

# Nutrition Service Update

June 2010



## Food Service Program Results

Participation percentages in the Food Service Program were right at budget for breakfasts, lunches and snacks in the month of May. Supper programs are above budget (6.29%) with the implementation of the Illinois Valley High School and Lorna Byrne Middle School Supper programs, adding an additional 140 meals per day. We continue focus on breakfast counts as this is the most important meal of the day and provides us with the greatest opportunity in the program. The staff continues to work very hard to drive meal counts at all levels feeding students when ever and where ever possible.

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## Retirement



Food Service Office Manager Peggy Barry is retiring at the end of the school year. Peggy started her career at Wolf Creek Elementary where she worked for eight years as the Kitchen Manager. In 1996, Peggy moved into the Food Service office and became an instrumental member in support of the program. Peggy has implemented standards in the Food Service Program that operate so efficiently that Oregon Department of Education has adopted several of her practices as a model for the entire state. Peggy has been a great asset to the program and will be truly missed.



**Lift-Off!**  
**Our**  
**Nutritional**  
**Ambassador**

## Nutrition Services Office Team

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## BBQ Events

- ⊖ The Nutrition Service Program provided barbecue events to all but three of our schools at the close of the school year. Events included Open Houses, Family Fun Night, Bingo Night, Last day BBQ's and a retirement celebration. We even took our BBQ on the road to Brooking for two events with Illinois Valley High School and Evergreen Elementary. We provided over 300 students meals on the beach for the day. We continue to look for opportunities to provide meals for these types of events so that we do not lose participation in the program.



## Produce of the Month



This month our produce of the month is the Peach. Peaches are from Chinese origin. They go back to the 10th century B.C. and are often found on illustrations from that time. The Chinese have developed an incredible amount of peach of races. The peach got it's name around 300 B.C. The Greek philosopher Theophrastus thought it came from Persia and named this lovely fruit to that country. In the first century the fruit is mentioned by Romans who wrote that they imported the fruit from Persia. Peaches are a tasty treat with modest calories, a good source of potassium, vitamins A & C, low sodium and no saturated fat. Peaches are a healthful snack and a smart, low calorie way to end a meal.

## Staff Birthdays

June

Jenny LaVassaur—Evergreen  
Trisha Marsh—Madrona  
Sherrill Rush—Jerome Prairie  
Monica Boatwright—Lorna Byrne  
Nicole Parker—Lorna Byrne  
Sherrie Getty—Hidden Valley  
Vera Warren—Hidden Valley

**HAPPY BIRTHDAY!!!**



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## Summer Food Program

Learning does not end when school let's out, neither does a child's need for good nutrition. The Summer Food Service Program operated by the Three Rivers School District provides free, nutritious meals and snacks to all children within the Three Rivers and Grants Pass School District areas. This helps children in low-income areas get the nutrition they need to learn, play and grow, throughout the summer months when they are out of school. Sites include:

Fruitdale Elementary	Grants Pass Boys & Girls Club	Madrona Library
Hidden Valley High School	Williams Elementary	North Valley High School
Grants Pass YMCA	Illinois Valley High School	Evergreen Elementary
Evergreen Boys & Girls Club	Lorna Byrne Middle School	Community Bible Church
Madrona ESY	Lincoln Savage Young Writers	River of Life Church
Illinois Valley Safe House	First Baptist Church - CJ	Fleming Middle School
Siskiyou Field Institute, Selma	Lifelines Food Bank	

Our projected meal counts for breakfast, lunch and snacks are in excess of 50,000 meals provided to our students in the Josephine County.



## Safety

As a continued focus on Safety, Food Service Staff reviews 5 minutes safety topics each month. Below are the topics for May:

Fryer Safety - Procedures ensuring safe use for deep fryers in our program.

New Equipment- Training on safe use of new equipment in our program.

We will continue this school year with staff awareness, increased focus and informative safety training throughout the school year. Food and Nutrition Services continues to provide a safe working environment in all our schools as well as incorporating safe work place practices district wide by keeping SAFETY top of mind!