

Pirate Newsletter

Oct. 2023 ~ Edition 23-24~ Vol.1

NEAH-KAH-NIE *Pirates*

A Note from the Principal

October, 2023

Dear Students, Staff and Family Members;

Every student belongs at Neah-Kah-Nie High School!

It has been a great start to our school year. In the month of September, staff worked hard to plan lessons and create activities designed to make sure all students felt welcome and connected at school. We have also been working hard to frontload our expectations for students to be safe, responsible and respectful at all times.

Football, Volleyball, and Cross Country seasons are in full swing, and we just completed our first progress reporting period for trimester 1 so families should have received these by now. Any student who needs extra assistance or extra time to do their classwork may stay after school for tutoring on Tuesdays and Thursdays, then ride the activity bus home.

This is also the perfect segue to remind both students and parents that unless students are involved in supervised sports or activities, they may not stay after school or ride the activity bus. We do not allow students to just hang out after school...they need to go home or participate in one of our many supervised opportunities.

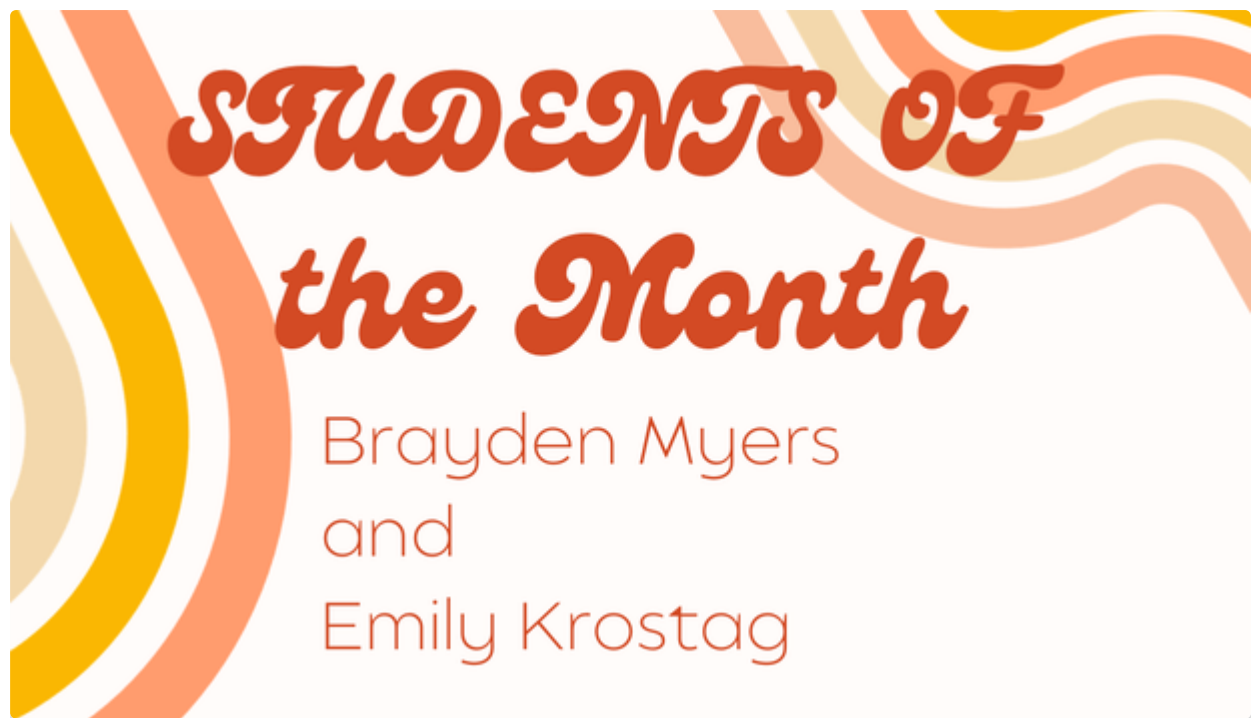
Beginning October 3rd all students that drive to school must have a parking permit on file with the school office. Permits are free, students must show proof of insurance, license and registration for any and all vehicles they may drive to school. Students were notified several weeks ago of this deadline.

