

Activities/Athletics Report for School Board

MAY 2025

PHS Baseball & Track & Field

Both seasons under way. We just completed our home event for Track and Field, and it was a great success even through the weather. Home Baseball last home games are May 23-24!

NYO'S

We had our home event on April 29-30. It was a great event, and both nights we had over 50 spectators coming to support the student-athletes. Looking forward to it next year!

MMS TRACK & FIELD

Home event Monday and Tuesday, April 19-20!

Monday Field Events and Distance.

Tuesday Sprints and other running events.

Many of our home events for the fall are already loaded on the activity calendar for planning for next school year!

***Season Schedules are available online at www.pcsd.us Activities & Athletics page.**

PHS & MMS GEAR

Get Viking Gear at the Viking Store online. The link can be found on any PHS & MMS Activities & Athletics web pages. New items have been added to the Petersburg Viking Store.

BENEFITS OF EDUCATION-BASED ACTIVITIES

A few credible facts about the benefits of student activities from Performing Arts to Athletics that the National Federation of High School State Associations is publishing. The governing body of all high school activities.

COST-BENEFIT

At a cost of only one to 5 percent (or less in many cases) of an overall school's budget, school activity programs are one of today's best bargains. It is in these vital programs – sports, music, speech, theatre, art—where young people learn lifelong lessons that complement the academic lessons taught in the classroom. From a cost standpoint, activity programs are an exceptional bargain when matched against the overall school district's education budget.

- *Activities Support the Academic Mission of Schools. They are not a diversion, but rather an extension of a good educational program. Students who participate in activity programs tend to have higher grade-point averages, better attendance records, lower dropout rates, and fewer discipline problems than students generally.*
- *Activities are Inherently Educational. Activity programs provide valuable lessons and skills for practical situations – like teamwork, fair play, and hard work. Through participation in activity programs, students learn self-discipline, build self-confidence, and develop skills to handle competitive situations. These are qualities students need if they are to become responsible adults, productive citizens, and skilled professionals.*
- *Activities Promote Health and Well-being. Mental and physical health is improved through activities. Self-concept, self-image, physical activity, and weight management are a few of these health benefits realized through activity participation.*
- *Activities Foster Success in Later Life. Participation in high school activities is often a predictor of later success – in college, a career, and becoming a contributing healthy member of society.*