

Volume 17 Issue 2 November 2009

6741 Monument Drive, GP 97526 * 541-479-3388 * FAX 541-471-2462 http://www.threerivers.k12.or.us/

Hugle's Happenings

Knight Fitness

You may have noticed our new outdoor fitness equipment on the lawn. Feel free to try it out!

The equipment was ordered as part of our efforts to get students outside more often and to get their bodies moving and staying healthy. Though about 1/3 of Knights participate in athletics, that leaves the other 2/3 who do not. If students are enrolled in physical education, they will get a workout during the day. Unfortunately, that still leaves many students without a physical outlet during the day.

We all know that physical movement is necessary for the brain to operate at peak performance. Our ability to maintain attention and concentration is directly related to our daily nourishment and physical activity.

We purchased nine pieces of fitness equipment designed to cover three of the fitness components: strength-training, flexibility and aerobics. Our next step would be to add some balance opportunities, the simplest of the components. All nine are easy to use and most are two-person, providing opportunities for users to socialize while they work their bodies.

Thank you to the West Family Foundation, NV Boosters, Three Rivers Schools Foundation, Cliff Woodruff Construction and Mr. Klumpp's advanced metals students for making this possible. We hope PE classes, students on lunches and breaks, staff, parents and community will enjoy our "adult playground". Come climb on!

View our athletic & school schedule at

Upcoming Dates

Veterans Day –No classes Nov 11 2 hour late start—Nov 20 End of 1st Trimester Nov. 20 No classes Nov 23-27



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Seniors - 2010

What is FASFA Night @ NVHS?

Seniors and their families should attend this workshop to get information on how to fill-out the FAFSA online. The FAFSA is an application used by colleges and universities to determine the amount of aid a student qualifies to receive. Some scholarships are based on merit, yet the FASFA must still be filled out. Students across the nation fill out the FASFA. The first date it can be submitted is January 1st, 2010. Those filings first receive priority consideration for finacial resources. It is somewhat of a race, and it is important to be expedient and practice when completing this application online.

WORKSHOP @ NVHS COMMONS 6:30 pm, Wednesday, December 16, 2009

SAT REGISTRATION DEADLINES

Register by December 15 for the January 23 SAT Test

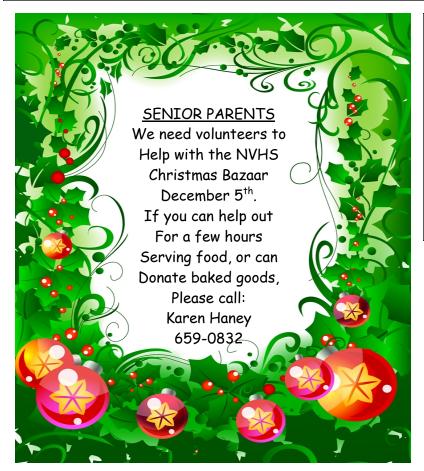
Register online at www.collegeboard.com.
The basic SAT tests are \$45. Add \$20 plus \$9 per test for additional subject tests.
(Required by highly competitive colleges.)

Register by November 6th for the December 12th ACT Test.

Register online at www.actstudent.org. The ACT test is \$47 with Writing.

SAT Prep Workshops

FREE! Tuesday and Thursday mornings at 7:30. Sign up with Ms. Baldwin in Student Services. Workshops have already begun and include 4 Reading Sessions; 4 Math Sessions and 2 Writing Sessions. Offered by teachers Tiffany Converse and Martin Connelly.



Senior Projects

Students in Ms. Prince's English classes have already begun their Senior Projects. These students will present their projects to a committee in December. Parents and Community members are wanted to join the committee and get a heartwarming look at the good work our Knights are doing!

