

# THE MONTHLY FEED - JUNE 2024

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## NUTRITION SERVICES

Lincoln County School District  
School Meals Gardens Food Pantry



HELL  
Summer

LCSD will again be offering **free** breakfast and lunch to kids 18 and under during the summer months. No income verification is required.

Sites open Mon-Fri 6/17/2024 - 8/16/2024 Closed 7/4 & 7/5

Newport Middle: Breakfast 8:00-8:30AM, Lunch 12:00-12:30

Toledo Elementary: Breakfast 8:00-8:30AM, Lunch 12:15-1:00

Crestview Elementary: Breakfast 8:00-8:30AM, Lunch 12:15-1:00

Oceanlake Elementary: Breakfast 8:00-8:30AM, Lunch 12:15-1:00

Please visit our webpage for a full detailed list of meal site dates and times.  
<https://lincoln.k12.or.us/resources/family/schoolmenus/>

## GARDEN HARVEST-GROWING OUR OWN

Our Newport School Gardens have harvested over 216 pounds of vegetables and herbs this school year. \*This tally does not include all the carrots, sugar-snap peas and radishes consumed by students in the gardens.

216 pounds





# WHAT'S GROWING ON?

-LCSD SCHOOL GARDENS-

## -SAVE THE DATE-



**RAISE YOUR HAND IF YOU LOVE SCHOOL GARDENS**



**COME LEARN ABOUT YAQUINA VIEW ELEMENTARY'S SCHOOL GARDEN COMMITTEE**  
teachers • parents • students • volunteers

Join us for an informational garden party and learn how you can get involved with supporting garden education at YV

Light garden refreshments served  
July 11, 4:00-7:00pm

351 SE Harney St  
Newport, OR 97365  
Questions? Call Sara Gibson (678) 817-2558  
sara.gibson@lincoln.k12.or.us

# FRESH FRUIT AND VEGETABLE PROGRAM (FFVP)



The Fresh Fruit and Vegetable Program (FFVP) is an important tool in our effort to combat childhood obesity. The program has been successful in introducing elementary school children (K-8) to a variety of produce that they otherwise might not have the opportunity to sample. This month's menu includes: Mini Cucumbers, English Cucumbers, Orange Cauliflower, Blueberries, Pink Lady Apples, Cherry Tomatoes, and Grapes.

### DID YOU KNOW?

English Cucumbers, unlike regular cucumbers, are seedless! They are also the LARGEST cucumber variety! Long and slender in shape and can grow up to 2 feet long!



# Thank You

Sodexo, our contracted partners in Nutrition Services has donated each LCSD High School a \$500.00 scholarship to support ongoing education for our graduating seniors.

Each school will be responsible for selecting the recipient of this scholarship.

Thank you Sodexo!

Want to be part of an amazing team?  
Go to [us.sodexo.com](http://us.sodexo.com) or call (541) 336-2156.



@lcsdschoolgardens



@Lincoln County Oregon School Gardens

## joke of the month

What is the smartest Insect?  
A spelling Bee!



## FOOD PANTRY

Did you know LCSD Nutrition Services has a food pantry to support students and their families with meals outside of the school day?

If you find yourself in need, contact your school office or Nutrition Services for more information.

