



# Brownsville Independent School District

Agenda Category: General Function Board of Education Meeting: 06/11/2024

Item Title: <u>QuaverReady SEL</u>	<u>X</u>	Action
_____	_____	Information
_____	_____	Discussion

### BACKGROUND:


QuaverReady SEL will be used to teach universal social-emotional learning curriculum to elementary students in Pre-K – 5<sup>th</sup> grades at all BISD elementary campuses for the 2024-2025 school year. QuaverReady is aligned to the Collaborative Academic Social-Emotional Learning (CASEL) core competencies that include social-awareness, self-awareness, self-management, responsible decision-making skills and relationship skills which are the foundation to the development of healthy social-emotional skills and behaviors in students. QuaverReady offers an evidence-based tiered 36-week curriculum with ready-to-use lessons for grades PreK-5. QuaverReady SEL will provide staff development for campus administration, teachers and counselors to implement the curriculum.

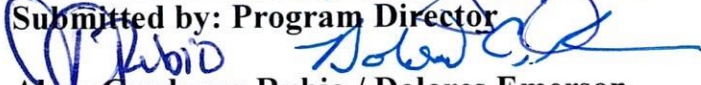
### FISCAL IMPLICATIONS:

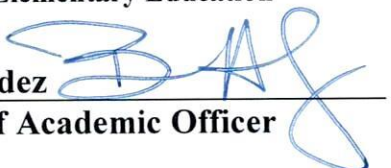
Local Funds - \$71,400.00 – one year curriculum license. The license includes: content updates, staff and student access to resources, 24/7 access to 50+ hours of online resources, customizable lesson plans and SEL music.

### RECOMMENDATION:

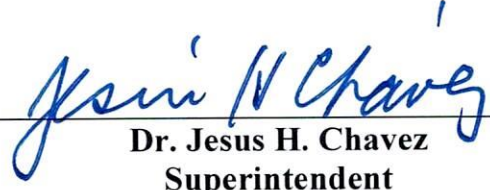
Recommend to renew the purchase of QuaverReady SEL to implement a social-emotional curriculum for all BISD elementary students in grades PreK – 5<sup>th</sup> grade in the 2024-2025 school year.

Sara M. Garza   
 Submitted by: Program Director

Alma Cardenas-Rubio / Dolores Emerson   
 Recommended by: Assistant Superintendent and Executive Director for Elementary Education

Ms. Beatriz Hernandez   
 Approved by: Chief Academic Officer

Approved for Submission to Board of Education:

  
 Dr. Jesus H. Chavez  
 Superintendent



# Quote

Brownsville ISD

Date: 2/5/2024

**License Length: 1 year (7/1/2024-7/1/2025)**

Item Description:	Grades	# of Schools	Price Per School	Total
QuaverReady	PreK-5	34	\$2,100.00	\$71,400.00

*\*includes a discount of \$10,200 for being a QuaverEd partner district*

Quarterly Content Updates INCLUDED

Student Access to Student Resources INCLUDED

24/7 Access to 50+ Hours of Online Resources/PD INCLUDED

			<b>Total</b>	<b>\$71,400.00</b>
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*\*Sales Tax will be included on final invoice unless Tax Exempt Certificate is included at time of purchase.*

**Includes all of the following elements:**

- Customizable Lesson Plans
- Lesson Plan Presenter
- Teacher GradeBook
- Auto-Graded Assessments
- Songs
- Virtual Training Program
- Student Accounts
- Learn At Home Portal

**QuaverEd.com**  
**65 Music Square West**  
**Nashville, TN 37203**

Carlie Phillips  
Director of Sales  
CarliePhillips@QuaverEd.com  
731.697.7809



# Quaver SEL™

## Scope and Sequence

**All Grades**





# Scope and Sequence

# PRE-K

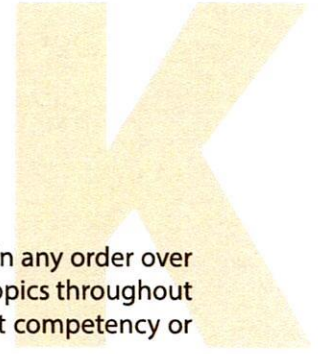
QuaverSEL Lessons are flexible to teacher and student needs. Lessons can be taught in any order over the course of a school year. Below, lessons are organized to cover grade-appropriate topics throughout the year. On the following pages, you'll find the same lessons organized by the target competency or sub-competency.

