

DENTON ISD
WELLNESS PROGRAM

Total Eligible = 2,862 Total Participants = 1,515	Viverae Elite Wellness	Principal Wellness	Circle Wellness Blue Option Circle Health	Circle Wellness Yellow Option Circle Health	United Healthcare
PP Fee	\$3.95 pepm \$135,658	\$9.25 pepm	\$176.35 pppy (2)	\$156.35 pppy (2)	
Health Risk Appraisal	Included	Included	Included	Included	\$17.65 pp \$26,740
Set Up Fee	\$0	Included	\$0	Included	\$0
Targeted Health Mgmt	\$195 pp (3) \$45,435	Included	Included	N/A	\$1.30 pepm \$44,647
Quarterly Maintenance	\$995 / quarter \$3,980	Included	Included	Included	N/A
Screening Cost	\$52 pp (1) \$78,780	Included	Included	Included	\$86,666 (4)
Home Based Targeted Program	\$2.95 pepm \$101,315	Included	Included	N/A	\$0.39 pepm \$13,394
Educational Materials	Included	Included	Included	Included	On-Line
Travel Expenses	Included	Included	Included	Included	Included
Total Cost	\$361,187	\$317,682	\$328,064	\$290,858	\$171,447
Comments					Model based upon myuhc and mostly member driven

- (1) Biometric Screening
- (2) Minimum participation requirement of 65%
- (3) Assumed 233 participants
- (4) Minimum cost based upon utilization

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<p style="text-align: center;">Recommended Core Program On-Site Screenings</p> <p>Health Risk Appraisal Questionnaire (Immediate Results of Questionnaire & Testing)</p> <ul style="list-style-type: none"> Lipid Profile Cholesterol Blood Pressure/Heart Rate Height/Weight Blood Glucose Fecal Occult Blood Test (over age 40) Body Composition Low Back & Hamstring Flexibility Educational Lifestyle Handouts Promotional Materials 			
<p style="text-align: center;">Optional Physician Health Screening Packets</p> <p>(all Insured Spouses; no fee for outlying insured ee's)</p> <p>Health Risk Appraisal Questionnaire (HRA)</p> <ul style="list-style-type: none"> Physician Health Screening Packet & Mailings Health Risk Analysis Report & Mailing Educational Lifestyle Handouts Group Aggregate Reporting of HRA Results Optional Phone Consultation 			
<p style="text-align: center;">Targeted Health Management Programs</p> <p>Home Based Targeted Intervention Program (Cholesterol, Blood Sugar, Blood Pressure, Weight Mgmt) (all insured ee's identified during on-site health screening)</p>			
Counter Marketing & Education			
Reporting, Administration & Management			

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Optional Enhancements On-Site Health Screenings Spouses & Non-Insured Participants			
Home Based Targeted Intervention Program (Cholesterol, Blood Sugar, Blood Pressure, Weight Mgmt) (Spouses & Non-Insured Participants Only)			
Other Targeted Programs (In Addition to the Core Program) Baby Benefits Maternity Mgmt Healthy Returns Chronic Disease Mgmt Home Based Smoking Cessation Home Based Weight Mgmt Home Based Stress Mgmt 24 Hour Nurse Line			
Health Screening Enhancements (Performed during On-Site Health Screening or at another time) Osteoporosis Screenings Vision Screenings Hemocult (take home colo-care kit) Thyroid Stimulating Hormone (TSH) Prostate Specific Antigen (PSA) Follicle Stimulating Hormone (FSH) Hemoglobin & Hematocrit (H&H) Tetanus Shot			
COMMENTS			
Rate Guarantee			