



WHAT: Pana Community Hospital Sports Enhancement Program

WHO: Athletes that want to EXCEL in their specified sport or rehabilitate from an injury* to be in top condition.

*Participants joining the program following an injury must provide a release from the treating physician indicating the athlete is "fit" for the program.

WHEN: Classes will be offered in two sessions. Session One is May 8-June 19 and Session Two is June 26-August 7. The program includes 12 one hour classes and limited to two participants per hour.

COST: 12 one hour sessions for \$115.50

MORE INFORMATION: To find out more about this program or to register, call Pana Community Hospital Rehab/Wellness Center at 562-6328.