## School Board Update 10/27/2020 by C&I

Internalize

## Instructional Framework Connection to Pillar #2

Universal Design for Learning (UDL), especially the Engagement Principle, has a strong connection to Social Emotional Learning (SEL). As educators, we are tasked with helping our students develop academic, social, emotional and behavioral skills in order to become successful members of our community. The goal of UDL is to create expert learners, students who are purposeful and motivated, resourceful and knowledgeable, and strategic and goal driven. SEL and UDL both promote self awareness. As students are immersed in SEL, they have a solid foundation to guide them toward the *internalize* stage of UDL, guidelines nine and six in particular. Both SEL and UDL promote self-reflection and empower students to make decisions that best meet their needs (emotionally, socially, behaviorally, and academically).



• Enhance capacity for monitoring progress (6.4) >

As a district we began learning about UDL last year on many of our  $\frac{1}{2}$  day PD days and as we looked at blended learning and what might lie before us during the 2020-2021 school year we again used UDL as a major focus during August inservice. Many strategies and choices we are making in blended learning are based on the UDL principles and resources we've learned.

Universal Design for Learning considers the following areas and the practices recommended in the framework align with what we know about how the brain learns and to respond to the needs of the individual during learning. Here is a link to all of the <u>UDL Guidelines</u>.