



Petersburg High School
&
Mitkof Middle School

Activities & Athletics Program
Coach and Sponsor Handbook

2026-2027

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ACTIVITY PROGRAM PHILOSOPHY

The activities/athletics program contributes to the district's educational objectives and a student-centered program at Petersburg High School and Mitkof Middle School. The activities program must be properly organized and efficiently implemented. When programs are well organized and efficient, the contribution to the personal needs of the students is enhanced.

Winning is a major objective in athletics as it is in society, and teams or performers should always strive to win within the framework and spirit of the rules of the game and the principles of good sportsmanship. Although winning in sports is a major objective and a tremendous motivating force at the time, it is not considered to be the goal of activity & athletic participation.

More important than winning is the growth that takes place in the participant. Participation in activities and athletics contributes to becoming a well-rounded citizen with a desire to achieve excellence, to live a more healthful and purposeful life, to respect the dignity of others, possess a willingness to make a personal sacrifice for the benefit of the team, and to live by a higher code of conduct.

ACTIVITY/ATHLETIC PROGRAM STATEMENT

The Petersburg School District Activities/Athletics Department inspires champions today and prepares leaders for tomorrow by providing an excellent environment that allows student-athletes to achieve their highest academic, activity/athletic and personal aspirations.

Interscholastic athletic competition should demonstrate high standards of ethics, sportsmanship, and promote the development of good character and important life skills. The highest potential for this demonstration is achieved when participants are committed to pursuing victory with honor.

ACADEMIC/ELIGIBILITY REQUIREMENTS

BP 6145 Extracurricular and Co-Curricular Activities

The School Board recognizes that extracurricular and co-curricular activities enrich the educational and social development and experiences of students and shall annually adopt a plan for student participation in extra/co-curricular activities which does not compromise the integrity and purpose of the educational program.

Eligibility Requirements for Petersburg High School Students

In order to participate in extra/co-curricular activities, students in grades 9 through 12 must demonstrate satisfactory educational progress in meeting the requirements for graduation.

The Superintendent or designee may exempt from eligibility requirements extra/co-curricular activities or programs, which are offered primarily for the student's academic or educational achievement.

AR 6145 Extracurricular and Co-Curricular Activities - Petersburg High School

Students participating in any high school-sponsored activity must have no "F's" and/or no "D's" and/or no "I's" in any enrolled course on the most recent grade check in order to be eligible for competition and travel. A student who is deemed ineligible on their most recent grade check is ineligible for all travel, in-person competition, and any other interscholastic event for that grade check period.

Students receiving an incomplete will remain ineligible until it is replaced by a letter grade. Eligibility will be determined at the next scheduled grade check.

PETERSBURG HIGH SCHOOL ACADEMIC ELIGIBILITY CHECK POLICY

1. All students traveling as part of the PSD activities program must be grade eligible the Wednesday of the week prior to departure.
 - Activities Director or Designee will pull grades on Tuesday morning.

- Students who do not meet the grade requirements will get a grade check sheet from the Activities Director or Designee.
 - Students must return the grade check sheet signed by the teacher no later than Wednesday at 3:45pm for eligibility. This includes home events.
2. If there are extenuating circumstances, the Principal may extend the deadline. The principal will document all incidences of extenuating circumstances. Under no circumstances shall an administrator, coach, or parent pressure a teacher to extend deadlines or certify eligibility for an ineligible player. A teacher may request that an administrator extend the deadline if that teacher is in the process of working with a student on their eligibility and feels that circumstances would warrant an extension.
 3. The Superintendent or designee may revoke a student's eligibility for participation in extra/co-curricular activities when a student's poor citizenship is serious enough to warrant loss of this privilege.
 4. The Activities Director will inform the coaches Wednesday evening if a player is ineligible for the next week's event.
 5. Ineligible players may practice if approved by the head coach and administration.

Academic Eligibility Requirements for Mitkof Middle School Students

Middle School Athletic/Activity Eligibility grade checks will be performed weekly throughout the school year. Grade checks may be moved by the Superintendent or Designee in order to meet travel dates and competition dates.

Students that have earned any D's and/or F's and/or I's in any enrolled course during that grade check will be deemed ineligible to participate in any school-sponsored extracurricular and/or athletic events for the event in which the grade check is for. Students may re-gain eligible status by passing the next grade check that is scheduled. Students earning an I (incomplete) will remain ineligible until the incomplete is replaced with an A, B or C grade and/or products are completed.

MITKOF MIDDLE SCHOOL ACADEMIC ELIGIBILITY CHECK POLICY

1. All students traveling as part of the PSD activities program must be grade eligible the Wednesday of the week to departure.
 - Activities Director or Designee will pull grades on Tuesday morning.
 - Students who do not meet the grade requirements will get a grade check sheet from the Activities Director.
 - Students must return the grade check sheet signed by the teacher no later than Wednesday at 3:45pm for eligibility. This includes home events.
2. If there are extenuating circumstances, the Principal may extend the deadline. The principal will document all incidences of extenuating circumstances. Under no circumstances shall an administrator, coach, or parent pressure a teacher to extend deadlines or certify eligibility for an ineligible player. A teacher may request that an administrator extend the deadline if that teacher is in the process of working with a student on their eligibility and feels that circumstances would warrant an extension.
3. The Superintendent or designee may revoke a student's eligibility for participation in extra/co-curricular activities when a student's poor citizenship is serious enough to warrant loss of this privilege.
4. The Activities Director will inform the coaches Wednesday evening if a player is ineligible for the week's event.
5. Ineligible players may practice if approved by the head coach and administration. MMS students that have been on the grade check for two (2) consecutive weeks will be deemed ineligible for practice until all grades are passing and are placed on a probationary status for the remainder of the activity season. Students that are on a probationary status will be ineligible to practice and participate in any interscholastic competition until the next scheduled grade check and regain practice eligibility by meeting academic minimums.

Eligibility Requirements

PSD AR 6145.2 Interscholastic Competition

Alaska School Activities Association (ASAA) Eligibility Requirements

In order to participate in ASAA activities at Petersburg High School, a student must:

1. Be properly registered in a 9-12 or 10-12 high school program or any combination thereof, in the member school where the student will participate or where authorized by a member district, be enrolled in the member district's non-member school or program (including district correspondence), when such district is paying the student surcharge for that student or, in the case of students attending alternative education programs, be registered with their School of Eligibility, as described below.
2. Students enrolled in an alternative education program as defined in Article 1, Section 8 herein, are eligible to participate in the interscholastic activities of only one-member school per year, except as provided under the Transfer/Residency Rule (Article 12, Section 9). That school shall be considered the School of Eligibility.
 - a. The School of Eligibility shall be the public school (1) that, based on the residence of the parent or legal guardian, the student would be eligible to attend were the student not enrolled in an alternative education program; or (2) at which the student requests to participate, if (A) the student shows good cause, as determined by the governing body of the Public School the student would be eligible to attend were the student not enrolled in an alternative education program and (B) the governing body of the school in which the student seeks to participate in interscholastic activities approves; or The School of Eligibility may be a private or religious school that the student would be eligible to attend were the student not enrolled in an alternative education program; and at which the student requests to participate; and if the administrator of the school approves.
 - b. The School of Eligibility must ensure that the alternative education program student meets all eligibility requirements before being permitted to participate. Alternative education program students who request to participate in the interscholastic activity program of a member public school or district, or a private or religious school, must be properly registered for participation in interscholastic activities with the member school district or School of Eligibility. Schools (districts) may require that alternative education program students who request to participate in interscholastic activities at one of its member schools' pre-registers either prior to the beginning of the school year, prior to the beginning of a sport or activity season which begins before school starts, or upon moving into the district's boundary.
3. Not be a graduated senior, with the exception that the eligibility of a senior graduating near the end of a regular school year, shall extend through the conclusion of any current school athletic season in which he or she is participating.
4. For all freshmen, sophomores, and junior, as well as seniors who are not on track to graduate, must be enrolled in a minimum of courses needed to receive 2.5 units of semester credit or equivalent at School of Eligibility or supervised by the School of Eligibility or its school district, that lead to granting credit toward graduation from the school district or School of Eligibility.
5. Seniors who are on track to graduate must be enrolled in a minimum of courses needed to receive 2.0 units of semester credit or the equivalent at the School of Eligibility or supervised by the School of Eligibility or its school district that led to granting of credit toward graduation from the school district or the School of Eligibility. Full time seniors who are on track to graduate, must be enrolled in a minimum of two (2) semester units of credit, or equivalent, at School of Eligibility.
6. Must maintain at least an overall 2.0 GPA during the current semester to remain eligible. Students who do not maintain an overall 2.0 GPA may regain eligibility during the current semester by achieving and maintaining an overall 2.0 GPA within the school's grading system.
7. Must be in regular attendance at school classes in which enrolled or for which credit is granted (Or be enrolled in a district or member school correspondence program).

8. The requirements for Special Education students participating in Unified Sports, as “Athletes”, will be determined by the student’ IEP team.
9. Meet district eligibility requirements, if any.

Semester credit rules apply to each semester, following the first semester of the ninth grade. A grade of incomplete is considered as not passing until the incomplete is changed on the official school records. Academic deficiencies may be made up through successful completion of correspondence courses or summer school. Correspondence study students must meet the same time frame as regular students.

AGE RULE

A student who becomes nineteen (19) years of age, on or before August 1, shall be ineligible for interscholastic competition.

Eligibility Requirements for Enrolled & Alternative Education Program High School Students

Alternative Schools of Member Districts

1. A student attending a non-member charter school, alternative school or program (including district correspondence) during the first semester of ninth grade; and a student transferring from out-of- district who attends a non-member charter school, alternative school or program (including district correspondence) after the first semester of the ninth grade, must designate a member school within the district as the School of Eligibility.
2. The School of Eligibility of a student, other than a first semester freshman, who transfers to a non- member charter school, alternative school or program (including district correspondence), from another school within that district, will be the member school from which the student transferred.
3. A student attending a non-member charter school, alternative school or program (including district correspondence) whom wishes to change his/her School of Eligibility will be ineligible for Varsity, State Qualifying and State Championship interscholastic competition at the new School of Eligibility for one calendar year, from the start of the next semester at the new school of eligibility based on the date of receipt by ASAA of the Application for Changing School of Eligibility form. At schools with no sub-varsity teams, the student could ask for a waiver to participate on the varsity team during the regular season, but would not be able to participate at either conference or state tournaments.

C. Alternative Education Programs:

1. A student in grades 9-12 in an "alternative education program" as defined in Article 1, Section 8, is eligible to participate in interscholastic activities at a member public, private or religious school, as follows:
2. Students enrolled in an alternative education program, may participate in interscholastic activities when such participation is sanctioned or supported by this Association; is conducted outside of the regular school curriculum; and does not involve participation in student government at a school. Such students need not be enrolled in the member public, private or religious school in which they participate in interscholastic activity, except that
 - a. in order to participate in the All-State Music and Solo and Ensemble Music Festivals, such students must be enrolled in a corresponding music class at their School of Eligibility, at which they may be selected for participation through a competitive audition process, and
 - b. in order to participate in All-State Art or in the World Language Declamation Festival, such students must be enrolled in a corresponding class at their School of Eligibility.

ASAA may waive the requirement for students enrolled in alternative education programs or in the event that the individual school of eligibility does not offer Music, Art or World Language classes.

3. Nothing in these bylaws precludes a school or school district from imposing additional eligibility rules upon alternative education program students that are reasonable, prudent and not in conflict with these bylaws or AS 14.30.365.
4. Nothing in these Bylaws or in Association policies prohibits a member school or district from adopting a "fair share" policy as to the equitable charging of fees to alternative education program students who participate in the member school's or district's interscholastic activities.

D. For transfer purposes, a student establishes their "school of eligibility" by participating* in an interscholastic competition. *

Participating is further defined as: Having met the minimum eligibility requirements to participate in competition and at least one of the following:

1. Being entered in a score/record book
2. Recording an official time or score for the participant in an interscholastic competition
3. Dressing in uniform during an interscholastic competition

Note: Once established a student is not required to change their "school of eligibility" unless they wish to do so.

