

MENTAL HEALTH PROGRAMS 2019-2020

Guidance & Counseling Department

BROWNSVILLE INDEPENDENT SCHOOL DISTRICT

EDUCATIONAL RESOURCES

- **CHARACTER COUNTS: K-8TH**
 - Staff Development for Counselors
 - WAY TO GO JOURNAL- Academic, Social-Emotional and Character Domains
 - Make Every Day Count
- **HUMAN RELATIONS MEDIA & Lesson Guides**
 - Coping with an Emotional Crisis
 - Am I Norma? Teens and Emotional Health
 - It's Never Too Late: Stopping Teen Suicide
 - Teen Truth: An Inside Look at Bullying and School Violence
 - Everything you Need to Know about Substance Abuse
 - Raising Health Teens: Communicating Skills for Parents
 - Suicide Prevention for Parents and Teachers

EDUCATIONAL RESOURCES:

- **Social Emotional Learning Staff Development**
 - Scholastic SEL for Middle School At-Risk Counselors
 - ROPES activities for Elementary Students
 - Region One Student Leadership training – 100 Middle School students
 - Grief and Coping: Not the End of the Chavez Family – *Dia de los Muertos* activity
 - Meet Wobi – Identifying and Understanding your Emotions

- **Student Presentations: Elementary – High School**
 - Cameron County Children’s Advocacy Center: Monica’s House & Maggie’s House
 - (reporting child abuse, self-advocacy, healthy teen relationships)
 - See Something Say Something – Archie Comics
 - Be Still Little Tree Be Still – Finding Peace & Courage in Life
 - iGuardian: Cyberbullying (Homeland Security)
 - Operation Detour (US Border Patrol)

STAFF DEVELOPMENT

- **Staff Development**

- Mental Health First Aid training

- BISD Campus Administrators: 97% Elementary – 100% Middle School – 91% High School***

- Yellow Ribbon Campaign,

- Know the Signs: Preventing School Violence

- Be Still Little Tree Be Still

- SEL – Student Leadership Workshops for Middle & High School students

- Trauma Informed Schools

- “Equipping School Counselors with the Tools needed for students with Suicidal Ideations”

MOU PARTNERS ADVISORY COMMITTEE MENTAL HEALTH FOR PARENTS

- **MOU Partners:**

- Tropical Texas Behavioral Health
- Buckner STAR
- Behavioral Health Solutions (3)
- Mesquite Treatment Center
- Integrity Counseling
- SCAN

- **G&C Mental Health Advisory Committee**

- fall and spring meetings

- **Mental Health topics for Parents:**

- Parental Involvement Meetings, DUKE TIP, Developmental Transitions for your Child, Higher Education meetings, fall and spring meeting, BISD Police Parent Meetings, etc.
- Upcoming Parent Meeting – May 2nd - Mental Health & Well-Being for Parents & Families, BSLTBS, Palms Hospital Free Screenings for Depression and Anxiety

THANK YOU FOR YOUR SUPPORT

Questions...