



WAUNAKEE
COMMUNITY SCHOOL DISTRICT

Dane County Youth Assessment

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Brief Overview of the Dane County Youth Assessment (DCYA)

- Given every 3 years (winter 2024)
- Voluntary and anonymous
- All Dane County Schools
- Total WCMS participants: 603
- Total WCHS participants: 570




This presentation contains discussions of suicide, youth suicide, and sexual violence that may be triggering for some individuals.

Please monitor yourself closely and seek help if needed.



- Pick 3 topics/ subjects and each one will present on both MS and HS data for that topic
 - Anxiety/ Worrying (Rose)
 - Suicidal Ideation (complex anxiety and compounding factors) (Jess)
 - Bullying and school climate (Jon)
- Each topic will cover:
 - Data
 - What this actually looks like in schools
 - This is how we offer support
 - This is what we still need
- “Notable facts and discrepancies”
 - sexual/ relational violence
 - Receiving MH services vs. excessive worrying
- Leave a few minutes for questions!

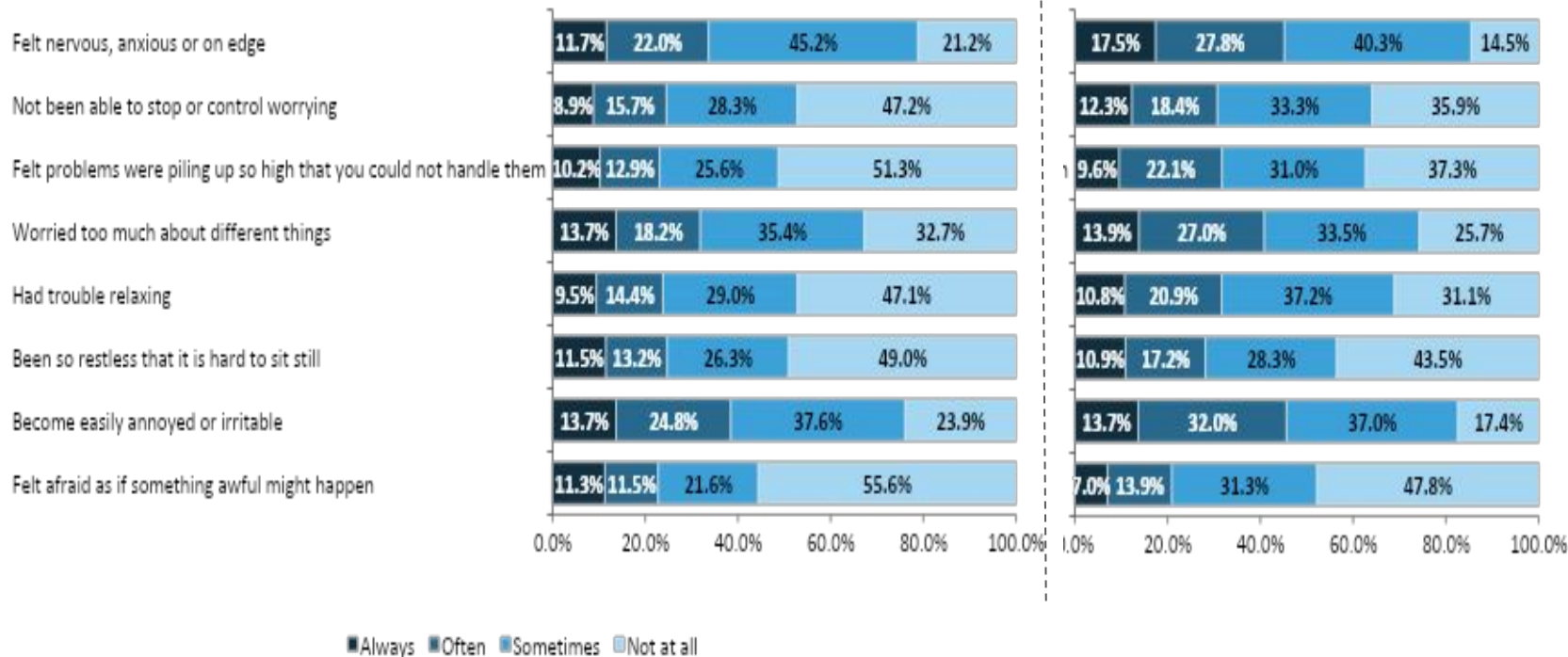


Anxiety & Worrying

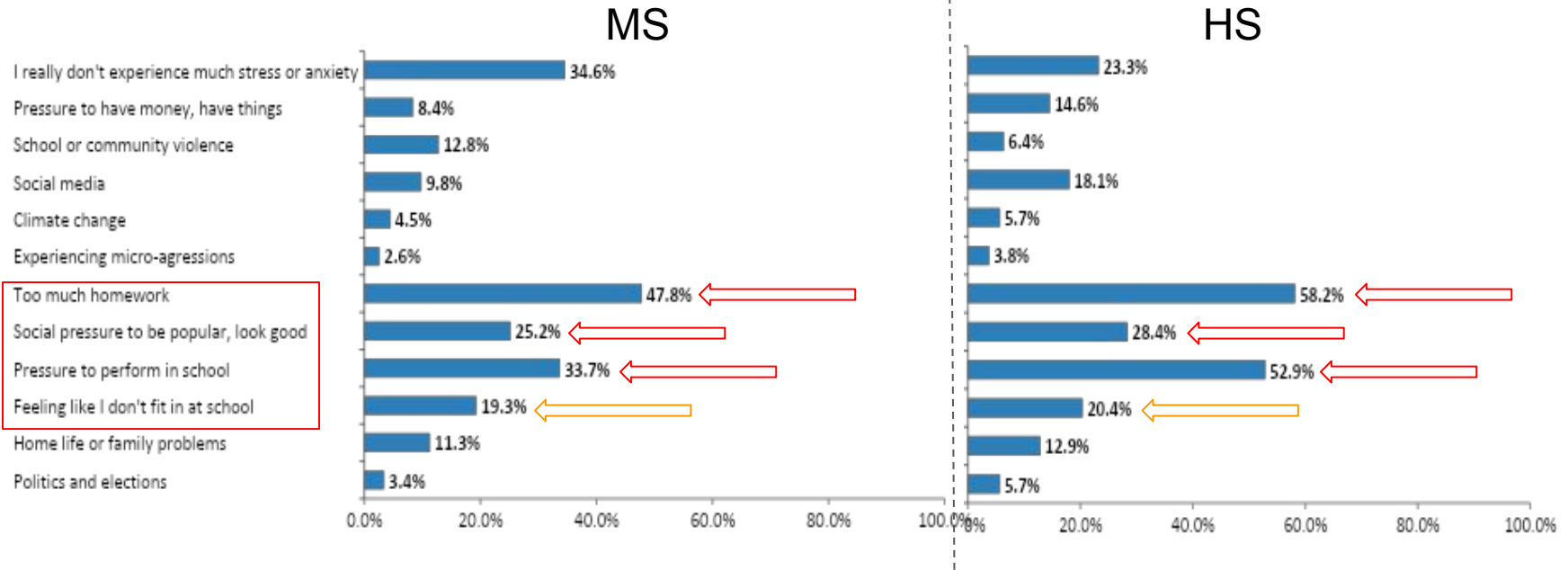
In the past 30 days, how often have you . . .

