

THRIVE Grant and Counseling

Amy McDonald
April 2022

Counseling

School seems to be rolling along and things seem to be going very well. Students are in classes they need and are enjoying them.

THRIVE/ASTRIDE/SELECT/REWARD Grants

Events Since June

Art Fest: Through our POW grants we were able to support the Klawock City School District as they hosted the Region V AASA Art Fest in May. Klawock hosted youth from all over Southeast as they learned about, presented, and created many different kinds of art. Youth really enjoyed the event and the staff at Klawock School did a marvelous job!

June Training in Anchorage: On June 10th and 11th we hosted a Resilient Educators training in Anchorage. We had educators from POW attend and share about educator resiliency through the lens of the movie Back to the Future! It was fun and participants walked away feeling connected and rejuvenated.

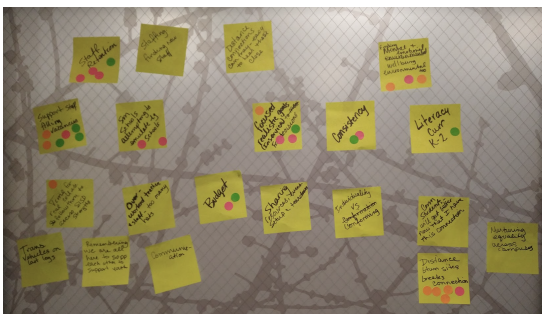
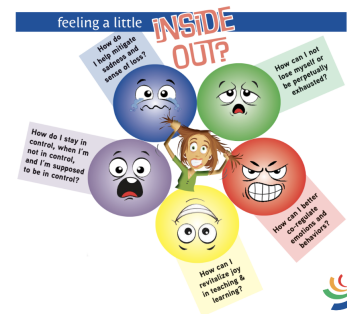


Resilient Educators

June 10-11, 2022
Crowne Plaza, Anchorage



Confluence and Lead Teacher Retreat in Missoula: On June 14th and 15th we hosted the Confluence in Missoula, Montana. We had about 85 educators from all over Alaska and Montana gather to learn about resiliency through the lens of the movie Inside Out. This event was a huge success! SISD educators enjoyed experiential learning activities to gain exciting ways to regulate themselves and to co-regulate with their students.



After The Confluence, SISD and the THRIVE grant hosted a two day retreat for Lead Teachers and the district administrative team. We worked together to examine our district through the lens of "I am, we are" - this term was

coined by one of our amazing lead teachers. The idea is to use a growth mindset to look at our sites individually, to honor and celebrate their uniquenesses and differences, while also looking at SISD as a whole that our sites are all a part of. We worked hard together, bonded, and had a little fun!



Brightways Facilitators Boot Camp: For a week in August in Missoula and Seeley Lake, Montana, some of our grant staff participated in an intensive training to ensure the sustainability of these POW grants. During this training, current and new facilitators were trained so that they could continue on their paths to becoming PHlight Club and adult training facilitators for events offered by our grants. David Pavish and I trained 12 amazing people (all 3 of the recent PHlight Club facilitators participated). The culminating event of the training was a 2 day PHlight Club where facilitators in training were given the opportunity to practice the skills they had learned during the training.



PHlight Club: On September 15th and 16th we hosted our Spring POW PHlight Club. POW really does PHlight Club better than anywhere else!! Our event was facilitated by Amanda Blankenship, Dante' Huffine and Shanell Stone. What a dynamic team!! We had about 90 students and 25 adults join us at the Klawock School gym. We were blessed by a visit from Chalyee Eesh (Richard) Peterson, the President of the Central Council Tlingit and Haida Indian Tribes of Alaska. President Peterson spoke with our youth about the importance of learning and revitalizing our local culture, dreaming big, and learning from and moving on after our mistakes. Please consider joining us for a POW PHlight Club!



Apple, Apples, and More Apples: One of the goals and objectives of these grants is to support youth in learning about local traditions and resources. To support this, we have chosen to teach our youth about food harvesting and preservation. On Thursday, October 6th, Coffman Cove School hosted 5 of our schools for an all day apple harvesting and processing event. Staff and students picked and processed so many apples!! A huge SHOUT OUT to the Coffman Cove staff for hosting a MARVELOUS event!

Apples, Apples Everywhere!



New Grants for POW

In my last report of last year, I mentioned 3 US DOE grants we applied for. The writing and coordination of these grants is no simple task, they are very competitive grants, and they benefit our island greatly! Our efforts paid off as 2 of the 3 grants were funded.

- **SOAR** - the SOAR is a career and technical education grant that provides opportunities for POW students to pursue certifications while still in high school. It is a 3 year grant in the amount of \$2.5 million (throughout the life of the grant). Klawock City School District is the recipient of this grant and soon will be advertising for a CTE Coordinator and a Guidance Counselor to provide services to Klawock, SISD, and Craig City School District.
- **Succeed** - the Succeed grant will continue PHlight Club events for youth and adults, educator and community member professional development, post-secondary explorations, dual

credit/credit recovery courses, and a partnership with the University of Alaska Southeast. It is a 5 year grant in the amount of \$2.5 million (throughout the life of the grant). SISD is the recipient of this grant and soon will be advertising for a Social Emotional Learning School Counselor to provide services to SISD, Klawock City School District and Craig City School District.

Upcoming Events

Fairbanks Native Association - Elders & Youth: On October 16th through 19th some youth and adults from POW will be traveling to the Elders and Youth Conference in Anchorage. This is an amazing opportunity for our adults and youth to learn more about local culture and experience cultural traditions from all over Alaska.

Adulthood 101: On November 1st and 2nd, Michelle Phelps from the Central Council of Tlingit and Haida Indian Tribes of Alaska will be joining us on POW for an Adulthood 101 course. She will provide interactive activities for our high school youth to learn about post-secondary education options, financial aid, budgeting, and general life after high school options. More information will be coming soon about this exciting opportunity for our youth.

Youth and Adult Trainings:



UPCOMING events 2022

Sheraton Anchorage Hotel & Spa

Fri, Nov 11, 2022 8:00 AM & Sat, Nov 12, 2022 4:30 PM



**Creating Resilient
Students:**
The Power of Webs of Support



Connection matters! Join us for this 2-day professional development event to learn ready-to-apply strategies and trauma-informed practices.

This workshop will enable you to help youth to thrive socially, emotionally, and academically. The Full-Color Webs of Support™ framework's strength-based principles and practices will equip you with tools to support youth to recognize, appreciate, and amplify their unique talents and characteristics while decreasing negative behaviors. Don't miss this opportunity to empower youth to reach their potential and achieve their dreams!

Wired for Connection



**Wired for
Connection**



Often when we hear that relationships are important we see it as fluff and not science. Not anymore! Research shows that our mental health is directly connected to our healthy relationships. Gain tools and new understanding about how our healthy connections to peers, and the students we work with, grow our own mental health allowing us and the students we care about to thrive.