Additional Information on Student Eligibility (ASAA Policy):

A student is eligible to participate in the interscholastic activities of only one member school per year, except as provided under the Transfer/Residency Rule (Section 9). That school shall be considered the School of Eligibility. To establish their initial ASAA "school of eligibility", a student:

1. Enrolled in enough courses to meet the current semester requirements at a member school, may only establish their "school of eligibility" at that school.
2. Who is simultaneously enrolled (in enough courses to meet the current semester requirements) at more than one member school and who wishes to be eligible to participate in the interscholastic activities, must designate one of the members schools in which they are enrolled as the School of Eligibility.
3. Who is simultaneously enrolled at one or more member schools (but not enrolled in enough courses to meet the current semester requirements at either member school), who wishes to be eligible to participate in the interscholastic activities of one of the member schools, must designate one of these member schools as the School of Eligibility.
4. Who is simultaneously enrolled at one or more member schools (but not enrolled in enough courses to meet the current semester requirements at either member school) and an alternative education program, who wishes to be eligible to participate in the interscholastic activities of one of the member schools, must designate one of these member schools as the School of Eligibility.
5. Or be enrolled in an alternative education program.

The School of Eligibility must ensure that the student meets all eligibility requirements before being permitted to participate.

A. To be eligible during a school semester for participation in interscholastic activities, a student must meet the following criteria:

1. Be properly registered in a 9-12 or 10-12 high school program or any combination thereof, at a member school where the student will participate or where authorized by a member district, be enrolled in the member district's non-member school or program (including district correspondence), when such district is paying the student surcharge for that student or, in the case of students attending alternative education programs, be registered with their School of Eligibility.

ACKNOWLEDGEMENT FORM for COACH or SPONSOR

By signing the Acknowledgement Form at the end of this handbook (Appendix I), the coach or sponsor acknowledges receiving, reading, and abiding by the guidelines, regulations, and policies found in the Activities Handbook for Coaches and Sponsors.

ALCOHOL AND OTHER DRUGS POLICY (PSD BP 5131.6)

Because the use of alcohol and other drugs adversely affects a student's ability to achieve academic success, is physically and emotionally harmful, and has serious social and legal consequences, the School Board intends to keep district schools free of alcohol and other drugs. Alcohol, like any other controlled substance, is illegal for use by minors.

The Board desires that every effort be made to reduce the chances that our students will begin or continue the use of alcohol and other drugs. The Superintendent or designee shall develop a comprehensive prevention program that includes instruction, intervention, recovering student support, and enforcement/discipline.

The Superintendent or designee shall clearly communicate to students, staff and parents/ guardians all Board policies, regulations, procedures and school rules related to this prevention program. Special efforts shall be made to ensure that these materials are understood by parents/guardians and students of limited literacy or limited English proficiency.

Recognizing that keeping schools free of alcohol and other drugs is a concern common to the district and community, the Board supports cooperation among schools, parents/guardians, law enforcement and other appropriate community organizations involved in preventing alcohol and other drug abuse.

Interagency Cooperation for Student & Staff Safety

To obtain the widest possible input and support for district policies and programs, the Board shall appoint a district wide school-community advisory committee to make recommendations related to the prevention of alcohol and other drug abuse. The committee should make its recommendations based on input from students, parents, teachers, school administrators, and community members. The Board also encourages the use of site-level advisory groups in this area.

Instruction

The district shall provide preventative instruction that helps students avoid the use of alcohol or other drugs and teaches students how to influence their peers to avoid and/or discontinue the use of alcohol or other drugs. Instruction shall be designed to answer students' questions related to alcohol and other drugs. The instructional programs will help students obtain and use current and accurate information, develop and maintain a positive self-concept, take positive actions to cope with stress, and use appropriate social and personal skills to resist involvement with alcohol and other drugs.

The curriculum will be comprehensive and sequential in nature and suited to meet the needs of students at their respective grade levels. All instruction and related materials shall stress the concept of "no unlawful use" of alcohol or other drugs and shall not include the concept of "responsible use" when such use is illegal. The Board encourages staff to display attitudes that make them positive role models for students with regard to alcohol and other drugs. Staff should help students see themselves as responsible partners in efforts to maintain a safe, constructive school climate.

The Board recognizes that children exposed to alcohol or other drugs prior to birth may have disabilities requiring special attention and modifications in the regular education program. The Superintendent or designee shall provide appropriate staff training in the needs of such students as required by law.

Intervention

The Board recognizes that there are students on our campuses who use alcohol and other drugs and can benefit from intervention. The Board supports intervention programs that include the involvement of students, parents/guardians and community agencies/organizations.

The Board finds it essential that school personnel be trained to identify symptoms that may indicate use of alcohol and other drugs. The Superintendent or designee shall identify responsibilities of staff in working with, intervening, and reporting students suspected of alcohol and other drug use.

Students and parents/guardians shall be informed about the signs of alcohol and other drug use and about appropriate agencies offering counseling.

Recovering Student Support

The Board recognizes the presence of recovering students in the schools and the necessity to support these students in avoiding re-involvement with alcohol and other drugs. The Board shall provide ongoing school activities that enhance recovery.

Enforcement/Discipline

The Superintendent or designee shall take appropriate action to eliminate possession, use or sale of alcohol and other drugs and related paraphernalia on school grounds, at school events, or in any situation in which the school is responsible for the conduct and well-being of students. Students possessing, selling and/or using alcohol or other drugs or related paraphernalia shall be subject to disciplinary procedures which may result in suspension or expulsion.

School authorities may search students and school properties for the possession of alcohol and other drugs as long as such searches are conducted in accordance with law.

Performance Enhancing Drugs as Stated in BP 5131.63

The School Board recognizes that the use of performance enhancing drugs presents a serious health hazard to students. Performance enhancing drugs include anabolic steroids and any other natural or synthetic substance used to increase muscle mass, strength, endurance, speed or other athletic ability, excluding dietary and nutritional supplements such as vitamins, minerals, and proteins which can be lawfully purchased over-the-counter. The Superintendent or designee shall make every effort to ensure that students do not begin or continue the use of anabolic steroids or other performance enhancing drugs.

Participation in athletics and other extra-curricular activities is a privilege. Participants have a responsibility to themselves, their fellow students, their parents and their school to set positive examples of conduct, competition, sportsmanship, and training. Performance enhancing drugs are incompatible with this image and pose a health and safety risk to users and others.

Students possessing, using, distributing, or selling anabolic steroids or other performance enhancing drugs will be removed from the extra-curricular activity for the remainder of the season/year and may be banned from future participation as determined appropriate by the Superintendent/Chief School Administrator or designee. Students who participate in athletics and other extra-curricular activities will be notified of this policy and will be informed of the dangers of performance enhancing drugs.

ALCOHOL, DRUGS, TOBACCO VIOLATION CONSEQUENCES

An extracurricular student who receives an alcohol or drug citation shall promptly notify the activity director or principal. Any extracurricular student who fails to do so may forfeit their reduction option or be subject to further disciplinary action once the school learns of the offense.

Prohibited Conduct: The possession, distribution or use of any tobacco products, including “E” or electronic cigarettes, alcohol and controlled substances (as defined in number 11 of this policy in the ASAA Handbook) by a student-athlete or activity participant, whether it occurs on or off school property, is prohibited and shall result in the penalties set forth herein.

Time Period During Which Policy Applies: The policy in this section applies to any student who is participating or has participated in interscholastic activities starting from the student’s first participation in interscholastic activities, at any ASAA member school, and continuing until the student graduates from high school. This policy applies during “calendar days” as defined in this section. The policy first went into effect on July 28, 2008.

Annual Requirements: The Pre-Participation Orientation is required of each student participant and parent/guardian annually, at the beginning of the student’s first season of the school year, before the student is eligible to participate. This session is a short informative presentation designed to encourage students to maintain a chemical-free lifestyle, and to ensure

that students and parents/guardians understand the policy and the consequences for violation. Upon completion of the Orientation, the student and parent/guardian must sign the Student/Parent/Legal Guardian TAD Acknowledgement Form for the student to gain eligibility. Schools will affirm that this has happened by marking the designated field on the School Activities Reporting System (SARS). In the event a student and parent do not view the Pre- Participation Orientation and/or sign the Student/Parent/Legal Guardian TAD Acknowledgement Form, the student is still subject to the policy.

Student and Parent/Guardian Acknowledgement: ASAA will provide access to the Student/Parent/ Legal Guardian TAD video and acknowledgement form to member schools and districts. The orientation video will explain the policies of this section and penalties for violations. Students and the student's parent or legal guardian, are required to view the orientation video annually, prior to signing the acknowledgement form. The form must be signed by the student and the student's parent or legal guardian, and requires that the student and parent or legal guardian acknowledge that they have read and understand the terms of the policy, including the potential penalties for violations, and that it requires the school to report such violations to ASAA. The form will require that the student and parent or legal guardian agree to be bound by these terms. A copy of the signed form must be returned to the school before the student is permitted to participate. Member schools shall keep a copy of the signed forms on file.

Educational Component: The educational component is a critical part of the policy and is comprised of **multiple** parts; Pre-Participation Orientation, First Offense, Second Offense, and Subsequent Offenses. ASAA will provide the first three parts of this component to member schools.

Cumulative and Progressive Penalties: Violations of this policy will be cumulative and progressive, as described in the following paragraph, throughout a student's high school years. If a student transfers from one ASAA member school to another ASAA member school, the student's cumulative violations will accompany such transfer and shall be the basis for any additional penalties should further violations occur.

Determination of Violations

A student is determined to have violated the T.A.D. policy if they use, possess, sell or furnish alcohol and/or illegal substances, receive a citation from a law enforcement officer for alcohol or illegal drug violations, or is observed by a Petersburg School District staff member using, possessing or selling alcohol and/or illegal substances. Observation by a staff member via the Internet, video, picture or other media will be considered. This policy is in effect during the current Alaska Schools Activities Association (ASAA) Calendar year that begins with the first day of Cross Country and the last calendar day of Baseball for that current year. For example, the enforcement period for the 2026-2027 calendar year begins July 27th, 2026 and will end June 6th, 2027.

A member school's determination that a violation has occurred and its imposition of penalty may not be appealed to ASAA. If a member school or member school district reverses a determination of violation, it shall promptly notify ASAA of such reversal. Violations and penalties are to be based upon noncompliance with the policy by the student participant, by the student's parents/legal guardians, or both, provided however, that where a violation is based solely upon action or inaction of the parent or legal guardian and not of the student participant, under circumstances completely beyond the control of the student and where it would be manifestly unfair to disqualify the student on this ground, the member school may, at its discretion, withhold imposition of a penalty against the student.

First Offense

The student will be suspended from interscholastic competition for 30 calendar days (as defined in the discipline chart). The student and parent/guardian must complete ASAA's T.A.D. First Offense educational component before the student may return to practice. The suspension may be reduced to 15 days if the student additionally completes 15 hours of community service.

First Offense – student self-report

If the student self-reports a personal violation of the tobacco, alcohol or drug policy before the district otherwise learns of the student's actions, and the student did not receive disciplinary action from school officials or law enforcement officers, the district may reduce the first offense suspension to a minimum of 10 calendar days. To regain eligibility, the student must complete all requirements of a first offense violation as stated above and in the chart.

First Offense violation during travel on school-sponsored trip

The student will be suspended from interscholastic competition for 90 calendar days (as defined in the discipline chart). The student and parent/guardian must complete ASAA's T.A.D. First Offense educational component before the student may return to practice. The suspension will be reduced to 45 days if the student additionally completes 15 hours of community service.

Second Offense

The student will be suspended from interscholastic competition for 90 calendar days (as defined in section discipline chart). The student and parent/guardian must complete ASAA's T.A.D. Second Offense educational components before the student may return to practice. To regain eligibility, the student must enroll, actively participate and follow through with treatment recommendations in Substance Abuse Counseling and Assessment through a certified provider at the student's expense and write an essay on what they learned about the experience. The suspension will be reduced to 60 days if the student additionally completes 20 hours of community service.

Second Offense violation during travel on school-sponsored trip

The student will be suspended from interscholastic competition for 180 calendar days (as defined in discipline chart). The student and parent/guardian must complete ASAA's T.A.D. Second Offense educational components before the student may return to practice. To regain eligibility, the student must enroll and actively participate in Risk Reduction Counseling Assessment program through a certified provider at the student's expense and write an essay on what they learned about the experience. The suspension will be reduced to 90 days if the student additionally completes 20 hours of community service.

