

# LYON COUNTY SCHOOL DISTRICT

## *Staff Travel Report to School Board of Trustees*

Your recent request to travel has been approved. Within two weeks of the date of the conference, the following report is due in the office of the Deputy Superintendent.

**Please Download & TYPE the following information.**

Staff Member:	<u>Brianna Wass</u>	School:	<u>SSES</u>
Conference:	<u>Nevada Association for the Education of young children conference</u>	Staff Assignment	<u>Pre-k Teacher</u>
Do not use acronyms			
Location of Conference:	<u>Las Vegas, NV</u>	Dates Attended:	<u>4-24-25 to 4-26-25</u>

### *General Overview: Do not use acronyms*

The Nevada Association for the Education of Young Children's goal is to promote high quality early learning activities for children through connecting early childhood practices, policy and research, advancing a diverse and dynamic early childhood profession and supporting those who care for, educate, and work on behalf of the young children. They provide multiple break out sessions, my two favorites were Circle Time Success and The Selfish Garden. The circle time success was interactive and many of the attendees shared their favorite activities. However, the selfish garden was about connecting through this method: spirituality, exercise, love, food, intimacy, sleep, and humor which are the daily nutrients your life needs to grow with purpose and vitality.

### *How will this impact student learning in a positive way?*

The circle time success provided me with concrete activities to bring back to the classroom right away. For example, learning through music and movement is critical, they also confirm if the students are not interested in an activity or book it's recommended that you change it up to regain their interest. In the session, the selfish garden, they stressed the importance of mental health and what this looks like. I'm going to try and replenish my garden more often to ensure I am a more effective teacher.


*How will I implement what I learned and how will I share*

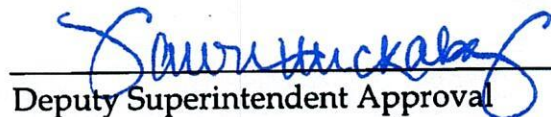
*this information with my colleagues?*

I will share the different activities that were brought up in our sessions. I can invite my colleagues to try these activities or come in and observe them. I will also encourage them to use some of the selfish garden techniques. Also, help to come up with alternative books lessons when engagement is low.

**Other Comments:**

This was a great opportunity to collaborate with my colleagues and grow my early education skills. Ending with the selfish garden just reminded me how important it is to take care of myself so that I can be the best teacher that I can. I need to be mindful with my time and take time to slow down and rest or just take a couple of minutes to mediate especially if I'm frustrated with a student or with a personal issue. It's just a good reminder to eat healthier, exercise and find humor through out the day. Take the time to notice them giggling and having fun while they are learning. Taking the time to take of yourself helps you find the joy in life and just makes everything more fun. Fun is contagious, laughter is contagious make time for it, it will make a difference.

  
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Site Principal/Supervisor Approval

  
\_\_\_\_\_  
Deputy Superintendent Approval

5/2/25  
\_\_\_\_\_  
Date

5/6/25  
\_\_\_\_\_  
Date