



WEST ORANGE – COVE CISD

505 N. 15th St., P.O. Box 1107

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Anitrea Goodwin

Executive Director of Federal Programs

Date: March 21, 2011

To: WOCCISD Board of Trustees

From: Anitrea Goodwin, District Administrator and Chairperson 

Re: 2010-2011 Annual Report

Per BDF (Legal), the School Health Advisory Council (SHAC) is pleased to submit to you two (2) recommendations for your consideration regarding the health education curriculum. Also a written summary of SHAC activities is included for review.

RECOMMENDATIONS REGARDING THE HEALTH EDUCATION CURRICULUM

1. Adoption of **Choosing The Best**, an abstinence based human sexuality program as a supplement to the Glencoe Health textbook

Implementation:

- o West Orange-Stark High School (WOSHS) students will be given three (3) opportunities to receive said instruction by incorporating this curriculum through the "Fish Camp" program as well as Health and Biology classes.
- o West Orange-Stark Middle School (WOSMS) plans to integrate this curriculum to students in grades 6, 7 & 8 through Physical Education or Science classes.

2. All ninth grade students will be required to take health as a local elective for one (1) semester and earn one-half (1/2) credit

Rationale:

- o Adoption of this curriculum will allow the district to fully teach the state mandated Texas Essential Knowledge and Skills (TEKS) in health.
- o By providing health education students will acquire the information and skills necessary to become healthy adults and learn about behaviors in which they should and should not participate. (See attached health TEKS)
- o Some of our students have experienced pregnancy and/or contracted a Sexually Transmitted Disease (STD) at early ages.
- o The High School and Middle School principals fully support adoption of this curriculum as a means of prevention. (See attached memorandums)



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- The Texas Association for Health, Physical Education, Recreation, and Dance supports a comprehensive sexuality education that is age, developmentally, and culturally appropriate.
- In the United States, schools play a crucial role in promoting health and safety of young people and helping establish lifelong healthy behavior patterns
- The Parent Advisory Council (PAC) fully supports the implementation of a human sexuality curriculum

SUMMARY OF COUNCIL ACTIVITIES

1. Revised the School Health Advisory brochure. A copy of the brochure will be mailed to all parents in the District.
2. Held monthly meetings throughout the school year.
3. Continued review of FITNESSGRAM testing results. (See attachment)
4. West Orange-Stark Elementary School (WOSES) 4th and 5th grade students receive one (1) day of health per week and also partnered with Southeast Texas Food Bank and Texas AgriLife for approximately two (2) weeks in order to provide the "Better Living for Texans" curriculum to its students. This curriculum primarily focuses on nutrition, health, and the importance of hand washing.
5. Patricia Lee, WOSES Assistant Principal, represented our district at the Texas Association of Health, Physical Education, Recreation, and Dance conference in Galveston, Texas. Forty-five (45) WOSES students performed a fitness routine entitled "Get Fit with WOSES".
6. WOSMS received the "Texas Fitness Now" grant in the amount of \$9833. Grant proceeds will be utilized to provide swimming lessons at the City of Orange Natatorium, May 2-20, 2011.
7. Seven (7) representatives from our District attended the Texas School Health Association conference in Houston, Texas.
8. In January, Chartwells conducted a Food Showcase at WOSMS which was highly successful.
9. The Food Service Department has also ordered nutrition posters for each campus.