Third Offense

The student will be suspended from interscholastic activities and practice for one (1) school year. Both the student and parent/guardian must complete the Third Offense educational component prior to the student's return to competition. While under the period of suspension, the student **may** return to practice after completion of the Third Offense educational component. The student must enroll and actively participate in Risk Reduction Counseling Assessment program through a certified provider at the student's expense. A student may need additional days of practice before returning to competition (See Article 7, Section 7 of the ASAA Policy Manual). A student regains eligibility by completing the following criteria including the calendar days of suspension: a) seek assessment and counseling/treatment from a local health care professional, b) successfully complete the recommendations of the care provider and submit a letter from the agency, c) demonstrate a commitment to remain substance free, d) make a presentation to the District School Board requesting reinstatement of interscholastic eligibility, e) notify ASAA through the school administration that all conditions have been successfully completed. A student's suspension may be reduced to 180 calendar days by completing 30 hours of community service.

Fourth Offense

The student's privilege to participate in interscholastic activities and practice is revoked for one (1) year. Both the student and parent/guardian must complete the 4th Offense educational component prior to the student's return to competition and there will be no forgiveness of calendar days of suspension. In addition, the student must complete the following in order to regain eligibility: a) seek assessment and counseling/treatment from a local health care professional, b) successfully complete the recommendations of the care provider and submit a letter from the agency, c) demonstrate a commitment to remain substance free, d) make a presentation to the District School Board requesting reinstatement of interscholastic eligibility, e) notify ASAA through the school administration that all conditions have been successfully completed, and f) and request reinstatement from ASAA.

In such case, penalties shall be imposed on the first calendar day following a determination on appeal that a violation has occurred. A student shall be considered ineligible during each calendar day in which a penalty is imposed.

TOBACCO VIOLATION CONSEQUENCES

All violations of only the tobacco policy by an extracurricular student will be subject to the ASAA T.A.D. policy minimum suspensions.

First Offense

The student will be suspended from interscholastic activities and practice for 10 (ten) calendar days (as defined in Section). Fifty (50) percent of the suspension will be forgiven if the student completes 15 hours of community service. The student may return to practice when the student and parent/guardian complete the First Offense educational component.

For tobacco use, if a student under the First Offense Penalty violates the Tobacco Rule within the 10 (ten) calendar day period of suspension, the student's period of suspension will start over again; the First Offense educational component will become mandatory, and no forgiveness will be granted. This process will continue until the student has demonstrated 10 (ten) calendar days without a subsequent tobacco violation.

A student who has not completed a suspension or re-suspension under the first Offense Penalty for violation of the Tobacco Rule does not become subject to imposition of penalties under a Second, Third or Fourth Offense for violation of the Tobacco Rule, until the student has completed all suspensions and re-suspensions under the First Offense Penalty for tobacco use. A student serving a First Offense Penalty under the Tobacco Rule is, however, subject to immediate imposition of a Second Offense Penalty to the extent this is based upon violation of the non-tobacco prohibitions under this Policy.

Second Offense

The student will be suspended from interscholastic activities and practice for forty-five (45) calendar days. Both the student and parent/guardian must complete the Second Offense educational component prior to the student's return to competition and there will be no forgiveness of calendar days of suspension. While under the period of suspension, the student may return to practice after completion of the Second Offense educational component. A student may need additional days of practice before returning to competition (See Article 7, Section 7 of the ASAA Policy Manual).

Third Offense

The student will be suspended from interscholastic activities and practice for one (1) school year. Both the student and parent/guardian must complete the Third Offense educational component prior to the student's return to competition. While under the period of suspension, the student **may** return to practice after completion of the Third Offense educational component. The student must enroll and actively participate in Risk Reduction Counseling Assessment program through a certified provider at the student's expense. A student may need additional days of practice before returning to competition (See Article 7, Section 7 of the ASAA Policy Manual). A student's suspension may be reduced to 180 calendar days by completing 30 hours of community service as well as meeting the following criteria only on a 3rd Offense: a) seek assessment and counseling/treatment from a local health care professional, b) successfully complete the recommendations of the care provider and submit a letter from the agency, c) demonstrate a commitment to remain substance free, d) make a presentation to the District School Board requesting reinstatement of interscholastic eligibility, e) notify ASAA through the school administration that all conditions have been successfully completed, and f) and request reinstatement from ASAA.

Fourth Offense

The student's privilege to participate in interscholastic activities and practice is revoked for one (1) year. Both the student and parent/guardian must complete the 4th Offense educational component prior to the student's return to competition and there will be no forgiveness of calendar days of suspension.

Penalties shall be imposed beginning on the first calendar day following a determination that a violation has occurred, except to the extent a school's appeals policy permits a student to continue to participate pending final determination of any appeal filed by the student under such policy. In such case, penalties shall be imposed on the first calendar day following a determination on appeal that a violation has occurred. A student shall be considered ineligible during each calendar day in which a penalty is imposed

ALCOHOL AND DRUG OFFENSE SUMMARY CHART

	Suspension Period and Terms of Reinstatement	Reduction of Suspension Requirements	*Self-Reporting Reduction	Violation During School Sponsored Travel	Reduction of Suspension Requirements During School Sponsored Travel
1 st Offense	30 Calendar Day Suspension. TAD First Offense Educational Component before resuming practice	15 Calendar Day Suspension with 15 Hours of Community Service. TAD First Offense Educational Component before resuming practice	10 Calendar Day Suspension. 15 Hours of Community Service. Complete the TAD First Offense Educational Component.	90 Calendar Day Suspension. TAD First Offense Educational Component.	45 Calendar Day Suspension with 15 Hours of Community Service. TAD First Offense Educational Component.
2 nd Offense	90 Calendar Day Suspension. TAD Second Offense Educational Component Risk Reduction Counseling Assessment.	60 Calendar Day Suspension with 20 Hours of Community Service. TAD Second Offense Educational Component Risk Reduction Counseling Assessment.	NO REDUCTION OF SELF REPORTING ON 2ND OFFENSE	180 Calendar Day Suspension. Risk Reduction Counseling Assessment TAD Second Offense Education Component	90 Calendar Day Suspension with 20 Hours of Community Service. Risk Reduction Counseling Assessment TAD Second Offense Education Component
3 rd Offense	1 Calendar Year *Additional ASAA Requirements before reinstatement.	180 Calendar Day Suspension with 30 Hours of Community Service *Additional ASAA Requirements before reinstatement.	NONE	1 Calendar Year *Additional ASAA Requirements before reinstatement.	NONE
4 th Offense	1 Calendar Year *Additional ASAA Requirements before reinstatement.	NONE	NONE	1 Calendar Year *Additional ASAA Requirements before reinstatement.	NONE

Self-Reporting - If the student self-reports a personal violation of the alcohol or drug policy before the district otherwise learns of the student's actions, *and* the student did not receive disciplinary action from school officials or law enforcement officers, the district may reduce the first offense suspension to 10 days. To regain eligibility, the student must complete all requirements listed above for a first offense violation.

Definitions: As used in this section above for Alcohol, Tobacco, and Drugs Violations:

Electronic “E” Cigarettes – any electronic oral device, such as one composed of a heating element, battery, and/or electronic circuit, which provides a vapor of nicotine or any other substance, and the use or inhalation of which simulates smoking. The term shall include any such device whether manufactured, distributed, marketed, or sold as an e-cigarette, e-cigar, e-pipe, or under any other product name or descriptor.

Calendar Days – Each day, including weekends and holidays, during the member school’s school year. Additionally, if a student participates in any interscholastic activity, including practice, outside of the school year, then the entire period of such participation, including intervening weekends and holidays, counts as calendar days for such student.

Controlled Substance – Any substance appearing on the list of Controlled Substances identified by the federal Office of the Drug Enforcement Administration or as set forth in 21 U.S.C. Section 812, unless the student’s usage of such substance is consistent with a physician’s prescription for the student’s usage. The DEA list of Controlled Substances appears on its internet website at https://www.deadiversion.usdoj.gov/schedules/orangebook/c_cs_alpha.pdf. ASAA will endeavor to provide member schools with an updated List of Controlled Substances; however, for purposes of ASAA’s policy, the current list maintained by the DEA is controlling. In addition, any substance listed as illegal or restricted by Alaska statute or regulation, or classified as a “designer drug” by the federal Office of the Drug Enforcement Administration or by Alaska statute or regulation, shall be considered a controlled substance for the purposes of this policy.

Suspension – As defined in Article 5, Section 1 A6 of ASAA bylaws.

ATHLETIC TEAM SELECTION

The Petersburg School District allows for a cut policy in all high school and middle school sports. Criteria for selecting a team are determined by the coach of each sport. This criterion is issued each season, in writing if requested, for each student trying out for a team.

ATTENDANCE REQUIREMENTS

PHS & MMS students must attend all classes on the day of travel or activity, up to the departure time for an event. If students leave or participate on a weekend or holiday, students must attend all classes on the last school day before departure or competition. Students should return to school within approximately one hour after their return to Petersburg. Dates and times for departure and return will be determined by the principal and/or the Activities Director. If a student is unclear, they must ask the coach/advisor before leaving the terminal. Those who do not return within the time frame or do not report to school following the travel may become ineligible for participation in the next traveling event. The loss of travel privileges will be for the same activity, however, if it happens at the last activity of the season, it will apply to the very next activity in which the student may participate.

Students that receive an unexcused absence in any class throughout the day or that leave school during the school day that are not deemed excusable absences (i.e., doctor appointments, scheduled dental appointments, see also PHS & MMS School handbook) will not be allowed to practice for their activity on that school day. Please plan appointments accordingly to avoid conflicts with the attendance requirements. Schedules and dates of competition and travel are posted and planned well in advance.

Mitkof Middle School students that do not participate in PE class and/or are unexcused and/or not in attendance for that school calendar day are not allowed to participate during that same calendar day for an activity. In the event that this scenario happens on a travel day, the student may be deemed ineligible to travel for that event. MMS & PHS Students that have disciplinary detentions must complete a minimum of one (1) detention prior to attending practice. MMS Students that earn a major disciplinary infraction may be removed from travel or participation in any academic or athletic related competition.

Practice – As defined by ASAA and Article 7 Section 7.A of ASAA Bylaws. A practice is defined as a regularly scheduled team physical activity designed for the preparation of athletes for the sports season and conducted under the supervision of a certified school coach during the season established by the Board of Directors. In order to qualify as a practice, the student must participate in at least one hour of physical activity. Students are required to attend a minimum of 10 practices per

activity in order to be eligible for any travel/competition. For overlapping activities that require a minimum practice quantity, the number required to be eligible for the next activity is 5 practices.

AWARDS

Criteria for the earning of student recognition, awards, letters and certificates will be determined jointly by the sponsor and school administration and will be made known to the student before the activity begins. (See Duties of Coaches and Sponsors Below and Appendix II).

STATE CHAMPIONSHIP RECOGNITION

In PHS activities & athletics, earning a state championship or individual state champion is a special accomplishment. In the event that a team/individual of Petersburg High School earns an Alaska School Activities Association (ASAA) recognized state team championship and/or an individual state championship, the following may occur to celebrate the victory with our school and community:

- An assembly may be scheduled within a reasonable time with the assistance of the coaching staff, administration, and activities director following the completion of the state tournament/competition.
- At the conclusion of the assembly and/or school day, school administration may arrange a noise parade with the Petersburg Fire Department, pending their cooperation and availability. The parade will begin at PHS and continue on a route established by the Petersburg Fire Department and Petersburg School District administration.
- A noise parade can only be arranged at the discretion of the Petersburg School District administration and for approved high school sanctioned events only.

COMMUNICATION FROM COACHES OR SPONSORS TO PARENTS

1. Philosophy of the coach/sponsor
2. Expectations the coach/sponsor has for their son/daughter
3. Location and times of all activities, practices and contests
4. Team/activity requirements
5. Participant's code of conduct and consequences for not following those guidelines
6. Procedures to follow should your son/daughter become injured during participation

DECISIONS MADE BY COACHES

1. Team selection
2. Playing time
3. Team strategy
4. Play calling
5. Matters concerning other students/athletes

DRUG AND ALCOHOL-FREE WORKPLACE

PSD Board Policy 4020

No employee shall unlawfully manufacture, distribute, dispense, possess, use or be under the influence of any alcoholic beverage, drug or controlled substance before, during or after school hours at school or in any other district workplace or at any district-sponsored activity.

