

# BLACKFEET NATIVE AMERICAN STUDIES

## NEWSLETTER

### sāa•āaks ö̀tsito´toō`pi

(When the geese return)

#### BNAS DEPARTMENT



#### BNAS STAFF

**Location:**Napi 338-2835 ext. 4187



**Director- Robert Hall**

ō`nōkīykū̀tsis  
"Elk Shirt"

Robert Hall

[roberth@bps.k12.mt.us](mailto:roberth@bps.k12.mt.us)



**Instructional Coach - Lea Whitford**

maistwāakii  
"Crow Woman"

[leaw@bps.k12.mt.us](mailto:leaw@bps.k12.mt.us)



**Newsletter/Website Shaylea Tatsey**

āa`sō`woōtāanākii  
"Good Shield Woman"

[shayleat@bps.k12.mt.us](mailto:shayleat@bps.k12.mt.us)

#### Important Dates & Events

"Women's History Month"

- 3/14 Daylight Savings
- 3/17 St. Patricks Day & Third Quarter Ends
- 3/18 Students Return Back to School
- 3/22 1st day of Spring
- 3/29-4/2 SPRING/EASTER BREAK

#### BLACKFOOT WORDS AND PHRASES:

sāa•āaks ö̀tsito´toō`pi (When the Geese arrive)

mo´to´yii - spring

nāapii ö̀ttō`piim - Rainbow (Naapii's rope)

ksisstiikoōm - Thunder

pāppō´mm - Lightening

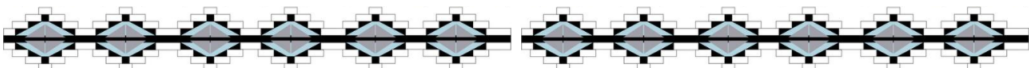
ātüksāakssin - Box

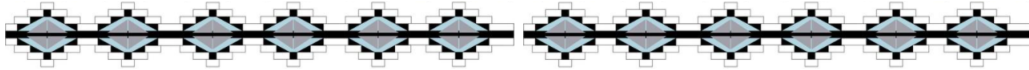
āpūtātüksāakssin - Truck (Box in the Back)

piikūniipāattūpiisin - Piikuni way of life

āak`tsii - gambler

iitāak`tsō´p´ - Casino





## Resources

### IEFA

[Upcoming Events](#)

[Classroom Resources](#)

[Native Education For All](#)

[Amplify the Voices of Contemporary Native Leaders in Your Classroom](#)

### BPS BNAS WEBSITE....

Under Construction

[Click on me :\)](#)

### The BNAS Lesson Plans: **March**

Click on the BLUE words to go to the hyperlink to the BNAS Committee Lesson Plan Drive. In the summer of 2020 a group of BPS teachers worked to create lesson plans to support the BNAS curriculum and provide resources for ALL BPS teachers. The links to the lessons are below, each month there are four categories to choose from. Teachers, if you decide to use the resources they are in a format so you can adjust them for your classes. **Please don't make changes to the original documents, make a COPY and change the file name. We would like to encourage teachers to use these lesson plans for use in your classes as a way to support the Culture Matters pillar in the BPS strategic plan.**

**Culture:** [Star Stories](#)

**Design:** [Medicine Wheel](#)

**History:** [Blackfeet Tribal Council/Government](#)

**Language:** [Blackfoot Lang. Positional Phrases](#)

**Blackfeet Native American Studies Browning Public Schools YouTube Site:**

<https://www.youtube.com/channel/UCzPmwZzDBG5gDWSrZ-tyzdQ/featured>

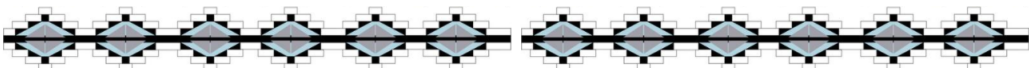
# BNAS ART CONTEST

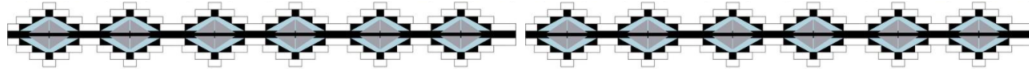
The BNAS (Blackfeet Native American Studies) is inviting all students to submit drawings for BNAS projects. Each student is allowed to submit:

- 1) one drawing for a logo the BNAS will adopt as their official logo.
- 2) one submission for a mural to be painted on the outside of the BNAS department (which is located in the western part of Napi, directly facing BES).
- 3) one picture to be used for a coloring book (such as a horse, a tipi, Chief Mountain)

**Be sure to include the name of the student, their grade/age, and their teacher!**

**Deadline for submissions is March 25th. Thank you, good luck, and have fun!**





# Women's History Month



## Resource Links:

Montana Women's History

<http://montanawomenshistory.org/>

Fort Shaw basketball team

<http://montanawomenshistory.org/champions/>

Amplifying Indigenous Experiences PBS All-Stars Lessons

[https://thinktv.pbslearningmedia.org/resource/amplifying-indigenous-experiences-video-gallery/all-stars-lessons/?utm\\_medium=email&utm\\_source=govdelivery#.YD5nMF1KhQI](https://thinktv.pbslearningmedia.org/resource/amplifying-indigenous-experiences-video-gallery/all-stars-lessons/?utm_medium=email&utm_source=govdelivery#.YD5nMF1KhQI)

