

Alexandra Butler

Special Education/Regular Education Teacher, Provisional Educator Certification

EXPERIENCE

Meriden Public Schools- Meriden, CT

August 2021-Present

- Special Education Teacher in a Self Contained Behavior Program.
- Knowledge of Emotional Disturbance, ADD/ADHD, ODD, SLP, Learning Disabilities, Intellectual Disabilities, and Autism Spectrum Disorder
- Development and implementation of IEPs and behavior plans.
- Responsible for implementation of academic curriculum, social emotional curriculum, reading interventions, writing interventions, and math interventions
- Implementing, collaborating with the BCBAs, and monitoring behavior plans
- Progress monitoring
- Collaboration, professional communication, scheduling PPTs, supervision of behavior technicians, and supervision of paraprofessionals

Bristol Public School- Bristol, CT

August 2021-Present

- Bristol Central High School Cheerleading
- Varsity and Junior Varsity Cheerleading Coach
- Teach and develop skills for time management of school, athletics, and community activities

Consolidated School District of New Britain-New Britain, CT

August 2016- August 2021

- Special Education Teacher in a Self Contained Behavior Program.
- Knowledge of Emotional Disturbance, ADD/ADHD, ODD, SLP, Learning Disabilities, Intellectual Disabilities, and Autism Spectrum Disorder
- Development and implementation of IEPs and behavior plans.
- Responsible for implementation of academic curriculum, social emotional curriculum, reading interventions
- Implementing and monitoring behavior plans
- Progress monitoring
- Collaboration, professional communication, scheduling and supervision of paraprofessionals
- RELAY Program supervisor
- Renovation committee

SKILLS

CT Seds

Individual Education Plans

Functional Behavioral

Assessments/ Behavior

Intervention Plans

Educational Assessments

Differentiated Instruction

PBIS

Specialized Classroom Management

SPIRE Reading Intervention

SBAC/iReady Instruction

Collaboration

Technology Integration

Google Platforms

Jamboard

PearDek

iReady

SBA

Professional Development/
Awards

PMT Certified

Previously CPI Certified

Kappa Delta Pi

Dean's List

President's List

- Interview Committee
- Taught summer school in self contained special education PreK-2

Hartford Public Schools-Hartford, CT

November 2015 - June 2016

- Long Term Substitute Teacher (3rd grade) / Building Sub(PreK-8th)-Burr School.
- Handled disciplinary aspects, including behaviors, followed behavior protocols and plans

Seymour Public Schools-Seymour, CT

August 2015 - November 2015

- Special Education Teacher Interim- Bungay School (Grades K-2).
- Inclusion and resource room hours
- Created and made changes to para schedules and student schedules
- Created DTI books

EDUCATION

University of Hartford, West Hartford CT — BA

August 2011 - May 2015

Bachelor of Science in Integrated Elementary Education (K-6)/ Special Education (K-12)

Central Connecticut State University, New Britain CT — MA

September 2017 - May 2023

Masters in Special Education for certified Special Education teachers.

Michele F. Carriere

Teaching Certification:

CT Teaching Initial Certification – 043 – Health Pre-K - 12
CT Teaching Initial Certification – 044 – Physical Education, Pre-K - 12

Experience:

Education Staffing Solutions
Long-Term Building Substitute at Chippens Hill Middle School New Britain, CT
March 2023 – Current

- Classroom management
- Execute lesson plans prepared by regular teacher

MC Nutrition and Fitness Coaching
Owner and Operator Bristol, CT
January 2019 – Current

- Providing one-on-one nutrition and fitness coaching to clients virtually and in person
- Facilitating small group coaching to clients' wellness coaching virtually and in person

The Edge Fitness Clubs
Group Fitness Instructor Bristol, CT & West Hartford, CT
June 2018 – April 2020

- Classes Taught: Boot Camp, Strength and Conditioning, Body Conditioning, and Spinning
- Observed participants and inform them of corrective measures necessary for skill improvement
- Instructed participants in maintaining exertion level to maximize benefits from exercise routines

