



SOUTH SAN ANTONIO INDEPENDENT SCHOOL DISTRICT

Agenda Item Summary

Meeting Date: February 19, 2020

Purpose: ☐ Presentation/Report ☐ Recognition ☐ Discussion/ Possible Action

☐ Closed/Executive Session ☐ Work Session ☐ Discussion Only ☒ Consent

From: Scott Stephens, Director of Child Nutrition

Item Title: Approval of Updated Board Policy FFA Local

Description: Child Nutrition is asking to update Board Policy FFA Local. The updated policy is in support of the general wellness of all students by implementing measurable goals that shall promote sound nutrition and student health and to reduce childhood obesity.

Historical Data: FFA Local was last modified February 5, 2015.

Recommendation: Approve the updated Board Policy FFA Local

District Goal/Strategy:

Objective 5.2: Develop a wellness program to encourage participation from all members of the school community in healthy pursuits.


Funding Budget Code and Amount:

APPROVED BY:

SIGNATURE

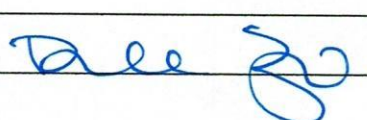
DATE

Chief Officer:



2/5/2020

CFO Funding Approval:



2.12.2020
2.12.2020

Superintendent:

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FFA
(LOCAL)

Wellness

The District shall support the general wellness of all students by implementing measurable goals to ~~follow nutrition guidelines that advance student health and reduce childhood obesity and shall~~ promote sound nutrition and student health and to reduce childhood obesity.

[See EHAA for information regarding the District's coordinated school health program.]

~~through nutrition education, physical activity, and other school-based activities.~~

**Development,
Implementation, and
Review of Guidelines
and Goals**

The local school health advisory council (SHAC), on behalf of the District shall review and consider evidence-based strategies and techniques and shall develop nutrition guidelines and wellness goals as required by law. In the development, implementation, and review of these guidelines and goals, the SHAC shall permit participation by ~~in consultation with the local school health advisory council and with involvement from representatives of the~~ students ~~body~~, school food service, physical education teachers, school health professionals, school administration, the Board, parents, and the public. [See BDF and EHAA]

Wellness Plan

The SHAC shall develop a wellness plan to implement the District's nutrition guidelines and wellness goals. The wellness plan shall, at a minimum, address:

1. Strategies for soliciting involvement by and input from persons interested in the wellness plan and policy;
2. Objectives, benchmarks, and activities for implementing the wellness goals;
3. Methods for measuring implementation of the wellness goals;
4. The District's standards for foods and beverages provided, but not sold, to students during the school day on a school campus; and
5. The manner of communicating to the public applicable information about the District's wellness policy and plan.

The SHAC shall review and revise the plan on a regular basis and recommend revisions to the wellness policy when necessary.

Nutrition Guidelines

The District shall ensure that nutrition guidelines for reimbursable school meals and all other foods and beverages sold or marketed to students during the school day shall be designed to promote student health and reduce childhood obesity and shall be at least as restrictive as federal regulations and guidance ~~except when the~~

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District allows an exemption for fundraising activities as authorized by state and federal rules. [See CO and FJ]

~~and that all foods available on each campus are in accordance with the Texas Public School Nutrition Policy. [See CO]~~

In addition to legal requirements, the District shall:

1. Establish age-appropriate guidelines for food and beverages at classroom parties or school celebrations [see CO];
2. Provide teachers with education and guidelines on the use of food as a reward in the classroom; and
3. Establish guidelines for school-sponsored fund-raising activities that involve serving or selling food.

Wellness Goals

Nutrition Promotion
and Education

The District shall implement, in accordance with law, a coordinated health program with a nutrition education component. [See EHAA] The District's nutrition promotion activities shall encourage participation in the National School Lunch Program, the School Breakfast Program, and any other supplemental food and nutrition programs offered by the District.

~~[see EHAB and EHAC] and shall use health course curriculum that emphasizes the importance of proper nutrition [see EHAA].~~

In addition, the food service staff, teachers, and other school personnel shall coordinate the promotion of nutrition messages in the cafeteria, the classroom, and other appropriate settings. ~~with the aim of making good nutrition a District-wide priority.~~

The District establishes the following goal for nutrition education: The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.

Physical Activity

The District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades [see EHAB and EHAC]. ~~Physical education classes shall regularly emphasize moderate to vigorous activity.~~

In addition, the District establishes the following goals for physical activity: The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.

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- ~~1. All students shall be physically active and shall live, work, and play in environments that facilitate regular physical activity.~~
- ~~2. A District-wide culture shall be created that supports physically active lifestyles, with the ultimate purpose of improving health, preventing disease and disability, and enhancing quality of life.~~
- ~~3. The District shall encourage students, parents, staff, and community members to use the District's recreational facilities that are available outside of the school day. [See GKD]~~

Other School-Based
Activities

The District establishes the following goals to create an environment conducive to healthful eating and physical activity and to promote and to express a consistent wellness message through other school-based activities:

1. Sufficient time shall be allowed for students to eat meals in lunchroom facilities that are clean, safe, and comfortable.
2. Wellness for students and their families shall be promoted at suitable school activities.

Implementation

The Superintendent or designee shall oversee the implementation of this policy and ~~shall develop and~~ the development and implementation of the wellness plan and appropriate administrative procedures. ~~for periodically measuring the implementation of the wellness policy.~~

Evaluation

The District shall comply with federal requirements for evaluating this policy and the wellness plan.

Public Notification

The District shall annually inform and update the public about the content and implementation of the wellness policy, including posting on its website copies of the wellness policy, the wellness plan, and the required implementation tri- annual assessment.

Records Retention

The District shall retain all the required records associated with the wellness policy, in accordance with law and the District's records management program. [See CPC and FFA(LEGAL)]