

# LORNA BYRNE MIDDLE SCHOOL - VIKING VIEWS

ISSUE 2

October / November 2013

Rachael George, Principal

Chris Jelderks, Dean of Students/Athletics



## WORDS FROM MRS. GEORGE

Summer has finally faded and we are deep into the brilliant colors of fall, warm days and colder nights. Students and staff have settled into a weekly routine and schools are buzzing with the sounds of learning. This is one of my favorite times of year.

As we head into the holiday months I continue to be impressed by what I see in the classrooms, teachers are providing challenging instruction and students are responding enthusiastically. The quality of instruction is the best I've ever seen. Our schools teach more students at a higher level than ever before. This is not just my opinion, State and Federal assessments document our success. Lorna Byrne was recently identified as a Model School by the Oregon Department of Education! Model Schools are high poverty schools that were rated in the top 5% of Title I schools in 2013 based on the new rating system. There are only four middle schools in the entire state of Oregon that received this designation. We are very proud of the hard work and effort the students, teachers, and community have put into receiving this level of honor and acknowledgment.

In honor of our newly acquired Model School designation, we will be having a school wide assembly on October 22nd at 2:45 pm in the Jamie Scott Memorial gym to present Lorna Byrne Middle School students with a Model School banner and coordinating school plaques. Families and community members are welcome to attend.

*Did you know... LBMS is a Title I school allowing us to offer free breakfast and lunch to all our students.*

*Through awarded grants, we are also able to offer programs and enrichment during afterschool hours.*

### Keys to success

You can set your middle grader up for success this school year with some basic pointers. Suggest that he try to follow this checklist, and you'll help him get off on the right foot:

- I attend school every day unless I'm sick, and I get there on time.
- I get 8-10 hours of sleep each night.
- I eat a healthy breakfast in the morning.
- I pay attention in class.
- I write down my assignments for each subject.
- I start my projects when I get them.
- I complete my homework on time.
- I read for pleasure each day.



# ATTENDANCE

If your student is ill or must be absent, please **be sure to phone** the LBMS Attendance Office and let us know. **PHONE 541-592-2163**



## DATES TO REMEMBER

October 14 - Volleyball vs. Ashland, 4:30pm  
 October 15 - Picture re-takes  
 October 16 - Football vs. Lincoln Savage at 4:30pm, IVHS field  
 October 16 - Volleyball vs. North, 4:30pm  
 October 17 - Conferences, 4:00 to 6:00pm  
 October 18 - No classes  
 October 18 - Conferences, 8:00am to 4:00pm  
 October 21 - Volleyball vs. Hedrick, 4:30pm  
 October 22 - Band Concert @ Gym, 7:00pm  
 October 23 - Football at Rogue River, 4:30pm  
 October 23 - Volleyball at Rogue River, 4:30pm

November 11 - No classes  
 November 22 - No classes  
 November 25 - No classes  
 November 26 - No classes  
 November 27 - No classes  
 November 28 - No classes  
 November 29 - No classes  
 December 6 - No classes  
 December 6 - Dell Arte Holiday show @ Gym, 7:00pm  
 December 17 - Band Concert @ Gym, 7:00pm  
 December 23 - No classes  
 December 24 - No classes  
 December 25 - No classes  
 December 26 - No classes  
 December 27 - No classes  
 December 30 - No classes  
 December 31 - No classes

