

North Valley High School

Knightline Newsletter

January, 2021

Welcome to North Valley High School

Dear NVHS Students and Families,

As many of you already know, Governor Brown and the Oregon Department of Education recently announced that Oregon's K-12 COVID-19 metrics are changing from "mandatory" to "advisory," giving school districts the ability to make decisions in conjunction with local health departments on potentially returning to in-person instruction. As described by the governor, "it has become clear that when community spread is reduced and schools follow required health and safety protocols, there is a low-risk of transmission and illness when students resume in-person instruction."

The district has begun the process of reviewing the new expectations for reopening schools and has asked us to reach out to our families to incorporate your input into the reopening process.

Attached to this email is a survey about onsite learning. It is very short and shouldn't take you much time. The survey will be open until this Friday, January 8th, so be sure to fill it out as soon as possible.

Thanks,

Erik Lathen

Principal

North Valley High School

[SURVEY LINK](#)

Library News

If you are interested in checking out library books, please use this link to find out how.....

https://drive.google.com/file/d/1dqddIT_zL02uriqgHKc1ZUsD8tVaPaEN/view?ts=5fdaa3a1

District Webpage

Everyone is encouraged to visit our district webpage www.threerivers.k12.or.us where updated information can be found regarding subjects such as food deliveries, lunch menus, online parent Canvas training, school board information, our school's blueprints to reopening, bus route information and so much more.

Class of 2021 [CLICK HERE for a link directly to your Senior Meeting!](#)

Graduation Product Timeline for North Valley High School

Click the above link to watch your Senior Meeting or check it out at <https://youtu.be/4g33HOfekV>

- Final payments on all graduation orders are due on **March 1st, 2021**. You can make payments anytime throughout the year online at www.highschool.herffjones.com.

- Delivery of Cap & Gown and Graduation Announcement products **Spring 2021**.

Please feel free to save this image, print it for the fridge, or share it with anyone who may need the information. We look forward to a great year!

Do not hesitate to reach out to us at Royal-T / Herff Jones anytime for assistance at 360-254-7870 or through email at info@royaltpapers.com.

[CLICK HERE](#) to place your order today!!!

Marv Northcutt | Herff Jones

360-254-7870

NVHS Athletics - Soccer, Cross Country, Volleyball, Football

We are excited as we anticipate playing our fall sports season starting on March 1st. Fall sports include soccer, volleyball, football and cross country.

If you have questions regarding fall sports, please contact

karen.cole@threerivers.k12.or.us or tim.sam@threerivers.k12.or.us

DO YOU NEED NORTH VALLEY GEAR?

Visit <https://thestitchinpost.net/nvknights> to purchase your own customized

North Valley gear. They have

hats...t-shirts...jackets...sweatshirts...polos...etc.

North Valley High School Website.....

Log on and check out our North Valley Website at.....

<https://sites.google.com/threerivers.k12.or.us/north-valley-high-school/home>

**School
Websites**

Academic Masters 2021

North Valley High School's Academic Masters Timeline

- Now -January 12th - call the office to let them know which tests you would like to take. You may take up to two tests plus one in Music if you want to (Math, Science, English, Music, Social Studies.)
- January 13th-January 14th 3:00-4:30 pm – any interested student may take up to two test subject tests on campus. If you need help with transportation, please let the office know ahead of time. *If you are chosen to be a semi-finalist, you must be available to participate in the semi-finals to be held on January 21st from 3:00-4:30 pm.*
- January 21st from 3:00-4:30 pm – semi-finals held at NVHS. Each semi-finalist will be given 30 minutes to prepare a prompt to be presented to our in-house judges. Then, the semi-finalist will be given 5 minutes to present their solution to the judges. The judges in each subject will select one student from each subject to become our NHVS finalist.
- February 2021 – our finalists (from the January 21st event) will go to RCC to take the Finalists exams.
- March 2021- The finalists will compete in the evening Oral competition.

If you have any questions, please do not hesitate to call the office (541-479-3388.) We hope that many students will be excited to take the first step in becoming an Academic Master and come take the test.

