

MOLALLA RIVER SCHOOL DISTRICT

DESCRIPTION FOR PHYSICAL DEMANDS AND WORK REQUIREMENTS

JOB TITLE: HIGH SCHOOL STUDENT SUCCESS COACH

LOCATION: HIGH SCHOOL

ENDURANCE

HOURS AT ONE TIME											TOTAL HOURS IN A WORK DAY										
	0	1/2	1	2	3	4	5	6	7	8		0	1/2	1	2	3	4	5	6	7	8
SITTING					X						SITTING								X		
STANDING			X								STANDING						X				
WALKING		X									WALKING				X						
DRIVING	X										DRIVING	X									

PHYSICAL

LIFT & CARRY	NEVER 0%	OCCAS. 1-33%	FREQ. 34-66%	CONT. 67-100%
1-10 lbs		X		
11-20 lbs		X		
21-50 lbs		X		
51-75 lbs	X			
76-100 lbs	X			

PUSHING

1-10 lbs		X		
11-20 lbs	X			
21-50 lbs	X			
51-75 lbs	X			
76-100 lbs	X			

PULLING

1-10 lbs		X		
11-20 lbs	X			
21-50 lbs	X			
51-75 lbs	X			
76-100 lbs	X			

ENVIRON-

MENTAL

INDOORS				X
OUTDOORS		X		
HEAT	X			
COLD	X			
DUSTY	X			
NOISY	X			
OTHER				

MOTIONS	NEVER 0%	OCCAS. 1-33%	FREQ. 34-66%	CONT. 67-100%
BENDING		X		
TWISTING		X		
CROUCHING		X		
KNEELING		X		
CRAWLING		X		
WALK-LEVEL SURFACE			X	
WALK-UNEVEN SURFACE		X		
CLIMB STAIRS		X		
CLIMB LADDER	X			
REACH- ABOVE SHOULDER		X		
REPETITIVE-USE OF ARMS			X	
REPETITIVE-USE OF WRIST			X	
REPETITIVE-USE OF HANDS			X	
(A)GRASPING			X	
(B)SQUEEZING			X	
USING FOOT				
CONTROL	X			

BOARD ADOPTED: