



Three Rivers School District
Quality Education Runs Deep

SCHOOL BOARD MEETING REPORT

Board Meeting Date: 9-19-17 Superintendent: Dave Valenzuela

Administrator/Staff: Lori Conner/ Stephanie Schrock

Type of Item: ☐ Informational ☒ Action

Please state your proposal briefly and clearly. What do you want the board to know, discuss, or decide?

Stephanie Schrock is applying for a \$1500 NWCU grant specifically for equipment to be used for intramural program during the school day. It includes a variety of indoor and outdoor equipment for the 400+ student body population that will be used on a daily basis. Our goal is to offer 3 physical activities every day ranging from moderate to vigorous activity for 25 min each day.

Provide history/background information on your proposal:

Currently, this is not budgeted and there has not been specific resources given to this need. This school year, a structured intramural time will be implemented during the students lunch period.

List the advantages of your proposal:

This grant will allow us to purchase the necessary equipment and supplies to facilitate a diverse, multi level, and physically active engaged intramural program. All funds will go specifically to student engagement,

List possible disadvantages of your proposal:

The intramural program is on-going and equipment needs will need to be bugeted and supported in the future as the equipment is used daily by 400 students.

List possible alternatives that could also offer a solution to your proposal. Why were they not recommended?

Continued support in the future from PTO and student fundraiser. PTO supports Fleming needs in many ways.

Superintendent's recommendation(s):

Approve: Yes ☒ No ☐

NWCU GRANT Nomination

* Summarize your Request:

- 1. Tell us what are you requesting and why are you requesting it in 1-2 sentences. This provides a quick reference for the selection committee**

We are requesting monies to support our all school mid-day Intramural Program. The grant will allow us to purchase the necessary equipment and supplies to facilitate a diverse, multi level, and physically active engaged intramural program.

* Total Amount Requested:

- 1. Requests between \$100 - \$1,500 will be considered. Requested amount must fully fund items requested.**

\$1,500

* What is needed?

- **Describe your request and how funds will be utilized in specific detail.**
 - All funds will go directly to student engagement. Equipment and storage will be used to primarily facilitate intramural activities for all three grade levels everyday 25 minutes.
 - Funds will purchase equipment/ supplies specifically for the use and need of the intramural activities.
 - PE Department has separate storage space to store all IM materials.
 - All materials will be labeled specifically for the IM activities.
 - All Fleming staff will be updated and informed on the IM equipment use.
 - IM staff will coordinate with PE teacher to facilitate engaging activities, locations and shared spaces.
- **A list of all materials requested and itemized budget are required.**
 - See attached Spreadsheet NWCU Grant - Fleming MS
 - Fleming MS Equipment/ Supply List
- **If requesting technology, provide brand name and specifications (memory, processor speed, screen size, etc.)**
 - No Technology
- **Include web links whenever possible.**
 - <http://www.usgames.com>
 - <https://peacefulplaygrounds.com>

- <http://www.actionforhealthykids.org>
- <https://healthyforgood.heart.org>

1. Why is it needed?

- Our school is located in rural Josephine county. We have had many changes in our staffing. For 10 years there was no licensed Physical Education teacher to advocate and regulate equipment for the growing student population.
- We now have a licensed physical education teacher who is working to coordinate and support activities for students outside of PE classes and Athletics. .
- Educate students and their families, encourage opportunities for all students to engage in healthy recreational activities that students and families can do over a lifetime.
- We have limited funds for our Physical Education program and less for Intramural activities.
- No equipment to supplement the recreational IM time during the course of the week.
- Our goal is to provide students with an opportunity to choose from 3 physical activities every day, ranging from moderate to vigorous physical activity , 25 minutes every day.
- To increase Leadership skills, Team skills and Positive social engagement skills.

1. How will fulfilling this need impact the education of kids?

- **Describe how it will**

- **enrich or enhance classroom-learning/instruction,**

- 30 - 60 minutes of activity will increase blood flow to the brain - AHA
- Help energize and rejuvenate the students mind and body
- Facilitates positive social interaction and problem solving skills
- Research shows that
 - "Well designed Brain Breaks accomplish three purposes: 1) they refresh students, 2) they refocus students for learning and 3) they re-energize students." Melinda Bossenmeyer; Peaceful Playgrounds
 - "Brain Breaks work by getting children moving physically which increases the blood flow by bringing more oxygen to the brain and leads to better concentration. Well developed Brain Breaks can help students stretch, develop flexibility, improve coordination and gain focus for the next lesson," according to the Action for Healthy Kids Organization.
 - "At a time when too many kids are suffering the physical consequences of getting almost no exercise at all, even a little bit might make a big difference," Jeffrey Kluger; Time Health

- **increases student engagement and/or achievement.**

- Allowing students to move in organized and structured manner will help create an expectation that movement and health are a priority.
 - Minimize infractions of off task behaviour
 - Safe environment
 - Supervised
 - Positive incentives to be on task in classroom and other learning environments.
 - Increase Physical Activity during grade level whole group activity time intramurals provide all students with a variety of activities to help promote healthy hearts and lifestyle. Each week every student will have an opportunity to choose different organized activities, that include problem solving, team building, soft skills, leadership skills, positive communication skills.
- **Tell us if it provides a learning opportunity that wouldn't otherwise be available.**
 - We have an opportunity to engage students outside a specific classroom setting.
 - The IM time provides an physically active enrichment time allowing students to move and choose from planned and well equipped activities.
 - A section of time in the day we can provide another positive learning environment geared toward healthy and active lifestyles.
 - We can decrease sedentary school settings.
 - Without organized activities students are bored, maybe left to make poor behaviour choices, vandalism, graffiti, lack of school pride in daily happenings at school.

Requests to <http://www.actionforhealthykids.org/fund> the following are not eligible:

- **fundraising events or sponsorship requests**
- **funding for staffing**
- **staff professional development/training**
- **incentives/rewards**
- **capital improvements to school buildings or grounds.**

Submissions will be accepted through August 1 – October 15, 2017.

Learn more about this program and how to apply for this opportunity at the Project Community website at <http://projectcommunity.nwcu.com> or contact me personally at 541-744-9738.

I am happy to answer questions or help clarify the scope of the Project Community awards program!

Sincerely,

Kim Clark, Community Relations Coordinator

Northwest Community Credit Union

Marketing

DIRECT (800) 452-9515, ext 9738

MOBILE (541) 844-9433

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