MS

HS



If you are experiencing stress or anxiety what would you say are the MAIN causes of stress in your life? (Choose the 3 MOST IMPORTANT causes)





What does this look like in schools?

- School/ class avoidance
 - Increased presence in student services for academic purposes rather than classroom
- Health office visits: stomachaches, headaches
- Decreased attendance
- Decreased class participation and engagement (suddenly sleeping a lot in class or uncharacteristically jittery)
- Emotional challenges
- Peer or Social challenges
- Requests for virtual learning
- Overwhelmed families



What are we doing now?

- Frequent or scheduled check ins with student services staff
- Teaching and modeling stress management techniques (Advisory)
- Increased student services FTE at the high school level
- 504 Plans and Accommodations
- Adjusted schedules
- PCOW referrals
- Building Bridges
- BESS Screener (Grades 3, 5, 7, 9)

What do we need?

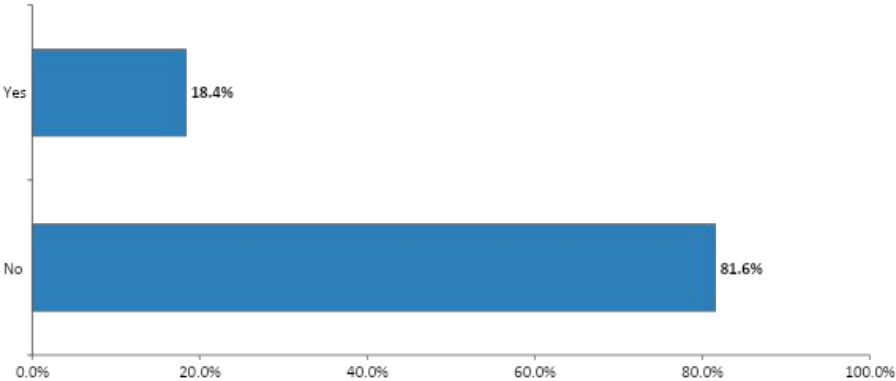
- Less pressure on academics (“too much homework” is #1 stressor at MS & HS)
- Systemic approach for addressing avoidance/ attendance
- Additional Tier 2 interventions
- Transportation flexibility
- Community connections with academic relevance



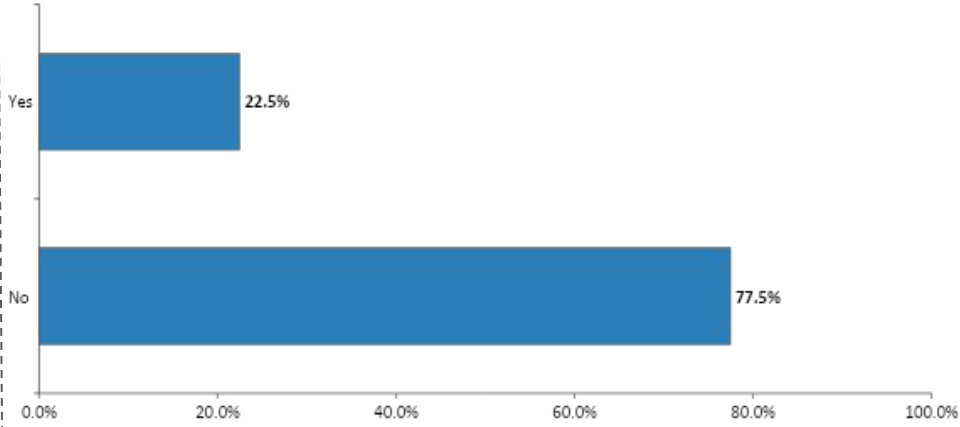
Suicidal Ideation

During the past 12 months, did you ever feel so sad or hopeless almost every day for at least two weeks in a row that you stopped doing some usual activities?

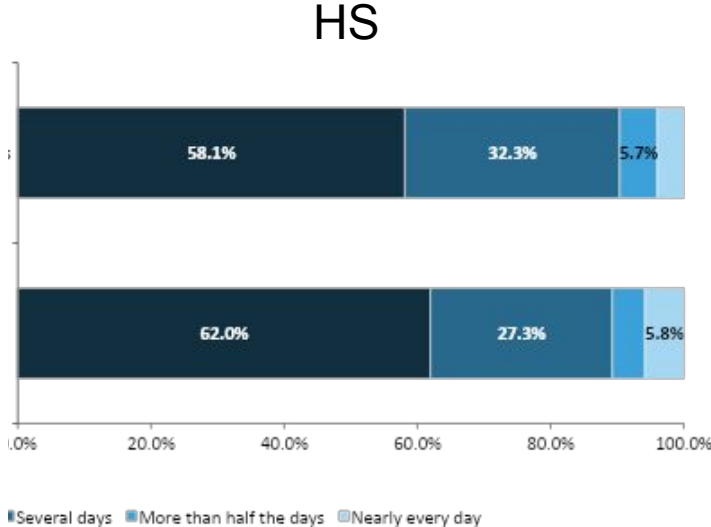
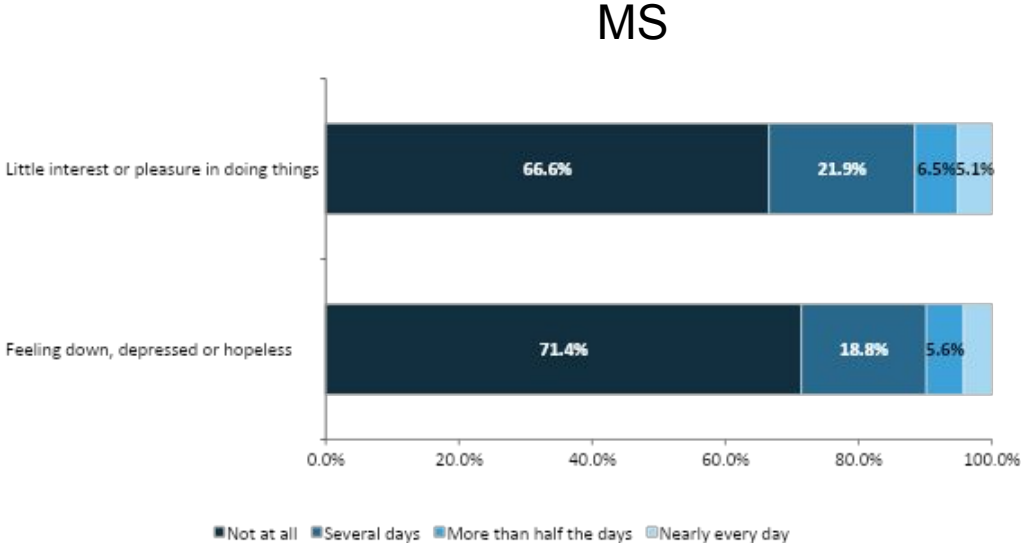
MS



