



Frequently Asked Questions (FAQs) for Schools

Additional Guidance as of January 11, 2022 (Subject to change based on new information and updates to existing CDC guidance)

The state of Illinois has adopted the Centers for Disease Control and Prevention's (CDC's) updated Guidance for COVID-19 Prevention in K-12 Schools. In addition, the Illinois Department of Public Health (IDPH) and the Illinois State Board of Education (ISBE) have issued Revised Public Health Guidance for Schools that applies to all public and nonpublic schools that serve students in pre-kindergarten through grade 12 (pre-K-12). The joint guidance is based on updated CDC guidance for COVID-19 prevention and the state executive orders.

Executive Order 2021-18¹ requires masks be worn indoors by all teachers, staff, students, and visitors to pre-K-12 schools, regardless of vaccination status. Executive Order 2021-22² requires all school personnel be fully vaccinated against COVID-19 by September 19, 2021, or submit to at least weekly testing. Executive Order 2022-03³ requires all schools and school districts to exclude students and school personnel from school who are confirmed or probable cases of COVID-19, who are close contacts to a case, or who exhibit COVID-19 like symptoms.

In addition to the health and safety reasons for following state and CDC guidance, school districts that decide not to follow this guidance should consult with their insurers regarding risk assumption and liability coverage. Insurers may be unwilling to cover liabilities created as a result of failure to adhere to public health guidance.

Further, school districts and nonpublic schools that decide not to follow this guidance are exhibiting deficiencies that present a health hazard or a danger to students or staff and therefore risk the benefits of state recognition. For nonpublic schools, becoming nonrecognized means they cannot participate in the Invest in Kids Act tax credit scholarship program or Illinois High School Association (IHSA) and Illinois Elementary School Association (IESA) sanctioned sports, subject to the regulations set by IHSA/IESA. For public school districts, becoming nonrecognized means loss of access to state and federal funding and the inability to participate in IHSA and IESA sanctioned sports, subject to the regulations set by IHSA/IESA.

Major changes to the guidance for the 2021-2022 school year include the following:

- Mandatory exclusion of students and school personnel as required by Executive Order 2022-03.
- Promotion of vaccination as the leading public health prevention strategy to end the COVID-19
 pandemic and the requirement, pursuant to <u>Executive Order 2021-22</u>, that all school personnel
 be fully vaccinated or submit to at least weekly testing.

¹ For purposes of this document, "Executive Order 2021-18" shall mean Executive Order 2021-18 and any future Executive Order that reissues and extends Executive Order 2021-18.

² For purposes of this document, "Executive Order 2021-22" shall mean Executive Order 2021-22 and any future Executive Order that reissues and extends Executive Order 2021-22.

³ For purposes of this document, "Executive Order 2022-03" shall mean Executive Order 2022-03 and any future Executive Order that reissues and extends Executive Order 2022-03.

- Additional emphasis on the importance of offering in-person learning, regardless of whether all prevention strategies can be implemented in a school.
- Alignment with <u>Executive Order 2021-18</u> on required universal indoor masking in pre-K-12 schools for all teachers, staff, students, and visitors, regardless of vaccination status.
- Revised definition of close contacts to guide quarantine or exclusion procedure.
- Introduction of a Test to Stay alternative to quarantine or exclusion.
- Updates to be consistent with <u>CDC</u> recommendation for shortened quarantine and isolation periods.
- Updates to Test to Stay protocols.

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Vaccination

What is the importance of vaccinations in supporting fully in-person instruction? (Updated 1/11/2022)

Achieving high levels of COVID-19 vaccination among eligible students, as well as teachers, staff, and household members, is critical to help schools safely resume full operations.

Vaccination is currently the leading public health prevention strategy to end the COVID-19 pandemic. People who are fully vaccinated against COVID-19 are at low risk of symptomatic or severe infection. A growing body of evidence suggests that people who are fully vaccinated against COVID-19 are less likely to have an asymptomatic infection or transmit COVID-19 to others than people who are not fully vaccinated. (See Question 8 below about ways schools can determine students' vaccination status.)

Everyone 5 years of age or older is eligible for COVID-19 vaccination. Youth aged 12-17 years old and adults aged 18 years and older are also eligible for booster doses, per the CDC's recommendations. Schools can promote vaccinations among teachers, staff, families, and eligible students by providing information about COVID-19 vaccination, encouraging vaccine trust and confidence, and establishing supportive policies and practices that make getting vaccinated as easy and convenient as possible.

See a listing of vaccination resources and supports on <u>ISBE's COVID-19 Website</u> under the dropdown entitled "Supporting COVID-19 Vaccination."

2. Is there a state mandate that school personnel receive the COVID-19 vaccine?

<u>Executive Order 2021-22</u> and <u>23 III. Admin. Code 6</u> require all school personnel to be fully vaccinated against COVID-19 or submit to at least weekly testing.

3. By when must school personnel obtain the COVID-19 vaccine or submit to at least weekly testing?

Per <u>Executive Order 2021-22</u> and <u>23 III. Admin. Code 6</u>, school personnel must be vaccinated against COVID-19 in accordance with the following timeline:

- School personnel acting in their school-based role on or before the effective date of
 Executive Order 2021-22 must receive, at a minimum, the first dose of a two-dose vaccine
 series or a single-dose vaccine by September 19, 2021, and, if applicable, the second dose of
 a two-dose COVID-19 vaccine series within 30 days following the administration of their first
 dose.
- School personnel first starting in their school-based role after the effective date of <u>Executive</u>
 Order 2021-22 must receive, at a minimum, the first dose of a two-dose vaccine series or a
 single-dose vaccine within 10 days of their start date in the school-based role, and, if

applicable, the second dose of a two-dose COVID-19 vaccine series within 30 days following the administration of their first dose.

Beginning September 19, 2021, school personnel who are not fully vaccinated must be tested for COVID-19 with either a PCR or antigen test that either has emergency use authorization by the FDA or is operating per the Laboratory Developed Test requirements by the U.S. Centers for Medicare and Medicaid Services (CMS) until they are fully vaccinated. Testing must occur at least weekly for unvaccinated school personnel.

If a school is experiencing an outbreak of COVID-19 and school personnel who are not fully vaccinated may be part of the outbreak as determined by public health authorities, such school personnel must be tested two times per week for the duration of that outbreak. Individuals who tested positive for COVID-19 within the prior 90 days and are currently asymptomatic may be exempted from testing during outbreaks, unless otherwise required by local public health officials. Individuals who are fully vaccinated and a close contact of a COVID-19 case should be tested 5 to 7 days after exposure.

4. To whom does the COVID-19 vaccination or testing requirement apply?

The requirement applies to all public and nonpublic pre-K-12 school personnel.

"School" means any public or nonpublic elementary or secondary school, including charter schools, serving students in pre-kindergarten through 12th grade, including any state-operated residential schools such as the Philip Rock Center and School, the Illinois School for the Visually Impaired, the Illinois School for the Deaf, and the Illinois Mathematics and Science Academy. The term "school" does not include the Illinois Department of Juvenile Justice.

"School personnel" means any person who (1) is employed by, volunteers for (including but not limited to coaches, before and after school program volunteers, chaperones, etc.), or is contracted to provide services for a school or school district serving students in pre-kindergarten through 12th grade, or who is employed by an entity that is contracted to provide services to a school, school district, or students of a school, and (2) is in close contact (fewer than 6 feet) with students of the school or other school personnel for more than 15 minutes at least once a week on a regular basis as determined by the school. The term "school personnel" does not include any person who is present at the school for only a short period of time and whose moments of close physical proximity to others on site are fleeting (e.g., contractors making deliveries to a site where they remain physically distanced from others or briefly entering a site to pick up a shipment).

5. Is there a state mandate that students obtain the COVID-19 vaccine?

There is no state mandate for pre-K-12 students to obtain the COVID-19 vaccine. However, the CDC and IDPH strongly encourage all individuals eligible for the COVID-19 vaccine to be vaccinated. Vaccination benefits not only the individual, but also schools and communities by reducing transmission

6. Are schools required to collect vaccination status of school personnel?

Yes, <u>23 III. Admin. Code 6</u> requires all schools to maintain a record for school personnel employed by the school or school district that identifies them as one of the following: fully vaccinated, unvaccinated and compliant with the testing requirements, or excluded from school premises.

Each school shall maintain the following documentation for each school personnel employed by the school or district, as applicable:

- 1. Proof of vaccination against COVID-19.
- 2. The results of COVID-19 tests.

Schools shall maintain any school personnel medical records in accordance with applicable law.

7. How can a school determine if school personnel are vaccinated?

Schools must require school personnel who are fully vaccinated against COVID-19 to submit proof of vaccination against COVID-19 to the school by September 19, 2021, or immediately upon becoming fully vaccinated.

"Proof of Vaccination Against COVID-19" means: (1) a Centers for Disease Control and Prevention (CDC) COVID-19 vaccination record card or photograph of such card, (2) documentation of vaccination from a health care provider or an electronic health record, or (3) state immunization records.

Adults can authorize release of such proof for themselves by completing a request for immunization records from the Illinois Comprehensive Automated Immunization Registry Exchange (I-CARE). (Chicago residents can complete the request for immunization records using this form.) Adults can also access their vaccination records through IDPH's immunization portal, Vax Verify, which allows Illinois residents 18 years and older to check their COVID-19 vaccination record.

<u>Federal laws</u> do not prevent employers from requiring employees to bring in documentation or other confirmation of vaccination. This information, like all medical information, must be kept confidential and stored separately from the employee's personnel files under the Americans with Disabilities Act.