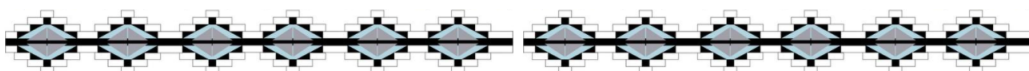
Elouise Cobell

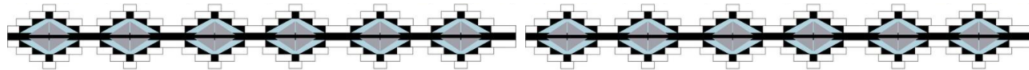
<http://montanawomenshistory.org/elouise-pepion-cobell-banker-warrior/>

Helen P Clarke - Piikuni Woman

<http://montanawomenshistory.org/wp-content/uploads/2013/11/Graybill-Andrew-R.-Helen-P.-Clarke.pdf>

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# Blackfeet Skies

[Booklet](#)

[The Bunched Stars](#)

[Scarface](#)

[The Girl Who Married The Star](#)



Seven Brothers and Little sister (Big Dipper)

Lost Children or Bunched Stars (Pleiades)

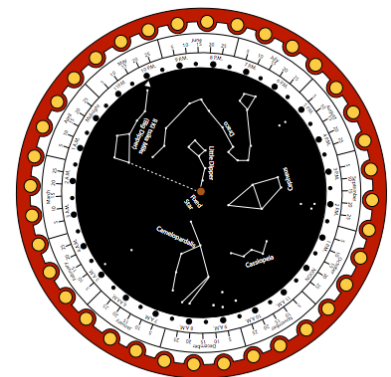
Wolf Trail (Milky Way)

Morning Star (Venus)

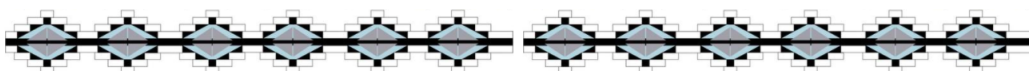
Sun

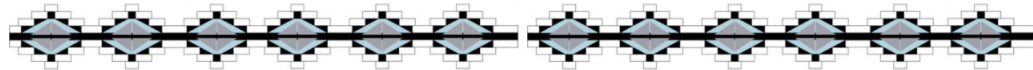
Moon

Many Moons



Assembled Star Clock





# MEDICINE WHEEL

## PHYSICAL HEALTH

**Physical health** consists of how well your body functions: **Physical activity** - includes strength, flexibility, and endurance **Nutrition and diet** - includes nutrient intake, fluid intake, and healthy digestion **Alcohol, drugs & tobacco** - includes the abstinence from or reduced consumption of these substances **Medical self-care** - includes addressing minor ailments or injuries and seeking emergency care as necessary **Rest and sleep** - includes periodic rest and relaxation, along with high quality sleep

## MENTAL EMOTIONAL HEALTH

Mental health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices.

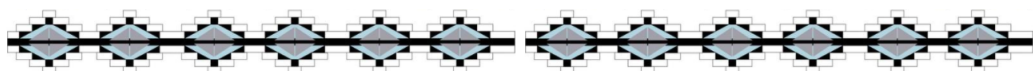
## SPIRITUAL CULTURAL HEALTH

**"Do you have a purpose?"**

**Spiritual health is achieved when you feel at peace with life. It is when you are able to find comfort in even the hardest of times. The collective beliefs and customs and behaviors of the Blackfeet people. (i.e., ceremonies, sweats, pow-wow's, dance, song...)**

## SOCIAL HEALTH

**Social health is the way you get along with others. It includes the ability to make and keep friends and to work and play in cooperative ways, seeking and lending support when necessary. It involves communicating well and showing respect and care for yourself and others. Important aspect of social health is family. Family relationships solidify social health.**





# Teacher Spotlight

Hello, I'm Jaylyn Parrent. I hail from Salish country. I received a scholarship to rodeo for University of Great Falls, and played a year of volleyball as well. I recently completed my masters through MSU Northern, and highly recommend the program. I spend my free time on the back of a horse with a rope in my hand and I'm very honored to be a part of the Immersion program here at Napi.

**Subject(s), Grade & School you teach at:** 4th grade @ Napi

**What is your favorite part of working for BPS?** Great communication and helpful community.

**What topic is your favorite to teach about in the BNAS curriculum?** I love learning the blessing, and hearing the kids' names.

**Who has inspired you the most as a teacher?**

My mom, she was a teacher forever.

**What have you learned the most from virtual/remote learning?**

Patience, letting go of perfection and being a breath of fresh air for the kids.

**Provide tips or advice that may help fellow teachers:** Find the joy, many parts are stressful and difficult, but there's always something to enjoy while being a teacher. (Smiles, organization, or just the satisfaction of being with students)

**Culture Matters:** After a few lessons choosing people to report on for biographies, our grade level we ordered modeling clay that had different types of (skin-color) and the students picked a tribal leader or person for Black History Month to construct a person and then took pictures and posted them to a slide show. (pictured to the right)

*Jaylynn Parent*



*Crazy Horse by Anaiah Old Horn*

