## SHAC Update to the School Board

Year at a Glance resources were reviewed over the summer by DISD counselors and updated as needed. This resource page is updated throughout the school year as changes, omissions and additions occur.

Star Council is no longer a resource for Decatur ISD. They lost their grant funding. So SHAC has been looking for resources to fill the void. SHAC has selected:

- 1. Here is a link to Natural High and the free curriculum. https://www.naturalhigh.org/playlists/red-ribbon-week-2024/
- 2. Random Acts of Kindness https://www.randomactsofkindness.org

Curriculum covers Courage, Integrity, Respect, Responsibility, Caring, and Inclusiveness (fairness)

Still need resources to cover trustworthiness, citizenship, school pride, and gratitude

SHAC is also currently reviewing resources and curriculum that aligns with the health TEKS on suicide prevention. Each of the resources below have components that align with TEKS. Those resources include:

Potential resources for Suicide Prevention:

- 1. Potential resources for Suicide Prevention:
  - a. <a href="https://www.sccenter.org/facts-and-resources/community-education/">https://www.sccenter.org/facts-and-resources/community-education/</a> Suicide and Crisis Center of North Texas
    - i. community education: Jenyce Gush 214-824-7020 jenyceg@sccenter.org
  - b. <a href="https://www.granthalliburton.org/youthprograms">https://www.granthalliburton.org/youthprograms</a>
  - c. Jordan Elizabeth Harris Foundation information was provided by the QPR Institute <a href="www.qprinstitute.com">www.qprinstitute.com</a> they also have Hope Squads (Students select classmates they feel would be good members of the squad. The squad has weekly/monthly lessons and then leads monthly activities on campus to promote mental health. This would cost \$2,000 at the high school and \$2,000 at the middle school this would not be direct instruction to all students)
  - d. Erika's Lighthouse https://erikaslighthouse.org/

What we are finding is there is currently not a curriculum that truly encompasses all of the TEKS and has a strong training and parent component.