LESSON	PRE-K LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	Rules Are Important	Self-Management / Self-Discipline
2	My First Day at School	Social Awareness / Respect for Others
3	Saying, "Hello!"	Self-Awareness / Self-Confidence
4	Finding My Way Around	Responsible Decision-Making / Solving Problems
5	Asking Questions	Relationship Skills / Communication
6	Getting to Know Each Other	Relationship Skills / Social Engagement
7	Friends Are Great	Relationship Skills / Relationship Building
8	All Kinds of Friends	Self-Awareness / Recognizing Strengths
9	Ways to Be Happy	Self-Management / Goal Setting
10	What Makes You Happy?	Responsible Decision-Making / Reflecting
11	Sharing	Responsible Decision-Making / Identifying Problems
12	I Can Share	Responsible Decision-Making / Ethical Responsibility
13	Being Kind	Social Awareness / Empathy
14	Take the Time to Be Kind	Social Awareness / Perspective Taking
15	Learning to Listen	Self-Management / Impulse Control
16	Listening Practice	Self-Management / Impulse Control
17	A Good Team	Relationship Skills / Teamwork
18	Working as a Team	Relationship Skills / Teamwork
19	Learning and Growing	Self-Management / Self-Discipline
20	I Am Learning	Self-Management / Self-Motivation
21	Naming My Feelings	Self-Awareness / Accurate Self-Perception
22	How Are They Feeling?	Self-Awareness / Identifying Emotions





# Scope and Sequence



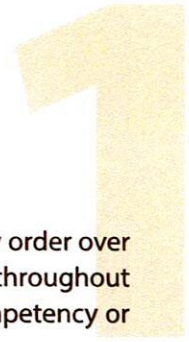
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LESSON	KINDERGARTEN LESSON	COMPETENCY
1	I Am Happy	Self-Awareness / Identifying Emotions
2	Following Rules	Self-Management / Self-Discipline
3	Learning to Listen	Social Awareness / Respect for Others
4	Making Friends	Relationship Skills / Relationship Building
5	I Care	Responsible Decision-Making / Ethical Responsibility
6	I Am Confident	Self-Awareness / Self-Confidence
7	I Am Growing	Self-Management / Goal Setting
8	Please and Thank You	Social Awareness / Respect For Others
9	Working Together	Relationship Skills / Teamwork
10	Finding My Way	Responsible Decision-Making / Solving Problems
11	Discovering My Strengths	Self-Awareness / Recognizing Strengths
12	Putting Things in Order	Self-Management / Organizational Skills
13	I Am Different From You	Social Awareness / Perspective-Taking
14	Sharing and Taking Turns	Relationship Skills / Social Engagement
15	What Is a Problem	Responsible Decision-Making / Identifying Problems
16	How I Feel	Self-Awareness / Accurate Self-Perception
17	I Feel Overwhelmed	Self-Management / Stress Management
18	We Are Different	Social Awareness / Appreciating Diversity
19	Talking to Each Other	Relationship Skills / Communication
20	What's Happening	Responsible Decision-Making / Analyzing Situations
21	I Can Do It	Self-Awareness / Self-Efficacy
22	Controlling Myself	Self-Management / Impulse Control
23	Understanding Others' Feelings	Social Awareness / Empathy
24	I Can Make It Better	Responsible Decision-Making / Evaluating
25	Why We Go to School	Self-Management / Self-Motivation
26	What Can I Remember?	Responsible Decision-Making / Reflecting
27	Be a STAR Student	SEL Plus - Academic Achievements
28	Using Kind Words	SEL Plus - Bullying
29	Safe and Unsafe Strangers	SEL Plus - Personal Safety
30	What Is Honesty?	SEL Plus - Honesty
31	Trying New Things	SEL Plus - Anxiety
32	Being Disappointed	SEL Plus - Disappointment
33	We Have Different Feelings	SEL Plus - Moods
34	K-2nd: Coping With Difficult Times	SEL Plus - Transition
35	K-2nd: What Is Grief?	SEL Plus - Grief