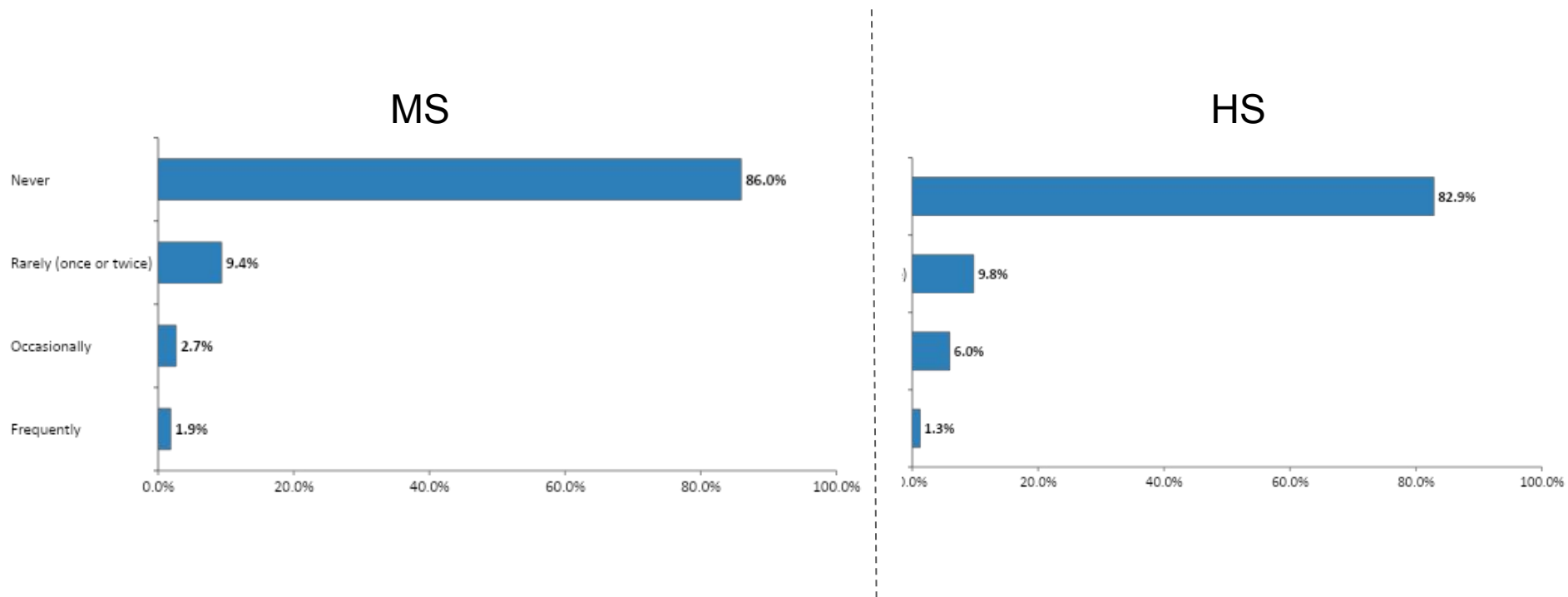
HS



Over the last 2 weeks, how often have you been bothered by the following problems?

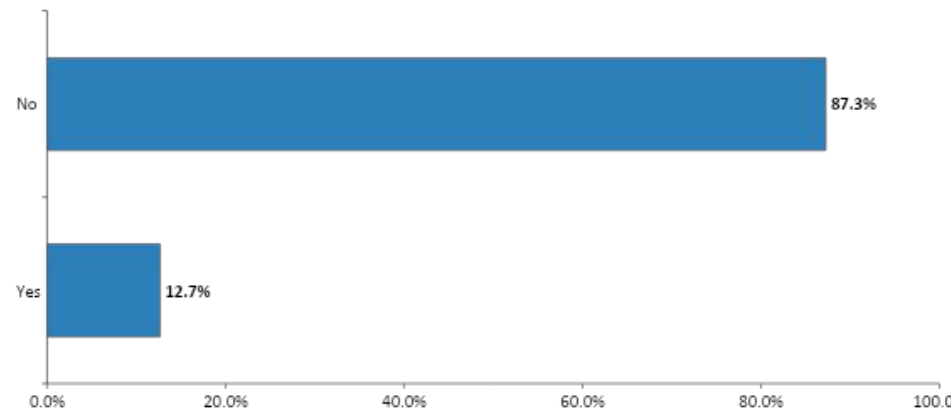


During the past 12 months, how many times did you do something to hurt yourself on purpose, without wanting to die, such as cutting or burning yourself?

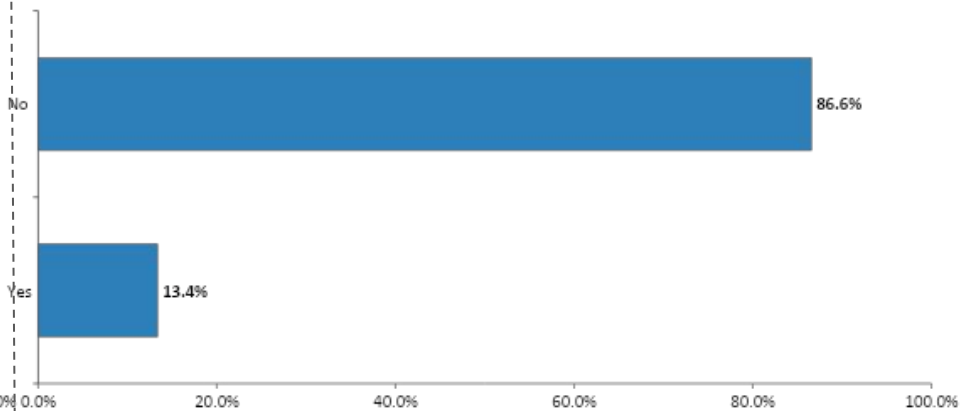


During the past 12 months, have you ever thought seriously about killing yourself?

