

**SCHOOL HEALTH ADVISORY COUNCIL:
ANNUAL REPORT for 2018-2019**

Stephenville Independent School District
Stephenville, Texas

School Health Advisory Council
Annual Report for 2018-2019

Presentations and Discussions

October 3, 2018: First Meeting

- Overview of the School Advisory Health Council Responsibilities : Ms. Kathy Hampton
- Discussion of Immunizations and report given to the State for student required immunizations: Mrs. Michelle Stillwell
- Discussion of FitnessGram: Dr. Kelsey McEntyre/Tarleton State University
- Discussion of Suicide Prevention Training for public school educators: Ms. Kathy Hampton
- Topics for next SHAC Meeting

December 5, 2018: Second Meeting

- Discussion of the Child Nutrition Program: Ms. Cheryl Dowell
- Presentation of fuel up with milk Program: Mrs. Debby Winder
- Topics for next SHAC Meeting

April 24, 2019: Third Meeting

- Discussion of SSO (Seamless Summer Operation) Program: Ms. Cheryl Dowell
- Discussion of guidelines in which parents are notified Of Infections/communicable diseases: Mrs. Michelle Stilwell
- Topics for next SHAC Meeting

May 15, 2019

- Discussion on Healthy Snacking 101 Handouts from Nutrition Nuggets: Ms. Cheryl Dowell
- Discussion on National School Lunch Program: Ms. Cheryl Dowell

District School Health Advisory Council (SHAC)

Minutes for Wednesday April 24, 2019

3:45 p.m.

Members Present:

Cheryl Dowell, Jody Fain, Debby Winder, Wade Whitehead, Pam Jones, Michelle Stilwell

Discussion:

1. Cheryl Dowell discussed the Summer Feeding Program. She explained who can come and eat for free during the dates between 6/4/2019-6/26-2019. This includes any student between PK thru the age of 18 whether or not they are enrolled in summer school. This is done to try and reach students who may otherwise not have the opportunity to have a balanced meal during this time.
2. Michelle Stilwell provided the committee with guidelines in which parents are notified of infectious/communicable diseases. She also included a chart with detailed information on the procedure taken for each individual condition and an Influenza surveillance report for public health region 2/3 for the 2018/2019 Influenza season week 15. This included graphs and charts on absenteeism because of influenza, activity for the state of Texas and the United States. She explained the importance of getting the flu vaccination if possible, hand washing and keeping kids home from school if presenting with a fever.
3. Topics for the next SHAC meeting on May 15, 2019
4. Meeting adjourned 4:45 p.m.

District School Health Advisory Council (SCHAC)
Minutes for Wednesday May 15, 2019
3:45 p.m.

Members Present:

Cheryl Dowell, Jennifer Ryan, Pam Jones, Courtney Bates, Amy Brandon, Mary Pack, Tyler Kelsey, Kathy Hampton, Blaine Hamilton, Amy Schrutka

Discussion:

1. Cheryl Dowell gave a handout from Nutrition Nuggets Snacking 101 to all members present. Nutrition Nuggets is a handout that goes home to all of our students for the parents as a part of our ongoing efforts to inform them of the benefits of eating healthy. She discussed the benefits of keeping healthy snacks at home for children such as fruits and raw vegetables, ect. Students who eat healthy show to feel better and perform better in school.
2. Next, Cheryl Dowell went over a handout for the National School Lunch Program. She explained what the program is; who administers it; how the program works; what the nutrition requirements are for the program; how children qualify for free/reduced lunches; what the current reimbursement rates are for participating schools; what types of foods schools receive from USDA as a commodity; and where you can go to learn more about NSLP. <https://www.fns.usda.gov/school-meals/school-meals-contacts>.
3. Menus were given out by Cheryl Dowell to the nurses that were present for the Summer Feeding Program.
4. Meeting adjourned 4:50 p.m.