Seniors Class of 2010

<u>Parent Meetings</u> STUDENTS ARE WELCOME

> Nov. -5th, 19th, 30th 6:00PM IN THE N.V. LIBRARY

Juniors - 2011

ACT Test Dates and Registration

December 12, 2009	November 6, 2009	November 7 – 20, 2009	
February 6, 2010**	January 5, 2010	January 6 – 15, 2010	
April 10, 2010	March 5, 2010	March 6 – 19, 2010	
June 12, 2010	May 7, 2010	May 8 – 21, 2010	

SAT Test Dates and Registration

U.S. Registration Deadlines					
2009-10 Test Dates	Test	Regular Registration Deadline (postmark/submit by)			
November 7, 2009	SAT & Subject Tests	October 1, 2009			
December 5, 2009	SAT & Subject Tests	October 31, 2009			
January 23, 2010	SAT & Subject Tests	December 15, 2009			
March 13, 2010	SAT only	February 4, 2010			
May 1, 2010	SAT & Subject Tests	March 25, 2010			
June 5, 2010	SAT & Subject Tests	April 29, 2010			

How to Become a Valedictorian or Salutatorian

Each graduating class has at least one Valedictorian and at least one Saludatorian. These are honorary based on earning the top GPAs in your class. Additionally, Three Rivers School District requires that all Val/Sal candidates take at least 27 credits of graded classes, earn a CIM and take the following upper level courses:

A.P. US History
A.P. Literature
A.P. Composition
Calculus
Two Years of Foreign Language
A.P. Chemistry or Physics

SAT Prep Workshops

FREE! Tuesday and Thursday mornings at 7:30.

Sign up with Ms. Baldwin in Student Services. Workshops have already begun and include 4 Reading Sessions; 4 Math Sessions and 2 Writing Sessions. Offered by teachers Tiffany Converse and Martin Connelly.



Oregon Assessment of Knowledge and Skills (OAKS)

North Valley's Class of 2012 has the chance to earn your CIM with all of the privileges it offers (Honor Society eligibility, scholarship and college recognition and graduation honors). You will take 4 tests this year: Reading, Math, Science and Writing. You will also complete "work samples" in your classes.

We have set targets with rewards for the entire class as well as for individuals who MEET or EXCEED state standards:

Reading Target: 74% Meeting or Exceeding Standards

Math Target: 62% Meeting or Exceeding Standards

Science Target: 70% Meeting or Exceeding Standards

Writing Target: 66% Meeting or Exceeding Standards

Targets are based on the highest percentages reading standards in any Josephine County High School in the past 4 years. NVHS holds the Science record; HVHS holds the Writing record; GPHS holds the Math and Reading records. Good luck, Sophomores!

First Class with OAKS as a Graduation Requirement!

Sophomores took the Reading and Science OAKS tests in October and will take Math the week of November 2nd—6th. This is the first opportunity to Meet or Exceed the standards.

NOTE: This sophomore testing has been around for 15 years but the Class of 2012 is the first graduating class that must pass each of the tests to graduate (or meet other similar rigorous standards). Do your best!



Kudos to the Class of 2013!

Teachers have noticed what a fine Class you are! We hear every week praises for this year's Freshmen. Keep it up!

Linda McClanahan, Linda Hugle and Jeff Weiss



New Graduation Requirements for the Class of 2013!

In order to graduate in 2013, you will need to earn 27 credits including all of the required courses and electives of your choosing. You will also complete a Senior Project and must Meet or Exceed the state standards in Reading and Writing.

TUTORING

Tutoring
Tuesdays and Thursdays

3:30 - 4:50

Contact Ms. Dorn for more info!

541.479.3388

North Valley Forensics will be sponsoring a Saturday, Dec. 12 matinee performance of Barnstormers' "It's a Wonderful Life", with student performances and a silent auction as part of the package. Quality silent auction donations are being accepted and tickets will be on sale soon.

- Doors open @ 1:00
- Lori Patch is the contact for silent auction items and questions: lori@patchrealestate.com
- Tickets will be \$20
- NV Forensics competes at over 20 tournaments around the state, from Portland to Ashland, culminating in a National tournament (Kansas City, MO)

HOST FAMILIES NEEDED FOR EXCHANGE STUDENTS

Host Families needed for Exchange Students arriving in January and staying through graduation. Share your home and life with a student from another country. Requirements for hosting are that the student have their own bed and the host family pass a background check. For information please contact Kari Bassett at 541-441-0966



Do you play the piano or know someone who does? The North Valley Choir department is looking for piano players to accompany the choirs. Please contact Ms. Mayers for more information.

North Valley Martial Arts Success

Congratulations to Matt Weber and Eric Underwood for competing in the Chip Wrights Karate Tournament October 17, 2009. Matt won 1st Place Green Belt Division Kata, 2nd place in Fighting, and 2nd place in Weapons Forms competition.