# Scope and Sequence



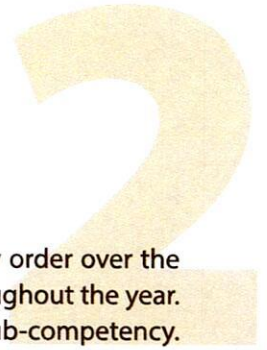
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LESSON	1 <sup>ST</sup> GRADE LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	Sharing Happiness	Self-Awareness / Identifying Emotions
2	Rules Help Us	Self-Management / Self-Discipline
3	Listening Carefully	Social Awareness / Respect for Others
4	Friends Are Special	Relationship Skills / Relationship Building
5	What I Care About	Responsible Decision-Making / Ethical Responsibility
6	Building Confidence	Self-Awareness / Self-Confidence
7	Setting Goals	Self-Management / Goal Setting
8	Good Manners	Social Awareness/ Respect For Others
9	Parts of a Team	Relationship Skills / Teamwork
10	Finding Our Way	Responsible Decision-Making / Solving Problems
11	Sharing My Strengths	Self-Awareness / Recognizing Strengths
12	Organizing Myself	Self-Management / Organizational Skills
13	Understanding You	Social Awareness / Perspective Taking
14	The Golden Rule	Relationship Skills / Social Engagement
15	Working Through Problems	Responsible Decision-Making / Identifying Problems
16	Showing My Feelings	Self-Awareness / Accurate Self-Perception
17	I Feel Stressed	Self-Management / Stress Management
18	Why We're Different	Social Awareness / Appreciating Diversity
19	Having a Conversation	Relationship Skills / Communication
20	Understanding Situations	Responsible Decision-Making / Analyzing Situations
21	Positive Mindset	Self-Awareness / Self-Efficacy
22	Practicing My Self-Control	Self-Management / Impulse Control
23	Understanding My Friends	Social Awareness / Empathy
24	Understanding What Worked	Responsible Decision-Making / Evaluating
25	Things I Should Do	Self-Management / Self-Motivation
26	How Do I Reflect?	Responsible Decision-Making / Reflecting
27	Trying My Best	SEL Plus – Academic Achievements
28	Standing Up for Me	SEL Plus – Bullying
29	Safe and Unsafe Touch	SEL Plus – Personal Safety
30	Why Honesty Is Important?	SEL Plus – Honesty
31	Changes Are Okay	SEL Plus – Anxiety
32	Understanding Disappointment	SEL Plus – Disappointment
33	Having Two Feelings at the Same Time	SEL Plus – Moods
34	K-2nd: Coping With Difficult Times	SEL Plus – Transition
35	K-2nd: What Is Grief?	SEL Plus – Grief





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LESSON	2 <sup>ND</sup> GRADE LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	Identifying Strong Feelings	Self-Awareness / Identifying Emotions
2	The Reason for Rules	Self-Management / Self-Discipline
3	Listening to Others	Social Awareness / Respect for Others
4	What Makes a Good Friend?	Relationship Skills / Relationship Building
5	Trustworthiness	Responsible Decision-Making / Ethical Responsibility
6	Showing I Am Confident	Self-Awareness / Self-Confidence
7	Setting a Short-Term Goal	Self-Management / Goal Setting
8	Respect for My Family	Social Awareness/ Respect For Others
9	Types of Teams	Relationship Skills / Teamwork
10	Asking for Help	Responsible Decision-Making / Solving Problems
11	My Strengths and Weaknesses	Self-Awareness / Recognizing Strengths
12	Organization Is Important	Self-Management / Organizational Skills
13	My Habits Are Different From Yours	Social Awareness / Perspective Taking
14	Including Others	Relationship Skills / Social Engagement
15	Big and Small Problems	Responsible Decision-Making / Identifying Problems
16	What My Feelings Mean	Self-Awareness / Accurate Self-Perception
17	Causes of Stress	Self-Management / Stress Management
18	Our Differences Affect Our Choices	Social Awareness / Appreciating Diversity
19	People I Can Talk To	Relationship Skills / Communication
20	Major and Minor Situations	Responsible Decision-Making / Analyzing Situations
21	Growth Mindset	Self-Awareness / Self-Efficacy
22	Controlling My Emotions	Self-Management / Impulse Control
23	Feeling What Others Feel	Social Awareness / Empathy
24	How to Evaluate Something	Responsible Decision-Making / Evaluating
25	What Is Motivation?	Self-Management / Self-Motivation
26	What Is the Purpose of Reflecting?	Responsible Decision-Making / Reflecting
27	When I Don't Understand	SEL Plus – Academic Achievements
28	Bullies, Bystanders, and Victims	SEL Plus – Bullying
29	Getting Lost	SEL Plus – Personal Safety
30	Telling the Truth	SEL Plus – Honesty
31	What to Do When I Worry	SEL Plus – Anxiety
32	When I Don't Get My Way	SEL Plus – Disappointment
33	What Is a Mood?	SEL Plus – Moods
34	K-2nd: Coping With Difficult Times	SEL Plus – Transition
35	K-2nd: What Is Grief?	SEL Plus – Grief





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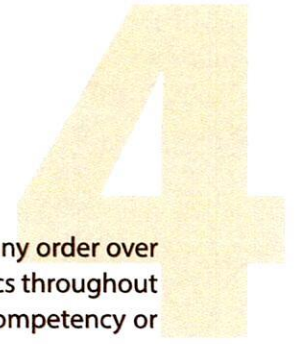
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LESSON	3 <sup>RD</sup> GRADE LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	When I Feel Angry	Self-Awareness / Identifying Emotions
2	Making Rules for Myself	Self-Management / Self-Discipline
3	Benefits of Listening	Social Awareness / Respect for Others
4	Signs of a Strong Friendship	Relationship Skills / Relationship Building
5	My Responsibilities	Responsible Decision-Making / Ethical Responsibility
6	Value of Self-Confidence	Self-Awareness / Self-Confidence
7	Goals and Motivation	Self-Management / Goal Setting
8	Respect for My School	Social Awareness/ Respect For Others
9	Building a Strong Team	Relationship Skills / Teamwork
10	Brainstorming Solutions	Responsible Decision-Making / Solving Problems
11	Overcoming My Weakness	Self-Awareness / Recognizing Strengths
12	Organizing and Prioritizing My Work	Self-Management / Organizational Skills
13	We All See Things Differently	Social Awareness / Perspective-Taking
14	Solving Conflict	Relationship Skills / Social Engagement
15	What Caused the Problem?	Responsible Decision-Making / Identifying Problems
16	Perserverance	Self-Awareness / Accurate Self-Perception
17	Managing Stress	Self-Management / Stress Management
18	Learning About Cultures	Social Awareness / Appreciating Diversity
19	Different Ways to Communicate My Feelings	Relationship Skills / Communication
20	Breaking Down Situations	Responsible Decision-Making / Analyzing Situations
21	Succeeding in a New Situation	Self-Awareness / Self-Efficacy
22	Thinking Things Through	Self-Management / Impulse Control
23	My World is Bigger Than Me	Social Awareness / Empathy
24	Evaluating My Day	Responsible Decision-Making / Evaluating
25	Exploring Motivation	Self-Management / Self-Motivation
26	Reflecting With Others	Responsible Decision-Making / Reflecting
27	Improving My School Work	SEL Plus – Academic Achievements
28	Assertiveness and Bullying	SEL Plus – Bullying
29	What to Do in an Emergency	SEL Plus – Personal Safety
30	What Is Integrity?	SEL Plus – Honesty
31	What I Can and Can't Control	SEL Plus – Anxiety
32	How to Lose Respectfully	SEL Plus – Disappointment
33	When I Don't Like My Mood	SEL Plus – Moods
34	3rd–5th: Beginning Again	SEL Plus – Transition
35	3rd–5th: Dealing With Grief	SEL Plus – Grief