DUTIES OF COACHES and SPONSORS

1. Select and coach team members; ensure participant's general health and welfare as pertains to conditioning programs, physical examinations, obtaining parental permission, caring for injuries, and verifying player eligibility. ASAA and Petersburg School District eligibility rules are to be strictly adhered to by all coaches.
2. Ensure prior to the first practice that each participating team member has paid district athletic participation fee(s), has a current physical, completed all required ASAA and district forms (ASAA TAD [Tobacco, Alcohol, Drugs])

Policy, parent contact forms, emergency medical information, etc.). A complete list of required forms is included in the Student Activities Participation Handbook. **NOTE: A golden ticket pass must be presented to the coaching staff prior to a student attending their first practice.**

3. Ensure that all participants and assistants know the rules and regulations of the sport/activity.
4. Abide by the rules and expectations found in the **School Sponsored Trips** section of this handbook. Also See Region V Forms at website <https://asaaregion5.org/>.
5. Students participating in school-sponsored activity trips are expected to engage in a minimum 1.5-hour study session whenever time permits. Coaches and advisors will make every effort to conduct a study session each day.
6. Prepare criteria required for determination of Varsity, Junior Varsity and associated awards (letters, pins, certificates, etc.). Student athletes will be informed about the criteria at the team's season organizational meeting.
7. Pursuant to Petersburg School District Board Policy 5131.6, PSD BP 5131.6 ALCOHOL AND OTHER DRUGS, coaches and sponsors will provide recurring instruction and direction, which helps students avoid the use of alcohol or other drugs.
8. Supervision of the assistant coach(es) of the sport or activity, and coordination of the schedules, practice sessions, facilities, and equipment to ensure program operational efficiency.
9. Responsible for issuing, cleaning, repairing, collecting, and keeping accurate inventory of all equipment pertaining to the sport or activity. **A current equipment inventory is to be presented to the Activities Director within two weeks following the end of the sport or activity season.**
10. Responsible for the behavior of team members at all school functions and public appearances, and competitions. Team discipline shall be within the guidelines of the PSD Student Rights and Responsibilities Handbook and School Board policy.
11. Ensure all sport or activity members know and understand the current appropriate PSD Student Activities Handbook. The coach or sponsor must require written acknowledgment of receipt and understanding of the Student Activities Handbook by students who wish to participate.
12. Submit team rosters to the Activities Coordinator on the first day of practice and update team rosters as needed for travel and participation eligibility.
13. Responsible for maintaining and submitting an accurate roll book that includes date of entry, dates of practice, and gender for all participating students.
14. Ensure that each athlete has a current physical on file and has paid student activity participation fees by receiving a golden ticket from the office.
15. Travel with the team when transportation is provided. All supervisory duties shall be for the full 24 hours of each day while traveling.
16. Assure that either the coach, an assistant coach or other approved adult chaperone is present at all practice sessions.
17. Responsible for clearing and securing locker rooms and practice areas at the conclusion of practice.
18. Responsible for efficient, orderly and effective equipment storage and general organization/appearance of locker rooms and other team or group areas.
19. **Practices/Meetings on Sunday or legal school holidays are strongly discouraged. Sunday matches/games are not permitted unless a waiver has been approved by host and visiting team school administration and ASAA.**
20. Maintain up to date copy of the Parent's or Guardian's Activity Consent & Emergency Medical Form. This form will be available to the coach at all times during practice or competition.
21. All injuries that occur during practice or competition that require attention by the instructor or nurse or other health care professional must be promptly reported to the Activity Director. Injuries must be reported on the District Accident Form that shall be submitted as soon as possible after the injury.
22. Responsible for notifying the Activity Director and parent of a player who is dropped from the team and providing the reasons for dismissal.
23. Assure when hosting an event that:
 - a. Participating schools are sent the needed information in a timely manner.
 - b. Teams arriving are met and assisted as needed.
 - c. Appropriate arrangements have been made for equipment storage, housing, food, dressing, showers, etc. for visiting teams.
 - d. Ensure that First aid equipment is available, including ice bags and other consumable supplies.
 - e. ~~Assist in the housing of students if requested to be "housed out" by visiting school(s).~~
24. Provide recommendations to the Activities Director for participant awards in accordance with PSD policies and procedures.
25. Submit a budget for new/replacement equipment, supplies, and materials to the Activities Director within two weeks following the end of the sport season. All purchases of athletic equipment and/or supplies must be routed through the Activities Director.

26. Responsible for completing the Lost Equipment at the end of the sport season and for contacting parents regarding return of or payment for lost or damaged equipment or uniforms.
27. Attend meetings as scheduled by the Activities Director.
28. Recommend actions for improving the administration of the sport or activity to the Activities Director.
29. Have updated all of the following Qualification of Coaches forms as required by the Alaska Schools Activities Association and on file with the Activities Office. (Article 10 Section 1 of ASAA Bylaws). The qualifications are as follows:
 - a. Fundamentals of Coaching and Alaska Component.
 - b. First Aid, Health, and Safety component (current).
 - c. Concussions in Sports (current and updated on the same cycle as First Aid).
 - d. Sudden Cardiac Arrest (current and updated on the same cycle as First Aid).
 - e. Protecting Students from Abuse (current and updated on the same cycle as First Aid)

EJECTION of COACH or PLAYER

A sportsman is one who engages in sports in a fair and generous fashion. Unsportsmanlike conduct is conduct that is prejudicial to the fair and generous acceptance of the rules of the activity, the officials, the opponents, and the policies of the schools and the coach. Actions that bring discredit upon the school, the activity, the officials, the rules or the opponents may be considered unsportsmanlike.

Any student or coach who is ejected from a contest will not be eligible to participate in the next contest. Additional penalties may be imposed by the school district.

Alaska School Activities Association (ASAA) rules will be followed concerning ejection of a player or coach from a contest. (Excerpts from ASAA Bylaws Article 6, section 5)

Player Ejection

1. Player must refrain from participation in any scheduled contest in the same activity (game suspension) until the completion of the next regularly scheduled contest at the same level. (i.e., JV, Varsity) This means that a varsity player may not participate in a JV game while waiting for the next varsity game in which he/she is suspended. Schools may not schedule additional contests to circumvent this provision.
2. Player may not sit on the bench and if possible, must be seated with a school representative in the bleachers and not be dressed down.

Coach Ejection

1. Coach must refrain from coaching in any scheduled contest in the same activity (game suspension) until completion of the next regularly scheduled contest at the same level. Schools may not schedule additional contests to circumvent this provision. Implementation of this penalty will be delayed for a coach who is traveling with his/her team when the game ejection occurs, and who has no assistant coach or other authorized individual available at the site of the contest to supervise the team during the period of suspension. In such case, the ejected coach must serve the suspension during the next regularly scheduled contest after returning to the home community.
2. Coach may not be physically at the site of the next contest, nor may he/she have any contact, direct or indirect, with their teams during the contest while suspended.

Eligibility Reporting

1. The Superintendent or designee shall submit eligibility lists for all sports on the first calendar days of each respective season through the online eligibility system provided by ASAA. NO additions or deletions will be made after the 14th day of the season. All activity fees and required forms must be submitted to the activities department prior to the student being eligible to practice.
2. Activities that require eligibility lists to be filed for insurance purposes with the ASAA office are:

All-State Art

AASG

All-State Music & Choir

Hockey (Not offered in PSD)

Nordic Skiing (Not offered in PSD)

Rifle (Not offered in PSD)

Baseball

Basketball

Cheerleading

Cross Country Running

Dance(Club)/DDF/Theater

E-Sports

Flag Football (Not offered in PSD)

Football (Not offered in PSD)

Gymnastics (Not offered in PSD)

Native Youth Olympics

Soccer (Not offered in PSD)

Softball (Club)

Solo Ensemble

Swimming & Diving

Tennis (Not offered in PSD)

Track & Field

Volleyball

World Language (Not offered in PSD)

Wrestling

EQUIPMENT AND UNIFORMS

Students are responsible for returning all equipment and/or uniforms issued to them or they shall pay for replacement. If equipment is neither returned, replaced, nor paid for, the letter award shall not be given and no further equipment shall be issued.

Petersburg Schools will provide a varsity set of uniforms/equipment for one activity each year, with all activities receiving uniforms/equipment in a five-year cycle. The chart below shows the rotation:

****NOTE: Teams must stay within the allotted budget. Any overage is the responsibility of the individual program.**

Athletic Activity	Allotment	Year
Baseball	Maximum Allotment of \$2,500.00	2026-27
Swim	Maximum Allotment of \$1,000	2026-27
Volleyball	Maximum Allotment of \$1,100	2026-27
Track and Field	Maximum Allotment of \$1,100	2027-28
Wrestling	Maximum Allotment of \$1,100	2027-28
Men's Basketball	Maximum Allotment of \$2,500.00 (2 sets)	2028-29
Cross Country	Maximum Allotment of \$1,100.00	2028-29
Women's Basketball	Maximum Allotment of \$2,500.00 (2 sets)	2029-30
Cheer Squad	Maximum Allotment of \$2,250.00	2029-30

EXPECTATIONS OF COACHES

1. Safety is the top priority.
2. Submit accurate travel, housing, and participation rosters in a timely manner.
3. Demonstrate good sportsmanship at all times. The coach is the leader.
4. Have and show respect for your opponent; treat them as guests.
5. Accept the official's decision. Good sportsmanship implies the willingness to accept and abide by the decisions of the officials. Public protests can only lead to similar behavior by the players and spectators.
6. Set a good example for others to follow.
7. Never speak profanity, as it is not an acceptable part of the game for coaches or players.
8. Maintain self-control at all times.
9. Teach the values of honest effort in conforming to the spirit as well as the letter of the rules.
10. Provide opportunities for social interaction among coaches and players of both teams before and after the contest.

ASAA COACHES CODE OF ETHICS:

The function of a coach is to educate students through participation in interscholastic competition. Educational Based Activity Programs should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student should be treated with the utmost respect and his or her welfare should be considered at all times.

In Educational Based Activities the coach shall;

- be aware that he/she has a tremendous influence on the education of the student and, shall never place the value of winning above the value of instilling the highest ideals of character.
- uphold the honor and dignity of the profession. In all personal contact with students, officials, administrators, ASAA, the media and the public the coach shall strive to set an example of the highest ethical and moral conduct.
- promote the entire interscholastic program of the school and direct his or her program in harmony with the total school program.

When considering the welfare of their students the coach shall;

- take an active role in the prevention of drug, alcohol and tobacco abuse.
- avoid the use of alcohol and tobacco products when in contact with players.
- be aware of concussion management and return to play protocol.
- develop and practice an Emergency Action Plan with their team.
- work to keep programs free of hazing.

In Promoting Sportsmanship, the coach shall;

- master the contest rules and shall teach them to his/her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.
- exert his/her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, sponsors, booster clubs, and administrators.
- respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against officials. Public criticism of officials or players is unethical.
- meet with opponents, shake hands, and exchange cordial greetings to set the proper tone for an event.

FUNDRAISING

ALL fundraising activities must be approved by the building Principal and Activities Director **PRIOR** to implementation and must be in conformity with School Board policy and Alaska statute.

Funds or items received when solicited by staff or students without prior approval will be returned to the donor. All fundraising events

PSD AR 1321 Solicitation of funds from and by students

All selling or soliciting activities must be approved before the activity. All fund-raising activities must be concluded within the time agreed upon with the Superintendent or designee.

If the event involves a contract with a commercial vendor, the Superintendent or designee shall approve the contract. The sponsor of fund-raisers involving students shall be identified in all solicitations.

Instructional Safeguards

The principal or designee shall limit fund -raising activities to appropriate time periods.

The principal or designee shall ensure that parents/guardians are informed about school fund-raising activities.

Fundraising must be in the method of providing a service or raffle or prize in return for funds. Soliciting for donations without providing a service will be strictly forbidden.

Individual awards or other incentives which identify donors/participants shall not be used.

No student shall be required to raise a specified amount of money in order to participate in an activity sponsored by a school-related organization.

Students making solicitations on behalf of the school or for school-related projects are expected to be courteous and respectful towards all individuals and businesses, whatever the outcome of the solicitation may be.

All funds raised need to be recorded and a copy on file with the principal and/or the activities director.

To keep the school environment focused and professional, student organizations are welcome to place fundraising flyers and sign-up sheets in the staff rooms. Coaches/Advisors should remind students to refrain from approaching staff members directly for sales, allowing teachers and staff to support these initiatives at their own discretion.

SEE APPENDIX FOR MORE DESCRIPTION INFO.