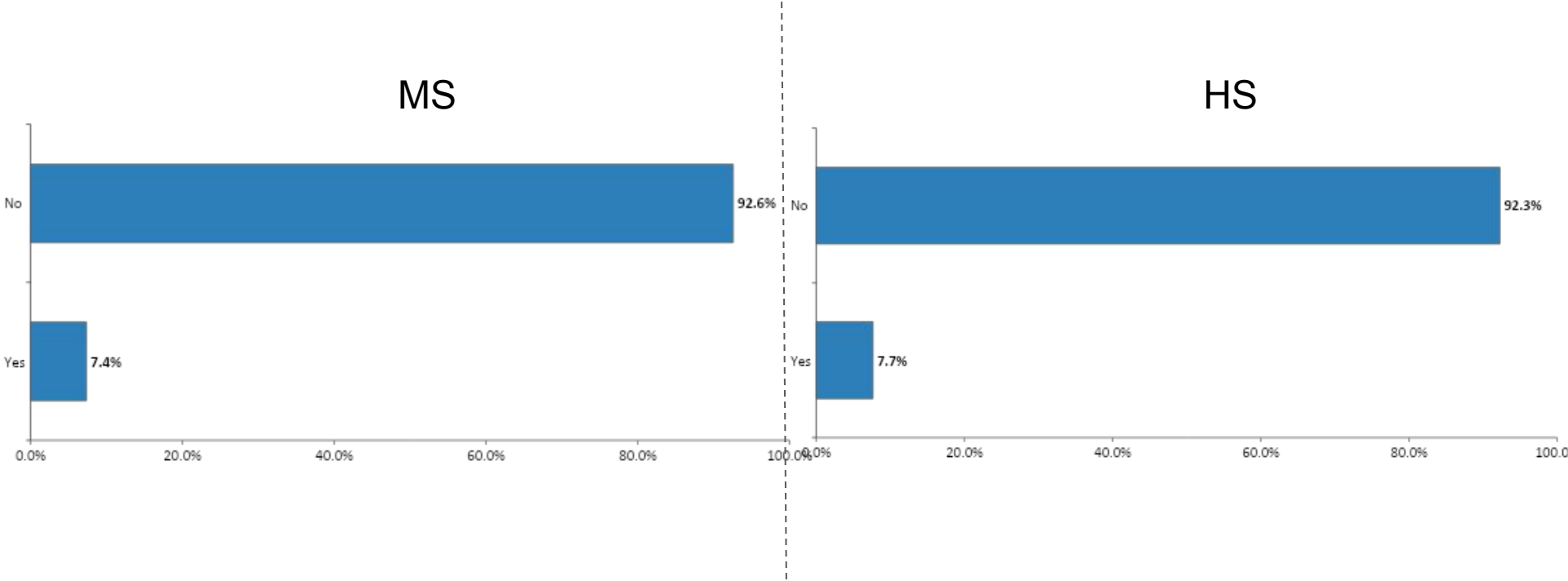
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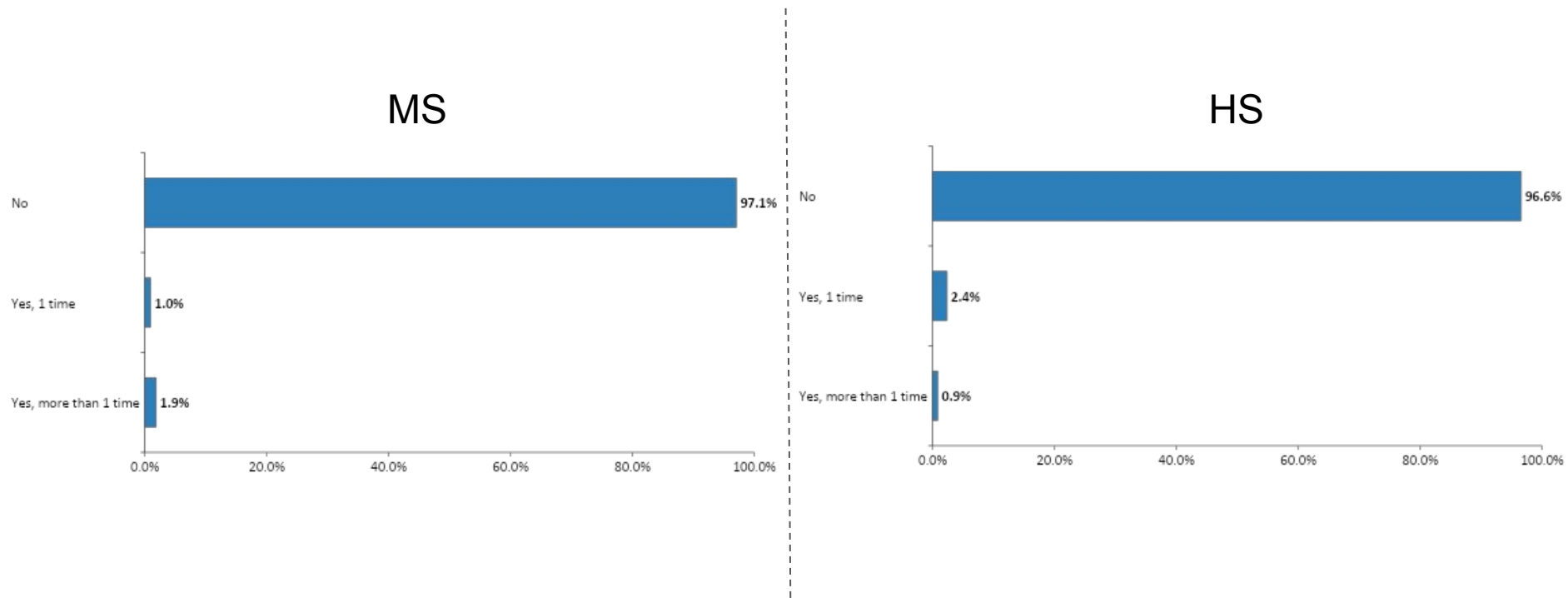
HS



During the past 12 months, did you make a plan about how you would attempt suicide?



During the past 12 months, have you actually attempted suicide?





