

SCHOOL HEALTH ADVISORY COUNCIL

Aledo ISD
2015-2016

PURPOSE OF THE SHAC

- From TEC 28.004[a]:

The purpose of the School Health Advisory Council (SHAC) is, “...to assist the District in ensuring that local community values are reflected in the District’s health education instruction.”



REQUIREMENT OF THE SHAC

- From TEC 28.004[m]:

The School Health Advisory Council (SHAC) shall, at least annually
“...submit a report to the Board on the activities of the SHAC during the period between the date of the current report and the last prior report.”



REPORT BY SHAC MEMBERS

- **Teana Coffman**
Science Teacher @ The Learning Center

- **Joie Nielsen**
parent of 10th grader @ AHS and 3rd grader @ Coder



SHAC MEMBERSHIP

This year the SHAC consisted of 26 voting members:

- 15 parents (not employed by the district)
- 2 students
- 1 campus administrator
- 5 teachers
- 2 nurses
- 1 counselor



SHAC MEMBERSHIP

The SHAC also included 9 at-large, non-voting members:

- 1 district administrator liaison (Scott Kessel)
- 1 district administrator (Kathy Allen)
- 1 child nutrition representative (Patty Willhite)
- 1 lead district nurse (Laura Satterfield)
- 1 AISD police officer (Aaron Callahan)
- 4 community representatives:
 - Fr. Jay Atwood (St. Francis of Assisi)
 - Dr. Gina Fowler (local pediatrician)
 - Judy McAnally (Texas Health Resources – Willow Park)
 - Jana Marbut Rey (Center of Hope)



MEETING DATES

Five SHAC meetings were held during the 2015-2016 school year:

- October 5, 2015
- November 9, 2015
- January 25, 2016
- February 29, 2016
- April 11, 2016



HIGHLIGHTS FROM SHAC - 2015-2016

October 5, 2015

Reviewed and amended bylaws, Article IV, section 4:

- To allow SHAC membership to replace an inactive member if not present for three consecutive meetings



HIGHLIGHTS FROM SHAC - 2015-2016

October 5, 2015

Reviewed and updated Texas Dept. of Agriculture (TDA) and AISD school nutrition policies and guidelines:

- Presented by Patty Willhite, AISD Child Nutrition Director
- Preview of expected TDA audit to AISD Child Nutrition Dept. this school year
- Discussion regarding options for *Lauren's Law* which allows for parents or grandparents to bring snacks to school on a child's birthday



HIGHLIGHTS FROM SHAC - 2015-2016

October 5, 2015

Follow-up from 2014-2015 consideration regarding peanut-free zones in cafeterias:

- 2014-2015 SHAC considered protocol to designate peanut zones in cafeterias, rather than peanut-free zones
- Planning and logistics of doing so proved very challenging
- Maintaining protocol of peanut-free zones would be stay as practice on all AISD campuses



HIGHLIGHTS FROM SHAC - 2015-2016

October 5, 2015

Texas School Drug Survey:

- Prior SHAC recommendation and Board approval was granted in 2013-2014 to participate in the Texas School Drug Survey in the spring of 2014
- Report of results was scheduled to arrive in September, 2015 but as of the October 5 meeting date, was not yet received
- More information would be shared when available



HIGHLIGHTS FROM SHAC - 2015-2016

November 9, 2015

Goals of Aledo ISD Wellness Policy were discussed and approved

- The established goals of the AISD Wellness Policy are related to Nutrition Services, Health Services, Healthy and Safe School Environment, Counseling & Mental Health Services, Staff Wellness, Parent & Community Involvement, Physical Education, and Health Education



HIGHLIGHTS FROM SHAC - 2015-2016

November 9, 2015

The purpose of the subcommittee on physical activity and fitness was reviewed:

- The intent of this required subcommittee is to review current practices related to the physical activity of students at school and make recommendations for changes to practice
- Two parent members (from Daniel Ninth Grade and Vandagriff) and one teacher member (from Coder) volunteered to serve as subcommittee members
- Schedule of meetings would be set in coming months as data to review comes available



HIGHLIGHTS FROM SHAC - 2015-2016

November 9, 2015

Texas School Drug Survey:

- A brief overview of the results of the 2015 Texas School Drug Survey were shared with SHAC membership
- Preliminary plans regarding education/awareness, prevention activities, and intervention activities were presented



HIGHLIGHTS FROM SHAC - 2015-2016

January 25, 2016

Texas School Drug Survey, program options:

- SHAC discussed and unanimously recommended a curriculum called *Too Good for Drugs*, published by the Mendez Foundation
- Though the curriculum is adaptable for grades K-12, initial plans for AISD will be to implement in 2016-2017 at transition years of 6th grade and 9th grade



HIGHLIGHTS FROM SHAC - 2015-2016

January 25, 2016

REAL Essentials, human sexuality curriculum:

- Discussion took place regarding the curriculum, approved in 2014-2015, used by the district for instruction in human sexuality
- District staff had been informed of the possibility it may no longer be available beginning in 2016-2017
- Notice was given to SHAC membership regarding possibility of reviewing different curricula for human sexuality instruction at February meeting



HIGHLIGHTS FROM SHAC - 2015-2016

February 29, 2016

Child Nutrition Department overview:

- Patty Willhite and the Child Nutrition Department provided promotional food samples to all SHAC members prior to meeting
- Patty shared feedback from recent TDA audit to SHAC membership
- Patty also presented a review of Child Nutrition requirements and promotional activities implemented to promote healthy eating habits amongst students



HIGHLIGHTS FROM SHAC - 2015-2016

February 29, 2016

Child Abuse Prevention Month - April:

- Angie Childers, Parker County CPS Board Member, presented to the SHAC regarding promotional items they would like to present to students during April, which included rubber bracelets and foldable pamphlets with information regarding reporting abuse
- Angie also shared previews of videos to be used to train staff on the requirements for and steps to reporting abuse
- The SHAC voted to recommend the distribution of the Child Abuse Prevention materials during the month of April



HIGHLIGHTS FROM SHAC - 2015-2016

February 29, 2016

Texas School Drug Survey:

- Additional, and more detailed information was shared with the SHAC regarding drug survey results, including comparisons to 2008 drug survey data
- The district's Action Plan for addressing the results of the 2015 Texas School Drug Survey were also presented



HIGHLIGHTS FROM SHAC - 2015-2016

February 29, 2016

REAL Essentials human sexuality curriculum:

- An update was provided on the status of the human sexuality curriculum
- The curriculum would still be available for use next year and no consideration of changes to a different curriculum were going to be needed



HIGHLIGHTS FROM SHAC - 2015-2016

February 29, 2016

Subcommittee on physical activity and fitness:

- This subcommittee has yet to meet as the reports from FitnessGram data were not yet available for review
- A vendor change with TEA has slowed the process of inputting this data, leaving our subcommittee with no data to consider nor recommendations to make



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

Child Abuse Prevention Month:

- April was announced as Child Abuse Prevention Month and campuses were recognized for the efforts to spread this word as well as the rubber bracelets and pamphlets to students



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

Shattered Dreams:

- Shattered Dreams is a drunk-driving prevention program, recommended by SHAC in 2007 and started at Aledo High School in 2008
- It is one of the oldest SHAC-approved programs still in regular use
- A review of the program intentions and expected outcomes were shared



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

Parent consent letter of the REAL Essentials human sexuality curriculum:

- The parental consent letter for participation in the REAL Essentials is a passive consent (opt-out)
- Feedback for continuing with the same letter was positive
- REAL Essentials human sexuality curriculum is taught in high school-credit health courses in grades 8-12



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

Parent consent letter for the p.a.p.a. (parenting and paternity awareness) curriculum:

- The parental consent letter for participation in the p.a.p.a. is an active consent (opt-in) for kids under the age of 14, as is required by the Office of the Attorney General



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

Parent consent letter for the LifeLines Suicide prevention curriculum:

- The parental consent letter for participation in the LifeLines suicide prevention program has been an active consent (opt-in) thus requiring parents to sign a form for the students' to be able to participate
- Suggestion was made, subsequently discussed, and voted on to approve as a passive consent (opt-out) instead active consent (opt-in)
- No legal or policy requirements prohibited a passive consent for participation



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

FitnessGram update and subcommittee on physical activity and fitness:

- Input of FitnessGram data still had not taken place as of the April 11 meeting date due to vendor change-over with TEA
- Subcommittee on Physical Activity and Fitness still had not convened, in the absence of any data to review
- Discussion followed that once vendor changeover was complete and FitnessGram data was input, the subcommittee for 2016-2017 would review the 15-16 data in the fall semester of next year, and review the 16-17 data in the spring semester of next year



HIGHLIGHTS FROM SHAC - 2015-2016

April 11, 2016

Future SHAC work was introduced:

- A directive from the Superintendent to have the SHAC review current practices and develop a plan for addressing and acknowledging diversity and promoting acceptance and inclusion was introduced as important work the SHAC will undertake beginning in 2016-2017



QUESTIONS