Stanley Black & Decker (SBD) New Britain, CT, Farmington, CT and Southington, CT
Director of Nutrition and Group Exercise August 2017 – April 2020

- Directed all nutrition programming and coaching for employees on site and globally
- Instructed Boot camp, Total Body Strength and Conditioning and Body Flow classes on site
- Conducted company lectures on a variety of health, wellness, and fitness topics
- Oversaw programming and created all content for the SBD Workplace Fitness Center website

L.A. Fitness Clubs
Group Fitness Instructor Bristol, CT & West Hartford, CT
2015 – April 2020

- Classes Taught: Boot Camp, Strength and Conditioning, Body Works & Abs, Mat Pilates, and Spinning
- Observed participants and inform them of corrective measures necessary for skill improvement
- Instructed participants in maintaining exertion level to maximize benefits from exercise routines

Fitness on the Go
Boot Camp Fitness Instructor Burlington, CT
January 2015 – April 2017

- Classes Taught: Boot Camp, Teen Strength and Conditioning
- Observed participants and inform them of corrective measures necessary for skill improvement
- Instructed participants in maintaining exertion level to maximize benefits from exercise routines

Bristol Public Schools
Physical Education and Health Teacher Bristol, CT
January 2009 – June 2012

- Memorial Boulevard School – Health & Wellness
- Ivy Drive Elementary School – Physical Education, Health/Wellness, Adaptive Physical Education and CT Unified Sports Coach
- John J. Jennings Elementary School – Physical Education and Health/Wellness
- Started and coached first ever Unified Sports program for Bristol Public Schools
- Advocated and collaborated for adapted physical education class for medically fragile and special education scholars
- Recognized in 2009 for the adapted physical education classes and Peaceful Playground Program
- Organized and coached Special Olympics for Bristol Public Schools

CIAC Athletic Director's Association

Cheshire, CT

Athletic Trainer/Lecturer

September 2003 – June 2012

- Educated CT coaches on various Sports Medicine, Health and Injury Prevention topics
- Illustrated liability, best practices and concussion management

HealthSouth Select Sports Medicine

Bristol, CT

Certified Athletic Trainer

August 2002 – June 2012

- Provided treatment and care to physical therapy patients in a clinical setting
- Provided Sports Medicine coverage to high school athletes at Bristol Eastern High School

Education:

Central Connecticut State University

New Britain, CT

Post-Baccalaureate Certification K-12 Physical Education and Health

May 2008

GPS 3.93

Sacred Heart University

Fairfield, CT

Bachelors of Science, Athletic Training, Human Movement, and Exercise Physiology

May 2003

Graduated Magna Cum Laude, Awarded medal of academic excellence

GPA 3.76

Certifications:

International Sports Sciences Association (ISSA) Certified Online Business Health and Fitness Coach, Current - Since 2021

ISSA Certified Health Coach, Current - Since 2021

ISSA Certified Transformational Specialist, Current – Since 2019

ISSA Master Sports Nutritionist, Current – Since 2019

ISSA Master Sports Nutritionist, Current – Since 2019

ISSA Master Personal Trainer, Current – Since 2017

CT Licensed Athletic Trainer, Current - Since October 2006

National Strength and Conditioning Association Certified Strength and Conditioning Specialist, Current Since – August 2006

National Athletic Trainers Association Board of Certification Certified Athletic Trainer, Current Since - April 2003

American Heart Association Basic Life Support (BLS) for Healthcare Provider, AED, and First Aid, Current - Since September 2001

Volunteer Work:

Chapter 126, 2015 – 2019

CT Special Olympics, 1994 – 2018

CT Unified Sports, 2008 – 2011

Personal Skills:

Self-motivated, interpersonal skills, communication skills, hard-working, flexible, diligent, organized, eager to learn and grow

Classroom

Technology Skills: Mac OS, Google Platform, Google Docs, Chromebooks, Windows OS, Microsoft Office Excel, Word, PowerPoint; SMART Boards, Health and Fitness Tracking and Monitors