Looking forward to the end of the month- please mark your calendars so that you are prepared to attend our Student Led, Parent/Teacher Conferences on October 26 and 27. In order to pass advisory class which is required to graduate, students must have their conferences completed. We offer very flexible scheduling to account for parent work schedules and family obligations. If you need to schedule conferences at unconventional times, please notify the office so we can reserve the time that best works for you!

Sincerely,

Dr. Heidi Buckmaster, Principal Ryan Keefauver, Assistant Principal and Athletic Director
503-355-3551 (direct line) 503-355-3556 (direct line)
503-355-2272 (main office)

heidib@nknsd.org (email) ryankee@nknsd.org (email)



ATHLETES OF THE MONTH

MICHAEL PRIOR-FOOTBALL

ANNA RODDY-CROSS COUNTRY

JASMIN JONES-VOLLEYBALL

SEPTEMBER

College Board-SAT Testing

If you are a senior... and planning to attend a 4-yr college or university next fall...and you want to take the SAT's...they are being offered here on Wednesday, October 11th. You will need to sign up with Esther and pay the \$55. testing fee to the front office. If you are on free/reduced lunch, let Esther know - there is a fee waiver available for you!



HOMECOMING MONSTER MASH

**BEWARE-A MONSTER MASH
HOMECOMING IS ON THE HORIZON**

TICKETS WILL BE \$8 WITH ASB, \$12 W/O ASB

OCT 14
7:00-10:00
PM

CAFETERIA



Tickets available to purchase week
of Homecoming

Guest Passes can be picked up in the
front office. Must be turned in by
Wed. Oct. 11th

Homecoming *Spirit Week*

OCT 9TH-13TH

Monday

Pajama Day

Tuesday

Superhero vs Villain
Day

Wednesday

Twin/Dynamic Dweep
Day

Thursday

Halloween Day

Friday

Day of the RED

Homecoming Court

Students: Interested on being on the ballet for Homecoming Prince/Princess, please check your email and fill out the form that was emailed to you.

School Board Meeting

Oct. 9th (Mon)
6:30 PM



504 N. 3rd Ave
Rockaway Beach, OR 97136

Lifetouch.



Welcome Neah-Kah-Nie High School!

Thank you for choosing Lifetouch Photography!

School Name: Neah-Kah-Nie High School
Picture Day Date: Monday, October 16
Picture Day ID: EVTTFVTS2

[Click Here to Pre-order Pictures Online](#)

Picture Day is Monday, October 16th

NKN CROSS COUNTRY TEAM

ALDERBROOK GOLF COURSE

18 OCTOBER 23

COME OUT AND CHEER
ON THE
PIRATES XC TEAM

ALDERBROOK GOLF COURSE
7300 ALDERBROOK RD
SEE YA THERE!

THE COURSE IS VERY SPECTATOR FRIENDLY AND WITH 20
HIGH SCHOOL TEAMS COMPETING, THIS WILL BE A HIGH-
ENERGY AND EXCITING EVENT.

MS-4:00 PM HS-4:50 PM

National Honor Society

In September, the National Honor Society volunteered at the Mudd Nick Foundation Dinner and Auction. Students greeted guests, served appetizers, cleared guests plates, and cleared off tables at the end of the event.

We will be having another induction ceremony in mid-November for students who would like to be a member of the National Honor Society. Students who are Sophomores, Juniors, or Seniors this year can become a member of NHS. Mrs. Gores has candidate application forms for anyone that is interested. The requirements are having at least a 3.0 GPA and prior experience in leadership and service activities in school and/or the community. Candidate application forms are due Friday, October 6th.



Progress Reports



Oct. 19th-Six (6) week progress reports (athletic eligibility is determined with this grade check).



NEAH-KAH-NIE HIGH SCHOOL

SENIOR NIGHT 2024


Volleyball
Oct 3rd

Cross Country
Oct 18th

Football
Oct. 27

PORTLAND'S CENTERS FOR THE ARTS

Portland Opera presents "Cinderella" at HS Oct. 25 at 1:30 in the lower gym



Student Led/Parent Teacher Conferences

Oct. 26-27

Conferences must be completed for students to pass Advisory-call you advisor to schedule a time that works for you-we are flexible and are willing to find a time that works for families.

Happening from Esther Troyer's Office

ASVAB @ Tue Oct 17, 2023

OSU Rep - Lunch visit @ Tue Oct 17, 2023

TBCC - Adv - Healthcare @ Wed Oct 18, 2023

Juntos - Galley @ Wed Oct 18, 2023 10am - 10:30am

PSU Rep - Advisory @ Mon Oct 30, 2023 10am - 10:30am

Marine - Lunch Table @ Monthly on the second Wednesday

Note from the Nurse

This 2023-24 school year, COVID illnesses in the school setting are treated similar to other respiratory illnesses. This means staff and students are **excluded from school (and school related activities) based on symptoms.**







Please see attached symptom based exclusion chart. Stay home with symptoms outlined by the exclusion chart.

For COVID specifically, consider masking for 10 days from the onset of symptoms.

If your son or daughter requires medication at school, they must be checked with the High School office by the parent or guardian. No medications can be checked in to our office without completed paperwork by the parent or guardian. Please see medication reminder below.

PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 Fever: temperature of 100.4°F (38°C) or greater	*Fever-free for 24 hours without taking fever-reducing medicine.
 New cough illness	*Symptoms improving for 24 hours (no cough or cough is well-controlled).
 New difficulty breathing	*Symptoms improving for 24 hours (breathing comfortably). Urgent medical care may be needed.
 Diarrhea: 3 loose or watery stools in a day OR not able to control bowel movements	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Vomiting: one or more episode that is unexplained	*Symptom-free for 48 hours OR with orders from doctor to school nurse.
 Headache with stiff neck and fever	*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions above. Urgent medical care may be needed.
Skin rash or open sores	*Symptom free , which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.
Red eyes with colored drainage	*Symptom-free , which means redness and drainage are gone OR with orders from doctor to school nurse.
Jaundice: new yellow color in eyes or skin	*After the school has orders from doctor or local public health authority to school nurse.
Acting differently without a reason: unusually sleepy, grumpy, or confused.	*Symptom-free , which means return to normal behavior OR with orders from doctor to school nurse.
Major health event , like an illness lasting 2 or more weeks OR a hospital stay, OR health condition requires more care than school staff can safely provide.	*After the school has orders from doctor to school nurse AND after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely.



Important Medication Reminder

High school students are not allowed to have any prescription or over-the-counter medication in their possession (inhalers are the ONLY exception to the rule).

District policy states, "...unlawful drug also means possession, use, sale or supply of prescription and non prescription drugs in violation of Board policy..."

The penalties for possession of unlawful drugs may include, but are not limited to...

First Offense

1. Police notified
2. Third-part drug/alcohol evaluation
3. Up to five day suspension from school
4. A two week activity suspension, including all school-sponsored activities athletics and extracurricular events will be enforced.

Second Offense

1. Police notified
2. Third-part drug/alcohol evaluation if more than 12 months have passed since prior evaluation
3. Up to ten day suspension from school
4. Five week activity suspension, including all school-sponsored activities athletics and extracurricular events will be enforced.

Third Offense

1. Police notified
2. Recommendation for expulsion

Again, students in possession of **ANY** medication (including cough drops, vitamins, acetaminophen, etc) other than an inhaler are considered to be in possession of unlawful drugs and are subject to disciplinary action.

Please do not send **ANY** type of medication to school with your student. High School parents are required to sign a permission form and deliver or pick up **ALL** medications in person.

Please also not: **ALL** medication must be in the original container. Prescription medications must also have the student's and doctor's names and directions clearly marked on the pharmacy label. The label must include the name of the drug, date, dosage frequency, and method of administration.



AT NEAH-KAH-NIE HIGH SCHOOL

HOURS:

Tuesdays	8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>
Wednesdays	8:30 am – 12:30 pm / 1:30 – 4:30 pm <i>(Closed for lunch 12:30 - 1:30 pm)</i>
Thursdays <small>Counseling appointments only</small>	8:30 am – 12:00 pm / 1:00 – 4:30 pm <i>(Closed for lunch 12:00 - 1:00 pm)</i>

SERVICES AVAILABLE:

NKN Student Health & Wellness Center offers various medical services, including:

