

Work Based



Learning

Presentation

By Kayden Sleight



My name is Kayden, I work at Legacy Emanuel and Randall's Children's Hospital in the food and nutrition services. I have been working here since June of 2025, and have learned a lot of skills that will help me in the future with the job I am planning to go to school for.



# Topics I will go over

**01**

## Starter Position

How it works, some challenges I have overcome, and the learning experience.

**04**

## Loader

Responsibilities, how it works

**02**

## Soup & Bev

How it works, responsibilities

**05**

## Float (C & D)

Differences between kids and adult floats, responsibilities, how it works

**03**

## Expeditor

How it works, what to look out for

01



# Starter Position





# Starter

## How Does it work?

Arrive at 2pm, morning starter leaves at 2:30pm. Begin making trays, finish up lunch orders, prepare for dinner rush, restock anything needed, rush starts at 3:30pm and ends at 7pm which is when you attend the dish room.

## Challenges I have Overcome

This position is a very fast-paced, overwhelming, and stressful position and at first I was nervous to be trained on it and to start doing it alone. But something that taught me to not get overwhelmed in the middle of a rush is that the trays for patients will get there when they get there, there is no time frame that it has to be done by which is very helpful to remember.

## The Learning Experience

The learning experience for this position was a lot, many things to remember to do, how not to violate HIPPA in any sort of way and to make sure things are done right and efficiently.

# Pictures!





# 02 ✨ Soup & Bev ✨



# Soup & Bev

## How Does it work?

Arrive at 3pm, restocking any items that are low, clean station, switch out soups after every 2 hours, check temperatures of soups at 5:45pm, begin restock at 6pm and attend the dish room at 7pm.

## Challenges I have Overcome

This was the first position I was trained on when I started working here, and at first it did seem a bit stressful due to having to get the right items for the patients trays, restocking in time for the dish room, restocking soups in time for the rush, and not falling behind during the dinner rush.

## The Learning Experience

The learning experience was fairly easy and I found my own pace of things after I began doing this position on my own, it is one of the easiest positions in the kitchen to learn.

# Pictures!





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**03** ✨ **Expeditor** ✨

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# Expeditor

## How Does it work?

Arrive at 3pm, help loader with any barista responsibilities, finish up with any late lunch trays, switch paper to lunch, clean up starts at 5:45-6pm which includes wiping down any cards, stocking barista station, stocking drinks, then attend dish room at 7pm.

## Challenges I have Overcome

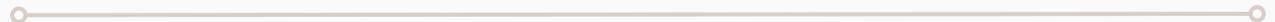
This position at first was very fast-paced because you had to be able to check trays and be ready to go onto the next tray so that the tray line doesn't get backed up, this is because it will cause issues for starter and cause them to become far behind and once your behind it's hard to catch up and to be ready for the next batch to be sent down. So finding my pace for this position and what works best for me did help me a lot to not become far being, also remembering trays will get there when they get there.

## The Learning Experience

The learning experience was super easy and was ready to do it on my own by the second day.

# Pictures!





04



Loader





# Loader

## How Does it work?

Arrive at 2pm, make barista drinks for patients, do nourishment bags, finish up all lunch trays, prepare expeditors station for them, write the right numbers down on carts on the right side so floats aren't confused, at 5:45-6pm start sweeping and mopping, clean up and restock barista station, bring carts back in the kitchen, attend dish room at 7pm.

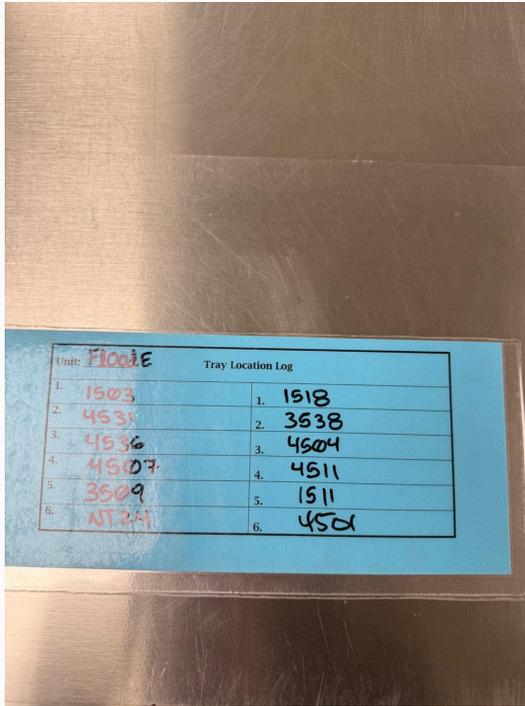
## Challenges I have Overcome

This position was probably the easiest job to learn and to find the right pace for me, one challenge that came with this job is making sure the trays are in the right carts, the right number are written on the carts in the right spots, and being efficient with putting trays into the carts.

## The Learning Experience

The learning experience for this position was very easy and did not take many days to learn how to do the position correctly and efficiently.

# Pictures!





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# 05 ✨ Float (C & D) ✨



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# Float (C & D)

## How Does it work?

Arrive at 2pm, attend huttle to get any information that is needed for the shift, for kids, take tube feedings and kids trays and you are in charge of floors 2-9, burn, kids ED and adult ED. for adults (float D), take tube feedings, and any lunch trays and deliver to patients on floors 2 and 5. Dirty trays are picked up and brought to dish room at 3:30pm and 6:30pm.

## Challenges I have Overcome

Challenges I have overcome while learning this position is being more efficient when delivering trays to patients, picking up dirty trays, and making sure your carts aren't left in the hallway for too long.

## The Learning Experience

The learning experience of both of these positions were difficult due to the rush of trying to collect dirty trays in time to pick up lunch/dinner trays to deliver to patients, and not falling behind on time.

# Pictures!