GUIDELINES FOR COACHES and SPONSORS (ASAA)

All athletic coaches or activity sponsors, signing an extra duty contract affirm that they are familiar with and commit to follow the rules and guidelines established by the Alaska School Activities Association (ASAA).

A copy of the ASAA handbook may be found at the ASAA website: <http://asaa.org/asaa/handbook-forms/>

INSURANCE

Students of Petersburg School District are covered by district provided student accident insurance during the hours and days when school is in session and while attending or participating in school supervised and sponsored activities on or off school campus.

Notification of Injury claim forms are available at the district office. Notification of Injury claim forms must be submitted within 90 days of the injury. A copy of the completed district Accident Report form must be attached to the claim form. The coach, sponsor, or school supervisor must complete part 1 of the Notification of Injury claim form.

Claim forms must be filed within 90 days of the first medical treatment. There is a deductible. The policy provides coverage for scheduled fees and includes “usual and customary” restrictions. The policy covers treatment for up to one year from the date of injury.

This is accident only insurance. It does not cover conditions, which are not the direct and independent result of a specific accident (i.e., stress fracture would not be covered).

Athletes are responsible for reporting injuries to coaches/sponsors. Coaches are responsible for providing claim forms to injured athletes. Parents/guardians are responsible for mailing the claim form to the insurance company.

MEDIA RELATIONS

Maintaining a positive public image is the responsibility of all coaches and student athletes of the PSD. Providing the press with positive accounts of athletic events is an important role of participants and others involved in activities. What a coach or player says—in the heat of the competition—or what he/she is quoted as saying— can have lasting repercussions. Ensure your statements reflect well on your team and your school. Always model good sportsmanship; find something positive to say. Remember, these are student athletes, not professional athletes.

NOTICE OF NONDISCRIMINATION

The Petersburg School District does not discriminate on the basis of race, color, religion, sex, age, national origin, disability, marital status, pregnancy, sexual orientation or veteran status.

The Petersburg School District does not discriminate on the basis of sex in violation of Title IX of the Education Amendments of 1972 in the educational programs or activities that it operates.

The Petersburg School District does not discriminate on the basis of disability in violation of Section 504 of the Rehabilitation Act of 1973. This includes admission or access to, or treatment or employment in its programs, services, and activities.

Individuals requiring further information should contact the designated compliance director:

Mrs. Robyn Taylor, Superintendent
Telephone 877-526-7656

NUMBER OF EVENTS FOR HIGH SCHOOL ATHLETIC SCHEDULES

(Excerpt from ASAA Bylaws)

Maximum Number of Games Prior to Qualification for State Tournaments

Baseball	22 games
Basketball—Boys and Girls	22 games
Cross-Country Running	no limit
Softball	22 games
Swimming	no limit
Track/Field	no limit
Volleyball	22 matches
Wrestling	24 weigh-ins *

*Excludes Regional and State Tournaments.

*Note that Endowment games are permitted for specific activities up to a maximum of 2 per activity/sport gender. This must be approved prior to playing an endowment game and form must be submitted to ASAA.

PARENT/STUDENT PERMISSION, CONSENT STATEMENTS

It is the responsibility of each coach or sponsor to obtain the signed permission form from the Activities Office for each student participant. The form contains the following information:

Permission Statement

I hereby give permission for the above-named student to engage in ASAA or Petersburg School District approved interscholastic activities as a representative of his/her school. I also give my consent for this student to accompany the team or group as a member on its out-of-town trips. I understand that the local Board of Education through the Petersburg School District carries insurance for accidental injuries sustained in intramural or interscholastic sports events.

Medical Consent Statement

I hereby give my consent, in the event of injury or illness, for emergency medical treatment, hospitalization, or other medical treatment as may be necessary for the welfare of the above-named student, by a physician, qualified nurse, certified athletic trainer, and/or hospital during all periods of time in which the student is away from his/her legal residence as a member of an interscholastic activity team or group. Further, I hereby waive, on behalf of the above-named student, and myself any liability of the School District, its agents, or employees arising out of such medical treatment.

Rule Awareness Acknowledgement

I have read and understand the rules, regulations, policies, and responsibilities as stated in the district's appropriate Student Activities Handbook and the penalties for violation of them. I understand and accept these rules, regulations, policies, and accompanying penalties as conditions for participation.

Risk Awareness

I understand and acknowledge that organized secondary athletics involve the potential for injury and/or a concussion, which is inherent in all sports. I acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death.

Emergency Medical and Consent Information (Form located in Arbiter Eligibility System)

PERFORMANCE REVIEW of COACH or SPONSOR

Every head coach or lead sponsor who has a contract for an ASAA sanctioned activity and/or contract for any PSD contracted activity will receive a performance review each year. The performance review is completed by the principal or designee and filed in the principal's office. In addition, participants', parents', and/or community members' input will be accepted if provided.

All head coaches or lead sponsors of ASAA sanctioned activities must meet with the principal or designee at the conclusion of their season to review their performance and conduct an appraisal of assistant coaches.

PHYSICAL EXAMINATIONS

ASAA Article 11

A student-athlete may not be permitted to participate in a practice session or to represent his or her school in any athletic event (including rifle and cheerleading) until there is on file, with the superintendent or principal, a statement, signed by a practicing physician, advanced nurse practitioner, physician's assistant, or a military medical examiner, and the student's parents or legal guardians, certifying that he or she has submitted to a history and physical examination within the prior 18 months. The statement must certify that, in the opinion of the examiner, the student is physically fit to participate in strenuous physical activities.

PURCHASE of EQUIPMENT, MATERIALS and SUPPLIES PROCESS

As a government agency, a school district must maintain very specific processes and controls regarding purchases of equipment, materials, and supplies. In accordance with state law, a certified accounting firm audits the district's expenditures and purchases annually.

NOTE: Purchases that do not follow established internal controls requisition procedures cannot be reimbursed.

Steps involved in making a purchase:

1. Discuss with the Activities & Athletics Director what is planned to be purchased.
 - Check with the Activities & Athletics Director and/or Activities Clerk for approved vendors.
 - A **REQUISITION** is required for all purchases. If a purchase is made at a local store without following the requisition approval process the district cannot reimburse for the purchase.
 - Be certain that "shipping" charges are correctly calculated for delivery to Alaska.
 - If using an online vendor attach a copy of the saved "cart" to the requisition form. **NOTE: If items in the "cart" are changed after approval of the requisition the total expenditure cannot exceed the originally approved amount. If changes are made, send a copy of the new "cart" to the Activities Clerk.**
 - SIGN the requisition for purchase as the **ORIGINATOR**.
2. Submit the completed, signed requisition form to the Activities Director or designee.
3. Activities Director or designee reviews the requisition, approves or denies purchases, and forwards the requisition to the principal.
4. Principal reviews the requisition, assigns the account code, checks fund availability, processes the requisition and submits to the Business Office.
5. Business Manager verifies account code and fund availability.
6. Requisition submitted to Superintendent for approval.
7. A **PURCHASE ORDER** (approval to purchase) is now created. A copy of the purchase order is sent to the Athletic Director or Designee.
8. Unless otherwise indicated the Business Office will order the approved purchase. (If the originator is using an online account, then the originator now is able to process the order on line).
9. **ARRIVAL** of purchased items. All packing slips or invoices to be sent to the Business Office with the signature of the person verifying ordered items were received and indicating "Approved for Payment" **the day the item is received**. Back-order items will be process when they arrive. Send the packing slip or invoice for the portion of the order that was received.

SCHOOL SPONSORED TRIPS

PSD Board Policy 6153

All trips involving out-of-state travel shall require the prior approval of the Board. The Superintendent or designee may approve other trips. Principals shall ensure that teachers develop plans that provide for the safety of students and their proper supervision by certificated staff on all school-sponsored trips. Other school employees and parents/guardians also may participate in this supervision and may be asked to attend preparatory training sessions and/or meetings.

In advance of a study trip, teachers shall determine educational objectives that relate directly to the curriculum. Principals shall ensure that teachers develop plans that provide for the best use of students' learning time while on the trip. Teachers also shall provide appropriate instruction before and after the trip.

Each Activity has a fee that must be paid prior to participation in any in season practice. Please see fee scale available at the Middle School or High School office. Activity Fees are non-refundable after two (2) weeks from the start of the season. All Fees must be paid for prior to the first day of competition and/or first traveling trip.

Middle School Travel

MMS Athletics are allowed one (1) district sponsored travel. The following outlines upcoming travel trips and tournaments for the 2026-2027 calendar year.

Cross Country – @ Wrangell or Ketchikan

Basketball - @ POW (Stikine Tournament) OR Wrangell due to POW Availability

Cheer - @ POW (Stikine Tournament) OR Wrangell due to POW Availability

Wrestling - @ Wrangell (HOST Stikine Tournament)

Volleyball - @ Wrangell (Stikine Tournament)

Track & Field – Home Event

Robotics - @ Juneau

Native Youth Olympics – @ Juneau

All participants who have met practice requirements, eligibility requirements, academic eligibility requirements, and demonstrate positive citizenship and sportsmanship are able to participate in travel.

*Note for 2026-2027 that home events and travel to away trips are NOT guaranteed. Competitive seasons will occur and travel to away trips are based on location, fund availability, team size, transportation availability, host team accommodation availability, and other unforeseen situations. The Activities & Athletics department will in good faith attempt to provide the best seasons possible for all MS teams for possible competition away from Petersburg as well as hosting events.

District Sponsored Travel

See Appendix IV.

Number of team members traveling

Maximum PHS Activity & Athletic travel numbers unless modified by the Principal, Superintendent, or Activities Director:

It may not be possible for every team member to travel to every contest due to funding limitations and the following numbers may be adjusted.

ACTIVITY	# TRAVELERS (including 2 coaches)
Basketball	16
Cheerleading	14
Cross Country	16*
Debate	12*
Swimming	16*
Track	24 (see note below) *
Volleyball	16
Wrestling	18*
Baseball	17

Track Note: 24 travelers for a minimum of 2 track meets. Due to the inability of PHS to host a track meet, the goal is for each student to participate in at least one-track meet.

*Represents combined from both boys' and girls' teams.

*Any additional travel number of participants must be paid by the fundraised account.

*Per team schedule will be in Appendix IV.

State Travel

Qualifying and Participating in a state event is a well-earned experience and a great chance for students to participate at the highest level of competition within the State of Alaska for interscholastic activities. The following information is in regards to state expenses.

Students are responsible for the following expenses in regards to state travel if they plan to attend:

- All costs associated with the trip which may include airfare, ground transportation, lodging expenses, and food expenses.
- Each group that attends may utilize their fundraising funds to offset costs for all participating and eligible students.
- Only eligible, properly enrolled students of Petersburg High School may attend and be part of the team at any ASAA Sanctioned Event.

Housing and Accommodations

Group housing in a school, church, recreation facility, etc.

*In the event of a team/group that has chosen to group house or has been instructed to group house by host school, all students that are traveling on the certified roster must group house together. Students are not to plan to pre-arrange away from the group. Pre-arranged housing MAY be made with an immediate family member, but student(s) must have prior approval from the Principal and Activities Director. All efforts will be made to group house together.

1. **(PSD Rule)** Coach/Sponsor/Chaperone is to “house” with the team or group when group housing is provided.
2. **(PSD Rule)** Coaches and Sponsors may release students *only* to their parents on district sponsored activity travel.
3. ASAA regulations and PSD policy prohibit coaches or chaperones from drinking alcohol on school trips.
4. **(PSD Rule)** Students must be assigned a sleeping area, and an adult (coach/sponsor/chaperone) must be present in the area at all times.
5. When notifying the host school of your intention to group house, state the number of participants, male and female, and the number of chaperones that will be coming.
6. Honor the host schools request regarding when the needs to vacate the facility.
7. No students are to be in any part of the host facility without a chaperone.
8. No use of any **school building** phones without chaperone supervision.
9. Please keep your area clean and policed daily.
10. Please clean the assigned area prior to departure. Leave the facility the same way you found it.
11. Host school will supply phone number contacts in case of problems or emergencies at the school.
12. Mixed groups will be kept in separate rooms, if possible.
13. Students should not leave the housing area without coaches/advisor’s permission and always with a buddy.
14. If the host school requires you to be group housed, the host school will provide one meal a day.
15. Adhere to host school’s rules at all times.
16. Do not prop doors open to the school, host school will provide keys to school.