# Lorna Byrne "LIGHTS ON" After School Activities

# October 2013

	Monday	Tuesday	Wednesday	Thursday	Friday		
Athletes & Students participating in a 21st Century After School Program may ride the <b>ACTIVITY BUS</b> 		<b>1</b> SCIENCE EXPLORERS  SEW CRAFTY HHH	<b>2</b> ELO SMILE SNAK  HHH	<b>3</b> ART EXTRA BAKING ELO  HHH	<b>4</b>	Students may attend Homework Help House every morning before school from 7:30 to 8:10 in the library.	
	<b>7</b> COLLEGE DREAMS  SNAK  HHH	<b>8</b> BRAIN BOWL  SCIENCE EXPLORERS  SEW CRAFTY HHH	<b>9</b> BATTLE BOOKS ELO SNAK HHH	<b>10</b> ART EXTRA BAKING ELO  HHH	<b>11</b>  <div style="text-align: center; color: red; font-weight: bold;">NO SCHOOL</div>		
	<b>14</b> COLLEGE DREAMS  SNAK  HHH	<b>15</b> BRAIN BOWL  SCIENCE EXPLORERS  SEW CRAFTY HHH	<b>16</b> ELO SMILE SNAK  HHH	<b>17</b> ART EXTRA BAKING ELO  HHH	<b>18</b>  CONFERENCES		
	<b>21</b> COLLEGE DREAMS  SNAK  HHH	<b>22</b> BRAIN BOWL  SCIENCE EXPLORERS  SEW CRAFTY HHH	<b>23</b> BATTLE BOOKS ELO SNAK HHH	<b>24</b> ART EXTRA BAKING ELO  HHH	<b>25</b>		
	<b>28</b> COLLEGE DREAMS  SNAK  HHH	<b>29</b> BRAIN BOWL  SCIENCE EXPLORERS  SEW CRAFTY HHH	<b>30</b> ELO SMILE SNAK  HHH	<b>31</b> ART EXTRA BAKING ELO  HHH			<b>ONLINE BOOK FAIR</b> 9/25 thru 10/15 <a href="http://scholastic.com/fair">scholastic.com/fair</a>

### Child Find for Special Education

Public Law 105.17, known as the Individualized Disability Education Act (IDEA), requires that school districts provide a free and appropriate education to all disabled children and young adults from birth through 21 years of age. Three Rivers School District requests the identification of any disabled children ages birth through 21 who are not enrolled or currently being served in one of the District's schools.

If you know of any disabled children ages 0 through 21, who are not receiving educational services, please phone the Three Rivers School District Special Education Dept. at **541-862-3111 ext. 5202**.

*Healthy U Presents:*

## Parenting with Love and Logic®

**When:** Wednesday, November 6<sup>th</sup>  
5:30-6:30 p.m.

**Where:** Evergreen Elementary  
520 W River St, Cave Junction, OR

**What:** Learn strategies to help  
improve parenting skills

**With:** Jody Conrad, M.S. School  
Psychologist

**FREE** event with complimentary  
childcare available.

Please call Healthy U to register.  
[541-592-4888](tel:541-592-4888)

Part of the FREE Health Talk Series by:



[www.healthyucenter.org](http://www.healthyucenter.org)

# Sports Brief

Boys Basketball practice will begin soon. Sign ups are happening now. See Mr. Jelderks if you want to play.

Please remember that in order to participate in any Viking sports team there is a \$75.00 participation fee, a required sports packet needs to be completed and a current sports physical examination performed by your doctor or the Student-based Health Center at your expense must be on file with the school.

## LAST MINUTE CHANGES

All bus changes and after school plans must be phoned in to the LBMS office prior to 3:00p.m. In order for your students to receive notification of the change in plans, you must give the office time to prepare and distribute a note. We appreciate your consideration of this new procedure.

**Oregon Books & Games**  
150 NE E Street  
(corner of 7th and E)  
Grants Pass, OR 97526  
(541) 476-3132 or (800) 290-8365

## SCHOOL PARTNERSHIP PROGRAM

Oregon Books & Games has a great selection of items for your student, friends & family! Their partnership program provides direct credit to LORNA BYRNE which helps us buy new books for the library.

The program works in this fashion. Any supporter who mentions LORNA BYRNE when making a purchase, triggers a donation of 5% of the total purchase to the LORNA BYRNE account. When Lorna Byrne supporters order books online at [oregonbooks.com](http://oregonbooks.com) just add the school name in the comments section or mention it when picking up the books.

As an example of how all this works, if we have 50 supporters buying \$10.00 worth of books each month, our library would have \$300 during the year to spend!

Thank you for your support – HAPPY READING!

### Just for Fun

**Q:** What did Mason say to Dixon ?

**A:** We've got to draw the line here!



# Lorna Byrne "LIGHTS ON" After School Activities

# November 2013

Sunday

Monday

Tuesday

Wednesday

Thursday

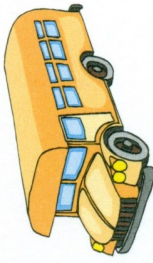
Friday

Saturday

Students may attend  
Homework Help House

every morning before school from 7:30 to 8:10  
in the library.