8. How can a school determine if a student is vaccinated?

Schools can choose how and whether they will identify students who have been vaccinated and should communicate their strategies and any changes in plans to school personnel, to families, and directly to eligible students. For instance, schools may request proof of vaccination from parents for their children to determine vaccination status. Adults can authorize release of such proof for their children by completing a request for immunization records (Chicago residents can complete the request for immunization records using this form) from the Illinois Comprehensive Automated Immunization Registry Exchange (I-CARE).

Schools that plan to request voluntary submission of documentation of students' COVID-19 vaccination status should use the same standard protocols that are used to collect and to secure other immunization or health status information from students. The protocol to collect, to secure, to use, and to further disclose this information should comply with relevant statutory and regulatory

requirements, including Family Educational Rights and Privacy Act (FERPA) statutory and regulatory requirements.

In addition, local school authorities are permitted to access the statewide immunization database to review student immunization records. Only employees who have direct responsibility for ensuring student compliance with 77 III. Adm. Code 665.210 can apply for and receive access to I-CARE, the statewide system. No access will be granted to other personnel, such as superintendents or human resource managers. All individuals with I-CARE access are subject to all requirements and penalties authorized by the Health Insurance Portability and Accountability Act of 1996 (HIPAA). School employees may apply for access to I-CARE by following the instructions. Contact I-CARE program staff via email at dph.icare@illinois.gov for more information.

9. Who is responsible for ensuring that school personnel not employed by the school or school district comply with the vaccination or testing requirements?

The school or school district is ultimately responsible for ensuring that all individuals who meet the definition of school personnel comply with the vaccination or testing requirements, regardless of employer. However, it is expected that any entity who employ school personnel will also ensure that such individuals meet the vaccination or testing requirements.

For school personnel who are not employed by the school or school district but are providing services through another entity (i.e., a contractor or service provider of the school), the school may determine that such school personnel are compliant with Executive Order 2021-22 by requiring the entity to:

- 1. Collect proof of vaccination against COVID-19 from the school personnel or proof of compliance with the testing requirements under Section 6.40 and
- 2. submit an attestation to the school that they have collected this proof for any school personnel they will provide to the school.

Non-school district entities that employ individuals who fall within the definition of school personnel may request permission from the school districts they serve to have those employees participate in the weekly COVID-19 testing services that those school districts provide to their employees. School districts are encouraged, but not required, to grant permission for the employees of entities who provide services to their schools to participate in the school district's COVID-19 testing program.

10. May school personnel refuse to be fully vaccinated for any reason?

School personnel may choose not to be vaccinated due to a religious objection, a medical contraindication to the COVID-19 vaccine, or for any other reason. However, both the CDC and IDPH strongly encourage all individuals eligible for the COVID-19 vaccine to be vaccinated and for schools and school districts to encourage their employees to be vaccinated. Regardless of the reason for refusing vaccination, all school personnel who are not fully vaccinated must submit to at least weekly testing beginning September 19, 2021, and must continue to submit to at least weekly testing until they are fully vaccinated. Asymptomatic school personnel who tested positive for COVID-19 within the prior 90 days may be exempted from weekly testing for that 90-day period from infection on the condition that they provide confirmation of prior infection.

11. May schools institute requirements for vaccination or testing that exceed the requirements set forth in Executive Order 2021-22 and ISBE's emergency rules?

Yes, a school may adopt vaccination or testing requirements that exceed the requirements in <u>Executive Order 2021-22</u>. For example, a school may require that all school personnel, other than those with a religious objection or who have a medical contraindication to the COVID-19 vaccine, be fully vaccinated. Likewise, a school may require more frequent testing than is prescribed by <u>Executive Order 2021-22</u> and 23 Ill. Admin. Code 6.

Masking

12. Who must wear masks in schools?

Everyone. <u>Executive Order 2021-18</u> requires that all teachers, staff, students, and visitors to pre-K-12 schools wear a mask while indoors, regardless of vaccination status.

The following categories of people are exempted from the requirement to wear a mask:

- Children under 2 years of age.
- A person who <u>cannot wear a mask or cannot safely wear a mask</u> because of a disability as
 defined by the Americans with Disabilities Act (ADA) (42 U.S.C. 12101 et seq.). Schools and
 districts should discuss the possibility of a <u>reasonable accommodation</u> with workers who are
 unable to wear a mask, or who have difficulty wearing certain types of masks because of a
 disability.
- A person for whom wearing a mask would create a risk to workplace health, safety, or job duty as determined by the relevant workplace safety guidelines or federal regulations.

The <u>CDC Order</u> and <u>Executive Order 2021-18</u> require passengers and drivers to wear a mask on school buses.

Appropriate mask use (i.e., covering over face AND nose, correct fit across the face, and the correct material used for masking) is essential to prevent transmission. <u>See CDC guidance</u>.

13. What kind of mask should students and staff wear at school? (Added 1/11/2022)

See the <u>CDC guide to masks</u> for more information on choosing an appropriate mask. IDPH also recommends the following for students, staff, and other individuals in schools:

- Masking at work: Consider choosing from the <u>list of masks</u> reported to meet the new <u>CDC</u>
 <u>Workplace Performance standard</u>. To date, CDC has identified only two brands that meet
 the new recommended standards.
- Masking at school and in the community: Consider choosing from the <u>list of masks</u> reported to meet the new <u>ASTM standard for barrier face coverings</u>. When possible, choose a surgical

mask over a cloth mask.^{4 5 6} When choosing cloth masks, make sure the mask is washable, breathable, has at least two layers, and fits correctly.

- Any mask should fit snugly over the nose and chin with no large gaps around the side of the face.⁷ Ways to improve a mask's fit include using a nose clip or nose wire, tying a simple knot in the ear loops,⁸ or using a brace over the mask to prevent leaks.⁹ See other suggestions from the CDC on ways to improve how a mask protects you.
- When choosing a cloth mask, look for those made of tightly woven fabrics with two or more layers.¹⁰ Scarves and other loosely woven fabrics offer less protection.
- One way to ensure a mask has enough layers is to wear two.¹¹ For example, wear a two-layer cotton mask over a surgical mask.

14. Are masks required during extracurricular activities? (Updated 1/11/2022)

Yes, when indoors and outdoors for days 6 through 10 for an asymptomatic person returning from five days of isolation, quarantine, or exclusion, or for 10 days for all individuals, regardless of vaccination status, who were exposed to a confirmed or probable case of COVID-19. All teachers, staff, students, and visitors, regardless of vaccination status, must wear a mask while indoors at school, including during sports and other extracurricular activities. All individuals who are currently not being monitored as close contacts, regardless of vaccination status, may remove masks when outdoors during sports and other extracurricular activities, except during activities that are crowded. CDC recommends that people who are not fully vaccinated wear a mask in crowded outdoor settings or during activities that involve sustained close contact with other people who are not fully vaccinated, especially in communities with substantial to high transmission (see Question 78 below for more information on levels of transmission). Those who are fully vaccinated may also wear masks outdoors when in crowded environments, should they wish to do so.

See the IDPH sports guidelines for more information.

15. What is the primary purpose of a mask?

⁴ Sharm, A., Omidvarborna, H., & Kumar, P. (2021). Efficacy of facemaks in mitigating respiratory exposure to submicron aerosols. *Journal of Hazardous Materials*, 422, 126783. https://doi.org/10.1016/j.jhazmat.2021.126783

⁵ Patra, S. S., Nath, J., Panda, S., Das, T., & Ramasamy, B. (2021). Evaluating the filtration efficiency of commerical facemasks' materials against respiratory aerosol droplets. *Journal of the Air & Waste Management Association*, 72(1), 3-9. https://doi.org/10.1080/10962247.2021.1948459

⁶ Lindsley, W. G., Blachere, F. M., Beezhold, D. H., Law, B. F., Derk, R. C., Hettick, J. M., Woodfork, K., Goldsmith, W. T., Harris, J. R., Duling, M. G., Boutin, B., Nurkieqicz, T., Boots, T., Coyle, J., & Noti, J. D. (2021). A comparison of performance metrics for cloth masks as source control devices for simulated cough and exhalation aerosols. *Aerosol Science and Technology*, *55*(10), 1125-1142. https://doi.org/10.1080/02786826.2021.1933377

⁷ Konda, A., Prakash, A., Moss, G. A., Schmoldt, M., Grant, G. D., & Guha, S. (2020). Aerosol filtration efficiency of common fabrics used in respiratory cloth masks. *ACS Nano*, *14*(5), 6339-6347. https://doi.org/10.1021/acsnano.0c03252

⁸ Arumuru, V., Sankar Samantaray, S., & Pasa, J. (2021). Double masking protection vs. comfort – A quantitative assessment. *Physics of Fluids*, *33*, 077120. https://doi.org/10.1063/5.0058571

⁹ Runde, D. P., Harland, K. K., Van Heukelom, P., Faine, B., O'Shaughnessy, P., & Mohr, N. M. (2020). The :double eights mask brace" improves the fit and protection of a basic surgical mask amidst COVID-19 pandemic. *Journal of the American College of Emergency Physicians*, 2(1), e12335. https://doi.org/10.1002/emp2.12335

¹⁰ Pan, J., Harb, C., Leng, W., & Marr, L. C. (2021). Inward and outward effectiveness of cloth masks, a surgical mask, and a face shield. *Aerosol Science and Technology*, 55(6), 718-733. https://doi.org/10.1080/02786826.2021.1890687

¹¹ Arumuru, Sankar Samantaray, & Pasa, 2021: https://doi.org/10.1063/5.0058571

Masks act as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the mask coughs, sneezes, talks, or raises their voice. This is called <u>source control</u>. The primary purpose of a mask is to prevent the wearer from potentially exposing or infecting others. To be effective, masks must be worn properly and <u>must</u> completely cover both the nose and mouth.