Housing in a hotel or related facility

1. **Coach/Sponsor shall establish curfew hours while traveling. The curfew time is not negotiable.**
2. Only students assigned to a room may be in that room after curfew.
3. Students are not allowed in rooms occupied by persons not affiliated with the team or the school they represent.
4. Students are not allowed in rooms assigned to persons of the opposite sex.
5. People not associated with the team or the school shall not be allowed in team rooms.
6. Students on trips may not leave the team unless accompanied by a parent or guardian, the coach or sponsor has given explicit agreement and a written request by the parent/guardian is provided to the coach/sponsor.
7. Students are expected to adhere to all school and team rules and attend all activity/team functions.
8. When in public on trips, students shall be in groups of three (3) or more.
9. When in a hotel and outside their assigned room, students shall be in groups of two (2) or more.

Rule Infraction Consequences (Student)

In the event a PSD student should fail to abide by established rules, one or more of the following consequences may apply:

1. The student may be withdrawn from the competition
2. The student may be sent home immediately at his/her parent’s expense

3. The student may be suspended from the program for a length of time to be determined by the coach and/or the administration depending on the severity of the infraction
4. The student may be dismissed from the program
5. The student may be subject to further consequences to be determined by the school administration or the Superintendent

Travel “Rules of the Road” (Students)

Petersburg School District students are expected to conduct themselves with honor and integrity at all times while traveling within or outside of the school district. Students should consider themselves ambassadors for their families, school, and community. Travel rules are established for the benefit of participating students, coaches, and chaperones.

1. All school and school district policies are in effect for the duration of the trip as covered in the High School Student Activities Handbook.
2. Students cannot travel if they have unserved detention(s).
3. Detention unserved at the end of one school year carries over to the beginning of the next school year.
4. Students must participate in at least one meet to be allowed to go to Regional Championship Competition.
5. Students are expected to follow all directions given by coaches, sponsors, and chaperones.
6. Disrespectful, destructive, or any behavior considered being detrimental to the program or which brings disfavor upon the school or the school district shall not be tolerated. This behavior shall include but is not be limited to:
 - a) Alcohol or drug use
 - b) Public displays of affection or sexual contact of any kind
 - c) Vandalism or trashing of rooms or other property
 - d) Shoplifting or other illegal actions
7. **Coaches shall establish curfew hours while traveling for the benefit of the team. The curfew time is not negotiable.**
8. Students on trips may not leave the team unless accompanied by a parent or guardian and written permission has been given to, and the coach or sponsor has given explicit agreement.
9. Students are expected to attend all team/group functions.
10. While on school-sponsored trips, students are expected to dress appropriately and to follow the school dress code.
11. Coaches will address the code of conduct to be followed on public or private transportation of any kind.
12. Teams will clean up their areas prior to leaving any competition site.
13. Students shall demonstrate good sportsmanship at all times.
14. Additional rules may apply and shall be covered by the coach or sponsor prior to departure or before certain activities.
15. Students are not permitted to attend non-school district sponsored events while participating on a school-sponsored trip and representing Petersburg School District without prior approval of Superintendent or designee.
16. Students while on trips may take a taxi, Uber, Lyft, or bus service if approved by chaperone prior to using said service and traveling with 1 or more additional students.

Chaperones

Both an administrator and the coach/sponsor will determine/approve all chaperones.

One chaperone will be provided for every (12) students when traveling in the state of Alaska. All PHS & MMS activities will have a same gender coach/chaperone/advisor when possible. Teams with a coach of the opposite gender may have a coach/chaperone of the opposite gender when available. If at any point a group is unable to obtain a chaperone from a specific gender when both genders are traveling, or the coach is of an opposite gender arrangement to “team up” with other school chaperones may be made.

Funds permitting, PHS & MMS events that travel to Wrangell events may involve the entire team. Team managers are authorized to travel only to the “Regional’s” competition, “State” competition, and Wrangell when funds permit.

As funding permits, the district will pay chaperone’s transportation, lodging and per diem to regional events. **Note:** Lodging will not be paid if the team “group houses”. Chaperones will not be receiving lodging aboard the Alaska Marine Highway Vessels during a school-sponsored event. Middle School Activities will “group house” only.

1. As funding permits, the district will pay chaperones travel and lodging to state events. The district does not pay student travel, lodging, or other expenses on State Events. The district will cover the student-athletics state participation fees.
2. The primary function of a chaperone, in traveling with a team, is to monitor the Petersburg students. Chaperones should attend all activities, assist in contacting housing parents and telephone curfew checks.

3. Chaperones traveling with small children will not be approved.
4. ASAA regulations and PSD policy prohibit coaches or chaperones from drinking alcohol on school trips.
5. A coach, chaperone, or responsible adult must be present for all team physicals.
6. The principal must approve all volunteers.
7. Students participating in school-sponsored activity trips are expected to engage in a minimum 1.5 hour study session whenever time permits. Coaches and advisors will make every effort to conduct a study session each day.
8. Ensure students pick up after themselves on the ferry
9. Ensure students wear seat belts whenever they are transported.
10. Contact housing parents to introduce yourself and inform them of how you may be reached.
11. Keep the housing list with you in order to reach students; this is especially crucial when a student is late checking in for departure.

SELECTION OF COACHES/SPONSORS

Coaching and Sponsor positions are contracted by the Petersburg School District (PSD) on a one-year basis. Each assignment(s) will be assessed and reviewed annually by the athletic director and/or designee. Coaches/Sponsors that complete a successful year, as determined by the athletic director or designee, may be renewed for the following season. When vacancies occur, the selection of coaches/sponsors will be determined following the procedures below:

1. PSD will post via email and the school district website, and may post by other venues, a list of all extra-duty contract vacancies simultaneously internally and externally.
2. Once the closing date has passed, a Hiring Committee appointed by the Principal and/or Activities Director will review the list of candidates and choose the most qualified person for the job. The Administrator will make the final decision and submit a recommendation to the Superintendent based on information from the Hiring Committee.
3. In assessing the qualification of coach/sponsor applicants, PSD shall give preference to in-district applicants as long as their qualifications are relatively equal. Building-specific candidates will be given preference for openings. (eg, MS teacher for MS basketball will have preference.)
4. If the District determines that an in-district applicant should not be selected because an outside applicant possesses substantially greater skills and qualifications, the unsuccessful in-district applicants may request a meeting for explanation within one (1) week of the decision.
5. An effort will be made to include the head coach or lead sponsor in the selection process of assistant coaches. It must be recognized that this is not always possible, depending on a variety of factors.
6. All "volunteer" coaches must be approved by the Petersburg School District Administration and must meet the same requirements as other coaches, which may include ASAA required classes/courses (e.g. Concussion Certification, Sudden Cardiac Arrest, First-Aid, Health, & Safety for Coaches, and Fundamentals of Coaching), fingerprint background check, application on file, reference checks, etc.
7. Assessment and review after each season will be completed by the administration using the assessment/evaluation tool.
8. Coaches and Sponsors who complete a season in good standing and earn a positive assessment will be offered the opportunity to sign a Letter of Intent to coach the following season by the administration. Extra-Duty Contracts with a signed Letter of Intent must be verified a minimum of two months before the first day of practice for each respective season.
9. Known extra-duty coaching/advisor vacancies for the school year will be posted no later than June 1, for a minimum of five (5) work days. The vacancy may arise due to added positions, resignations, terminations, or the principal's decision not to renew a contract. Should a vacancy occur during a school year, the position may be filled by the building principal on an interim basis and then posted as a vacancy for the upcoming school year.

Emergency Interim Appointment for Extra-Duty Coaching Positions

The Administration recognizes that maintaining the continuity and safety of athletic and extracurricular programs is vital for students. This policy establishes the authority of the school administration to expedite the filling of an extra-duty coaching position when a vacancy occurs after a sports season has already commenced or is about to begin within 15 days or less.

In the event that a coaching vacancy occurs after the official start date of a sports season or within 15 days of the season start date - due to resignation, termination, medical leave, or any other unforeseen separation of service, the Superintendent or their designee (Building Principal or Athletic Director) retains the absolute discretion to bypass standard posting and interviewing timelines.

The Administration may directly assign the extra-duty contract to any qualified internal or external candidate who, in the judgment of the administration, is best suited to fulfill the immediate needs of the program and ensure student safety.

Interim Status and Contract Duration

- Any contract issued under these emergency circumstances shall be explicitly designated as an Interim Appointment.
- The interim contract shall automatically expire at the official conclusion of the current sport's season (including any post-season or tournament play), or at the end of the current school year, whichever comes first.
- Placement in an interim status does not confer any right to automatic renewal, tenure, or continued employment in that extra-duty position for subsequent years.

Reopening of the Position At the conclusion of the season, the interim status will conclude, and the position shall be considered vacant. The District will formally reopen and post the coaching position for the following school year in accordance with standard district hiring policies and collective bargaining agreements. The individual who held the interim position is eligible to apply for the permanent role through the standard competitive hiring process.

SPORTSMANSHIP CREED

All contests are played under the authority of the Alaska School Activities Association (ASAA).

ASAA rules provide for fair play and good sportsmanship among athletes and coaches. Since booing and jeering do not support anyone, we hope you will be positive in supporting your favorite team. As athletes, we ask that spectators promote the ideals of good sportsmanship by applauding fair play and showing respect for all participants and officials.

SOCIAL MEDIA BEST PRACTICES

1. If any coach seeks to use electronic or social media sites as an educational tool or in relation to extracurricular activities or programs of the school district, the coach must seek and obtain the permission of his/her supervisor prior to setting up the site.
2. If a coach wishes to use Facebook or other similar social media sites to communicate meetings, activities, games, responsibilities, announcements, etc., for a school-based club or an official sports team, the coach must also comply with the following rules:
 - a. The coach must set up the team as a group list which will be “closed and moderated”;
 - b. Members will NOT be established as “friends”, but as members of the group list. NEVER add a student to your personal page;
 - c. Anyone who has access to the communications conveyed through the site may only gain access by the permission of the coach. Persons desiring to access the page may join only after the coach invites them and allows them to join;
 - d. Parents shall be permitted to access any site that their child has been invited to join;

- e. Access to the site may only be permitted for educational purposes related to the club, activity, organization or team;
 - f. The coach responsible for the site will monitor it regularly;
 - g. The coach's supervisor shall be permitted access to any site established by the employee for a school-related purpose; and,
 - h. Coaches are required to maintain appropriate professional boundaries in the establishment and maintenance of all such district-sponsored social media activity.
3. Coaches are required to use appropriately respectful speech in their social media posts on district-sponsored sites and to refrain from harassing, defamatory, abusive, discriminatory, threatening or other inappropriate communications.
4. Coaches are required to comply with all school policies and procedures and all applicable laws with respect to the use of computer equipment, networks, or devices when accessing district-sponsored social media sites.
5. The school will reserve the right to monitor all employee use of district computers and other electronic devices, including employee blogging and social networking activity. An employee should have no expectation of personal privacy in any communication or post made through social media while using district computers, cellular telephones or other data devices.
6. All posts on district-sponsored social media must comply with the school policies concerning confidentiality, including the confidentiality of student information. If any coach is unsure about the confidential nature of information the coach is considering posting, the coach shall consult with his/her supervisor prior to making the post.
7. A coach may not link a district-sponsored social media site or webpage to any personal social media sites or sites not sponsored by the school district.
8. A coach may not use district-sponsored social media communications for private financial gain, political, commercial, advertisement, and proselytizing or solicitation purpose.
9. A coach may not use direct-sponsored social media communications in a manner that misrepresents personal views as those of the school district, or in a manner that could be construed as such.

TRANSPORTATION

PSD BP 3541.1 School Related Trips

Trips by School Vehicles

Besides taking students to and from school, the Board may approve transportation for field trips and school-sponsored activities. The Superintendent or designee shall regulate the use of the district transportation for approved school-related activities. Student councils, parent-teacher associations, and any other organizations requesting transportation shall be fully responsible for the costs of the trip.

Transportation by Private Automobile

Private automobiles may be used to transport students on any school-related trips if approved by the Superintendent. Drivers shall be required to possess a valid driver's license and liability insurance of at least \$100,000 per occurrence as required by the State of Alaska Law. Owners, drivers and passengers shall be informed that the registered owner and his/her insurance company are responsible for any accidents that may occur.

District personnel who frequently transport students in their private vehicles are urged to carry liability insurance of \$300,000 or more per occurrence. A seat belt must be provided for each passenger. Trucks and pickups may not transport more persons than can safely sit in the passenger compartment. Owners furnishing private vehicles shall not accept reimbursement from passengers in excess of the cost of operating the vehicle.