January 2021

North Valley High
Breakfast

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4	5	6	7	8	9
Main Entrees <ul style="list-style-type: none"> • Mini Blueberry Pancakes Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Soft Filled Cinnamon Toast Sides for All Meals <ul style="list-style-type: none"> • Crunch Bar Milk & Condiments <ul style="list-style-type: none"> • Assorted Fruit Juice • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Egg & Cheese Bagel Sandwich Sides for All Meals <ul style="list-style-type: none"> • Fresh Orange Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Cereal, Cheerios Honey Nut, Bowl, 1 oz • Syrup Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Peach Parfait with Granola Sides for All Meals <ul style="list-style-type: none"> • Assorted Chilled Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Peach Parfait with Granola Sides for All Meals <ul style="list-style-type: none"> • Assorted Chilled Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Corn Chex Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk
10	11	12	13	14	15	16
Main Entrees <ul style="list-style-type: none"> • Peach Parfait with Granola Sides for All Meals <ul style="list-style-type: none"> • Corn Chex Milk & Condiments <ul style="list-style-type: none"> • Assorted Fruit Juice • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Corn Chex Sides for All Meals <ul style="list-style-type: none"> • Fresh Red Delicious Apple Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Biscuit and Sausage Gravy Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Golden Grahams Sides for All Meals <ul style="list-style-type: none"> • Fresh Orange Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain Bagel • Cream Cheese, 1 oz Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain French Toast Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Corn Chex Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk
17	18	19	20	21	22	23
Main Entrees <ul style="list-style-type: none"> • Whole Grain French Toast Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Cheerios Sides for All Meals <ul style="list-style-type: none"> • Fresh Whole Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Apple Cinnamon Muffin Sides for All Meals <ul style="list-style-type: none"> • Assorted Chilled Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Frosted Strawberry Pop-Tart Sides for All Meals <ul style="list-style-type: none"> • Fresh Whole Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Cheerios Sides for All Meals <ul style="list-style-type: none"> • Dried Cranberries Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain Bagel • Cream Cheese, 1 oz Sides for All Meals <ul style="list-style-type: none"> • Dried Cranberries Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain Bagel Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk
24	25	26	27	28	29	30
Main Entrees <ul style="list-style-type: none"> • Egg & Cheese Sandwich Sides for All Meals <ul style="list-style-type: none"> • Dried Cranberries Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain French Toast Sides for All Meals <ul style="list-style-type: none"> • Breakfast Syrup Milk & Condiments <ul style="list-style-type: none"> • Fresh Whole Fruit • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Biscuit and Sausage Gravy Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Golden Grahams Sides for All Meals <ul style="list-style-type: none"> • Fresh Whole Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain Bagel • Cream Cheese, 1 oz Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Whole Grain French Toast Sides for All Meals <ul style="list-style-type: none"> • Fresh Whole Fruit Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk 	Main Entrees <ul style="list-style-type: none"> • Corn Chex Sides for All Meals <ul style="list-style-type: none"> • Assorted Fruit Juice Milk & Condiments <ul style="list-style-type: none"> • 1% Low-fat Milk