According to the CDC scientific brief on community use of cloth masks to control the spread of SARS-CoV-2, there are at least 10 studies confirming the benefit of masks, with each analysis demonstrating that "following directives from organizational and political leadership for universal masking, new infections fell significantly." The research shared in the brief also supports that "mask wearing has no significant adverse health effects for wearers," including no change in oxygen or carbon dioxide levels and minimal impacts on respiration.

16. How should cloth masks be cleaned and stored?

Personal cloth <u>masks</u> should be taken home, <u>laundered</u> daily, dried in a dryer, and reused. Do not launder N95 or surgical masks. Personal masks should be stored between uses in a clean sealable paper bag or breathable container.

17. When should a mask be changed?

Masks <u>must</u> be changed immediately if soiled, wet, or torn.

18. What are the recommendations as to when a mask may be removed for students and staff?

<u>Executive Order 2021-18</u> requires universal indoor masking for all teachers, students, staff, and visitors to pre-K-12 schools, regardless of vaccination status. However, masks may be temporarily removed at school in the following circumstances:

- When eating.
- For children while they are napping with close monitoring to ensure no child leaves their designated napping area without putting their mask back on.
- For staff when alone in classrooms or offices with the door closed.
- For staff and students when they are outdoors. However, particularly in areas of substantial
 to high transmission, per <u>CDC COVID Data Tracker</u> or <u>IDPH's COVID-19 County & School</u>
 <u>Metrics</u>, staff and students who are not fully vaccinated should wear a mask in crowded
 outdoor settings or during activities that involve sustained close contact with other people
 who are not fully vaccinated.

19. What PPE is required by school nurses who are assessing a student or staff member reporting COVID-19-like symptoms?

If the nurse is screening a sick individual, it will be safest for them to be wearing a fit-tested N95 respirator, eye protection with face shield or goggles, gown, and gloves. When performing clinical evaluation of a sick individual, school nurses will use enhanced droplet and contact transmission-based precautions. Staff performing this evaluation should use appropriate personal protective equipment (PPE) including:

- Fit-tested N95 respirator
- Eye protection with face shield or goggles

- Gown
- Gloves

Any staff member who may be involved in the assessment or clinical evaluation of a student or staff member with COVID-19-like symptoms should be trained on the type of PPE required and how to don (put on) and doff (remove) it correctly and safely.

Respirators, such as N95s, must be used as part of a written respiratory protection program. ¹² OSHA requires that N95 respirators be fit tested prior to use. This is an important step to ensure a tight fit for the respirator to be effective in providing protection. If a fit-tested N95 respirator is not available, the next safest levels of respiratory protection include, in the following order: a non-fit-tested N95 respirator, a KN95 respirator on the FDA-approved list, ¹³ ¹⁴ ¹⁵ or a surgical mask.

20. What are the recommendations on using a face shield in lieu of a mask?

Because respiratory droplets may be expelled from the sides and bottom of face shields, they do not provide adequate 'source control' and should only be used as a substitute for face coverings in the following limited circumstances:

- Individuals who are under the age of 2.
- Individuals who are unconscious, incapacitated, or otherwise unable to remove the cover without assistance.
- Individuals who provide a health care provider's note as documentation that they have a
 medical contraindication (a condition that makes masking absolutely inadvisable) to wearing
 a face covering.
- Teachers needing to show facial expressions where it is important for students to see how a
 teacher pronounces words (e.g., English learners, early childhood, foreign language, etc.).
 However, teachers will be required to resume wearing face coverings as soon as possible.
 Preferred alternatives to teachers wearing face shields include clear face coverings or video
 instruction. There must be strict adherence to physical distancing when a face shield is
 utilized.

21. How should schools handle students who cannot tolerate a face covering or a face shield due to a medical contraindication? (Updated 1/11/2022)

Students who are unable to wear a face covering or face shield due to a medical contraindication may not be denied access to in-person education. Staff working with students who are unable to wear a face covering or shield due to a medical contraindication should wear approved and appropriate PPE based on job specific duties and risks and maintain physical distancing as much as

 $^{^{12}\ \}underline{\text{https://www.osha.gov/laws-regs/regulations/standardnumber/1910/1910.134}}$

¹³ https://www.fda.gov/medical-devices/coronavirus-disease-2019-covid-19-emergency-use-authorizations-medical-devices/personal-protective-equipment-euas#appendixa

¹⁴ https://www.cdc.gov/coronavirus/2019-ncov/hcp/ppe-strategy/international-respirator-purchase.html

https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/03182020_NASN_Facemask_Considerations_for_Healthcare_Professionals_in_Schools.
pdf

possible. Other students should also remain physically distant from students who are unable to wear a face covering or face shield due to a medical contraindication. Those unable to wear a well-fitted mask should be excluded for 10 days.

22. What are the recommendations on using a neck warmer in lieu of a cloth mask?

It is not known if athletic face coverings/neck warmers provide any benefit as source control to protect others from the spray of respiratory particles. <u>CDC guidance</u> allows neck warmers (e.g., gaiters) if they are at least two layers or fold into at least two layers.

23. What kind of PPE is required for staff who clean areas used by a suspected or known COVID-19 case?

If a janitor is cleaning an area used by a suspected or known COVID-19 case, it is safest for them to wear a fit-tested N95 respirator, eye protection with face shield or goggles, gown, and gloves.

24. Can clear masks be utilized?

While cloth masks are encouraged to reduce the spread of COVID-19, CDC recognizes there are specific instances when wearing a cloth mask may not be feasible. In these instances, parents, guardians, caregivers, teachers, staff, and school administrators should consider <u>adaptations and alternatives</u> whenever possible. They may need to consult with health care providers for advice about wearing cloth masks and any available adaptations or alternatives.

People who are deaf or hard of hearing—or those who care for or interact with a person who is hearing impaired—may be unable to wear cloth masks if they rely on lipreading to communicate. This may be particularly relevant for faculty or staff teaching or working with students who may be deaf or hard of hearing. In this situation, faculty and staff should consider using a **clear mask** that covers the nose and wraps securely around the face. If a clear mask is not available, consider whether faculty and staff can use written communication (including closed captioning) and decrease background noise to improve communication while wearing a cloth mask that blocks their lips.

In addition to those who interact with people who are deaf or hard of hearing, the following groups of teachers and staff may also consider using clear masks:

- Teachers of young students (e.g., teaching young students to read).
- Teachers of students who are English language learners.
- Teachers of students with disabilities.

Physical Distancing

25. What are the CDC's physical distancing recommendations for individuals in classrooms?

CDC recommends schools maintain at least 3 feet of physical distance between students within classrooms, combined with universal indoor mask wearing, to reduce transmission risk. Because of the importance of in-person learning, schools where not everyone is fully vaccinated should implement physical distancing to the extent possible within their structures (in addition to masking and other prevention strategies) but should not exclude students from in-person learning to keep a minimum distance requirement.

26. What additional prevention measures should schools adopt if maintaining physical distancing of at least 3 feet between students is not feasible in their facilities?

When it is not possible to maintain recommended physical distance of at least 3 feet between students, 6 feet between students and teachers/staff, and 6 feet between teachers/staff who are not fully vaccinated, such as when schools cannot fully re-open while maintaining these distances, the other layered prevention strategies play an even more critical role. Universal indoor masking (required for everyone in pre-K-12 schools); screening testing; cohorting; improved ventilation; handwashing; covering coughs and sneezes; staying home when sick with symptoms of infectious illness, including COVID-19; and regular cleaning and disinfecting can help reduce transmission risk.

27. What are the CDC's physical distancing recommendations for cafeterias and other areas where food is consumed?

Schools should maximize physical distance as much as possible when students are moving through the food service line and while eating (especially indoors). Using additional spaces outside of the cafeteria for mealtime seating, such as the gymnasium or outdoor seating, can help facilitate distancing. Schools may wish to consider "staggering" schedules for arrivals/dismissals, hall passing periods, mealtimes, bathroom breaks, etc., to ensure the safety of unvaccinated students and staff. Additionally, risk of transmission may be decreased by improved ventilation strategies per CDC guidance, such as open windows and fans (weather permitting). Staff and students should abstain from physical contact, including, but not limited to, handshakes, high fives, and hugs.

Testing

28. Is COVID-19 testing required for unvaccinated school personnel?

Yes. Beginning September 19, 2021, school personnel who are not fully vaccinated must be tested for COVID-19 at least weekly until they are fully vaccinated. If a school is experiencing an outbreak of COVID-19 and school personnel who are not fully vaccinated may be part of the outbreak, as determined by public health authorities, such school personnel must be tested two times per week for the duration of that outbreak.

29. What tests may be used for unvaccinated school personnel?

School personnel who are not fully vaccinated must be tested for COVID-19 with either a Nucleic Acid Amplification Test (NAAT), including PCR tests, or an antigen test that either has emergency use authorization by the FDA or is operating per the Laboratory Developed Test requirements by the CMS. The Illinois Department of Public Health recommends PCR testing with less than 48-hour turnaround time. Note that the state's free school testing programs are currently being prioritized for testing students and should not be utilized for testing unvaccinated school personnel.

30. For how long will school personnel who are not fully vaccinated need to submit to testing?

All school personnel who are not fully vaccinated must submit to at least weekly testing beginning September 19, 2021, and must continue to submit to at least weekly testing until they are fully vaccinated.

31. If a school does not operate a testing program, are school personnel required to pay for testing?

A school may, but is not required to, reimburse school personnel for testing performed outside of school using state or local funds, subject to applicable local collective bargaining agreement provisions. Federal funds may be used to purchase appropriate tests and for test administration costs. However, a school may not use federal funds to reimburse school personnel for tests procured by them outside of the school setting. Generally speaking, testing is covered by health insurance, though school personnel should check with their insurance provider. For additional information, see the IDPH Interim Guidance on Testing for COVID-19 in Community Settings and Schools.