Travel by Boat or Van

PSD AR 3541.1

All travel by students whether traveling for activities or for curriculum activities, should be either by Alaska Airlines and its partners or by the Alaska Marine Highway System ferries or Inter-Island ferries. If short field trips or activity travel warrants the use of a smaller boat, the following criteria needs to be met before travel can take place:

- Along with the captain of the boat, the school district administration and coaches can make the decision to cancel the trip;
- Maximum weather conditions - no more than three (3) foot seas and winds of no more than 15 miles per hour;
- Cancellation of trip if temperature goes below 20 degrees;
- Temperature, tide change, and wind velocity will be taken into consideration;
- The captain will be at least 21 years and have experience transporting passengers and preferably be USCG approved;
- The captain will give a safety briefing before the trip starts - demonstration of putting on life vests.

For road travel on field trips and activities, the following criteria needs to be met before traveling:

- With groups of students of 15 or more, a certificated bus will be required for transporting students
- With groups of less than 14, an 11-passenger van may be used to transport students or 14 passenger and 1 driver bus may be used

If possible, a certificated bus driver will be hired to transport students.

Students will not be allowed to use their own vehicles for transporting other students on a school sponsored activity, however, parents may transport small groups of students if approved by the principal and or designee.

TRAVEL, HOUSING and PER DIEM REQUISITION PROCESS

Rosters for travel and per diem are to be submitted to the Business Office 7 (seven) calendar days prior to the actual date of departure.

Meal per diem rates is (established FY24):

Breakfast	\$12.00
Lunch	\$18.00
Dinner	\$30.00

Names of students or adults can be REMOVED from the submitted roster for Alaska Marine Highway reservations and Jet Boat Reservations. Names cannot be added after submission to the Activities Office (penalties from the ferry and air carrier apply) for Alaska Airlines Reservations due to restrictions. Example: If a student becomes ill and cannot travel, the team travels with one less person. **Another person cannot be substituted unless the change is made three (3) calendar days before departure.** AMHS & Alaska Airlines charges for name changes under the 2-day window.

Changes can be made to hotels when on the road or before departure **only** after receiving approval from the Activities Director, Principal, or Superintendent.

The coach may submit a hotel preference; however, this does not guarantee placement at the requested facility. When checking out of a hotel, coaches must obtain a receipt, sign the receipt and submit it to the Business Office.

APPENDIX I: COACH/SPONSOR ACKNOWLEDGEMENT

By signing this form, I acknowledge:

1. I have received the Petersburg School District's 2023-2024 Student Activities Handbook for Coaches and Sponsors. Additional copies are available on the district website.
2. I understand it is my responsibility to read the district handbook *and* the ASAA handbook and follow the stated philosophy, all guidelines, rules, regulations, and policies found in both documents.
3. I understand that there will be a review of my performance at the end of the season.
4. I understand that any health/medical information I learn about student-athletes is to be considered private and confidential.
5. I understand that I will provide a copy of the following:
 - a. Alaska State Coaching Certification (NFHS)/Principles of Coaching
 - b. Current First Aid Card
 - c. Concussion Training Certification
 - d. Sudden Cardiac Arrest Certification
 - e. Protecting Students from Abuse

Coach/Sponsor Name (Printed) _____

Coach/Sponsor Signature _____

Date _____

DRAFT

APPENDIX II: LETTERING & PIN AWARDS

At the completion of a sport/activity season students are awarded pins and in some cases a letter for their participation in an activity. Below are the requirements used for these awards. Some coaches and sponsors may have alternate as well as additional criterion in order for awards to be earned.

Letter “P” - For completion of 1st Varsity Activity. Student must complete the entire season in full.

Bar – A single bar is given for each year of completion of an activity. A short single bar is awarded for a Junior Varsity completion of a season. A long single bar is awarded for a Varsity completion of season.

Activity Pin – Given once during career at the completion of a student-athletes specific activity/athletic season. (i.e., Volleyball player completes season and will receive a volleyball pin).

Blue/Gold Star – All-Conference Honors

Gold Star – All State Honors

All-Academic (Lamp) – Given to seniors who have earned All-Academic honors at Region V Events.

Good Sport (Handshake) – Given to students who have earned the Region V Good Sport Award at Region V Events.

MGR. – Manager pin given to students who have completed a full season as a manger for a specific team. Given once.

CAPTAIN – Given to a student who has completed a full season and earned the honor of captain given by the Coach/Designee of the activity.

APPENDIX III: ALTERNATIVE EDUCATION PROGRAM & HOME SCHOOL STUDENTS ELIGIBILITY

A. To be eligible during a school semester for participation in interscholastic activities, a student must meet the following criteria:

It is important to fully understand the definitions of alternative education program and accredited under the statute so that there is no confusion.

Alternative Education Program: The Association adopts the statutory definition, in AS 14.30.365 (c)(1), of "alternative education program" as a public secondary school that provides a nontraditional education program, including the Alaska Military Youth Academy; a public vocational, remedial or theme-based program; a home school program that is accredited, as defined in this section, a charter school authorized under AS 14.03.250-14.03.290; and a statewide correspondence school that enrolls students that reside outside of the district in which the student resides and provides less than 3 hours a week of scheduled face-to-face student interactions in the same location with a teacher who is certified under AS 14.20.020.

Accredited: For purposes of determining whether a home school program is "accredited" such as to qualify as an alternative education program herein, the State Department of Education and Early Development (DEED) has identified Cognia as the sole recognized body to accredit home school programs that have standards similar to Alaska's standards; the Association shall regard as "accredited" those home school programs that have been accredited by Cognia.

School of Eligibility: shall be the public school that, (1) based on the residence of the parent or legal guardian, the student would be eligible to attend were the student not enrolled in an alternative education program; or (2) at which the student requests to participate, if (A) the student shows good cause, as determined by the governing body of the Public School the student would be eligible to attend were the student not enrolled in an alternative education program and (B) the governing body of the school in which the student seeks to participate in interscholastic activities approves. Or, a religious or other private school regulated under this chapter that, (1) the student would be eligible to attend were the student not enrolled in an alternative education program; and (2) at which the student requests to participate, if the administrator of the school approves.

Alternative education program students must meet all ASAA and member school district eligibility requirements with the exception of regular attendance at the "school of eligibility." Schools which permit ineligible students to participate will be subject to penalty under ASAA Bylaws.

Students must physically reside within the attendance area of the school, or if not, have received approval of the school's governing body to establish the school as the "school of eligibility."

Students must be enrolled in grades 9-12 in an "alternative education program" as defined in AS 14.30.365.

Students must be enrolled in at least the minimum number of classes according to ASAA and school district enrollment requirements.

Students must meet or exceed ASAA's Semester Credit Rule for the immediately preceding semester, including the GPA requirement.

Students must not have transferred directly from a member school to start the school year (transfers may require a calendar year period of ineligibility for varsity level competition).

Students must not have been enrolled in high school for more than eight consecutive semesters since first enrolling in ninth grade; and students may not compete in a specific high school sport or activity for more than 4 seasons.

Petersburg High School and Mitkof Middle School
Athletics Coach and Activities Sponsor Handbook SY 2026-2027
Students will not turn 19 years of age on or before August 1.

In accordance with ASAA Bylaws, students must be amateurs in each sport and activity in which they want to participate.

Students must not have been recruited by a person who coaches at the “school of eligibility” or by another school representative.

In accordance with ASAA Bylaws, students must have submitted to a sport’s physical exam within the prior eighteen months and agree to provide a copy to the school.

Students are aware of and agree to comply with ASAA’s “Play for Keeps” tobacco, alcohol and drug (TAD) education program.

Students are aware of and agree to comply with ASAA’s or the school district’s Concussion Awareness/Education/Management Program.

Students are aware of the risk of Sudden Cardiac Arrest.

It is recommended that the administrator explain to students that the statute does not guarantee that they will be chosen by coaches to fill spots on competitive teams.

****ASAA Checklist for Alternative Education Students shall be on file with the Petersburg School District’s Activities Office.***

MMS Homeschool/Alternative Education Participation Requirements:

For students enrolled in an accredited Homeschool/Alternative Education program intending to participate in any Mitkof Middle School Activity or Athletic Program, all prospective participants must meet the following in order to be eligible:

1) Enroll in a minimum of 2 courses at Mitkof Middle School with the following requirements:

- a. One (1) course must be a core course of English, Math, Science, or Social Studies in their respective grade.
- b. One (1) course may be an elective course if space allows within that elective.
- c. Must complete the course in good academic standing of a minimum of a C- at the end of the enrolled quarter of that activity to continue participation in other activities.

2) Must meet all eligibility requirements in regards to Arbiter forms and fees to be able to receive a golden ticket for practice eligibility.

3) Must complete the Homeschool/Alternative Education form.

APPENDIX IV: DISTRICT SPONSORED TRAVEL

Below are the planned school sponsored travel trips for each activity for the 2026-2027 School Year

ACTIVITY	GENERAL BUDGET
HS - Cross Country	August 22 @ Sitka (14 Participants and 2 Coaches) September 5 @ Klawock (2 Boats MAX to Klawock) September 11 @ Ketchikan (14 Participants & 2 Coaches if Fly-Ferry – All eligible members and 2 Coaches if Ferry-Ferry) September 26 @ Region 5 Championships (14 Participants and 2 Coaches) *State Travel is the responsibility of the individual traveling. *Student Activity Fee=Y (\$205.00). <i>Home Event is September 19-20, 2025</i>
HS - Swim & Dive	September 18-19 @ Juneau-Douglas (14 Participants and 2 Coaches) October 2-3 @ Ketchikan (14 Participants and 2 Coaches) October 16-17 @ Sitka (14 Participants and 2 Coaches) September 26 @ Region 5 Championships (14 Participants and 2 Coaches) *State Travel is the responsibility of the individual traveling. *Student Activity Fee=Y (\$215.00) <i>*Home Event is October 6-7, 2026</i>
HS - Volleyball	*State Travel is the responsibility of the individual traveling. *Student Activity Fee=Y (\$205.00)

HS - Wrestling	October 16-17 @ POW (16 + 2 Coaches) October 23-24 @ Juneau (16 + 2 Coaches) November 6-7 @ Ketchikan (16 + 2 Coaches) December 11-12 @ Wrangell Region 5 Championships (16 + 2 Coaches) *State Travel expenditures are the responsibility of the individual traveling. *Student Activity Fee=Y (\$195.00)
HS – Girls Basketball	January 15-16 @ Haines (14 + 2 Coaches) January 20-23 @ Metlakatla (14 + 2 Coaches) February 5-6 @ Wrangell (All eligible players + 2 Coaches) February 12-13 @ Craig (14 + 2 Coaches) March 3 - 6, 2026 (12 + 2 Coaches) *Any other trip and or number of participants added are to be paid for by the fundraising account of the team. *Student Activity Fee=Y (\$265.00)
HS – Boys Basketball	December 18-19 @ Craig (14 + 2 Coaches) January 15-16 @ Haines (14 + 2 Coaches) January 20-23 @ Metlakatla (14 + 2 Coaches) February 5-6 @ Wrangell (All eligible players + 2 Coaches) March 3 - 6, 2026 (12 + 2 Coaches) *Any other trip and or number of participants added are to be paid for by the fundraising account of the team. *Student Activity Fee=Y (\$265.00)

HS - Cheerleading	February 5-6 @ Wrangell (All eligible players + 2 Coaches) March 3 - 6, 2026 (12 + 2 Coaches) *Any other trip and or number of participants added are to be paid for by the fundraising account of the team. *Student Activity Fee=Y (\$205.00)
HS - Baseball	TBD *Student Activity Fee=Y (\$205.00)
HS – Track & Field	TBD *Any other trip and or number of participants added are to be paid for by the fundraising account of the team. *Student Activity Fee=Y (\$205.00)
HS - Softball	Club Activity – All funds are covered by the program and outlined in MOA.
HS – Dance	Club Activity – All funds are covered by the program and outlined in MOA.
MUSIC	SE Honors Music: - Male & female chaperone travel=Y - Per diems=Y, Sub=Y, Lodging=Y - Student Activity Fee=Y (\$100.00 during travel & \$50.00 during hosting) Student Lodging=N Pep Band: - Male & female chaperone travel=Y - Per Diem=Y, Sub=Y, Lodging=N - Student Activity Fee=N, Student Covers all travel costs & participation fees Music Fest: - Male & female chaperone travel=Y - Per Diem=Y, Sub=Y, Lodging=Y - Student Activity Fee=N, Student Covers all travel costs & participation fees All State Honor Music & Band: - Male & female chaperone travel=Y - Per Diem=N, Sub=Y, Lodging=Y

	- Student Activity Fee=N, Student Covers all travel costs & participation fees Out-of-State Travel: - All cost associated with out-of-state is covered by student and ASB. - District does not cover any out-of-state chaperone travel.
ART	Region V Art Fest: - Male & female chaperone travel =Y - Per Diem=Y, Sub=Y, Lodging=Y - Student Activity Fee=N, Student Covers travel costs & participation fees
NOSB	Tsunami Bowl (National Ocean Science Bowl) *Within Budget - Male & female chaperone travel =Y - Per Diem=Y, Sub=Y, Lodging=Y - Student Activity Fee=Y (\$175.00) *General covers all cost of up to 1 (one) team travel cost which is a total of 6 students.

