

**Amphitheater School District
COURSE REQUEST FORM**

I. RATIONALE – justification of need, citing data

Research suggests that the transition to the middle school format and pacing can be a source of anxiety for students. This course, which will be offered as an elective to sixth graders, will give students tools and strategies for success. Over time, students will become proactive in their education, increasing the ownership and accountability in their own learning.

II. DESCRIPTION – course goals and objectives, pre-requisites, format

The Rams 101 course will give students the opportunity to learn and/or refine their executive functioning skills. Students will also be exposed to the [7 Habits of Highly Effective Teens](#), as described by Sean Covey. Throughout the course, students will explore 21st century learning platforms and become proficient in Google Classroom.

III. ARTICULATION – reference to state standards, specific skills sets, and articulation with other courses

Teachers will collaborate with the 6th grade department. Activities will be designed to support their core curriculum and interdisciplinary units.

IV. AUDIENCE – student group (school, grade, discipline) to be served

6th graders at Cross Middle School

V. RESOURCES – specific texts, materials, equipment needed

-[The Seven Habits of Highly Effective Teens](#) by Sean Covey

-[The Seven Habits of Highly Effective Teens: Workbook](#)

(Cross has several copies of both available, but more may need to be purchased based on enrollment)

- Chromebooks or consistent access to Google Classroom via other devices
Student Planners