January 2021

North Valley High
Lunch

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					8	9
3	4	5	6	7		
American Classics • Cheese Stuffed Breadsticks Extra Extra • Assorted Chilled Fruit • Green Peas Milk & Condiments • 1% Low-fat Milk	American Classics • Classic Chicken Sandwich Extra Extra • Assorted Chilled Fruit • Green Peas Milk & Condiments • 1% Low-fat Milk	American Classics • Turkey Ham and Cheese Hoagie Extra Extra • Fresh Whole Fruit • Seasoned Pinto Beans Milk & Condiments • 1% Low-fat Milk	American Classics • Muffin & Granola Fun Lunch Extra Extra • Fresh Whole Fruit • Seasoned Pinto Beans Milk & Condiments • 1% Low-fat Milk	American Classics • BBQ Meatballs • Chips, Tortilla, Nacho Cheese, Doritos, 1/75 oz Extra Extra • Assorted Chilled Fruit • Sweet Potato Fries Milk & Condiments • 1% Low-fat Milk	American Classics • BBQ Rib-B-Q Sandwich Extra Extra • Dried Cranberries • Corn Salad with Ranch Milk & Condiments • 1% Low-fat Milk	American Classics • Soft Beef Whole Grain Taco Extra Extra • Dried Cranberries • Corn Salad with Ranch Milk & Condiments • 1% Low-fat Milk
10	11	12	13	14	15	16
American Classics • Turkey Hot Dog Extra Extra • Assorted Chilled Fruit • Corn Salad with Ranch Milk & Condiments • 1% Low-fat Milk	American Classics • Turkey Pepperoni Pizza Extra Extra • Fresh Whole Fruit • Tater Tots Milk & Condiments • 1% Low-fat Milk	American Classics • Chicken Philly Cheese Steak Extra Extra • Fresh Whole Fruit • Tater Tots Milk & Condiments • 1% Low-fat Milk	American Classics • Classic Chicken Sandwich Extra Extra • Assorted Chilled Fruit • Sweet Potato Fries Milk & Condiments • 1% Low-fat Milk	American Classics • BBQ Meatballs • Chips, Tortilla, Nacho Cheese, Doritos, 1/75 oz Extra Extra • Assorted Chilled Fruit • Sweet Potato Fries Milk & Condiments • 1% Low-fat Milk	American Classics • Ham & American Cheese Sandwich Extra Extra • Assorted Chilled Fruit • Seasoned Peas Milk & Condiments • 1% Low-fat Milk	American Classics • Yogurt & Graham Cracker Fun Lunch Extra Extra • Assorted Chilled Fruit • Seasoned Peas Milk & Condiments • 1% Low-fat Milk
17	18	19	20	21	22	23
American Classics • Chicken Nuggets • Pretzel Goldfish Extra Extra • Assorted Chilled Fruit • Seasoned Peas Milk & Condiments • 1% Low-fat Milk	American Classics • Classic Cheesburger in Bun Extra Extra • Fresh Whole Fruit • Fresh Broccoli Florets Milk & Condiments • 1% Low-fat Milk	American Classics • Classic Cheesburger in Bun Extra Extra • Fresh Whole Fruit • Fresh Carrots Milk & Condiments • Chocolate Skim Milk	American Classics • Turkey Ham and Cheese Hoagie Extra Extra • Assorted Chilled Fruit • Seasoned Pinto Beans Milk & Condiments • 1% Low-fat Milk	American Classics • Muffin & Granola Fun Lunch Extra Extra • Assorted Chilled Fruit • Seasoned Pinto Beans Milk & Condiments • 1% Low-fat Milk	American Classics • Meatballs in Zesty Marinara • Breadstick Extra Extra • Dried Cranberries • Tater Tots Milk & Condiments • 1% Low-fat Milk	American Classics • Classic Chicken Sandwich Extra Extra • Dried Cranberries • Tater Tots Milk & Condiments • 1% Low-fat Milk
24	25	26	27	28	29	30
American Classics • Teriyaki Beef Extra Extra • Chips, Tortilla, Nacho Cheese, Doritos, 1/75 oz • Mixed Berries • Fresh Broccoli Florets Milk & Condiments • Chocolate Skim Milk	American Classics • Cheese Stuffed Breadsticks Extra Extra • Fresh Whole Fruit • Marinara Sauce Milk & Condiments • Chocolate Skim Milk	American Classics • Chicken Cheese Steak Extra Extra • Fresh Whole Fruit • Fresh Carrots Milk & Condiments • Chocolate Skim Milk	American Classics • Classic Cheesburger in Bun Extra Extra • Fresh Whole Fruit • Fresh Celery Sticks • Salad Dressing, Ranch, Creamy, 1.5 oz Milk & Condiments • Chocolate Skim Milk	American Classics • Muffin & Granola Fun Lunch Extra Extra • Fresh Whole Fruit • Fresh Celery Sticks Milk & Condiments • Chocolate Skim Milk	American Classics • BBQ Chicken Sandwich Extra Extra • Applesauce • Fresh Cherry Tomatoes Milk & Condiments • Chocolate Skim Milk	American Classics • Chicken Nuggets Extra Extra • Colors Cheddar Goldfish Crackers • Applesauce • Seasoned Pinto Beans • BBQ Sauce Milk & Condiments • Chocolate Skim Milk

ParentVue.....

Help your student by using our ParentVue software. ParentVue allows you to see your student's grades, attendance, earned credits and class schedules. If you haven't already signed up for ParentVue and would like to, call the office at 541-479-3388 or email stephanie.phillips@threerivers.k12.or.us to get your activation code.

The Activities Calendar.....

Did you know that all our school activities are neatly arranged on our Activities Calendar online. Just log onto www.skylineoregonconference.org and select North Valley High School. This is where you will find the most up-to-date North Valley events and times including sports, building events and extracurricular activities.

