



Start Times Study 2022-2023

Purpose:

To review secondary start times and make an informed decision understanding the research and impacts on students, families and staff.

Rationale for Study:

In support of the social, emotional, physical and academic well-being of our students, and in alignment with the social emotional goals in the district strategic plan, administration is investigating school start times. A [growing body of research](#) indicates a later start time, no earlier than 8:30 a.m., is healthier for secondary aged students. Currently, both Okemos High and Chippewa Middle Schools are not aligned with the research as they have start times of 7:45 and 8:00 am, respectively.

Outcomes:

- Understand current research on school start times
- Understand the past options looked at by the district
- Understand the districts' transportation system and its impact on start times
- Survey and engage community to better understand the impacts of following two start time options that meet the research:
 - Move all start times later
 - Flip flop elementary and secondary start times
- Consider factors in recommendation change the start time
- Establish a timeline for the change, if one is made
- Communicate outcomes with community

Tentative Process: Timeline: December 2022- April 2023

December 12, BOE – Overview of research, past presentations, current survey, and work to prepare for work session

BOE Worksession – Perform a SWOT analysis on district level data from student, community and staff lens, Understand the benefits and drawbacks of each option

Jan/Feb BOE – Summarize SWOT analysis for community, discuss and reach consensus on next steps: develop model for option(s), keep status quo, other

If needed:

February – Finalize recommendation, gather community feedback

Board meeting March - Present recommendation to Board

Board meeting April – Action by Board