Regular check-ups	Dental screenings
Sports physicals	Blood-pressure screenings
Care for illness and injury	Health education
Immunizations	Counseling
Routine lab tests	Wellness opportunities
Prescription medications	Referrals for other medical services (Dental, X-rays, MRIs, Specialty)
Age-appropriate reproductive health	
Vision screenings	

Learn more at: NKNHealth.org

NKN Student Health & Wellness Center | Telephone: 503-355-3500 | Fax: 844-720-1901



EN LA SECUNDARIA NEAH-KAH-NIE

HORARIOS:

Martes	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 p. m.)
Miércoles	8:30 am – 12:30 pm / 1:30 – 4:30 pm (Cerrado para almorzar de 12:30 a 1:30 p. m.)
Jueves <small>Citas de consejería solamente</small>	8:30 am – 12:00 pm / 1:00 – 4:30 pm (Cerrado para almorzar de 12:00 a 1:00 pm)

SERVICIOS DISPONIBLES:

El Centro de Salud y Bienestar para los estudiantes de NKN ofrece varios servicios médicos, inclusive:

Controles regulares	Estudios dentales
Exámenes físicos para deporte	Estudios de presión arterial
Atención de enfermedades y lesiones	Educación de salud
Vacunas	Asesoría
Análisis de laboratorio de rutina	Oportunidades de bienestar
Medicamentos de receta	Remisiones para otros servicios médicos (Dental, radiografías, resonancias magnéticas, especialistas)
Salud reproductiva adecuada a la edad	
Estudios de visión	

Conozca más en: NKNHealth.org

NKN Student Health & Wellness Center | Teléfono: 503-355-3500 | Fax: 844-720-1901

Note from Family Resource Coordinator:

Hello from the Family Resource Center. Family Resource is up and running for the new school year. We provide many resources to our students. Every Friday we prepare and hand out bags of food for students in need to take home and eat over the weekend.

If your student could benefit from a food bag please contact:

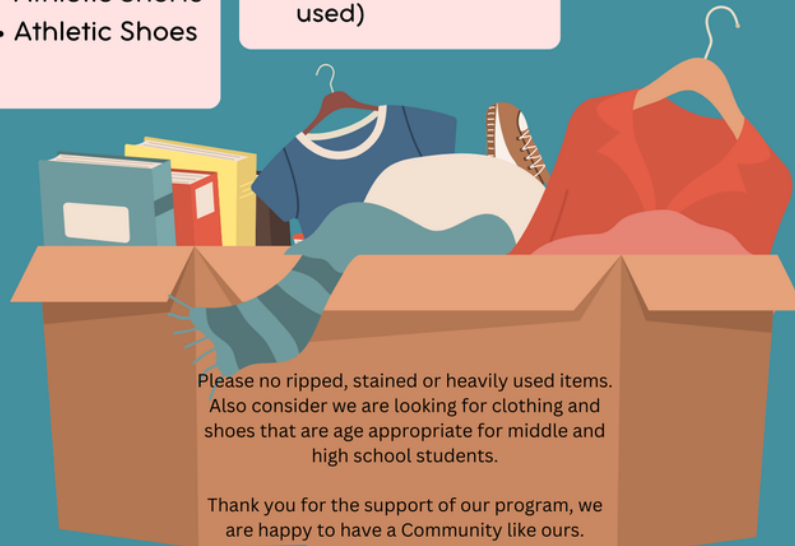
Jen Hopkins at (503)355-3607, or email her at hopkinsj@nknsd.org.

WHAT TO DONATE FOR OUR FRIENDS

- Jeans
- T-shirts
- Hoodies
- Jackets
- Leggings
- Sweaters
- Athletic Shorts
- Athletic Shoes

- School Supplies
- Backpacks
- New Toiletries
- New Hygiene Products
- New Undergarment
- Socks (new or lightly used)

- Dry Pantry Goods (not expired)
- Canned Goods (not expired)
- Frozen Food Items (not expired)



Please no ripped, stained or heavily used items. Also consider we are looking for clothing and shoes that are age appropriate for middle and high school students.

Thank you for the support of our program, we are happy to have a Community like ours.

503-355-3607

Jen Hopkins

hopkinsj@nknsd.org



Winter Sports

Winter Sports will begin soon! First Basketball games will be Nov. 29th. It's not too early to fill out the required paperwork and making sure sports physicals are up-to-date.