32. May unvaccinated school personnel purchase and self-administer a test and provide test results to the school for required weekly screening for unvaccinated staff?

Yes, though a school may determine its own requirements for test reporting. At-home tests or self-test kits for COVID-19 are available for purchase from retail pharmacies or other outlets. Some of these tests require supervision or proctoring through telehealth, who will then confirm the identity of the person taking the test (e.g., by showing photo ID), while others are fully self-administered. For schools and school districts, at-home or self-tests that are fully self-administered are permissible when the school or school district requires proof of the test result through a video or picture of the test result to be available upon request from the school personnel. If schools or school districts choose to allow their school personnel to use at-home tests that are self-administered to attest to their negative status, they should be aware of the limitations of these tests, such as inadvertent improper administration and difficulty in verifying the reported results against the individual's identity. Over-the-counter tests are not recommended for students or staff excluded due to COVID-19-like symptoms (see Question 45).

33. How can school personnel who are not fully vaccinated provide proof of a negative test?

As required by Executive Order 2021-22, school personnel must be tested on site at their workplace or submit proof or confirmation of a negative test obtained elsewhere. Such proof should include a paper or electronic copy of the negative test result for review by the school. There should be sufficient personally identifiable information on the test result to ensure the specimen and result do in fact apply to individual required to test.

<u>CDC guidance for verifying a qualifying negative test result for air travelers</u> indicates that test results must be in the form of written documentation (paper or electronic copy) and must include the following:

- 1. Type of test (indicating it is a NAAT or antigen test).
- 2. Entity issuing the result (e.g., laboratory, health care entity, or telehealth service).
- 3. Specimen collection date. A negative test result must show the specimen was collected within the three days before the flight. A positive test result for documentation of recovery from COVID-19 must show the specimen was collected within the three months before the flight.
- 4. Information that identifies the person (full name plus at least one other identifier such as date of birth or passport number).
- 5. Test result.

34. What happens if school personnel undergoing at least weekly testing for COVID-19 receives a positive result? (Updated 1/11/2022)

School personnel who test positive for COVID-19 should immediately isolate at home. Schools must exclude school personnel who are a confirmed case or probable case for five days after the first day of symptoms or the date of the positive viral test for asymptomatic persons. Individuals may return to school after five days if asymptomatic or if symptoms are resolving and must wear a mask at all times around others for five more days.

35. Must a school exclude unvaccinated school personnel who are testing in accordance with applicable testing requirements while they are awaiting test results?

No. Schools may permit school personnel awaiting weekly test results to be on school premises, so long as the school personnel is not considered a close contact to a confirmed or probable case and is not exhibiting symptoms of COVID-19.

36. How can testing be used to support in-person instruction? (Updated 1/11/2022)

Screening tests for COVID-19 can support in-person learning by identifying infected persons who are asymptomatic and without known or suspected exposure to SARS-CoV-2. Screening tests are performed to identify persons who may be contagious so that measures can be taken to prevent further transmission. Screening testing should be offered to students who have not been fully vaccinated when community transmission is at moderate, substantial, or high levels (Table 1 in the CDC guidance: "Screening Testing Recommendations for K-12 Schools by Level of Community Transmission").

The state has made COVID-19 testing available free of charge to all schools in Illinois through SHIELD Illinois. Those interested in establishing a K-12 testing program using the SHIELD Illinois saliva test should complete this interest form: https://bit.ly/interestedSHIELD. Note: SHIELD Illinois is also able to offer BinaxNOW rapid antigen tracking along with its standard weekly saliva testing program. (See the <a href="https://interim.community

Additionally, testing can be used to keep students in school when identified as classroom close contact through the Test to Stay protocol.

37. How can testing be used to support participation in extracurricular activities?

To facilitate safe participation in sports, extracurricular activities, and other activities with elevated risk (such as activities that involve singing, shouting, band, and exercise that could lead to increased exhalation), CDC recommends schools implement screening testing for participants who are not fully vaccinated. According to the CDC, schools should routinely test student athletes, extracurricular participants, coaches, and trainers, and other people (such as adult volunteers) who are not fully vaccinated and could come into close contact with others during these activities. To protect inperson learning at school, CDC recommends that sports that involve sustained close contacts with others and extracurricular activities that involve singing, shouting, band, or exercise, especially when conducted indoors, should be virtual or canceled in areas of high community transmission, unless all participants are fully vaccinated and can maintain social distancing or masking during related activities. For more information on sports, see the IDPH sports guidelines. For additional information on CDC K-12 screening testing recommendations, see table 1 of the new CDC Guidance for COVID-19 Prevention in K-12 Schools.

38. When a student is tested outside of school, can the school be notified of a confirmed or probable case as quickly as possible?

Schools should ask parents/guardians to notify the school as quickly as possible of any confirmed or probable COVID-19 cases. It is important that schools communicate this expectation to parents/guardians early and often. The local health department (LHD) will also receive a report of a confirmed or probable case from either a lab or provider. However, the report does not necessarily include school information (unless the school was the test submitter). This means that the LHD must obtain this information by interviewing the case/parent/legal guardian. The LHD will notify the school as soon as they have acquired the school information. Schools should identify a point of contact for LHDs, including someone who can be reached after hours.

39. If a student or staff member presents a note from a health provider or negative COVID-19 test result, for how many days is that test result valid?

A negative polymerase chain reaction (PCR) test is valid only for the day on which it was reported. It denotes that on the day that the sample was collected, the individual being tested did not have any detectable virus in their system. Because the incubation period (time from exposure to infection) for COVID-19 is 2-14 calendar days, a person with a negative test may still develop infection at some point during the incubation period.

40. When is a confirmatory PCR test required for possible cases in the school setting? (Updated 1/11/2022)

As shown in the <u>CDC's testing algorithm</u> (see Figure 1) and referenced in <u>IDPH's Rapid Point-of-Care Testing for COVID-19 in Community Settings and Schools</u>, confirmatory testing for antigen and rapid NAATs is sometimes required when the results are different than what is expected (e.g., positive result in an asymptomatic person with no known exposure). In these circumstances, CDC recommends a lab-based (non-rapid) NAAT (such as a PCR) from a nasal specimen.

Results from COVID-19 point-of-care (POC) antigen tests should be interpreted based upon the test sensitivity and specificity, whether the individual being tested has symptoms, and level of

transmission in the community and the facility. A confirmatory NAAT may be needed in certain situations. Because laboratory-based NAATs are considered the most sensitive tests for detecting SARS-CoV-2, they can also be used to confirm the results of lower sensitivity tests, such as POC NAATs, or antigen tests such as BinaxNOW. While the SHIELD Illinois saliva test is a highly reliable laboratory-based NAAT and does not require an additional confirmatory test when used as a primary diagnostic test, CDC recommends collecting and testing an upper respiratory specimen, such as nasopharyngeal, nasal mid-turbinate, or anterior nasal, when using NAATs for confirmatory testing. An upper respiratory test, such as a BinaxNOW rapid antigen test, should be confirmed by a laboratory-based NAAT test performed on an upper-respiratory specimen.

When considering if school personnel or students need to be excluded from in-person learning for a period of time due to COVID-19-like symptoms, if the school personnel/student is a close contact to a confirmed or probable case, the school is experiencing an outbreak, or the local health department (LHD) is requiring validation due to community transmission levels, documentation of a negative NAAT (e.g., RT-PCR) COVID-19 test result is needed. The SHIELD Illinois saliva test is a RT-PCR and can be used in these situations. If the student/school personnel does not have a known close contact, the school is not in outbreak, or the LHD is not requiring confirmatory testing due to the level of community transmission, a negative RT-PCR, rapid molecular (rapid PCR) or negative antigen test is acceptable. (With low pre-test probability, NAAT testing [e.g., PCR] following a negative antigen test is not required.)

A confirmatory PCR test is not recommended after a positive RT-PCR result.

41. Do fully vaccinated persons need to be tested? (Updated 1/11/2022)

It depends on the circumstances, per CDC's guidance.

- If a fully vaccinated or boosted person develops symptoms of COVID-19, they should be tested, isolated, and excluded from school.
- If a fully vaccinated or boosted student or staff has close contact with a confirmed case of COVID-19, they should be tested at least five days after the exposure but are not required to be excluded as long as they remain asymptomatic, test negative if tested, and have received all recommended COVID-19 vaccine doses, including boosters (if 18 or older) and additional primary doses for some immunocompromised people.
- If a fully vaccinated staff or student attends a school or classroom that is currently experiencing an outbreak, that student or staff may have been exposed and should be tested as part of the school's outbreak testing response.
- If a school is conducting screening testing of asymptomatic persons, then a fully vaccinated or boosted (if eligible) person should not be tested as part of screening testing unless recommended to do so in certain situations of heightened transmission risk, such as with some sports activities (see <u>Question 37</u> for more information on screening testing for sports).

Management of III Students and Staff

42. Do schools need to conduct temperature checks and symptom screening and/or require parents to provide attestation of negative symptom screening on a daily basis?

No. Both the <u>CDC and IDPH</u> no longer recommend fever and symptom screening or attestation of symptom screening upon arrival at school. Instead, self-screening for <u>symptoms of COVID-19</u> and other <u>common respiratory viruses and ailments</u>, prior to arriving on school grounds or boarding school transportation, continues to be recommended. Schools should continue to post signage and communicate with students and staff that they are discouraged from entering buildings or boarding school transportation if ill.

