

Trauma Responsive Schools-Designation Pilot – Model I School Participation Agreement

Over 25% of children and adolescents report having experienced a significant trauma by adulthood. Exposure to trauma has a negative impact on academic outcomes (School Mental Health, 2016). Schools are the largest child-serving service system in our country, with unparalleled opportunities to build resilience for youth who experience traumatic events and reduce behavioral health disparities. Whole school trauma-responsive schools approaches are supported by national models calling for educational and other child-serving systems to address the widespread effects of trauma (National Childhood Traumatic Stress Network, 2017).

Center for Childhood Resilience (CCR) at Ann & Robert H. Children's Hospital of Chicago is conducting a Trauma Responsive Schools-Designation (TRS-D) pilot to support schools to become trauma-responsive and to evaluate levels of external consultation support. The goal of the pilot is to identify effective, sustainable and scalable model of consultation. The CCR TRS-D pilot has two phases and will support 30 Illinois schools in a process to become more trauma responsive. During Phase I (February – June 2020), participating schools complete professional development on trauma and impact on students, collaborative trauma-responsive schools needs assessment, and data driven action planning. In Phase II (July 2020 – June 2021), participating schools will receive funding to implement their action plan (contingent upon available funds), implement their action plan and monitor their progress via the trauma-responsive schools assessment.

Benefits of Participation

During Phase I (February – June 2020), participating schools will receive:

- **Professional Development Series**: three 90-minute webinars, including:
 1. Impact of Exposure to Trauma on Students, Staff and the School Community - overview of how to recognize signs of trauma and develop effective school-wide and classroom-based strategies for creating an environment that is supportive of students
 2. Trauma-Responsive Schools-Implementation Assessment (TRS-IA) – collaborative schoolwide needs assessment aligned with the eight domains of whole-school trauma-programming
 3. Trauma-Responsive Schools Action Planning – data-driven action planning process for guidance on the development of high-quality school-specific SY2021 action plan
- **Professional Learning Community**: online, cross-school and peer-directed virtual learning community for accessing and sharing resources, learnings and best-practices during phase 1 and phase 2 of the pilot.

During Phase 2 (July 2020 - June 2021), participating schools will receive:

- **Action Plan Implementation Funding Award**: School Action Plan Implementation Award to support the implementation of the school's action plan. The school-level grant awards of up to \$2,000 can be used to cover the costs of professional development, related curriculum or supplies, community mental health providers or other community-based organizations in alignment with school-action plan goals.
- **Professional Learning Community**: Online, cross-school, peer-directed virtual learning platform to support implementation of the action plans including cross-school status updates, shared learning opportunities and collaboration.

Requirements of Participating Schools

- **Convene TRS-D School Leadership Team**
 - Identify and convene a TRS-D school leadership team with a minimum of five (5) staff members, including at least one teacher and one administrator (principal or assistant principal) to lead the TRS-D pilot process
 - Identify a TRS-D school leadership team lead to ensure participation and completion of activities and serve as liaison to the Lurie CCR TRS-D Administrator

- Complete the Professional Development Series
 - Each member of the team must complete the three professional development webinar sessions (to be scheduled at your convenience) to inform the TRS-D pilot process
 - Utilize online TRS-D guides and manuals to inform the TRS-IA completion and action planning process
- Complete Trauma Responsive Schools-Implementation Assessment (TRS-IA) in Phase I and Phase II
 - Complete the TRS-IA as individual school leadership team members
 - Collaborate as school leadership team to review and achieve consensus on school TRS-IA ratings
 - Enter the school leadership team TRS-IA consensus ratings into the School Health Assessment and Performance Evaluation (SHAPE) System data platform
 - Agree for SHAPE system administrators to share the TRS-IA data entered in the data platform with the CCR TRS-D Pilot Team
- Develop SY21 Trauma-Responsive Schools Action Plan
 - Convene TRS-D school leadership team to develop data-driven action plan based on TRS-IA outcomes
- Complete Pilot Survey
 - Each school leadership team member will complete a 10-minute online survey on the TRS-D pilot process
- Participate in School Principal Structured Interview
 - Participate in two (2) one-on-one 60-minute structured phone interviews for School Principal or Assistant Principal to provide feedback and inform the TRS-D pilot process

Phase I Timeline*

Participating schools will:

- Submit a signed TRS-D School Participation Agreement to the Center for Childhood Resilience by February 7, 2020.
- Complete "Impact of Trauma" Session 1 of the Professional Development Series (March 2020)
- Complete "Trauma-Responsive Schools-Implementation Assessment (TRS-IA)" Session 2 of the Professional Development Series (April 2020)
- Enter "Trauma-Responsive Schools-Implementation Assessment (TRS-IA)" school leadership team consensus ratings on the SHAPE system (April 2020)
- Complete "Trauma-Responsive Schools Action Planning" Session 3 of the Professional Development Series (April 2020)
- Complete and submit Trauma-Responsive School SY21 Action Plan (May 2020)
- Complete pilot survey (May 2020)

*Specific dates for will be forthcoming. Please note: Phase II timeline will be provided in April 2020.

By signing below, I acknowledge that I have read and agreed to participate in the Trauma Responsive Schools Development pilot program according to the terms and conditions outlined in this participation agreement.

DURRELL ANDERSON [Signature] ANDERSON 2/4/20
 School Principal Name School Principal Signature Email Date

If you have any questions or require additional information, do not hesitate to contact Center for Childhood Resilience at ccr@luriechildrens.org.