1. Fill out the google form online and upload a current physical

Spanish- <https://forms.gle/DyFTKjA2HBQtNhG68>

Enlish- <https://forms.gle/a4pp4kiaxrca17f7A>

2. Contact Amy in the front office to receive hard copies.

Contact the office for more details. Please remember that there is a certain number of practices that are required before an athlete can participate in a game/event.

Winter Sports schedule will be posted at <https://www.smore.com/qdvre> as soon as games/meets are all confirmed.

NKN Unified Soccer League

The NKN Unified Soccer team will be playing three league games and one tournament in October. Please contact Carlotta Roddy (carlottar@knksd.org) if you would like to participate. Her classroom is located near the front entrance. Click for more information regarding [Unified Champion Schools](#).



October 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9 JV @ Carlton 8:00 PM	10	11	12	13 @ Ninesboro 7:00 PM	14
15	16 JV @ Home vs gym/FH	17	18	19	20 @ Home vs Salem/FH	21
22	23 JV @ Ninesboro gym/FH	24	25	26	27 @ Home vs Salem/FH	28
29	30	31				

Football October

Lady Pirates August 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
6	7 Madras/OHS Camp 8:00 AM	8 Madras/OHS Camp 8:00 AM	9 Madras/OHS Camp 8:00 AM	10	11	12
13	14 Doubles 8:00-12:00	15 Doubles 8:00-12:00	16 Doubles 8:00-12:00	17 Doubles 8:00-12:00	18 Doubles 8:00-12:00	19
20	21 Doubles 8:00-12:00	22 Doubles 8:00-12:00	23 Doubles 8:00-12:00	24 Warrenton JV gym/FH 8:00-12:00	25 Doubles 8:00-12:00	26
27	28 @ Fall Mountain 8:00-12:00	29 Doubles 8:00-12:00	30 Doubles 8:00-12:00	31 Doubles 8:00-12:00		

Volleyball October

October 2023						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18 NKN Unified gym/FH	19	20	21
22	23	24 Warrenton vs Salem 8:00 PM	25	26	27	28
29	30	31				

**Cross Country
October**

This week in Pirate Sports

Check here for sport updates and streaming

SPEECH/DEBATE
TUESDAY AND WEDNESDAY
4:00-6:00
SHELBYD@NKNSD.ORG

NOSB
MARKM@NKNSD.ORG

NKN HS

JUNTOS
NATALIE.MACIAS@OREGONSTATE.EDU

NATIONAL HONOR SOCIETY
KIMG@NKNSD.ORG

FRNL

ROBOTICS
MONDAY & THURSDAY
4:00-6:00
KATHRYNH@NKNSD.ORG

STEPHENA@NKNSD.ORG

UNIFIED SPORTS
CARLOTTAR@NKNSD.ORG

STUDENT GOVERNMENT
RYANKEE@NKNSD.ORG



CHESS FOR SUCCESS
JAMESJ@NKNSD.ORG

PIRATE PLAYERS
STEPHENJC@NKNSD.ORG

Meal Time

Mealtime Annual Renewal

Mealtime Annual Renewal is now open for parents/guardians. Please use <https://www.mymealtime.com/> link or see the attachment for steps to renew.

If you received a letter from the district office saying your family was already directly certified, you do not need to apply.



F_R application instructions 2023.pdf

Download

2.4 MB



F_R application instructions_Spanish_2023 (1).pdf

Download

2.0 MB



Free and Reduced application 2023.pdf

Download

276.7 KB

ParentVUE

ParentVUE Online Verification ParentVUE not only allows parents/guardians to complete online verification, but also provides valuable information throughout the school year.

Parents of middle and high school students can also access schedules, grade book information, course history, reportcards and more. Click the link to access ParentVUE. https://parent-neahkahnie.cascadetech.org/neahkahnie/PXP2_Login.aspx

Verification was DUE on 9/21/2023. Contact Mary at the school office if you still need help setting up ParentVue. 503-355-3553

Oregon College Savings Plan

The Oregon Treasury Savings Network (OTSN) want to make sure parents are aware of the benefits the Oregon College Savings Plan (OCSP) can provide in helping offset some of the costs associated with attending a post-secondary institution. Whether a child is starting their academic career in kindergarten, or getting ready to graduate high school as a senior, we believe having an OCSP account can help.