43. What actions should be taken by students/staff sent home with COVID-19-like symptoms? (Updated 1/11/2022)

- All students and staff (regardless of vaccination status) excluded with COVID-19-like symptoms should be diagnostically tested with a PCR or rapid antigen or molecular test with emergency use authorization by the FDA. Rapid antigen tests are acceptable for symptomatic individuals. Schools must exclude any student or staff that exhibit symptoms of COVID-19 (1) until they test negative for COVID-19 (home testing is not acceptable) or for a minimum of 5 days, (2) until they are fever free for 24 hours, and symptoms are improving, and (3) until 24 hours after diarrhea and vomiting have ceased AND must be able to wear a well-fitted mask through Day 10 at all times.
- At schools where testing is available, individuals should be tested before being sent home
 with COVID-19-like symptoms. If negative for COVID-19, students may return when if fever
 free for 24 hours without fever reducing medication, diarrhea/vomiting have ceased for 24
 hours, and other symptoms have improved. Even if not related to COVID-19, several other
 communicable diseases, such as influenza and norovirus, can cause similar symptoms and
 warrant exclusion from school until symptoms resolve. For all other symptoms, students can
 return to school if they test negative for COVID-19 within 48 hours after symptom onset.
- Students and staff who are confirmed or probable cases of COVID-19 must be excluded from school and may not return until asymptomatic or symptoms have improved (fever free without fever reducing medication, diarrhea/vomiting ceased for 24 hours, and other symptoms have improved) and at least after five calendar days have passed from the date of specimen collection of the positive test (Day 0) if asymptomatic or following onset of symptoms if symptomatic (Day 0) or as otherwise directed by the local health department AND mask consistently through day 10. Individuals who meet the above criteria may return to school even if other household members are in isolation or quarantine in the home as long as they mask consistently through day 10.
- Students and staff with COVID-19-like symptoms who do not get tested for COVID-19, must be excluded for five calendar days from the date of first symptom onset and be fever-free for 24 hours without use of fever-reducing medications, vomiting and diarrhea ceased for 24 hours, and other symptoms have improved before returning to school and will be allowed to return to school as long as they wear a well-fitted mask through day 10. If symptoms persist, they should remain home up to 10 days.
- COVID-19 diagnostic testing is strongly recommended for all persons with COVID-19-like symptoms.
- 44. If a student is sent home sick with suspected COVID-19 symptoms (e.g., cough, fever, diarrhea, shortness of breath, etc.), must all their siblings/household members be sent home as well? (Updated 1/11/2022)

If the ill household member is tested within 24 hours of first notification of symptoms, household members do not need to be sent home unless there is a high suspicion the ill person has COVID-19 (e.g., they are a known close contact, they have lost sense of taste and smell). Pending test results, household members can remain in school with consistent use of well-fitting masks both indoors, as required, and outdoors. If the ill household member tests positive for COVID-19, then any household members who are unvaccinated or unboosted (if eligible) should be removed from the school immediately. If testing does not occur within 24 hours, unvaccinated household members must be excluded per the Pre-K-12 Schools — COVID-19 Exclusion Protocols ("COVID-19 Exclusion Protocols").

45. How many symptoms does a person need to have to be considered a suspect COVID-19 case?

Students and staff exhibiting one or more COVID-19-like symptoms are considered suspect cases and should be immediately isolated and evaluated. Schools should evaluate each symptomatic student/staff to determine if this symptom is new or if it is part of an existing condition.

The <u>COVID-19 Exclusion Protocols</u> and <u>CDC Screening in K-12</u> were recently updated to limit the symptoms for which students should be screened for suspect COVID-19 infection. Many symptoms of COVID-19 are also symptoms of common illnesses like seasonal allergies, colds, and chronic conditions like asthma. To prevent potentially excluding students repeatedly, the list of symptoms has been limited to those most likely to be part of an infectious syndrome. However, if a student/staff has a COVID-19 symptom not listed on the COVID-19 Exclusion Protocols, but the school health staff has an increased concern due to community spread or known close contact (as shown in Box A and Box B of the COVID-19 Exclusion Protocols), the school health staff should exclude the individual and require testing or an alternative diagnosis for return.

46. What temperature is the fever threshold to be considered a symptom of COVID-19 and for the purposes of sending ill students and staff home?

CDC recommends that schools use 100.4°F or greater as the threshold for fever.

47. What are the recommendations for someone who has previously tested positive for COVID-19? (Updated 1/11/2022)

For those who have had prior diagnoses of COVID-19 confirmed by viral testing within three months, exclusion is not needed. If they develop COVID-like illness, they should be excluded and be tested.

Contract Tracing, Exclusion and Quarantine

48. How are close contacts determined in school? (Updated 1/11/2022)

Contact tracing is used by local health departments (LHDs) and schools to prevent the spread of infectious diseases. In general, contact tracing involves identifying people who have a confirmed or probable case of COVID-19 (cases) and people who they came in contact with (close contacts) and working with them to interrupt disease spread. This includes asking people with COVID-19 to <u>isolate</u> and their contacts to <u>quarantine</u> at home voluntarily. Persons who have completed COVID-19 primary vaccine series and are under 18, and persons 18 and over who have completed their primary series and <u>recommended vaccine doses</u>, including <u>boosters</u> and <u>additional primary shots</u> for

some immunocompromised people, and remain asymptomatic, and those with documented COVID-19 infection within the past 90 days, are exempted from quarantine or exclusion. However, the updated CDC guidance recommends that fully vaccinated persons test at least five days after the known exposure and wear a mask in public indoor settings for 10 days after exposure.

CDC defines a <u>close contact</u> as an individual who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period. This does not include students in a classroom setting (indoors or outdoors) between 3 and 6 feet who are both consistently and correctly masked. If either the case or contact was not consistently masked, then close contacts include students in a classroom setting who were within 3-6 feet of an infected student for a cumulative total of 15 minutes or more over a 24-hour period. Students exposed at less than 3 feet are close contacts regardless of masking. For individuals on school transportation, IDPH and ISBE recommend that contacts exposed to an infected person within 3 to 6 feet do not require exclusion as long as both the case and the contact were consistently and correctly masked during the entire exposure period *and* windows were opened or <u>HEPA filters</u> were in use. These individuals may benefit from participating in <u>Test to Stay</u>. (For complete details on TTS, see <u>Interim Guidance on Testing for COVID-19 in Community Settings and Schools.)</u>

Students aged 5-17 who have not completed the primary series of the vaccine are close contacts who should quarantine or be excluded from school if exposed to a confirmed or probable case of COVID-19. Individuals (age 18 and older if eligible) who have received primary doses of a COVID-19 vaccine but have not received recommended booster doses are close contacts who should be excluded from school if exposed to a confirmed or probable case of COVID-19.

In general, individuals who are solely exposed to a confirmed case while outdoors should not be considered close contacts. Schools may coordinate with their LHD to determine the necessity of exclusion for higher-risk outdoor exposures.

The longer a person is exposed to an infected person, the higher the risk of exposure/transmission. The infectious period of close contact begins two calendar days before the onset of symptoms (for a symptomatic person) or two calendar days before the positive sample was obtained (for an asymptomatic person). If the case was symptomatic (e.g., coughing, sneezing), persons with briefer periods of exposure may also be considered contacts, as determined by LHDs. Persons who have had lab-confirmed COVID-19 within the past 90 days or those fully vaccinated, according to CDC guidelines, are not considered close contacts and do not need to be excluded from school unless they exhibit COVID-19-like symptoms.

49. Who will do contact tracing?

Schools are required to investigate the occurrence of cases and suspect cases in schools and identify close contacts for purposes of determining whether students or school personnel must be excluded pursuant to <u>Executive Order 2022-03</u> and 77 III. Admin. Code 690.361.

Contact tracing will also be performed by the local health department (LHD), sometimes in partnership with IDPH or a community-based organization. Schools can assist the LHD by identifying all close contacts to a confirmed case. Both schools and any other third parties are required, pursuant to the state's regulations, to cooperate in the LHD's disease investigation and contact tracing initiatives. Cooperation with contact tracing and disease investigation by parents/guardians

and other individuals can help ensure infection control measures are being maximized. Documentation of assigned seats and taking photos of assembled classes can be useful in helping schools determine who was within 6 feet of a given case.

Schools must be aware of confidentiality laws pertaining to school student records, including exceptions for release of information in the event of an emergency and requirements to notify parents and to create a record of emergency releases of information. (105 ILCS 10/6(a)(7); 23 II. Admin. Code 375.60).

50. Is contact tracing only performed when a positive test is received?

Contact tracing is performed for a confirmed case (positive PCR test) or a probable case (positive antigen test OR person with clinically compatible COVID-19-like symptoms and epidemiologically linked² via known exposure to a confirmed case.

