



Brownsville Independent School District

Agenda Category: General Function Board of Education Meeting: 04/07/2026

Item Title: Comprehensive Counseling Action
Consultants LLC Information
 Discussion

BACKGROUND:

Comprehensive Counseling Consultants provide a literacy-based empowerment program designed to strengthen students' reading comprehension, written expression, speaking and listening skills, critical thinking, and media literacy, while also fostering social-emotional development and promoting student voice.

Approximate number of participants: students 60

Tentative date: June 10, 2026

Facilities will be secured upon availability: CAB Room 216 and 220

FISCAL IMPLICATIONS:

Categorical Fund: 206 \$ 5,000.00 for 2 camps

Texas Education of Homeless Children & Youth Supplemental Grant End Date August 31, 2026

RECOMMENDATION:

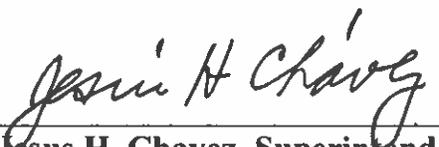
Recommend approval for Comprehensive Counseling Consultants LLC, of Edinburg, Texas to provide consulting services for students in the Youth Connection Project for the 2025-2026 school year. Categorical Fund: 206 \$ 5,000.00 for 2 camps.

Approved for Submission to Board of Education:


Diana E. Clough
Submitted by: Principal/Program Director

Recommended by: Asst. Supt./Exec. Dir.


Approved by: Chief Officer 3/11/2026


Dr. Jesus H. Chavez, Superintendent



Comprehensive Counseling Consultants
ncabrera@comprehensivecounselingconsultants.com

QUOTE
 PR-2026-0304
 March 5, 2026

Brownsville Independent School District
 Re: Linda C. Moreno
 Homeless Youth Connection Project
 Brownsville, TX
 (956)698-1773

Quote: **EmpowerHER Program for Girls**
Legacy Builders Program for Boys
 Submitted to: **Brownsville ISD- Homeless Youth Connection Project**
 Prepared By: **Dr. Norma Cabrera, Comprehensive Counseling Consultants LLC.**
 Date of Services: **June 10th, 2026**
 Time: **8:30-12:00**

The Comprehensive Counseling Consultants LLC offers two innovative youth development programs designed to strengthen students' social-emotional well-being, literacy, leadership skills, and future readiness. **EmpowerHER: A Girls' Literacy, Leadership, and Life Skills Program** supports girls in developing confidence, communication skills, and leadership through reflective writing, goal setting, and social-emotional learning activities. The **Legacy Builders: Boys Building Character and Creating Their Own Legacy** focuses on character development, emotional awareness, and leadership skills to help boys understand the impact of their choices and develop a strong sense of purpose and responsibility. Both programs integrate literacy, leadership, and life skills while promoting resilience, healthy relationships, and personal growth. Through engaging activities, guided discussions, and reflective journaling, students build confidence, strengthen communication skills, and develop a positive vision for their future.

Program Name	Date of Services and Time	Population Served	Total
EmpowerHER Program: A Girls' Literacy, Leadership, and Life Skills Program	June 10, 2026	30 Students	2,500.00
Legacy Builders Program: Boys Building Character and Creating Their Own Legacy	June 10, 2026	30 Students	2,500.00
Total		60 Students	5,000.00

Expected student outcomes include:

- **Enhanced writing fluency, organization, and clarity**, enabling students to effectively communicate their ideas and personal narratives.
- **Expanded academic vocabulary** supports stronger literacy development and academic success.
- **Increased student confidence, self-advocacy, and active classroom engagement**, empowering students to take ownership of their learning.
- **Strengthened goal-setting skills related to academic achievement, college readiness, and career exploration**, helping students develop clear future pathways.

- **Higher attendance and increased participation in targeted academic and support services contribute to improved overall student outcomes.**

We look forward to working closely with you. Please let me know if you have any questions.

Dr. Norma
CABRERA LPC, PSC

- OWNER OF COMPREHENSIVE COUNSELING CONSULTANTS, LLC
- EMPOWERHER PROGRAM DEVELOPER
- JOHN MAXWELL PROGRAM TRAINED
- RECIPIENT OF STATE RECOGNITION FOR COUNSELING PROGRAMS
- JUDGE FOR STATE COUNSELING AWARDS
- PROFESSOR AT UTRGV
- RETIRED EDUCATOR 33 YEARS OF EXPERIENCE
- PRIVATE PRACTICE COUNSELOR/THERAPIST

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CREST
MAXWELL
MEMBER

COMPREHENSIVE COUNSELING CONSULTANTS