

Minutes of the Mental Health Advisory Committee of the
East Lansing Board of Education
Zoom Virtual Meeting
February 17, 2021

Opening of Meeting

The meeting was called to order at 6:03 p.m.

Roll Call

Present: Natalie Moser, Jenn Briere, Erin Parcell, Jenn Peatross, Libby Keenan, Heidi Mendez, Dori Leyko, Lindsay Young, Kurt Scholler, Quiana "Q" Davis, Jade Corse, Mark Foster, Mori Rothorn, Liz Allen, Jim McEvoy, Danielle Lopez, Gina Zerka, Libby Keenan; Paradis Raberimiandoab; Lorraine Ware (Glencairn)

Absent: Djinn Thompson

Approval of Agenda

A motion to approve the agenda was made by Gina and seconded by Natalie.

Approval of Minutes

Approval of January 2022 minutes was made by Jenn and seconded by Natalie.

Public Comment – None

Updates

- TRAILS: Lindsay shared that a TRAILS survey will be emailed to all ELHS and MacDonald Middle School Staff to gauge interest, how best to implement, and appropriate timelines for implementation
- Lindsay has been visiting an elementary school each Friday on a rotating basis to offer "Need a break? Need a hand" support to teachers with positive response; teachers complete a survey a week before Lindsay's visit to provide information on what is needed which as included recess duty
- The student Mental Health Club is restarting this month; Paradis shared plans for setting goals, encouraging new membership, writing thank you notes to staff, providing opportunities for education and self-care

Agenda Topics

- Lorraine Ware, principal of Glencairn, attended today and shared the different ways their school is promoting SEL and mental/emotional wellness including having a therapy dog at the school, morning meetings.

- The group broke out into two subcommittees – one to review and update a Mental Health Wellness toolbox for teachers and one to identify what kinds of mental health resources and trainings would be helpful to teachers; the committees reconvened at the end of meeting to review findings. Will continue this work during next meeting.

New Business/Future Meeting Topics

Continue committee work at next meeting.

Announcements

Next Full Committee Meeting: ***April 21st, 2022; 6:00 – 7:30 pm via Zoom***

Adjournment

The meeting adjourned at 7:30pm