51. If a confirmed or probable COVID-19 case is identified in a classroom, or on a school bus, who will be considered close contacts that need to be excluded? Will this include the entire classroom or all the students on the bus? (Updated 1/11/2022)

Individuals who are 5 to 17 and have completed COVID-19 primary vaccine series, and persons 18 and older who have completed their primary series and recommended vaccine doses, including boosters and additional primary shots for some immunocompromised people, do not need to be excluded but should get tested at least five days after coming into close contact with someone with COVID-19 and wear a mask around others for 10 days. If symptoms develop, they should isolate and get tested immediately. For others not meeting the above criteria on school transportation, contacts exposed to an infected person within 3 to 6 feet do not require exclusion as long as both the case and the contact were consistently and correctly masked for the entire exposure period and windows were opened allowing for good ventilation (front, middle, back, or overhead) or HEPA filters were in use. 18 19 20

52. Do vaccinated students and staff have to be excluded after an exposure to a case? (Updated 1/11/2022)

A student aged 5-17 years who completed the <u>primary series of a COVID-19 vaccine or</u> students and staff aged 18 years and older who have received all <u>recommended COVID-19 vaccine doses</u>, including <u>boosters</u> and <u>additional primary doses</u> for some immunocompromised people do not need to be excluded after an exposure but should be tested on day 5 and, after returning to school,

¹⁸ Ramirez, D. W. E., Klinkhammer, M. D., & Rowland, L. C. (2021). COVID-19 transmission during transportation of 1st to 12th grade students: Experience of an independent school in Virginia. *Journal of School Health*, *91*(9), 678-682. https://doi.org/10.1111/josh.13058

¹⁹ Lindsley, W. G., Derk, R. C., Coyle, J. P., Martin, Jr., S. B., Mead, K. R., Blachere, F. M., Beezhold, D. H., Brooks, J. T., Boots, T., & Noti, J. D. (2021). Efficacy of portable air cleaners and masking for reducing indoor exposure to simulated exhaled SARS-CoV-2 aerosols – United States, 2021. *Morbidity and Mortality Weekly Report*, 70, 972-976. http://dx.doi.org/10.15585/mmwr.mm7027e1

²⁰ Gettings, J., Czarnik, M., Morris, E., Haller, E., Thompson-Paul, A. M., Rasberry, C., Lanzieri, T. M., Smith-Grant, J., Aholou, T. M., Thomas, E., Drenzek, C., & MacKellar, D. (2021). Mask use and ventilation improvements to reduce COVID-19 incidence in elementary schools – Georgia, November 16-December 11, 2020. *Morbidity and Mortality Weekly Report*, 70, 779-784. http://dx.doi.org/10.15585/mmwr.mm7021e1

should wear a well-fitting mask around others for five more days. The individual should be excluded if symptoms develop.

53. Does an individual with positive SARS-CoV-2 antibody testing need to be excluded if identified as a close contact? (Updated 1/11/2022)

Yes. Antibody testing **should not be promoted as a way to avoid exclusion.** The robustness and durability of immunity following natural infection remain unknown.

Serologic testing does not replace virologic testing and should not be used to establish the presence or absence of acute SARS-CoV-2 infection, nor should it be used to determine immunity after vaccination or to determine if vaccination is needed in an unvaccinated person.

54. If a student or staff member is identified as a close contact to a person with COVID-19 and is excluded from school, are their household members and close contacts also required to be excluded?

No. Contacts of a person who is a close contact to a COVID-19 case (i.e., contacts to contacts) do not need to be excluded or self-quarantine unless they develop symptoms or if the person identified as the close contact develops COVID-19. They should, however, monitor themselves closely for symptoms of COVID-19 and if they become symptomatic, self-isolate and seek medical evaluation/testing.

55. What are best practices for exclusion and quarantine? (Added 1/11/2022)

Local health departments are the final authority with regard to quarantine recommendations. They are best positioned to make these recommendations for setting quarantine timeframes for exposures outside of the school. Local health departments are ultimately responsible for protecting the health of their communities and understand best the practices and compliance efforts within their communities.

For close contacts identified within the school setting during the school day, Test to Stay (TTS) is the preferred method because it keeps children in school and includes testing that will identify new positives quickly. (For complete details on TTS, see Interim Guidance on Testing for COVID-19 in Community Settings and Schools.) For close contacts not consenting to TTS or for exposures occurring during extracurricular activities, a five-day exclusion is required, followed by five additional days of masking at all times around others As recommended by CDC in updated guidance for quarantine and isolation, IDPH and ISBE do not recommend exclusion periods longer than five days for school exposures unless clinically recommended by their medical provider due to certain underlying medical conditions such as immunosuppression (i.e., a weakened immune system).

For household exposures, the local health department will assess the extent of ongoing exposure. If quarantine and isolation can occur safely removing ongoing exposures, a five-day exclusion is acceptable. If ongoing exposures cannot be avoided, exclusion for the close contact would not start

²⁴ Nemoto, N., Dhillon, S., Fink, S., Holman, E. J., Keswani Cope, A., Dinh, T., Meadows, J., Taryal, D., Akindileni, F., Franck, M., Gelber, E., Bacci, L., Ahmed, S., Thomas, E. S., & Neatherlin, J. C. (2021). Evaluation of test to stay strategy on secondary and tertiary transmission of SARS-CoV-2 in K-12 schools – Lake County, Illinois, August 9-October 29, 2021. *Morbidity and Mortality Weekly Report*. http://dx.doi.org/10.15585/mmwr.mm705152e2

until the end of the positive case's isolation period (5 days if fever free without fever reducing medication, 24 hours with diarrhea/vomiting ceasing, and other symptoms have improved). After this, a five-day exclusion is recommended followed by masking around others for an additional five days. Students under age 18 with no symptoms of COVID-19 who received their primary series and those 18 and older who have received their primary dose and all recommended COVID-19 vaccine doses, including boosters, and additional primary doses for some immunocompromised people, are exempt from exclusion but should wear a mask around others for 10 days. CDC also recommends all exposed individuals test at least five days after exposure.

56. What restrictions on activities do students and staff have after completing exclusion or Test to Stay, especially those returning after 5 days? (Added 1/11/2022)

Students may resume all activities as long as they remain asymptomatic and mask at all times when around others for 10 days from exposure. This includes dining periods, extracurricular activities and riding the bus. They should avoid all activities where masks cannot be worn when around others and competitions and performances until the 10 days post exposure has passed. Physical distancing should be used when masks are removed for eating.

Schools should ensure that there is a plan for students or staff returning after 5 days to stay masked at all times until day 10. During times in the school day when students or staff members may typically remove masks indoors (such as during lunches, snacks, band practice, etc.), schools should have a plan for them to adequately distance from others and ensure they wear their masks when not actively participating in these activities (such as when they are not actively eating).

Cleaning and Disinfection

57. What kind of cleaning and disinfection for schools is recommended?

Schools should develop sanitation procedures per recommendations of the <u>CDC</u>, IDPH, and local health departments. In April 2021, the CDC issued a <u>scientific brief on SARS-CoV-2 and surface transmission for indoor environments</u> that concluded:

Routine cleaning performed effectively with soap or detergent, at least once per day, can substantially reduce virus levels on surfaces. When focused on high-touch surfaces, cleaning with soap or detergent should be enough to further reduce the relatively low transmission risk from fomites in situations when there has not been a suspected or confirmed case of COVID-19 indoors. In situations when there has been a suspected or confirmed case of COVID-19 indoors within the last 24 hours, the presence of infectious virus on surfaces is more likely and therefore high-touch surfaces should be disinfected.²⁵

Clean with products containing soap or detergent to reduce germs on surfaces and objects that will remove contaminants and may weaken or damage some of the virus particles to decrease the risk of

²⁵ Santarpia, J. L., Rivera, D. N., Herrera, V. L., Morwitzer, M. J., Creager, H. M., Santarpia, G. W., Crown, K. K., Brett-Major, D. M., Schnaubelt, E. R., Broadhurst, M. J., & Lawler, J. V. (2020). Aerosol and surface contamination of SARS-CoV-2 observed in quarantine and isolation care. *Scientific Reports*, *10*(1), 1-8. https://doi.org/10.1038/s41598-020-69286-3

infection from surfaces. Clean high-touch surfaces and shared objects at least once a day. For more information on cleaning and disinfecting schools, see <u>Cleaning and Disinfecting Your Facility</u>.

Clean more frequently and disinfect surfaces and objects if certain conditions apply:

- High transmission of COVID-19 in your community.
- Low number of people wearing masks or improper mask usage.
- Infrequent hand hygiene.
- The space is occupied by people at increased risk for severe illness from COVID-19.

If someone in your school is sick or someone who has COVID-19 has been in your school in the last 24 hours, clean and disinfect the facility.

Ensure that <u>U.S. Environmental Protection Agency (EPA)-approved disinfectants</u> for use against COVID-19 are available to staff responsible for cleaning.

Outbreaks

58. What is the definition of an outbreak in pre-K-12 schools?

CDC recommends that all states define school-associated outbreaks according to the standards established by the Council of State and Territorial Epidemiologists (CSTE): ²⁶ (A) "multiple cases comprising at least 10% of students, teachers, or staff within a specified core group" (e.g., extracurricular activity, cohort group, classroom, before/after school care, etc.) or (B) "at least three cases within a specified core group meeting criteria for a probable or confirmed school-associated COVID-19 case (laboratory-positive by PCR or antigen testing) with symptom onset or positive test within 14 calendar days of each other; who were not identified as close contacts of each other in another setting outside of the school setting (i.e., household); *and* that are epidemiologically linked² in the school setting or a school-sanctioned activity." As recommended by the CDC, IDPH is adopting the CSTE definition of school-associated outbreaks for K-12 settings and applying the standard to all school-based pre-K-12 settings. Schools should consult with their local health department (LHD) to determine if their circumstances and cases constitute a school-associated outbreak, using either of the definitions above as determined by the LHD. This would prompt an investigation by the LHD that may result in recommendations for testing and quarantining of students/staff in the affected classroom(s).