# Scope and Sequence



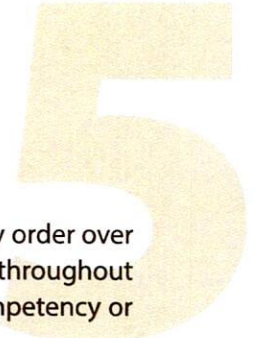
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LESSON	4 <sup>TH</sup> GRADE LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	Understanding My Feelings	Self-Awareness / Identifying Emotions
2	Benefits of Self-Discipline	Self-Management / Self-Discipline
3	Thinking Before Speaking	Social Awareness / Respect for Others
4	Celebrating Our Friendships	Relationship Skills / Relationship Building
5	Understanding Right from Wrong	Responsible Decision-Making / Ethical Responsibility
6	Recovering My Self-Confidence	Self-Awareness / Self-Confidence
7	Setting Long-Term Goals	Self-Management / Goal Setting
8	Respect for My Community	Social Awareness/ Respect For Others
9	Keeping the Team Together	Relationship Skills / Teamwork
10	Making the Right Decision	Responsible Decision-Making / Solving Problems
11	My Personality Traits	Self-Awareness / Recognizing Strengths
12	Optimizing My Time	Self-Management / Organizational Skills
13	My Actions and Words Affect Others	Social Awareness / Perspective-Taking
14	What Is Bullying?	Relationship Skills / Social Engagement
15	Preventing the Problem	Responsible Decision-Making / Identifying Problems
16	Improving Myself	Self-Awareness / Accurate Self-Perception
17	Different Types of Stress	Self-Management / Stress Management
18	Similarities and Differences of Cultures	Social Awareness / Appreciating Diversity
19	Reading Body Language	Relationship Skills / Communication
20	Learning from Situations	Responsible Decision-Making / Analyzing Situations
21	Steps to Complete a Task	Self-Awareness / Self-Efficacy
22	Controlling My Thoughts	Self-Management / Impulse Control
23	How to Express Empathy	Social Awareness / Empathy
24	Evaluating Our Decisions	Responsible Decision-Making / Evaluating
25	Long-Term Motivation	Self-Management / Self-Motivation
26	How Do I Apply My Reflection?	Responsible Decision-Making / Evaluating
27	Good Study Skills	SEL Plus – Academic Achievements
28	Standing Up for Others	SEL Plus – Bullying
29	Setting Personal Boundaries	SEL Plus – Personal Safety
30	Being Honest with Myself and Others	SEL Plus – Honesty
31	What I Feel Anxious About	SEL Plus – Anxiety
32	Setting Realistic Expectations	SEL Plus – Disappointment
33	When a Mood Stays Too Long	SEL Plus – Moods
34	3rd–5th: Beginning Again	SEL Plus – Transition
35	3rd–5th: Dealing With Grief	SEL Plus – Grief





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LESSON	5 <sup>TH</sup> GRADE LESSON	SEL COMPETENCY/SUB-COMPETENCY
1	Dealing with Multiple Feelings	Self-Awareness / Identifying Emotions
2	Practicing Self-Discipline	Self-Management / Self-Discipline
3	Balancing Listening and Talking	Social Awareness / Respect for Others
4	Maintaining Friendship Groups	Relationship Skills / Relationship Building
5	Being a Responsible Citizen	Responsible Decision-Making / Ethical Responsibility
6	I am Valuable	Self-Awareness / Self-Confidence
7	Setting Life Goals	Self-Management / Goal Setting
8	Respect the Planet	Social Awareness/ Respect For Others
9	Being a Strong Team Leader	Relationship Skills / Teamwork
10	Short-Term and Long-Term Solutions	Responsible Decision-Making / Solving Problems
11	Using My Strengths to Help Others	Self-Awareness / Recognizing Strengths
12	Organize, Prioritize, Optimize	Self-Management / Organizational Skills
13	Results of Different Perspectives	Social Awareness / Perspective-Taking
14	Conflict vs. Bullying	Relationship Skills / Social Engagement
15	My Friend Has a Problem	Responsible Decision-Making / Identifying Problems
16	Understanding My Personality	Self-Awareness / Accurate Self-Perception
17	Consequences of Stress	Self-Management / Stress Management
18	Appreciating Diversity	Social Awareness / Appreciating Diversity
19	Having Difficult Conversations	Relationship Skills / Communication
20	Anticipating a Situation	Responsible Decision-Making / Analyzing Situations
21	Character Helps Me Succeed	Self-Awareness / Self-Efficacy
22	Impulses and My Brain	Self-Management / Impulse Control
23	Empathy in Action	Social Awareness / Empathy
24	Evaluating Information	Responsible Decision-Making / Evaluating
25	Self-Motivation Leads to Success	Self-Management / Self-Motivation
26	Where Do I Go From Here?	Responsible Decision-Making / Reflecting
27	Setting Yourself up for Future Success	SEL Plus – Academic Achievements
28	Why Bullies Bully	SEL Plus – Bullying
29	Technology Safety	SEL Plus – Personal Safety
30	Consequences of Honesty and Dishonesty	SEL Plus – Honesty
31	Reframing Anxious Thoughts	SEL Plus – Anxiety
32	Handling Broken Promises	SEL Plus – Disappointment
33	Mood: Changes in My Body and My Brain	SEL Plus – Moods
34	3rd-5th: Beginning Again	SEL Plus – Transition
35	3rd-5th: Dealing With Grief	SEL Plus – Grief