You can learn more by visiting Oregon College Savings Plan at

<https://www.oregoncollegesavings.com/>

Counselor's Corner

Link to Resources



In light of the pandemic and issues some students have faced with meeting their graduation requirements, the Neah-Kah-Nie school board decided to reduce graduation requirements to 24 credits. This is a reduction of elective credits needed for graduation for the classes of 2024. Those students who have completed graduation requirements are encouraged to stay and explore additional classes, take college courses or participate in job shadows and internships. We thank the school board for providing an equitable option for our struggling students and celebrate those students who go above and beyond to prepare for their futures!

Having a diploma is an important step in preparing students for future success. The knowledge, skills and habits a student develops while being in school, help to prepare them for success as an adult.

Developing good study habits and working on self-management skills are an important piece of being successful, both at school and at work! Be on time to class...turn in assignments on time...phones off and away during class - these are all expectations teachers have of students that directly relate to the world of work.

Students who are struggling or are not currently on track to graduate should be encouraged to stay for after-school study hall to complete homework assignments or to make up classes needed for graduation. A little bit of work now can have some huge payoffs for the future!



TOGETHER
for Mental Health

#Together4MH



Mental health is an incredibly important part of our overall health. We're strongest when we join **Together for Mental Health** to advocate for resources, support and access to quality care.

nami.org/mentalhealthmonth

Home of the Pirates

COMMUNITY



**BRING THE
WORLD**
into your
FAMILY

Being a host family is as rewarding for you as it is for the international student you bring into your home. You learn about another culture, you provide a once-in-a-lifetime experience for a teenager from across the globe, and you form a relationship that will stay with you and your family forever.

Trust EF High School Exchange Year to ensure that your exchange experience is the best it can be. We offer:

- A local coordinator who helps you select the right student, and works with your school.
- Great support throughout the exchange.
- Students who have been carefully screened for language, attitude and grades.
- Students who bring their own spending money and insurance.

To learn more about hosting contact:

HEATHER CONNER & BRACY POPPELL

971-227-2958

HEATHER.CONNER1976@GMAIL.COM



High School Exchange Year

1-800-447-4273 | efexchangeyear.org

WE ARE HIRING!

Neah-Kah-Nie School District Job's listing

AN OPPORTUNITY AWAITS!

DIVERSE EDUCATOR PATHWAY

We are looking to fill critical shortages of bilingual and/or culturally competent teachers in the Neah-Kah-Nie school district through a "grow your own" program.



Qualifications:
any student/classified staff or community member with a desire to be a pre-school, elementary, middle, or high school teacher who is racially and/or linguistically diverse.

Contact:

High School Counselor: Esther Troyer, esthert@nknsd.org

Spanish Speaking Liaison:

Alejandro Quintana, alejandroqr@nknsd.org



**SUBSTITUTES
APPLY NOW**

ESS
Every day counts.

ESS.com



FLASH ALERT

Spring is upon us! Make sure you are signed up for Flash Alert to keep you up to date on school changes!

<http://flashalert.net/news.html?id=1123>

To keep up on weather alerts you can sign up for messages from Nixle on the link below.

<https://local.nixle.com/register/>

To make a donation to Mudd Nick Foundation ~Click Here

Every year the Mudd Nick Foundation provides funds to further the education to our students through field trips, supplies, and so much more

Neah-Kah-Nie School District has contracted with [ESS](#) for our substitute services. To become a substitute for the District please go to [ESS.com](#), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process.

If you have questions about the application process, or becoming a substitute, please contact our Human Resources office at 503-355-3506.

TILLAMOOK COUNTY MENTAL HEALTH CRISIS LINE LÍNEA DE CRISIS DE SALUD MENTAL DEL CONDADO DE TILLAMOOK

Life can be stressful and overwhelming daily for adults and children/teens alike. Tillamook County residents have access to a 24-hour crisis response mobile unit:

Tillamook County Mental Health Crisis Line 503-842-8201

Suicide Prevention Lifeline

1-800-SUICIDE (784-2433)

1-800-273-TALK (8255)

In Crisis? Text 741741



Safe Oregon Oregon seguro