What does this look like in schools?

- Extended absences due to hospitalization
- Missing school for outside services
- Overwhelmed students and families
- Student social emotional fluctuation
- Decreased academic performance
- Disengagement in school or related activities
- Self harming behaviors (low level)
- Statements or representations of their challenges



What are we doing now?

- Suicide Risk Assessments
- Partnering with outside providers if students are receiving services
- Developing safety plans
- PCOW Referrals
- Building Bridges
- Increased family involvement
- QPR training for HS staff

What do we need?

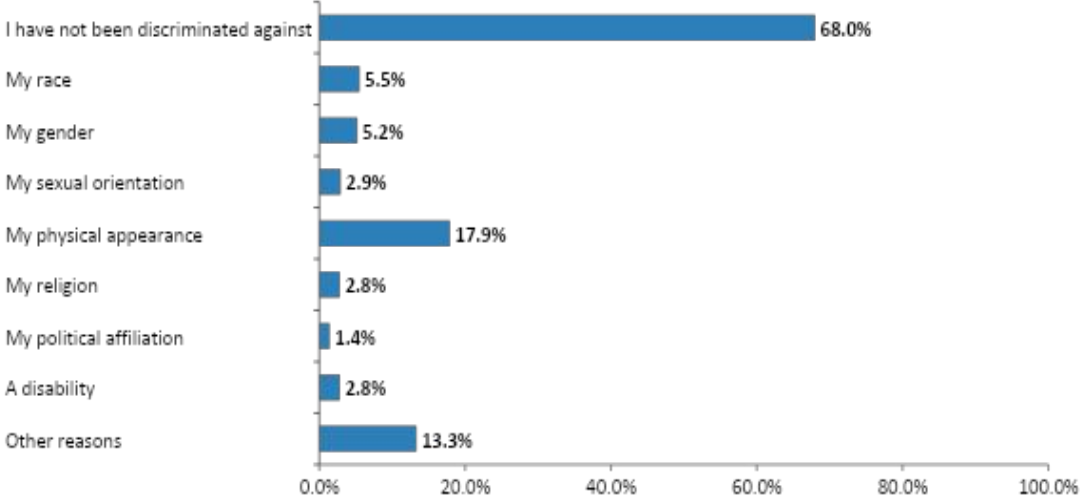
- Condensed resource guide for student services staff (updated)
- More frequent student services updates on SRA protocol
- New student services staff training on CSSR-S
- Mandated inservice materials & in-person training for all staff



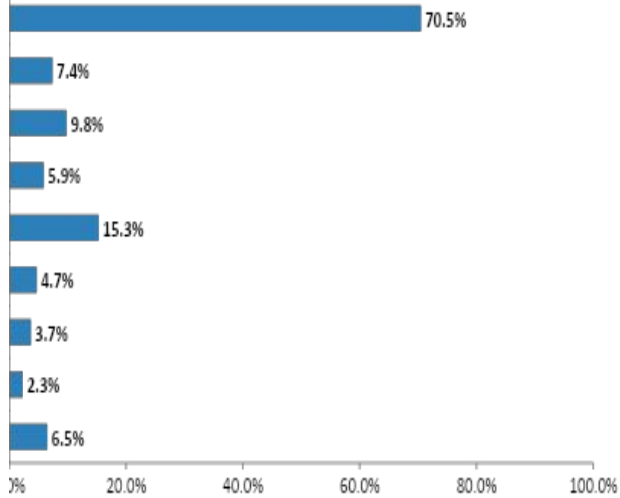
Bullying

In the past 12 months, what are the reasons you've been treated unfairly or discriminated against because of how others perceive (or see) you? (check all the apply)

MS

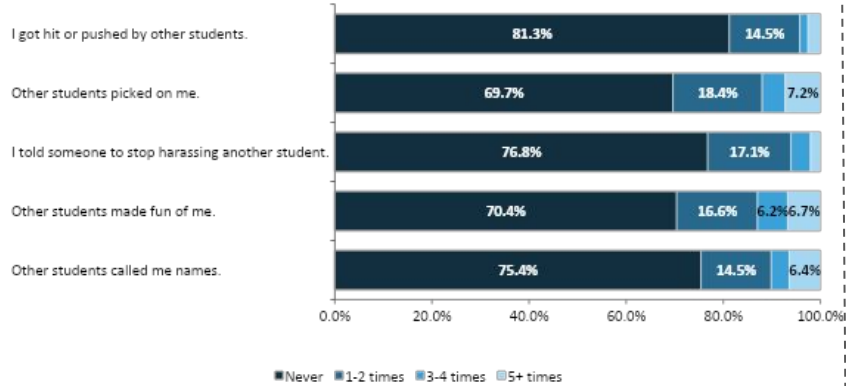


HS

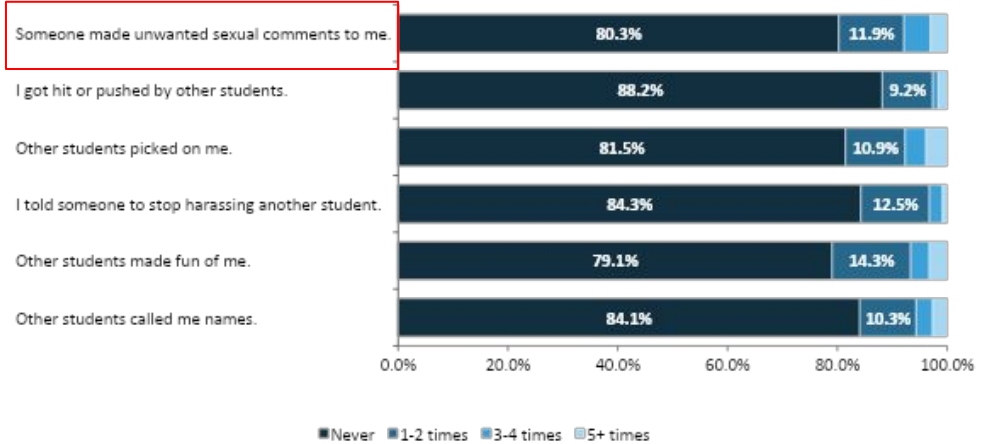


How many times were you involved in any of these activities in the past 30 days?

