

Social-Emotional Learning and Support at TRSD

Connecting the students with their
best present and future self

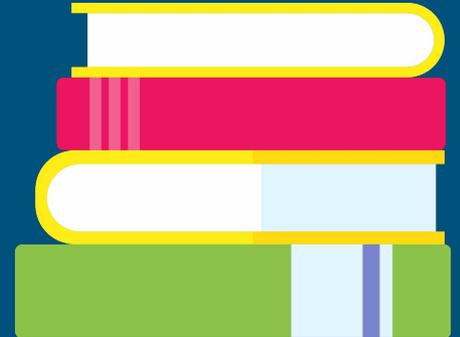
Vision for Our Present and Future

*“Ensuring high levels of learning for
all students.”*

Every student has the emotional
safety, mental wellness, and
support needed to fully engage in
learning

Social Emotional (SE) Skills

- Self Regulation of Emotions
- Self Awareness
- Emotional Stability
- Relationship Skills
- Responsible Decision Making



Mental Health at TRSD

School Health Survey Results

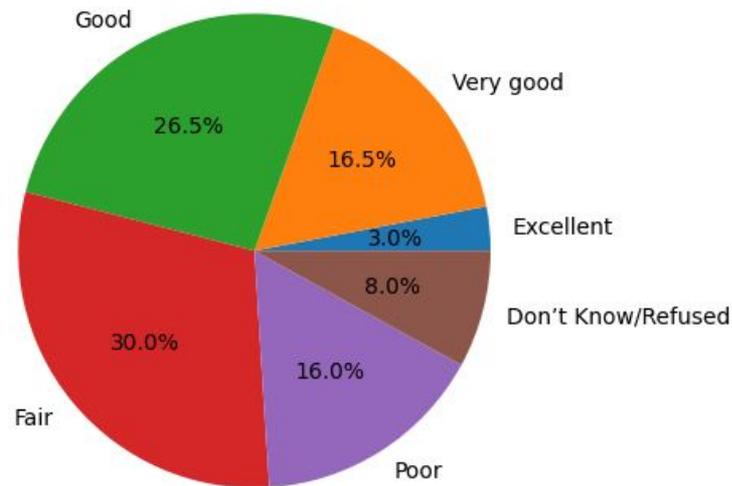
6th Graders reporting “Excellent” mental health: 19.4%

VERSUS

11th Graders reporting “Excellent” mental health: 3%

11th Graders reporting “Fair or Pair” mental health: 46%

District 2024 - 11th Grade Emotional & Mental Health



Connecting Students to Academics



Improved
Attendance



Motivation to
Succeed

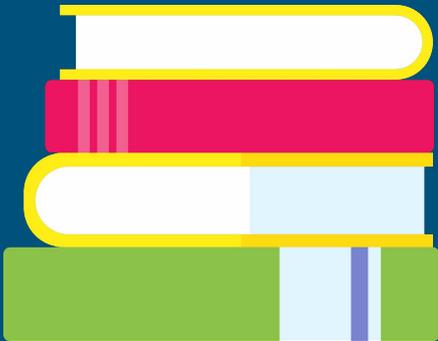


Higher Grades &
Graduating



Functioning
Adults

Attendance

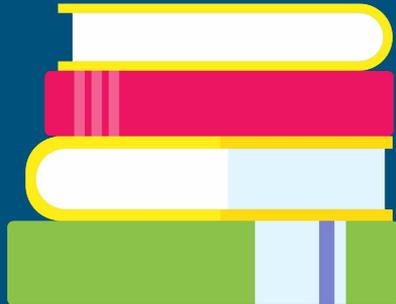


When nearly half of 11th graders report fair/poor mental health, this leads to:

- Increased likelihood of absenteeism
- Increased likelihood of avoidance behaviors
- Decreased academic persistence



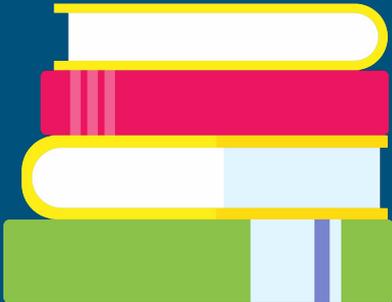
Finding Motivation



Dysregulated students cannot
access instruction

*Social Emotional Learning
fosters and develops connection
leading to motivation*

Grades & Graduation



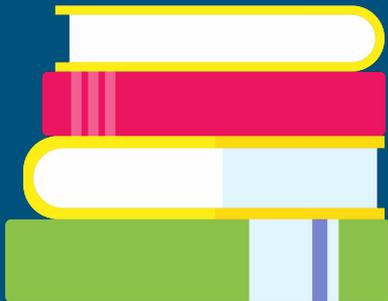
Social emotional skills lead to improved grades and functionality in the academic environment

Studies show improvements in:

- Overall academic performance
- Mathematics
- English-language arts
- Science

A Significantly positive and large effect on GPA

Functioning Future Citizens



Data trends continue to show:

- Ongoing vaping concerns
- Risk behaviors increasing in upper grades

**Early education and prevention =
Improved adolescent and adult
outcomes**





- Higher Academic Performance
- Safer Classrooms
- Improved Attendance
- Present & Future Success

Mental Health Coordinators & Counselors

Social Emotional Learning on
campus in and out of the
classroom



Social Emotional Learning on Campus

What does a Mental Health Coordinator and/or school counselor do? This includes but is not limited to...

- Risk/Threat Management
 - Supporting students in and out of the classroom and their families
 - Supporting staff
 - Working hand-in-hand with law enforcement
 - Problem solving with students and staff
 - Creating coping strategies to mitigate or manage behaviors
 - Discovering, exploring, and improving school climate
 - Finding the heartbeat of the school
-

Looking at the Student Health Survey...



75%

Of students report Excellent, Very Good, or Good physical health

Surprising Results of Social Media

IMPACT ON:

Body Image:

- 43% say neither better or worse
- 20% say it makes it better
- 22% say worse

Relationships:

- 32% say it improves relationships
- 13% say worse

Grades:

- 25% say better
- 18% say worse

Post-High School Workforce Orientation

Among 11th graders:

- 41.5% plan to work full-time after high school (vs. 28.8% state)
- 20.% plan to attend technical or trade school (vs. 16.7% state)
- 18.5% plan on enrolling in the military or another service (vs. 10.5% state)

38% of the district high school students report intent to attend a 4-year college

VERSES

56.5% of state high schoolers report intent to attend a 4-year college

Mental Health - A *Significant* Concern

11th Graders Report:

**3% Excellent (vs.
8.1% state)**

30% Fair

16% Poor

**Nearly half of 11th graders rate their mental health as
fair or poor.**

Sharp Decline in Mental Health by Grade

19.4% of 6th Graders rate
Excellent mental health

vs.

3% of 11th Graders rate
Excellent mental health

This suggests:

- **Accumulating Stress**
- **Academic Pressure**
- **Social Stressors**
- **Transition Vulnerability**

What do we do?

- **Provide proactive, preventative measures in early and middle academic stages**
- **Reinforce early SEL lessons during transitions between elementary to middle and middle to high school campuses**
- **Support staff, teachers, and admin in any SEL based needs they may have**



Citations

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