Outbreak testing is strongly recommended for schools in outbreak status. Implementation of outbreak testing should begin as soon as possible from the date the outbreak is declared and at least within three days. Schools should conduct twice weekly testing of all staff (regardless of vaccination status) and students in impacted classroom(s), grade(s), and extracurricular activities, or, depending on the circumstances, the entire student body, unless the LHD recommends otherwise. If a student is linked to an outbreak setting, but not a close contact, those students must be tested twice per week until the outbreak is over to continue participating in extracurricular activities, including sports. Testing should continue until the school has gone two incubation periods, or 28 days, without identifying any new cases. If testing is not already in place for screening, schools

²⁶ Council of State and Territorial Epidemiologists. (2021, August 6). Standardized COVID-19 K-12 school surveillance guidance for classification of clusters and outbreaks. Retrieved from https://preparedness.cste.org/wp-content/uploads/2021/08/CSTE-Standardized-COVID-19-K-12-School-Surveillance-Guidance-for-Classification-of-Clusters-and-Outbreaks.pdf

should make plans to deploy outbreak testing when needed. A listing of free testing sites is available at https://dph.illinois.gov/testing. Additionally, SHIELD Illinois can be quickly deployed to a school setting by emailing Beth Heller, senior director of External Affairs for SHIELD, at bheller@uillinois.edu. Schools can also utilize BinaxNOW rapid antigen testing for outbreak response by emailing dph.antigentesting@illinois.gov.

59. If there is a large outbreak of COVID-19 within a school, what are the recommendations for temporary school closure? (Updated 1/11/2022)

Pursuant to the superintendent's declaration under Section 10-30 of the Illinois School Code, a school or school district may only enter into an adaptive pause in consultation with the local health department (LHD) and consistent with guidance or requirements from such LHD. In general, an adaptive pause may not be necessary if the school follows all appropriate mitigation strategies. When the large number of new cases makes it difficult for schools and LHDs to conduct prompt investigations to identify and to exclude/quarantine close contacts, or if there is an unsafe environment due to lack of masking and/or testing, adaptive pauses can be useful to ensure individuals who are potentially infectious are excluded from school. Adaptive pauses using remote learning may not be employed due to staffing shortages in schools. Schools taking adaptive pause should pause from all activities, including extracurricular activities.

60. Are there alternative strategies to school closure during a large outbreak that may be considered or employed? (Updated 1/11/2022)

School closure should be the absolute last resort to managing an outbreak due to the critical role of in-person learning to students' overall wellbeing. In general, an adaptive pause should not be necessary if the school is following all appropriate mitigation strategies. If the school is following guidance regarding masking, testing, identifying and excluding COVID-19 cases and their close contacts, cleaning and optimizing ventilation then an adaptive pause should not be necessary to mitigate an outbreak, and students are best served by continuing to provide in-person instruction. In consultation with the local health department, a school may implement alternative strategies less drastic than closure. Options might include:

- Transitioning the classroom or grade where the outbreak is occurring to remote learning, especially where physical distancing is challenging (e.g., early childhood).
- Suspending affected classes or closing playgrounds.
- Canceling non-essential activities and meetings.
- Keeping students in constant class groups or classrooms and moving teachers routinely between classes.
- Increasing spacing between students in classes.
- Shortening the school week.
- Staggering school start and lunch/break times across year groups or classes.

Communication and Reporting

61. Are schools required to report information to the local health department including cases, type and onset of symptoms, number of exposed persons, etc.?

Yes. Schools must report information needed for mitigating the spread of COVID-19 infection to the local health department for use in surveillance, contact tracing, and other public health activities.

Schools must be aware of records and confidentiality laws pertaining to school student records, including exceptions to release of information in the event of an emergency, and requirements to notify parents and to create a record of emergency releases of information. (105 ILCS 10/6(a)(7); 23 II. Admin. Code 375.60).

62. Is there a template letter for schools to use when notifying parents/guardians, students, and staff of a case of COVID-19?

Yes, a template letter can be found here: https://www.isbe.net/ layouts/Download.aspx?SourceUrl=/Documents/Case-School-sample-letter.docx.

63. Is it a Family Educational Rights and Privacy Act (FERPA) violation to notify the LHD/IDPH or staff and parents of a confirmed or probable case(s) in our school?

No. A laboratory confirmed case of COVID-19 is reportable within three hours to the local health department per the <u>Communicable Disease Code</u>. Identifiable information on a student or staff member, including name and contact information, is reportable to IDPH or to the local public health authority for any notifiable disease or condition.

Schools must be aware of records and confidentiality laws pertaining to school student records, including exceptions to release of information in the event of an emergency, and requirements to notify parents and create a record of emergency releases of information. (105 ILCS 10/6(a)(7); 23 II. Admin. Code 375.60).

64. Does contact tracing violate the Health Insurance Portability and Accountability Act (HIPAA)?

No. The HIPAA Privacy Rule allows for reporting by covered entities to public health agencies for the purpose of preventing the spread of infectious diseases. HIPAA recognizes the legitimate need for public health authorities, and others responsible for ensuring public health and safety, to have access to protected health information to carry out their public health mission.²⁷ ²⁸ ²⁹ ³⁰

65. If we have a case of COVID-19 in a student at our school, what is our responsibility for notifying schools attended by siblings of the case?

There is no need to notify a school attended by siblings of a sick individual. If the sick individual tests positive for COVID-19 or becomes a probable case, the local health department conducting contact tracing will place siblings in quarantine and facilitate parental notification to the school(s) attended by siblings of the case.

https://www.hhs.gov/hipaa/for-professionals/special-topics/public-health/index.html#:~:text=Background%20The%20HIPAA%20Privacy%20Rule%20recognizes%20the%20legitimate,information%20to%20carry%20out%20their%20public%20health%20mission

²⁸ https://www.hhs.gov/hipaa/for-professionals/special-topics/hipaa-covid19/index.html

²⁹ https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/k-12-guidance.html

³⁰ https://www.cdc.gov/coronavirus/2019-ncov/science/science-briefs/transmission k 12 schools.html

66. Besides public health authorities, who should be notified of a case of COVID-19 at our school? Must we notify the entire district, or only the classroom or the building?

Communication of a confirmed or probable case of COVID-19 to the district and to the school community should align with the school's policy for notification of cases of communicable diseases. The communication message should counter potential stigma and discrimination. It is critical to maintain confidentiality of the student or staff member as required by the Americans with Disabilities Act, the Family Education Rights and Privacy Act, and the Illinois School Student Records Act.

Special Situations/Other Groups

67. Can the school nurse administer nebulizer treatments on campus?

Where possible, nebulizer treatments should be scheduled to be administered at home or the student may switch to metered dose inhalers with spacers for use at school. Nebulizer treatments, if required to be administered at school, should be done in a separate room with only the school nurse and student present. Nebulizer treatments should be administered to only one student at a time. If a window or fan is available, open the window and vent the fan to blow out of the window. The person administering the treatment should wear personal protective equipment (PPE), including a fit-tested N95/KN95 respirator, a face shield or goggles, gown, and gloves. Hand hygiene (washing) should be performed before donning (putting on) and after doffing (removing) PPE. Upon completing the nebulizer treatment, the student should perform hand hygiene. The room should be left vacant for a period of time (suggested minimum of two hours) then thoroughly cleaned and disinfected. Consult with individual student health care providers, if applicable, and Individualized Education Program (IEP) (teams to determine the best modality to meet students' needs on an individualized basis). Appropriate consents must be obtained for communication with outside providers. Review IEPs, 504 Plans, asthma action plans, or individualized health plans to determine if these plans will need to be amended or modified.

68. Playing of some music instruments and singing are recognized as ways COVID-19 can be spread more easily by respiratory droplets. How can we prevent transmission in band or music classes?

All persons playing instruments in orchestra, band, and general music settings, or singing, dancing, participating in color guard, or teaching must wear a washable or disposable, multi-layered face covering or mask while indoors. Individuals playing aerosol-producing wind instruments should pull down their mask, play the instrument (with a bell cover as necessary), then replace their mask over their nose and mouth. Face coverings should only be completely removed while outdoors when physical distance is maintained.

When indoors, reduce the number of singers and performers in ensembles and encourage physical distance between different ensembles. A minimum 3-foot radius should be maintained between singers and/or instrumentalists, regardless of vaccination status. Duration should also be considered. A recent study found that limiting rehearsal times to 50 minutes or less significantly

reduced the quantity and spread of aerosols among the individuals involved.³¹ When possible, music classes held indoors should occur in well-ventilated spaces and, if possible, with windows open. Additional guidance and technical resources for ventilation for acceptable indoor air quality is available from the American Society of Heating, Refrigerating, and Air-conditioning Engineers.

Whenever possible, hold music classes outside. Outdoor rehearsal is the safest option. When outdoors, masks and bell covers for instruments are not required. However, depending on local transmission rates, mitigation efforts, including masking, may be implemented.

For additional guidance on music classes, see IDPH Interim COVID-19 Music Guidance.

To facilitate safe participation in extracurricular activities with elevated risk for COVID-19 transmission, such as activities that involve singing, shouting, band, and exercise that could lead to increased exhalation, especially when conducted indoors, CDC recommends that schools implement screening testing for participants who are not fully vaccinated. According to the CDC, participants should test for COVID-19 at least weekly in areas with low or moderate transmission and at least twice per week in areas with substantial transmission. To protect in-person learning, CDC recommends that higher-risk extracurricular activities be virtual or canceled in areas of high community transmission, unless all participants are fully vaccinated. For additional information on CDC K-12 Screening Testing recommendations, see table 1 of the new CDC Guidance for COVID-19 Prevention in K-12 Schools.

69. Occasionally, students share music, equipment, and even instruments. How do we manage these situations?

Avoid sharing instruments. If instruments must be shared (e.g., drums), they should be cleaned and disinfected between students.³² ³³ Music reeds and mouthpieces should **not** be shared. Note that some instrument surfaces may be damaged by cleaning and disinfecting products. Contact your instrument dealer for guidance on disinfection and follow the manufacturer's instructions for cleaning. Discourage the sharing of music stands so that students do not inadvertently move closer to each other to see the music.

70. If an athlete is diagnosed with COVID-19, is it up to the school to notify all other teams that the athlete has been in contact with?