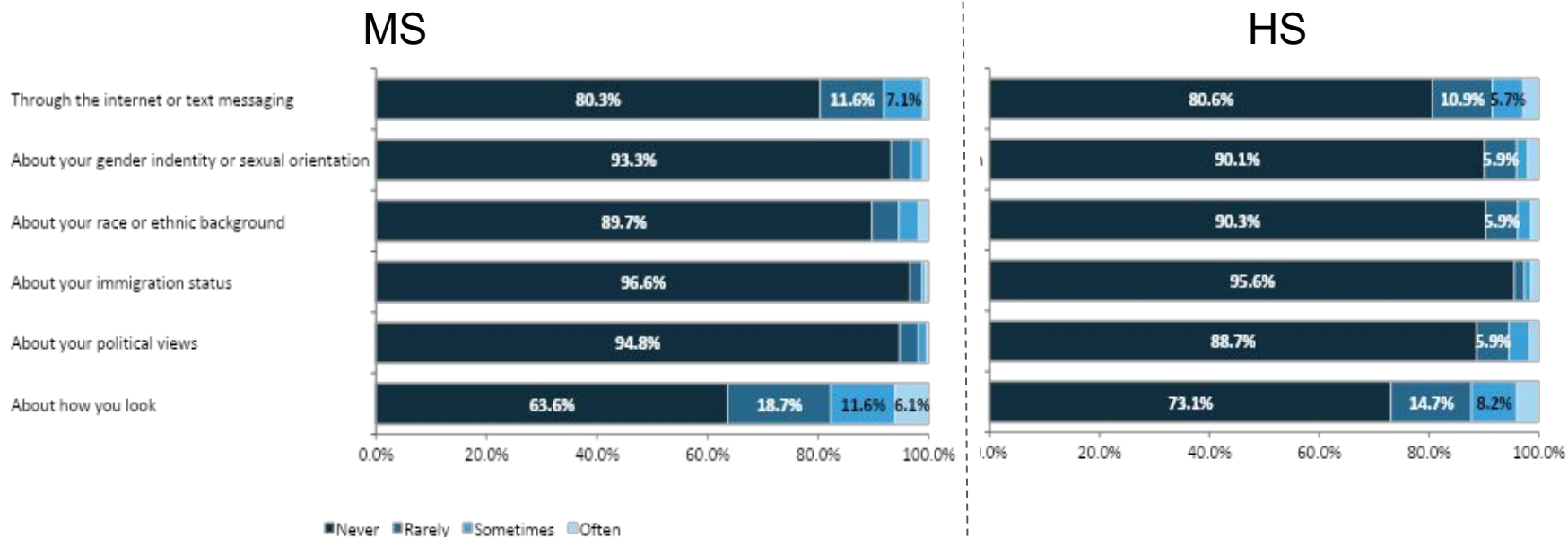
MS



HS



In the past 12 months, how often have you been bullied, threatened or harassed . . .





What does this look like in schools?

- Class or School avoidance
- Decreased attendance
- Reports to student services or administration
 - Social media, harmful language, physical appearance
- Decreased sense of belonging at school
- Decreased academic performance
- Decreased or lack of interest in after school activities
- Increased social emotional stressors
- Increased isolation from peers and family
- Increased external behaviors



What are we doing now?

- Reporting tools (SUSO)
- Student services lesson (Tier 1)
- Second Step (Tier 2)
- Restorative practices
- Student services individual meeting
- Family communication/ meeting
- Schedule changes or adjustments
- Speak Up at Schools
 - All Staff and New Staff
 - Students: 7-12 (Tier 1)

What do we need?

- Systemic tools for escalating situations of harmful language
- More frequent training for staff about Speak Up at Schools
- More frequent exposure of Speak Up at Schools for students
- Increased communication and training for families about strategies being implemented at school

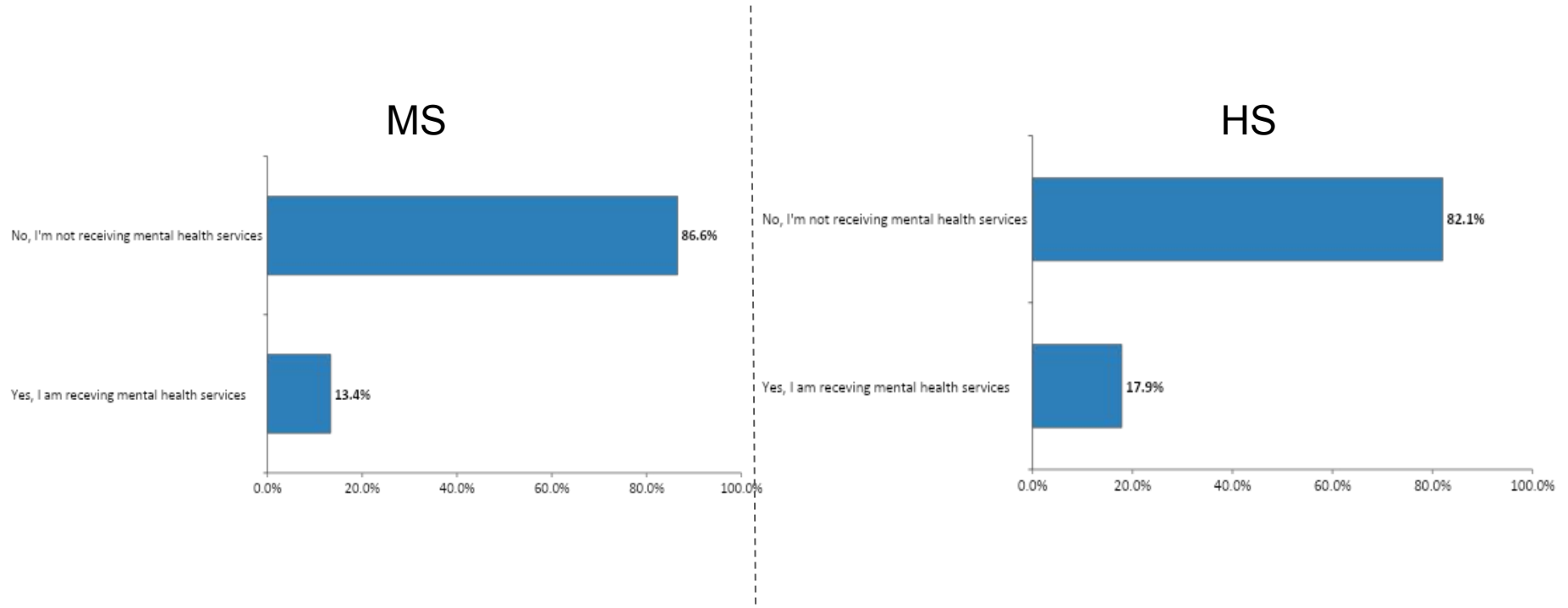


Other Notable Data



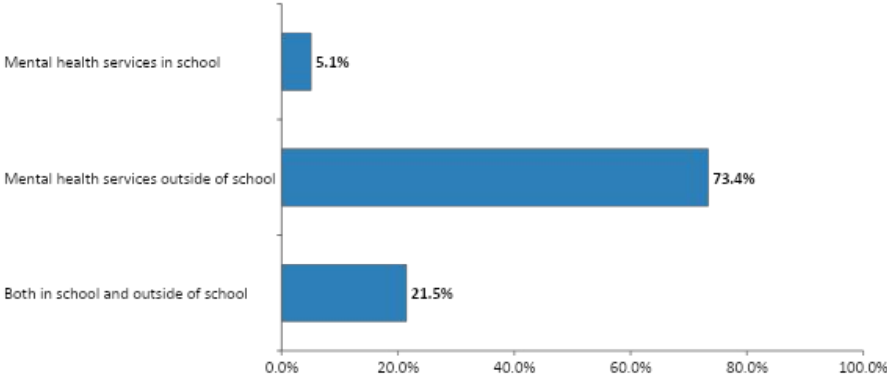
Mental Health Services

Are you currently receiving mental health services?

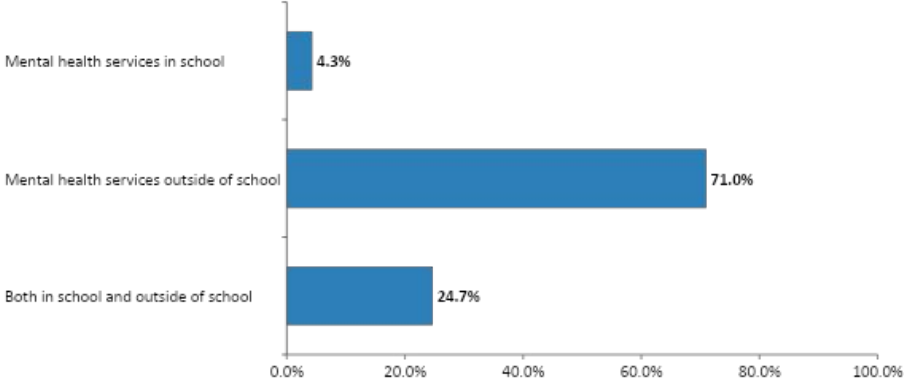


If you are receiving mental health services, are those services . . .

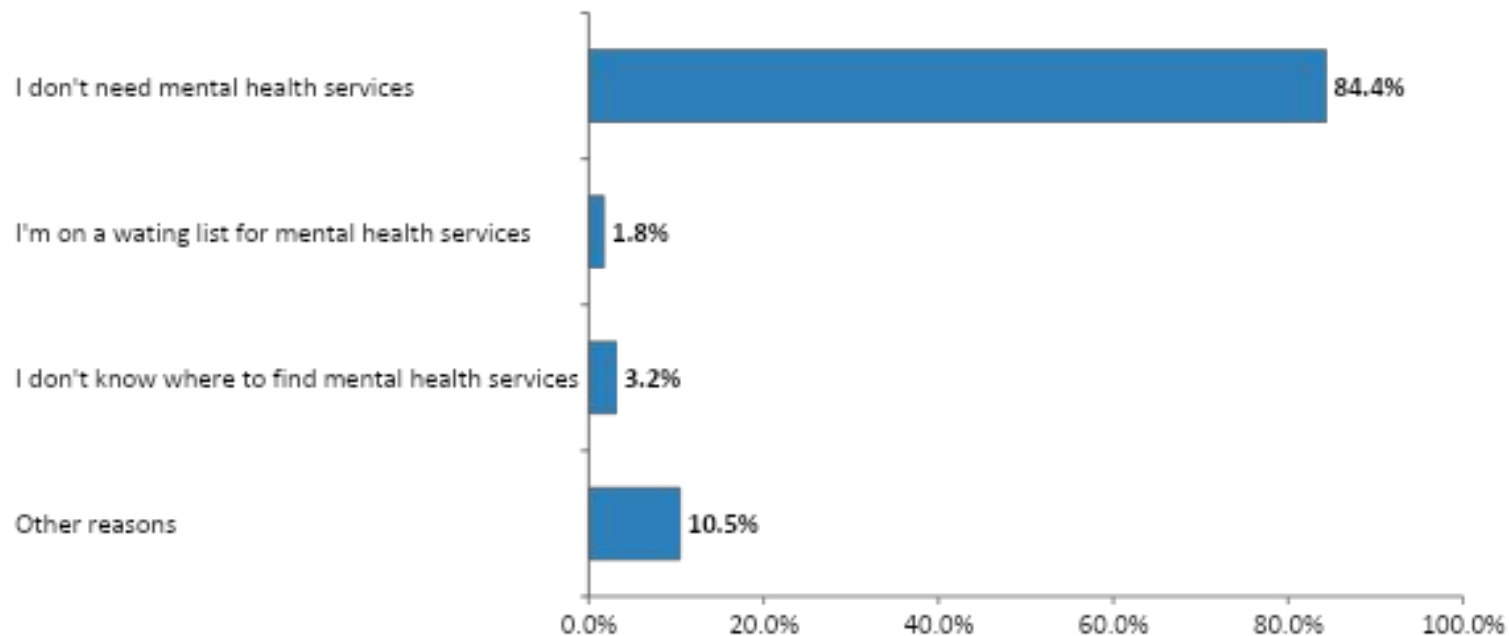
MS



HS



Are you NOT receiving mental health services because . . . (HS only)