MITKOF MIDDLE SCHOOL

<u>ACTIVITY</u>	<u>GENERAL BUDGET</u>
MMS Activities	*Priority will be given to the Stikine Tournament for travel if possible. Alternate event will be determined based upon location and date of event. Final determination will be done by Principal and/or designee. *MMS Season will be established by a set start date and end date. *MMS Activities Fees are \$50.00 per activity/NYO's is \$50.00 per participant. *MMS Activities are limited to 1 (one) travel trip per season per year. If the activity is part of the Stikine Conference, that activity will travel to the Stikine Tournament unless other arrangements have been approved by Principal and/or Designee. Travel may be limited to ferry and/or Charter boat only. Any other travel route must be approved by the Superintendent and/or designee.

APPENDIX V: FUNDRAISING GUIDELINES

****All fundraising for school sponsored activities must be used for school sponsored activities; no individual activities, camps and/or events****

Concession Fundraising

All fundraising events require that:

- All students involved have equal opportunity to participate
- At least 1 district employee is designated as a responsible adult sponsor
 - District employee will check out a cash box if needed.
 - Returned with at completed cash count form.
- Fundraising request filled out and approved by Activities Director.
- Sponsors will earn 1 share for every hour of time invested in preparation/planning of event. Max of 4 shares can be earned for preparation/planning.
- All money earned will be applied to the event. If students go over their amount needed, additional funds will be distributed to other participants based on need and determined by Administration.
- If a student has decided to not participate in event, they can determine who their shares are donated to and/or they can allow admin distribute funds based on need.
- Funds cannot be saved for future events and/or activities. Excess funds raised will not to be distributed in cash to students and/or families. These must be redistributed within the respective event to honor those who supported the event and student.

Recommendations for Concession Fundraising are:

- Students will sign up for assignments based on approx. 2-hour long time slots
 - Recommended for standard concessions: 2 students 1 adult
- All students will earn a “share” for participation in the following
 - 1.5-2 hours of work time (set-up, serving and cleaning)
 - Parents can earn “share” for their student for 1.5-2 hours of work time
 - Shares for items donated (baked goods, groceries, etc.)
- All profits are divided equally based on number of shares earned
- Shares are divided at the end of all concession fundraising for the event. This provides the best opportunity for equity of participation and earning.
- Shares are divided after expenses are taken out (net fundraised amount)
- Shares are tracked on a spreadsheet and tracked by the district sponsor

****All fundraising for school sponsored activities must be used for school sponsored activities; no individual activities, camps and/or events****

SEAWEED

All fundraising events require the following:

- All students involved have equal opportunity to participate
- At least 1 district employee as a responsible adult sponsor
 - District employee will check out a cash box if needed.
 - Returned with at completed cash count form.
- Fundraising request filled out and approved by Activity Director.
- Sponsors will earn 1 share for every hour of time invested in preparation/planning of event. Max of 4 shares can be earned for planning.
- All money earned will be applied to the event. If students go over their amount needed, additional funds will be distributed to other participants based on need and determined by Admin.
- If a student has decided to not participate in event, they can determine who their shares are donated to and/or they can let admin distribute funds based on need.

- Funds cannot be saved for future events and/or activities. Excess funds raised will not to be distributed in cash to students and/or families. These must be redistributed within the respective event to honor those who supported the event and student.

All students are encouraged to participate. If students are unable to attend because they are traveling for another activity on the day of collection, family members can fill in and earn shares for them.

- Students earn 1 share for helping to collect the seaweed
- Students earn 1 share for having a vehicle and delivering
- Students can earn an additional “share(s)” for having other family members helping to collect seaweed, 1 “share” per working family member, up to 3 additional family members.
- Tracking is done on a spreadsheet. Students are responsible for signing up with activity sponsor(s) to let him/her know that they are planning to participate.
- The student also informs the sponsor(s) if they have a vehicle available to transport seaweed and how many family members will be there to help.
- On the day of collection, students are responsible for checking in with the sponsor to let him/her know that they are there, as well as how many family members are there to help. This ensures that shares are distributed evenly.
- Failure to check in and verify with sponsor(s) may result in lack of shares. This is the student’s responsibility.

****All fundraising for school sponsored activities must be used for school sponsored activities; no individual activities, camps and/or events****

RAFFLE TICKETS

All fundraising events require the following:

- All students involved have opportunity to participate
- At least 1 district employee as a responsible adult sponsor
 - District employee will check out a cash box if needed.
 - Returned with at completed cash count form.
- Fundraising request filled out and approved by Activities Director.
- Sponsors will earn 1 share for every hour of time invested in preparation/planning of event. Max of 4 shares can be earned for planning.
- All money earned will be applied to the event. If students go over their amount needed, additional funds will be distributed to other participants based on need and determined by Admin.
- If a student has decided to not participate in event, they can determine who their shares are donated to and/or they can let admin distribute funds based on need.
- Funds cannot be saved for future events and/or activities. Excess funds raised will not to be distributed in cash to students and/or families. These must be redistributed within the respective event to honor those who supported the event and student.

Raffle Recommended Guidelines

- All money goes into the gaming account. **(required)**
- There are 200 tickets available to be sold.
- Tickets are divided into books of 5.
- **Each student has the opportunity to sell at least one book of tickets. Students will sign the spreadsheet/document indicating that they have received the tickets.**
- Once a student has sold their entire book of tickets, they must turn in the ticket stubs and money before receiving another book of tickets.
- No student may have more than one book of tickets at a time.
- Students/Families are financially responsible for tickets signed out.
- Money is distributed to students based upon the total money brought in minus the money out, tax required for gaming permit, and number of tickets sold. (net proceeds)
- Activity district sponsor with other sponsor(s) are responsible for tracking tickets in and out, collecting money for tickets turned in, as well as filling out deposit slips. Information is tracked on a spreadsheet.
 - Example -

- $200 \times \$100.00 = \$20,000$
- Monday-Thursday = \$300.00 (1 \$100.00 winner and 1 \$200.00 winner)
- Friday = \$900.00 (1 \$100.00 winner, 1 \$200.00 winner, and 1 \$300.00 winner)
- This year totals
 - There were 3 Fridays $\times \$900.00 = \$2,700.00$
 - There were 9 weekdays $\times \$300.00 = \$2,700.00$
 - $\$2,700.00 + \$2,700.00 = \$5,400.00$
 - $\$20,000.00 - \$5,400.00 = \$14,600$
 - $\$14,600.00 \times .01$ (raffle tax to be paid to the state) = \$146.00
- $\$14,600.00 - \$146.00 = \$14,454.00$
- $\$14,454.00$ divided by 200 = \$72.27
 - \$72.27 goes into each student account for each ticket sold
 - If a student sells 5 - $\$72.27 \times 5 = \361.35 goes into their account.

****All fundraising for school sponsored activities must be used for school sponsored activities; no individual activities, camps and/or events****

COMMUNITY EVENTS

All fundraising events require the following:

- All students involved have opportunity to participate
- At least 1 district employee as a responsible adult sponsor
 - District employee will check out a cash box if needed.
 - Returned with at completed cash count form.
- Fundraising request filled out and approved by Activities Director.
- Sponsors will earn 1 share for every hour of time invested in preparation/planning of event. Max of 4 shares can be earned for planning.
- All money earned will be applied to the event. If students go over their amount needed, additional funds will be distributed to other participants based on need and determined by Admin.
- If a student has decided to not participate in event, they can determine who their shares are donated to and/or they can let admin distribute funds based on need.
- Funds cannot be saved for future events and/or activities. Excess funds raised will not to be distributed in cash to students and/or families. These must be redistributed within the respective event to honor those who supported the event and student.

Community Events include any performance and/or activity specifically designed to raise funds i.e., Jazz Concert.

- Students will sign up for time slots based on approx. 2-hour long slots
 - Requirements are based on identified need
 - Students are required to check in with event sponsor(s) to verify participation.
- All students will earn a "share" for participation in the following
 - 1.5-2 hours of work time (set-up, serving and cleaning)
 - Parents can earn "share" for their student for 1.5-2 hours of work time
 - Shares for items donated (baked goods, etc.)
- Students performing at the event will receive 2 "shares" per hour of performance
 - Up to a max of 4 "shares"
- All profits are divided equally based on number of shares earned
- Shares are divided after costs are taken out
- Shares are tracked on a spreadsheet and tracked by the district sponsor

If tickets are sold by students prior to event as means of earning "shares"

- Students will have the opportunity to sell tickets until the Monday before the performance/activity
- Tickets will be distributed equally to students participating
- Students/Families are financially responsible for tickets
- Unsold tickets will be returned on Monday before the performance/activity
- If sponsor(s) determine to open up ticket sales to community at local store, this will happen after students have the opportunity to sell first and available the week of the performance/activity starting on Tuesday.

- Students will earn 1 “share” for every ticket sold to the event.

****All fundraising for school sponsored activities must be used for school sponsored activities; no individual activities, camps and/or events****

OTHER EVENTS AND FUNDRAISING

It is recognized there are long standing fundraising events who have their procedures for earning distribution. i.e., 50/50 raffles, Chicken Dinner, Shrimp Dinner, Luau, etc. These are guidelines and recommendations for school-based fundraising activities in order to create equal opportunity and equity in earnings for all student.

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APPENDIX VI: EXTRACURRICULAR PARTICIPATION DISCIPLINE CHART

DISCIPLINE CHART -- EXTRACURRICULAR PARTICIPATION

Students involved in extracurricular activities may be subject to additional discipline during the school day in the event the student violates any of the following items. This chart has been prepared to provide assistance; it should not be interpreted as absolute.

	next activity suspension (minimum)	suspension	suspension	1 year for each additional offense
A. Skipping class (missing whole class or leaving class w/o permission)	X			
B. Disrespectful & inappropriate behavior (including swearing)	X			
C. Harassment/bullying	X	X(*)	X(**)	
D. Sexual harassment	X	X (*)	X(**)	
E. Cheating	X			
F. Stealing		X(*)	X(**)	X
G. Vandalism	X	X(*)		
H. Fighting	X	X(*)		
I. Use, sale, purchase, possession of smoking tobacco	See TAD Information			
J. Use, sale, purchase, possession of smokeless tobacco	See TAD Information			
K. Use and/or possession of inhalants, alcohol or illegal drugs including controlled substance transactions while not under school jurisdiction or control	See TAD Information			
L. Use, sale, purchase, possession of inhalants, alcohol or illegal drugs, including controlled substance transactions while on school property, school trips, or otherwise under school jurisdiction or control	See TAD Information			
M. Verbal, physical assault, or bullying other students		X	X	X
N. Verbal, physical assault, or bullying school personnel		X	X	X
O. Possession or use of weapons, other than firearms				X
P. Possession or use of firearms, including explosives				X
Q. Trespassing	X	X(*)		
R. Inappropriate use of school equipment.	X	X(*)		
S. Tattoos or body piercing on school sponsored trip.		X(*)		

Key:

- A. A student classified as skipping a class is someone who attended classes previous to or after an unaccountable absence. An unaccountable absence is where the student is marked absent from a class, but has not notified the office that he/she is checking out of school, or is missing from class for more than 15 minutes.

- * Fifty percent (50%) of the suspension will be forgiven if the student completes fifteen (15) hours of community service. The student will be allowed to practice during his/her suspension.
- ** Thirty percent (30%) of the suspension will be forgiven if the student completes twenty (20) hours of community service. The student will be allowed to practice during his/her suspension.

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