Eric Underwood won 1st place in Green Belt Division Fighting, and 2nd Place in Kata. These students represented North Valley High School competing against martial art studios from all over Oregon. Both of these students are in the North Valley High School Self Defense Program. If you are interested in learning martial arts, sign up for Self Defense class offered as part of the NVHS Physical Education Department.

1Mhr**is**s And) Annou

Do you want to be a part of the future? Then ASPIRE is for you! We are



looking for adult volunteers. To learn more about Financial Aid, Scholarships and College Admissions please call 479-3388 and leave a message for Lisa Willis, ASPIRE Coordinator.

Sharing this information with students is a wonderful experience and gives them the encouragement that will be the building blocks of their future success!

Congratulations, NVHS Forensics Champs!

Results: South Coast Invitational

1st Place Open Public Forum Debate—Sam Patch and Mitchell Colvin

1st Place Open Oratory—Rebecca Patch

2nd Place Novice Prose—Kayla Wade

3rd Place Open Duo Interp—Rebecca Patch and Mitchell Colvin 3rd Place Novice Radio—Krystal Barsuglia

3rd Place Novice Prose—Anna Patch

3rd Place Novice Impromptu—Sequoyah Hoffman

Finalist Open Duo Interp—Sam Patch and Richard Shane

Results: North Medford Congress

3rd Place—Dakota Dean

Results: Ashland Novice

1st Place Prose—Kayla Wade

1st Place Impromptu—Sequoyah Hoffman

1st Place Public Debate—Sequoyah Hoffman and Ryan Cieri

2nd Place Prose—Anna Patch

2nd Place Radio—Krystal Barsuglia

2nd Place Public Forum Debate—Kayla Wade and Anna Patch

Results: Willamette University

1st Place Junior Prose—Anna Patch

E-MAIL MESSAGE LIST

If we have your e-mail, you may have received e-mails from us regarding events coming up at NVHS. We are trying to become a bit greener by sending general announcements by email instead of by reams of paper. If you have not been receiving any e-mails from us (such as this newsletter) and would like to, please e-mail stephanie.phillips@threerivers.k12.or.us to request to be placed on the list. Thank you for helping us save paper.



2009/2010 ADVERSE WEATHER CONDITIONS Straight Line Routes For:

North Valley, Fleming, Manzanita, Fort Vannoy and Wolf Creek

In the event of adverse weather conditions parents are advised to tune in to Radio Stations KRWQ, KAJO, KLDR, KBOY and TV Stations KOBI (5), KDRV (12), KTVL (10) or the 3 Rivers School District Web Page for information on school bus schedules.

Sometimes weather conditions leave some roads blocked or unsafe to travel but school is still being held. Under these circumstances "straight line routes" will be run. This is the information you will get on the web page or radio/TV stations.

When straight line routes are run the roads affected are listed below.

STRFFT NAME

ROUTF #

If you live on one of the roads the buses cannot travel, you may bring your student to the nearest intersection of the main road traveled. This will also be the stop for the afternoon drop off.

RUUTE#	STREET NAME	
A-01	Speaker Road, Past Millers Gulch on Coyote Creek,	
	Railroad Avenue, Bridge Lane	
A-02	Sunny Valley Loop, Old Stage Road, Sunny Glen, Mobile Way	
A-03	Winona Road	
A-04	All roads will be traveled	
A-05	Boyer Road, Grange, Williamson Loop, Red Mountain	
A-06	Saratoga, Harris Road, Denver Ave.	
A-07	Horseshoe, Colonial Drive, Palomino	
A-08	Crow Road	
A-09	April Drive, Becklin Drive	
A-10	Crow Road	
A-11	Abegg Road, Peco, Cienaga	
A-12	Pinecrest, Plumtree	
A-13	Stewart	
A-14	All roads will be traveled	
A-15	Sunview, Native Run Loop, Fall Run	
A-16	All roads will be traveled	
A-17	All roads will be traveled	
A-18	West Jones Creek (Past E. Jones Creek Intersection)	
A-19	Sunny Valley Loop, Old Stage Road, Sunny Glen, Mobile Way	
A-20	Speaker Road, Past Millers Gulch on Coyote Creek, Railroad Avenue, Bridge Lane	

North Valley Country Christmas Bazaar

SATURDAY, DECEMBER 5, 2009 9:00 a.m. to 4:00 p.m.

North Valley High School
6741 Monument Drive
Directions: I-5 to Merlin Exit follow sign to intersection of
Merlin-Galice Road & Monument Drive

FREE ADMISSION

The "MOST TALKED" about craft bazaar in the area, Featuring some of Southern Oregon's finest handcrafts

Holiday Raffles throughout the day Serving: OUR FAMOUS TACO SOUP, sandwiches and yummy desserts!

ALL PROCEEDS GO TOWARD THE CLASS OF 2010 DRUG AND ALCOHOL FREE GRAD NIGHT

Questions – please call Jeaneen @474-1431



I. ASPIRE Participation

ASPIRE utilizes adult volunteers from your community (ASPIRE Advisors) to assist high school students plan, prepare and achieve their postsecondary education goals, which may be college or a vocational/technical school. All students are encouraged to participate. The ASPIRE Advisor volunteer will assist your student in developing a post high school education plan, provide encouragement, information and technical assistance for financial aid and admissions applications. Participation in ASPIRE does not guarantee that your student will receive scholarships.

Persons volunteering to become ASPIRE Advisors meet with students on a regular basis during the school year at the school with staff present. School staff screen (includes a criminal record check) and select the volunteers. The Oregon Student Assistance Commission provides training for the ASPIRE Advisors.

In order for your student to participate in this program, we will need you to sign the ASPIRE participation authorization below and encourage your student to attend meetings with their advisor and complete assignments. Students must notify their Advisor if they are unable to keep an appointment.

I give permission for my student to participate in the ASPIRE Program.

Parent/Guardian Name (printed):	
Parent/Guardian Signature:	Date:
I agree to keep appointments with my accancel. I understand that admissions to dependent upon <u>my</u> efforts.	
Student Name (printed):	
Student Signature:	Date:

FAMILY ADVOCATE

Needs donations of women's clothes size 10 and up for students in need. Household items including dishes, pans, bakeware would be appreciated, also bedding including sheets and blankets.

Southern Oregon University Pre-College Youth Program November 2009 Classes

Go to www.sou.edu/youth or call 552-6452.

SAT PREP

This SAT prep class will teach effective strategies for success on both the verbal and math sections of the SAT test. An emphasis on sharpening writing skills for the current version of the SAT test will also be covered.

Conquer the Essay

Boost your score on the SAT timed essay or enhance your college entrance essay.

Hi Ho Horses!

Calling all horse lovers! Learn to ride and care for your favorite animal. These sessions will be held at a local stable with lots of time for hands-on learning of horse care and grooming. Games and videos will also help you learn basic riding, horse anatomy and barn management skills.

Veterinary Medicine

Ages 10-16, One Session, Saturday, November 14, 10:00-11:30 am

Experience the world of veterinary medicine and learn what it takes to be a vet. You will learn the basics of animal health care including nutrition, preventing diseases with vaccines and ways to diagnose diseases in pets. You will also learn about the many treatment options for diseases and injury like surgery and medical therapy.

Instructor: Dr. Alice Sievers Location: Bear Creek Animal Clinic

Course No: 380007 Fee: \$39

Opportunities for High School Students to Earn Southern Oregon University College Credit-It's a Win Win!

SOU offers programs for high school students that allow university credit while still in high school. These programs benefit regional juniors and seniors in high school by maximizing their final years in high school AND by helping them earn university credits at a reduced tuition level!

Having trouble getting all the courses you need right now? The Early Entry program is for high school juniors and seniors who meet the qualifications to take 100 and 200 level courses on the SOU Ashland or Medford campus for college credit. See your high school counselor about your participation in the program or call 552-6452. Early Entry tuition is only \$60 per credit.

Are you taking AP classes that are aligned with SOU? The Advanced Southern Credit Program (ASC) consists of university courses taught in your high school by SOU approved high school faculty, usually as part of the Advanced Placement or Honors curriculum. Students register for credit with their high school teacher at the low cost of \$30 per credit.

In both programs, the students receive standard university credits that are transcripted by the SOU Enrollment Center. Some students earn enough credits through these programs to cover up to a year of their college education--quite a head start towards college graduation!

For more details visit: www.sou.edu/youth

Yearbook Dates to Remember

December 18th—Yearbooks will cost \$55 until December 18th. After that time, the cost will go up to \$58. The books make a great Christmas present, and gift certificates are available.

February 26th—Senior and baby pictures are due. All baby pictures will be returned (the office still has all of last year's pics if you didn't get yours back). The pictures MUST be turned in by this date in order to be included.

March 5th—Deadline for placing a business ad or senior recognition page in the book. Get great advertising for your business or show your child how much you care with an ad in the yearbook!

Any questions or need more info? Contact Miss Converse at tiffany.converse@threerivers.k12.or.us

ASB CARD STICKER

Buy an ASB sticker from the bookkeeper for \$10 and get into the all home games for free.

November Puzzler

A pilot was due to fly her plane from one place to another when a man asked if he could be given a lift. The pilot said, Yes, for a small fee that is possible. I can drop you off on my way. But you don't know where I am going, replied the man. Surely that makes a big difference. Not at all, said the pilot. How could this be so?

Answer to the October Puzzler

No entries received but here are simple sentences using only the letters in "North Valley":

"An athlete to love."

"They love North Valley rally, eh?"



Congratulations, Wesley Kriz!

Wesley is now a published author. Wesley wrote a novel called <u>Fly</u> and won first place in a young novelist's contest sponsored by Tweener Ministries. Wesley's novel will soon be published and available for all of us to purchase and enjoy!

CLOTHES NEEDED

The family Advocate could still use larger size clothes and household items. Please bring your donations to the high school office. Thank you.

LIBRARY CHANGES

If you owe money to the library for overdue fees there needs to be a payment towards the balance to continue to check out books. I will work with you on what you can afford to pay.

There will be a "Wish List" on the counter in the Library. Please put the title of the book(s) you wish we had on this list. If you have a favorite author and we don't have their work, list them. This will help me choose books that you will enjoy reading and need for current study. Thank you, Kim Black.

Happy Birthday to You... ₽

Wish your favorite student a
Happy Birthday
or send a brief Congrats for a
job well done!

\$5.00 for 2 days on the Knight Reader Board! Please get the message to us a week in advance.

NEW AED

North Valley would like to thank Steve Scruggs and the entire American Medical Response Team as well as Tina Gotchall and The Heart to Heart Foundation for their involvement with the donation of an additional AED for our school.



KNIGHT ATHLETICS

North Valley HOME Games

Football

11/6– JV/V vs. Hidden Valley 4:00/7:00



Women's Basketball

11/30– JV/V vs. Cascade Christian 5:15/7:00 12/2– JV/V vs. Gold Beach 5:15/7:00

12/8– JV/V vs. Rogue River 5:15/7:00

12/15-JV/V vs. Eagle Point 5:15/7:00

12/16- JV/V vs. So. Umpqua 5:15/7:00

1/21- JV/V vs. Henley 5:15/7:00

1/22- JV/V vs. Phoenix 5:15/7:00

1/26- JV/V vs. Hidden Valley 5:15/7:00

2/2- JV/V vs. Illinois Valley 5:15/7:00

2/23- JV/V vs. Henley 5:15/7:00

Men's Basketball

12/2- JV/V vs. Gold Beach 5:15/7:00

12/3- F/JV/V vs. St. Mary's 5:15/7:00

12/10- F/JV/V vs. Mazama 5:15/7:00

1/5- F/JV/V vs. Phoenix 5:15/7:00

1/8- F/JV/V vs. Hidden Valley 5:15/7:00

1/15- F/JV/V vs. Illinois Valley 5:15/7:00

2/5- F/JV/V vs. Henley 5:15/7:00

2/9- F/JV/V vs. Phoenix 5:15/7:00

2/12- F/JV/V vs. Hidden Valley 5:15/7:00

2/19- F/JV/V vs. Illinois Valley 5:15/7:00

Wrestling

12/18- JV/V Tournament 9 am

1/20- JV/V vs. South Medford 5:15/7:00

1/27- JV/V vs. Henley 5:15/7:00

Swimming—All Away

12/5— JV/V at YMCA

1/2- JV/V at K. Falls

1/9- JV/V at Rogue Valley

1/23- JV/V at Skyline

KNIGHT ATHLETICS

North Valley's Winter Sports Meeting @ North Valley High School Commons on Wednesday, 11/4/09 @ 6:30 p.m.

f you plan to participate in swimming, equestrian, bowling, wrestling, or men's or women's basketball, please attend with your parent/guardian.





Thank you to Brian Little and his Landscaping Classes for completion of Phase One of Operation Driveway! On Saturday 24 October, Mr. Little along with Eric and Logan Werner of Eric's Tree Service, the McDonalds, the Goens and the Converses, made quick work of clearing the cypresses from the island to make way for new landscaping.





COLLEGE PREVIEW DAYS

OSAC updates the eApp

Check out the attached announcement to learn about changes to the eApp for 2010. New features include IDTS (Integrated Data Transfer System) transcript uploads, CIS (Career Information System) Activities Chart uploads, Twitter alerts and more. Additional information is available at the Oregon Student Assistance Commission's website: www.getcollegefunds.org.

Don't Get Hooked: Protecting consumers from scholarship scams

Don't Get Hooked - a publication series from the National Association of Student Financial Aid Administrators (NASFAA) - is designed to help college-bound students and their families avoid scholarship scams and steer clear of organizations that charge a fee to help complete the FAFSA. Access them here: http://www.nasfaa.org/publications/2007/ awhooked110907.html.

OIT Campus Preview Day - DATE: 11/10/09

Visit OIT and seize the moment!

Register for the Campus Preview event <u>here</u>. To learn more about the OIT Campus Preview program, visit http://www.oit.edu/admissions/visit or call toll free 1-800-422-2017, ext. 1.

EOU Preview! at Eastern Oregon University - DUE: 11/04/09 DATE: 11/11/09

EOU Preview! is designed to give you valuable insight into the many amazing opportunities available at Eastern. To learn more about EOU Preview, visit http://www.eou.edu/admit/ preview_info.html

SOU Preview Day - DATE: 11/13/09

Preview Day will introduce students to the many facets of campus life and to the people that make the Southern Oregon University a special place. Students will tour campus and the residence halls, meet with faculty in their major, explore resources and facilities, and dine in the Cascade Food Court. Parents and guests are welcome! To learn more or register, go to http://www.sou.edu/admissions/visitus/previewdays.html.

OSU-Cascades Campus Preview Day - DATE: 11/14/09

Preview Day is perfect for students of any age considering OSU-Cascades. Learn more about OSU-Cascades Campus Preview Day at http://www.osucascades.edu/admissions/ preview

Save the Date for College Goal Oregon! - DATE: 01/30/10

College Goal Oregon is a FREE event taking place in 27 different locations around Oregon on January 30. Anyone who wants help applying for money for college should attend. Parents/guardians are strongly encouraged to attend with their students. Experts will be available to help students fill out the Free Application for Federal Student Aid (FAFSA) form and answer any questions about the financial aid process. For more information and to locate a site near you, go to http://www.collegegoaloregon.org.



North Valley High School Booster Club Membership Form 2009/2010



Membership is \$25.00 per family
Make checks payable to "NVHS Boosters" 100% of your donation goes directly back into N.V.H.S.

Name			
Address			
Phone #'s	s		
E-mail			
and NVHS staff member grounds, running cond	lub is a non profit organizaters who assist the school in ession stands for sporting eas, extracurricular activities	many ways, from beau events, as well as helpi	itification of the schoong athletic groups, all
·	our NV Knights Booster Mo 20% off all booster 9% off entrance fees to all	merchandise	
	f you would like to help supp in any way, please fill out th North Valley Hig	is form and return it to	
	I would like to	help with:	
Food Con	cessions @ Football,	Food Concessions	@ Basketball,
Banquets,	Membership drive,	Apparel Sales,	Misc. Activities
	Mail or hand d North Valley High Sch 6741 Monume Grants Pass, 0	ool Booster Club ent Drive	
Student's Name/s	.		
Grade/s	Activities		
Grade/s	Activities		

North Valley High School Three Rivers School District

6741 Monument Drive Grants Pass, Oregon 97526



Non-profit Organization
U.S. POSTAGE
PAID
Permit No. 11
Grants Pass, Oregon

Address Service Requested





INFORMATION FOR KNIGHTLINE NEWS

Please send information for the newsletter via e-mail or disk by the 20th of each month to Stephanie at stephanie_phillips@threerivers.k12.or.us

Dates to Mark on Your Calendar:

Nov 11 —Veterans Day –No classes

Nov 20— 2 hour late start—

Nov. 20— End of 1st Trimester

Nov 23-27— No classes

Dec 5— NV Christmas Bazaar