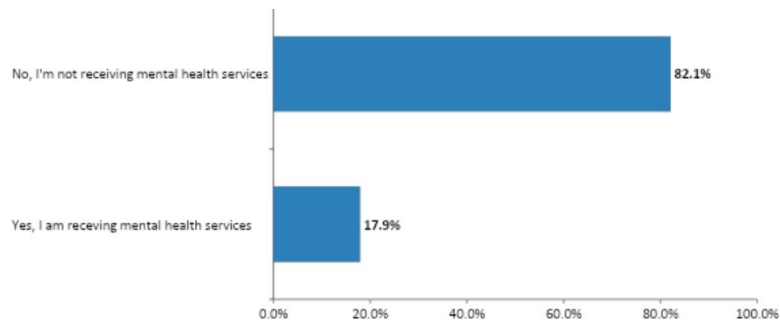
Comparison

Reported Feeling Nervous, Anxious, or On Edge

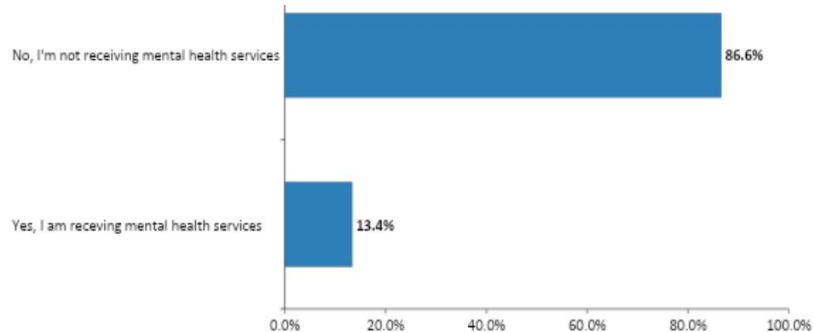
Compared To

Reported Receiving Mental Health Services

SH



MS



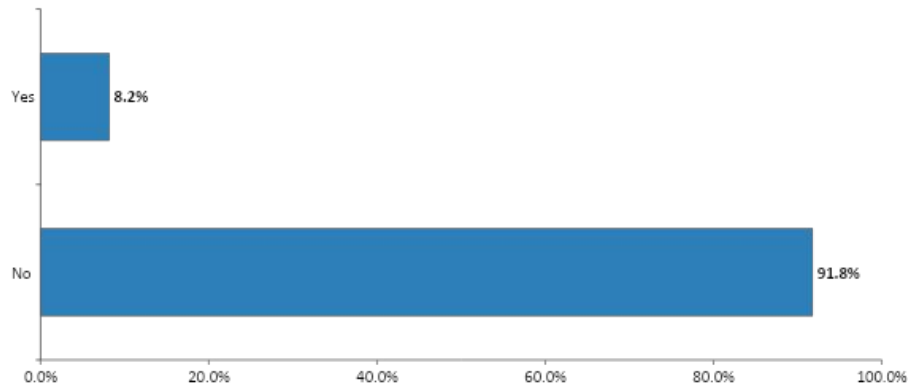
■ Always ■ Often ■ Sometimes ■ Not at all



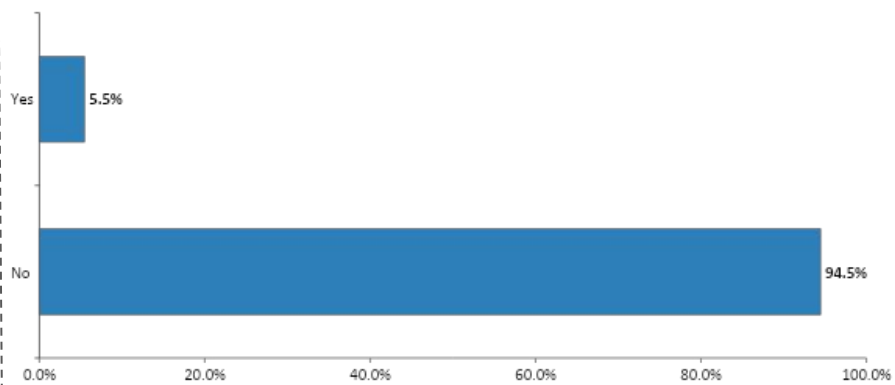
Sexual Violence

Have you ever been forced, either verbally or physically, to take part in a sexual activity?

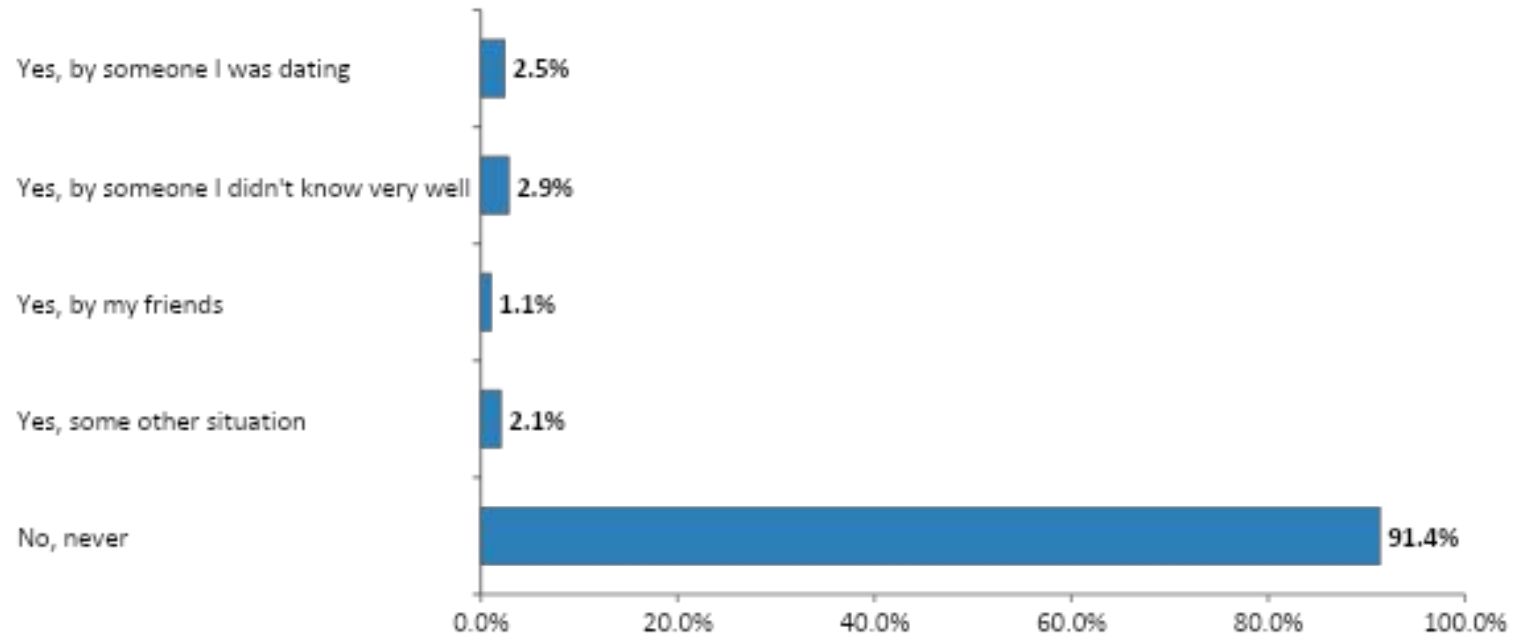
MS



HS



Has anyone ever encouraged or pressured you to be part of sexual photos or videos? (HS only)





Thank you!