

Advisory
Culture
Environment







ACE Committee



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Goal of ACE: Build community and increase students' connection to LV

According to research conducted by CASEL, when students have an increased sense of belonging, they also have...



Increased motivation

4

Higher self-esteem



Better attendance



Enhanced Engagement



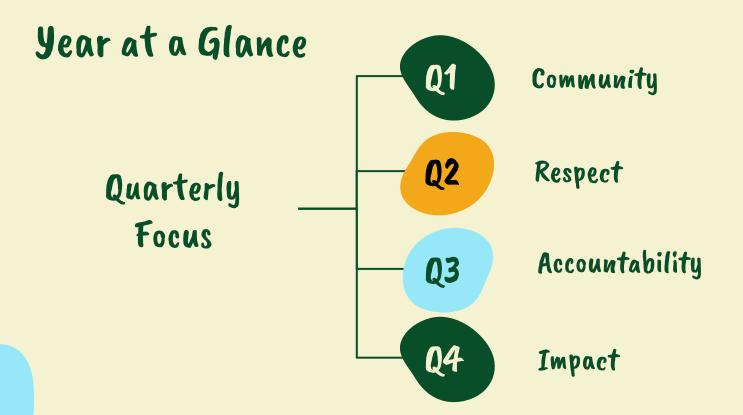
Increased academic performance

6

Fewer behavior incidents

Use of Panorama Data to Drive ACE





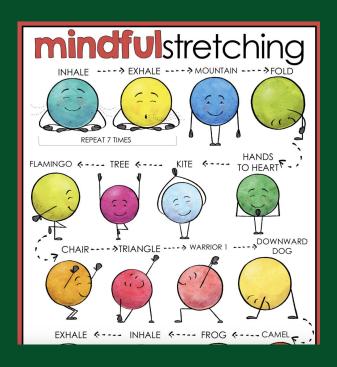
Theme for the year: YOU BELONG HERE

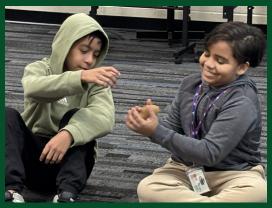


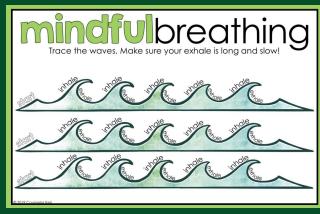
Connections with Each Other



Connections with Ourselves









Quarter 3: Accountability



trying even when things get hard.

What is this report?

You recently answered a survey in clasked questions about how you think Take a look at the topics below and a ways you can build on your strength improve on your areas for growth.

beat that challenge and sho friend or family member. Name _____ Date ____



Review the results of the two Panorama surveys you completed. What is one thing you notice?

You said. Try this! Self-Management Become a focus buddy with near you. Ask your buddy to stay focused if they see you management are calm and focused on their work. Social Awareness When a teacher or peer do class, give them a complime awareness get along well with 1 compliment each day! classmates and teachers. **Emotion Regulation** When you start to feel anar something or someone in so breaths before responding regulation stay relaxed and calm. even when things go wrong. Classroom Effort Participate! Ask a question Students with strong classroom ideas in class every day this effort try their hardest to do wel [Learning Strategies Write a homework plan. Wr you will do your homework i Include work on projects th Students who use learning strategies know different ways to learn new things. Name a challenge by thinkin Perseverance stops you from doing your b

Now that you have reviewed your results, select the topic you feel is your area of strength and your area of growth. Record them in the table below:

Area of Strength	
Area of Growth	



Complete this sentence starter to write your SEL goal for the topic you want to work on.

I will increase my skills in the area of



Complete this sentence starter to write the action step you will take to meet your goal. Use the SEL Strategy Handbook if you need ideas of what you can do to make improvements. Be as specific as possible!

In the next month, I will _____

SEL Strategy Handbook Click the tab of the category that matches your goal area. This will take you to a page of possible strategies you can use to help you achieve your SEL goal!

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Perseverance

The ability to continue effort to achieve something, even when difficulties occur

Break tasks into small steps

When facing a large task, divide it into smaller, more manageable parts. Create a checklist of the smaller steps. Focus on completing one step at a time.

Keep a success journal

Set aside time each day to write down your accomplishments, even small ones! Take time to review your journal and remind yourself of your ability to overcome obstacles.

See mistakes as learning opportunities

We all make mistakes and have setbacks! Instead of getting discouraged by them, view them as a part of the process and a chance to grow. Take time to analyze what caused the mistake and ask yourself what you could have done differently. Seek feedback from a trusted person. Decide what you will do differently and try again!

Find a motivation buddy or accountability partner

One of the best ways to stick with a goal is to find someone to help you stay on track. Share your goals with a trusted friend or family member. They can encourage you when you face difficulties and check in with you about your progress on your goal.

Visualize success

When you have a task that seems overwhelming, take time to picture yourself successfully completing the task. This can help reduce anxiety and inc



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Self Efficacy

A person's belief in their ability to complete a task or achieve a goal

Celebrate small successes

Acknowledge your achievements, no matter how small they are. Make time each day to reflect on your day and celebrate the things you are most proud of. You could create a success journal or a success jar, where you write about your daily "wins" and go back and revisit them from time to time.

Challenge self-doubt

If you are having doubts about your abilities, make it a point to deliberately stop what you are doing at that moment. Reflect on your past successes and accomplishments to help reframe your thinking and build confidence in the confidence in the

Visualize success

When you have a task that seems overwhelming, take time to picture yourself successfully completing the task. This can help reduce anxiety and increase your confidence!

Set realistic expectations

Set goals that are focused on progress, not on perfection. Having smaller, achievable goals will reduce the pressure you place on yourself and build your confidence over time.

Find a positive role model

Identify someone who has succeeded in an area you are working to improve. Observe what they have done and learn from the steps they took and the mistakes they have made. This can inspire you and give you strategies you might not have thought about before!

Emotion Regulation

Based on **341** responses

How well students regulate their emotions.

How have results changed over time?

