



D90 2022-23| Climate & Culture + SEL

Mindful Practices will provide D90 comprehensive workshops and resources uniquely designed to **increase SEC** and **feelings of connectedness** and well-being of adult stakeholders across the district.

What are the Objectives for this Collaboration?

- Support and strengthen feelings of connectedness
- Support and strengthen adult agency
- Support and strengthen collective well-being

SEL for Adults, Administrators, and Staff

Aligned with the CASEL competencies, Mindful Practices' engaging and thought-provoking workshops and courses build and strengthen adult SEL competence, promote educator and well-being and improve the climate and culture of school buildings across the district.

What are the Projected Outcomes?

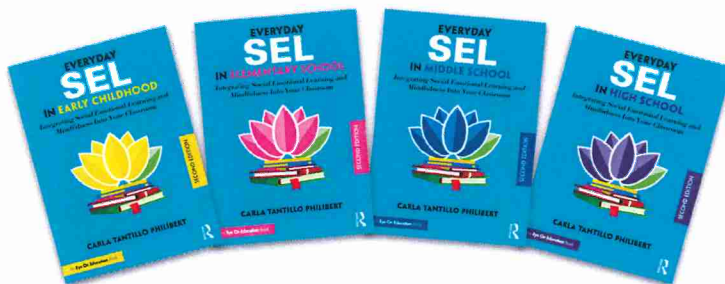
For the past 7 years, Mindful Practices has worked with Dr. Kiljoong Kim at Chapin Hall at the University of Chicago to refine our efficacy and approach. Through this partnership, we are able to create a baseline analysis to drive our work with your teachers and students. Outcomes we expect to achieve:



- Educators report significant improvement in their ability to deliver SEL instruction using diagnostic-approach
- Educators gain opportunities to monitor and connect with students based on advanced technology

Additional Supporting Research by Dr. Kiljoong Kim at Chapin Hall:

- [Effects of Mindful Practices/Class Catalyst Framework](#)
- [MP Implementation Framework Evaluation and Research - Teacher Competency](#)



2021-22 Pricing Information

Option 1: Listening Tour	Rate/Qty	Cost
In-Person w/Communications Coordinator shadowing Folx register for 20-minute time slots <ul style="list-style-type: none"> - <i>Listening Session</i> - <i>Community Conversation (5 people per group)</i> - <i>Creative Expression/Journaling</i> - <i>Real time coaching/modeling</i> - <i>Coaching of Communications Coordinator including creation of norms, timelines, expectations, etc.</i> 	\$750/hour x 12 hours 3 campuses (Coordinator leads Day 3)	\$9,000 3.5 hours per ES 5 hours per MS
Option 2: Summit in the City: July 19th		
<i>Enrollment in SEL Summit in the City</i> <i>Theme: Empowering Champions & Elevating Well-Being</i> In-Person Event: July 19th + <i>Invitation to Wine, Cheese Night</i>	\$750/person Principals, APs, SEL Stakeholders	Up to 4 people, No Charge (In-Kind Contribution of \$3,000)
Option 3: Principal Support		
3 Buildings: Principals + APs <ul style="list-style-type: none"> + Fall, Winter, Spring, in-Person Sessions (60 minutes for principals: 9 Total, coordinated schedules/visits on same day) + Fall, Winter, Spring Online Check-in Sessions (60 minutes for principals and APs as a collective: 3 total) + Access to MP video and SEL curricular content (5 licenses per building) + Class Catalyst training & licenses (5 licenses per buildings) 	Principals APs	\$15,000 Please note: Communication is limited to in-person meeting time. Does not include text/email.
Option 4: Helpful Chats & Guidance		
6 hours of planning meetings, admin meetings, and document creation. (Retainer model: hours will be billed against until completed. Additional hours will be invoiced monthly, as needed.)	\$500/hour x 6	\$3,000
Option 5: Confidential Telehealth for Faculty & Staff		
20 session package of Telehealth services for D90 faculty and staff. These confidential, online sessions with certified trauma clinicians, social workers and/or mindfulness coach may be focused on self-care or intensive trauma therapy, depending upon individual needs. Asset-based in design, attendees are provided with links to 20 minute, asynchronous workshop opportunities.	\$350/person + workshops 20 Total (option to add additional sessions, if needed)	\$7,000
Total Cost		\$34,000