Athletes &  
Students  
participating  
in a 21st  
Century  
After  
School  
Program  
may ride  
the  
ACTIVITY  
BUS



3	4	5	6	7	8	1
	COLLEGE DREAMS SNAK HHH	5 LB BAKING SCIENCE EXPLORERS SEW CRAFTY HHH	6 BATTLE BOOKS ELO SNAK HHH	7 ART EXTRA EV BAKING ELO HHH		
10	11 Veteran's Day No School	12 LB BAKING SCIENCE EXPLORERS SEW CRAFTY HHH	13 ELO SMILE SNAK HHH	14 ART EXTRA EV BAKING ELO HHH	15	
17	18 COLLEGE DREAMS SNAK HHH	19 LB BAKING SCIENCE EXPLORERS SEW CRAFTY HHH	20 BATTLE BOOKS ELO SNAK HHH	21 ART EXTRA EV BAKING ELO HHH	22 CATCHING FIRE FIELD TRIP Clerical Day No School	
25	26	27	28	29	30	
	Thanksgiving Break					



A reminder to parents / guardians that the after-school Activity Bus runs on a Straight Line schedule.

The bus will not always be able to bring students to their exact address.

Please phone First Student bus company at 541-476-7733 to inquire of the closest drop off location of the Activity Bus, so you can make other arrangement if necessary.

Parents:

The LBMS program emphasizes academics over athletics. If your student athlete is expected in after school Extended Learning Opportunity (ELO) or any other academic intervention, this takes strict precedence over their attendance to an athletic practice. This expectation has been clearly communicated to your student athlete, and we ask that you review this expectation. This includes Boys and Girls Club athletes as well.

Thanks!

Mr. Jelderks, Dean/Athletics Director

Encourage independent problem solving

Parents need to monitor their children's academic progress, and they need to know what's going on at school. It is important, however, for students to learn how to solve their own problems and take care of their own affairs.

Being able to get their questions answered and their problems resolved helps students gain confidence and become more independent. It also gives them a sense of empowerment. In middle school, most problems can be resolved and most questions answered just by going to the office or by talking to the right person. If your student has a question or problem, try to help your child figure out how to take care of it on his/her own.

You want to help your child become more self-sufficient and independent; however, it's also very important for your child to know that you are available if he/she ever needs your help.

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.

**Helen Keller**



Would your student like to use their cell phone and/or iPod at lunch in the Library?

If their grade level brings in the most BOX TOPS by November 21st they can WIN that opportunity!

We also get new library books with the money we earn!

## Winning conferences

A parent-teacher conference gives you a chance to find out how your middle grader is doing and to connect with his school. Consider these suggestions.

- 1.** Set a positive tone. Let teachers know you look forward to working with them to help your child succeed.
- 2.** Ask about the curriculum. Find out what your tween should be able to do as the year unfolds and what kinds of projects he'll have. By being aware of what he should focus on, you can try to keep him on track.
- 3.** Share information. Maybe your child learns best through hands-on activities, or perhaps your family is going through a difficult time. Talking about these things will put you and his teachers on the same page and help them work with him.
- 4.** Focus on solutions. If the teachers mention problems (too much talking in class, falling test scores), ask for suggestions. You'll discover what the teachers plan to try, as well as ways you can provide support.





# PUT TO THE TEST

No matter what classes your middle grader takes, she can count on one thing: tests. Knowing how to approach quizzes and exams can boost her confidence and help her do better. Share these 8 test-day tips with your child:

1. Eat a healthy breakfast. Proteins and carbohydrates help you focus and give you energy, so include foods like yogurt and fruit or peanut butter on toast.
2. Take your seat a few minutes early. Then you won't feel rushed when the exam begins.
3. Pay close attention to directions. You may need to answer only one essay question out of three, for instance.
4. Plan your time. Consider dividing the minutes available and the number of questions in half so you know where you should be by the halfway point.
5. Scan each section before starting. Tackle easier sections first so you feel a sense of accomplishment.
6. In the margins, jot down formulas, math facts, important dates, or other devices to jog your

memory.

7. If you get stuck, skip the question, and go back to it later. If you still don't know the answer, take an educated guess rather than leaving it blank.
8. Review your work. Be sure you answered all questions and that your answers are legible or marked clearly. Tip: Stick with your first answer unless you're sure it's wrong — first instincts are often correct.

If you want to touch the past,  
**TOUCH a ROCK.**

If you want to touch the present,  
*touch a flower.*

If you want to touch the future,  
**touch a life!**

— Author Unknown

LORNA BYRNE MIDDLE SCHOOL  
101 SOUTH JUNCTION AVENUE  
CAVE JUNCTION, OR 97523



TO: