5	17.9
N of Valid	63	74	39
N of Miss	11	3	3

A.4.8 Communication about Substance Use

Table 175: During the past 12 months, do you recall hearing, reading, or watching an advertisement about prevention of substance abuse?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	39.7	56.8	77.5
No	33.3	23.0	7.5
Don't know or can't say	27.0	20.3	15.0
N of Valid	63	74	40
N of Miss	11	3	2

Table 176: During the past 12 months, have you had a special class about drugs or alcohol in school?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	19.0	34.2	32.5
No	68.3	52.1	57.5
Don't know or can't say	12.7	13.7	10.0
N of Valid	63	73	40
N of Miss	11	4	2

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A.5 Parenting and Parental Attitudes

A.5.1 Family Management

Table 177: During the past 12 months, have you talked with at least one of your parents about the dangers of tobacco, alcohol, or drug use?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes	43.5	67.1	72.5
No	41.9	30.1	22.5
Don't know or can't say	14.5	2.7	5.0
N of Valid	62	73	40
N of Miss	12	4	2

Table 178: Would you be more or less likely to want to work for an employer that tests its employees for drug or alcohol use on a random basis?

	Grade 6 District	Grade 8 District	Grade 11 District
More likely			40.0
Less likely			12.5
Would make no difference			45.0
Don't know or can't say			2.5
N of Valid	0	0	40
N of Miss	74	77	2

Table 179: My parents ask if I've gotten my homework done.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	76.7	58.3	65.0
Pretty much true	8.3	22.2	12.5
A little true	10.0	15.3	10.0
Not at all true	5.0	4.2	12.5
N of Valid	60	72	40
N of Miss	14	5	2

Table 180: My parents would catch me if I skipped school.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	85.0	66.7	50.0
Pretty much true	5.0	9.7	17.5
A little true	3.3	15.3	12.5
Not at all true	6.7	8.3	20.0
N of Valid	60	72	40
N of Miss	14	5	2

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Table 181: When I am not at home, one of my parents knows where I am and whom I am with.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	83.9	69.9	60.0
Pretty much true	3.2	13.7	20.0
A little true	11.3	11.0	12.5
Not at all true	1.6	5.5	7.5
N of Valid	62	73	40
N of Miss	12	4	2

Table 182: My family has clear rules about alcohol and drug use.

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true	94.9	71.2	57.5
Pretty much true	3.4	13.7	25.0
A little true		9.6	12.5
Not at all true	1.7	5.5	5.0
N of Valid	59	73	40
N of Miss	15	4	2

Table 183: How would most students in your school respond to this statement: "My family has clear rules about alcohol and drug use."

	Grade 6 District	Grade 8 District	Grade 11 District
Very much true			27.5
Pretty much true			20.0
A little true			45.0
Not at all true			7.5
N of Valid	0	0	40
N of Miss	74	77	2

A.5.2 Parental Attitudes towards Substance Use

Table 184: How wrong do you think your parents feel it would be for you to drink beer, wine, or liquor (for example, vodka, whiskey, or gin) regularly (at least once or twice a month)?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	92.2	61.6	42.5
Wrong	6.2	16.4	25.0
A little bit wrong	1.6	16.4	27.5
Not wrong at all		5.5	5.0
N of Valid	64	73	40
N of Miss	10	4	2

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Table 185: How wrong do you think your parents feel it would be for you to smoke cigarettes?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	100.0	82.2	81.6
Wrong		11.0	5.3
A little bit wrong		1.4	7.9
Not wrong at all		5.5	5.3
N of Valid	64	73	38
N of Miss	10	4	4

Table 186: How wrong do you think your parents feel it would be for you to smoke marijuana?

	Grade 6 District	Grade 8 District	Grade 11 District
Very wrong	96.9	84.9	73.7
Wrong	3.1	4.1	13.2
A little bit wrong		4.1	5.3
Not wrong at all		6.8	7.9
N of Valid	64	73	38
N of Miss	10	4	4

A.6 Height and Weight

A.6.1 BMI and Weight

Table 187: BMI Percentile Ranking

	Grade 6 District	Grade 8 District	Grade 11 District
Underweight			
Healthy Weight			68.6
Overweight			11.4
Obese			20.0
N of Valid	0	0	35
N of Miss	74	77	7

Table 188: How do you describe your weight?

	Grade 6 District	Grade 8 District	Grade 11 District
Very underweight			
Slightly underweight			10.5
About the right weight			50.0
Slightly overweight			26.3
Very overweight			13.2
N of Valid	0	0	38
N of Miss	74	77	4

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Table 189: Which of the following are you trying to do about your weight?

	Grade 6 District	Grade 8 District	Grade 11 District
Lose weight			52.6
Gain weight			10.5
Stay the same weight			13.2
I am not trying to do anything about my weight			23.7
N of Valid	0	0	38
N of Miss	74	77	4

Table 190: During the past 30 days, did you go without eating for 24 hours or more (also called fasting) to lose weight or to keep from gaining weight?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes			16.2
No			83.8
N of Valid	0	0	37
N of Miss	74	77	5

Table 191: During the past 30 days, did you take any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight? (Do not include meal replacement products such as Slim Fast.)

	Grade 6 District	Grade 8 District	Grade 11 District
Yes			16.2
No			83.8
N of Valid	0	0	37
N of Miss	74	77	5

Table 192: During the past 30 days, did you vomit or take laxatives to lose weight or to keep from gaining weight?

	Grade 6 District	Grade 8 District	Grade 11 District
Yes			8.3
No			91.7
N of Valid	0	0	36
N of Miss	74	77	6

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