Yes. The school should make generic notifications to other schools and teams with which the confirmed or probable COVID-19 athlete may have had contact without identifying the person's name. Provide minimal information to protect confidentiality, but enough for the school to respond as needed. The local health department can assist in making this notification.

71. What is the role of the local health department in a situation involving an athlete diagnosed with COVID-19? (Updated 1/11/2022)

³¹ Weaver, J., Spede, M., Miller, S., & Srebric, J. (2021, July 9). International Coalition Performing Arts aerosol study: Updated guidelines. Retrieved from https://nafme.org/international-coalition-performing-arts-aerosol-study-updates-guidelines-formusic-education-classrooms/

³² https://www.nfhs.org/articles/covid-19-instrument-cleaning-guidelines/

³³ https://issma.net/covidresources.php (Indiana guidance may vary from Illinois)

The local health department (LHD) will conduct <u>contact tracing</u> to identify close contacts to the <u>case</u> outside of the school setting (including household, physical, and sport-related) and place them in quarantine for the recommended period of time.

Pursuant to 77 III. Admin. Code 690.361, schools must also conduct their own contact tracing in the school to determine if students or school personnel must be excluded from school, extracurricular events, or any other event organized by the school, regardless of whether an isolation or quarantine order has been issued by the LHD, as required by Executive Order 2022-03.

Determining Prevention Strategies

72. How should schools apply the CDC's recommended layered prevention strategies?

In alignment with CDC guidance, the state has issued an updated <u>Executive Order 2021-18</u> that requires masks be worn indoors by all teachers, staff, students, and visitors to pre-K-12 schools, regardless of vaccination status. The state also requires all public and nonpublic schools to comply with contact tracing, in combination with isolation and quarantine, as directed by state and local health departments.

Following the FDA's full <u>approval</u> to the Pfizer-BioNTech COVID-19 vaccine, this guidance has been updated in alignment with <u>Executive Order 2021-22</u>, implemented by <u>23 III. Admin Code 6</u>, which requires that all school personnel receive the COVID-19 vaccine or submit to at least weekly testing.

Further, effective January 11, 2022 with the issuance of <u>Executive Order 2022-03</u>, schools and school districts must exclude students and school personnel from school who are confirmed or probable cases of COVID-19, who are close contacts to a case, or who exhibit COVID-19 like symptoms.

Additionally, the following COVID-19 prevention strategies remain critical to protect students and community members who are not fully vaccinated, especially in areas of moderate-to-high community transmission levels.

- Promoting vaccination among eligible students
- Physical distancing
- Screening testing to promptly identify cases, clusters, and outbreaks
- Ventilation
- Handwashing and respiratory etiquette
- Staying home when sick and getting tested
- Cleaning and disinfection

According to the CDC, children should return to full-time in-person learning with proper prevention strategies in place. Understanding that schools and communities can be differently situated, the updated K-12 guidance from the CDC stresses the importance of offering in-person learning, regardless of whether all of the prevention strategies can be implemented at a particular school. Schools should work with <u>local public health officials</u> to determine which prevention strategies are needed in addition to the required strategies by evaluating local <u>levels of community transmission</u> (i.e., low, moderate, substantial, or high; see <u>Question 78</u> below) and local <u>vaccine coverage</u> (see <u>Question 79</u> below)., including <u>county-level case rates</u> and community vaccination rates, can be found on IDPH's website.

The <u>CDC K-12 schools guidance</u> references an array of prevention strategies in the context of keeping students and staff safe: "Schools will have a mixed population of both people who are fully vaccinated and people who are not fully vaccinated. Elementary schools primarily serve children under 12 years of age who are not eligible for the COVID-19 vaccine at this time. Other schools (e.g., middle schools, K-8 schools) may also have students who are not yet eligible for COVID-19 vaccination. These variations require K-12 administrators to make decisions about the use of COVID-19 prevention strategies in their schools to protect people who are not fully vaccinated."

If school administrators, in consultation with local public health officials, decide to remove any of the recommended rather than required prevention strategies for their school based on local conditions, they should remove them one at a time and monitor closely (with adequate testing through the school and/or community) for any increases in COVID-19 cases. Required prevention strategies may not be removed at any time. (Review IDPH answers to FAQs on COVID-19 testing in schools for more information.) Schools should communicate their strategies and any changes in plans to teachers, to staff, to families, and directly to older students, using accessible materials and communication channels, in a language and at a literacy level that teachers, staff, students, and families understand.

Here are educational examples to assist schools in determining how to use prevention strategies to protect students and staff, as informed by local public health conditions:

- A school in a community with substantial (50-99 new cases per 100,000 population in the
 last seven days) or high transmission (≥100 new cases per 100,000 population in the last
 seven days), with low teacher, staff, or student vaccination coverage (e.g., <30% of eligible
 population is fully vaccinated), and with a screening testing program in place may need to
 lessen physical distancing to ensure all students can access in-person learning.
- A school in a community with substantial or high transmission, with a low teacher, staff, or student vaccination rate, and without a student screening testing program, should continue to maximize physical distancing and, in communities with high transmission, discontinue sports that involve sustained close contacts with others, unless all participants are fully vaccinated.
- A school in a community with moderate transmission (10-49 new cases per 100,000 population in the last seven days), with moderate vaccination coverage (e.g., 40-60% of eligible population is fully vaccinated), and with a screening testing program in place could decide to suspend screening testing for the general student body but will continue screening for unvaccinated staff and students involved in higher-risk extracurricular activities until vaccine coverage increases or transmission decreases or both.
- A school in a community with low transmission (<10 new cases per 100,000 population in the last seven days) and a high vaccination rate (e.g., ≥70% of eligible population is fully vaccinated) could consider no longer requiring physical distancing or suspending screening testing for students.

The considerations listed above are intended to serve as examples of how school administrators may use information about local public health conditions to inform decision-making. They are not intended to serve as a definitive state-recommended framework to determine how to adjust mitigation strategies.

73. How can schools determine what level of transmission is occurring in their community?

Schools can review data from the <u>CDC</u> or <u>IDPH</u> to find recent information on the number of new COVID-19 cases per 100,000 population in the previous week. CDC defines community transmission as low, moderate, substantial, or high as follows:

	Low Transmission (blue)	Moderate Transmission (yellow)	Substantial Transmission (orange)	High Transmission (red)
Total new cases per 100,000 persons in the past 7 days	0-9.99	10-49.99	50-99.99	≥ 100

Schools should contact their <u>local health department</u> for more information and guidance to assess local public health conditions.

74. How can schools determine vaccine coverage in their community?

Schools can review data from the <u>CDC</u> or <u>IDPH</u> to find recent information on the number and proportion of residents in their community who are fully vaccinated against COVID-19. CDC data reporting shows county-level vaccine coverage data according to the following tiers: 0-29.9%, 30-39.9%, 40-49.9%, 50-69.9%, and 70%+.

Schools should contact their <u>local health department</u> for more information and guidance to assess local public health conditions.

75. What are the CDC's requirements for school buses and other school-related transportation?

School bus drivers and monitors are school personnel and are therefore subject to the vaccination or testing requirements of Executive Order 2021-22 and 23 III. Admin. Code 6.

Further, the CDC issued an <u>order</u>, effective as of February 2, 2021, that requires all individuals to wear a mask on public transportation to prevent the spread of the virus that causes COVID-19. The <u>CDC's order</u> applies to all public transportation conveyances, including school buses. In addition to consistent and correct universal indoor mask use in all pre-K-12 schools, as required by <u>Executive Order 2021-18</u>, passengers and drivers **must** wear a mask on school buses, including on buses operated by public and nonpublic school systems, subject to the exclusions and exemptions in CDC's order.

There is no COVID-19-related capacity limit for passengers on school buses. During transportation, open or crack windows in buses and other forms of transportation, if doing so does not pose a safety risk. Keeping windows open a few inches improves air circulation.

Travel Restrictions

76. Do my school-aged children have to quarantine after returning from domestic travel?

In general, Illinois continues to recommend that people follow the CDC's recommendations for domestic and international travel, including that people should delay domestic travel, and not travel internationally, until they are fully vaccinated. Additionally, the CDC's guidance for schools is that inperson learning is a priority. Thus, school-aged children who are not fully vaccinated and must travel do not need stay home and self-quarantine after travel; they should continue to attend school inperson. School-aged children who are not fully vaccinated and must travel should get tested 5-7 days after travel, monitor for symptoms, and follow the IDPH guidance for if they test positive or if symptoms of COVID-19 develop. Schools should follow local guidance for travel restriction that may be more stringent.

77. Are there any current domestic or international travel restrictions for which we should be monitoring and excluding students and staff?

There is widespread, ongoing transmission of novel coronavirus worldwide. CDC recommends delaying travel until the traveler is fully vaccinated because travel increases the chance of getting and spreading COVID-19. To learn more about COVID-19 travel recommendations for a specific destination for those fully vaccinated and not vaccinated, visit COVID-19 Travel Recommendations by Destination.

Domestic travel guidance can be found here: https://www.cdc.gov/coronavirus/2019-ncov/travelers/infographic/infographic-quick-reference.html.

International travel guidance can be found here: https://www.cdc.gov/coronavirus/2019-ncov/travelers/infographic/infographic-international-quick-reference.html.

Resources

78. School Toolkits and Checklists

K-12 Schools COVID-19 Mitigation Toolkit

 https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/FINAL-0321420 B K-12 Mitigation Toolkit508.pdf

K-12 School Walkthrough Guide

- https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/321420-Walkthrough.pdf
- https://www.cdc.gov/vaccines/covid-19/clinical-considerations/covid-19-vaccines-us.html