



EAST AURORA
SCHOOL DISTRICT 131

DEPARTMENT OF Curriculum and Instruction
Administrative Center
310 Seminary Avenue • Aurora, IL 60505
d131.org • (630) 299-5554

Date: November 17th, 2025
To: Dr. Robert Halverson, Superintendent of Schools
East Aurora School District 131 Board of Education
From: Ms. Mariza Martinez, Assistant Director of Resilience Education Center
Subject: Mental Health and Wellness Symposium Partnership - Informational Item

Issue:

East Aurora School District 131 is committed to supporting the holistic well-being of our students, staff, and families. As part of this commitment, the district is partnering with community organizations to host the annual Mental Health and Wellness Symposium, an event designed to provide access to essential mental health resources, education, and opportunities for collaboration.

Justification:

The Mental Health and Wellness Symposium will offer sessions and resources focused on mental health awareness, emotional regulation, coping strategies, and community-based support services. This event aims to empower students, families, and staff with the tools to strengthen mental wellness and resilience. By partnering with local agencies, healthcare providers, and community advocates, we are expanding access to essential services and building a community to address the growing mental health needs in our school community.

Board Policy and Past Practice:

East Aurora School District 131 remains committed to supporting both the academic and social-emotional well-being of our students and families. This year's symposium strengthens community partnerships and fosters a deeper sense of belonging among all members of our school community.

Strategic Plan:

This initiative supports Strategic Goal #1: Educational Equity by ensuring that all students and families have access to mental health education and support in a safe and inclusive environment. It also aligns with Strategic Goal #4: Student Achievement, as mental wellness has a direct impact on learning, focus, and academic success.

Supporting Data:

With a student population of approximately 12,000, the district continues to see a significant number of students and families seeking mental and emotional health support. The symposium will bring together over 100 local partners to expand awareness, increase access to services, and foster ongoing collaboration.

Recommendation:

Informational item

Timeline for Decision:

Informational item

Reach your full potential!