

## **Pleasantdale Middle School Athletics and Activities 2018-2019 Program Report**

Pleasantdale Middle School once again enjoyed great success in our athletic and activities program in the 2018-19 school year, with high student engagement in our programs and outstanding results by our athletic teams. Further information about the athletic and activities program are included in our annual “2018-19 Activities Handbook”, included with this report. Below are some of the school year highlights, including participation data at each grade level in these programs.

### **Pleasantdale Middle School Athletics**

**Mark Dreher - Athletic Director**

Students at Pleasantdale Middle School compete in the Lyons Township Elementary School Athletic Conference. Competitive athletics are offered in 13 sports at the 7th and 8th Grade levels. Additionally, students in grades 5-8 can compete in interscholastic Cross-Country. The cheerleading program also falls under athletics but is non-competitive. Additionally, the Hodgkins Park District offers Championship Tournaments in several of the programs.

This year, 7th and 8th-grade teams combined to win 7 conference titles. Basketball, volleyball, softball, and soccer were the sports in which we won titles. Impressively, our girls' sports for basketball, volleyball, and softball all had undefeated regular seasons. Watch out as these students head to high school! I want to give congratulations to the coaches of each of these teams who go above and beyond each day to provide our students wonderful learning experiences away from the classrooms while on the courts and in the fields.

The 8th-grade class won conference 9 times in 2 years, and an additional 4 tournament trophies. In particular, our girls' basketball, softball and volleyball teams had a combined record of 75 wins and 6 losses over the 2 years. This is just under a 93% winning percentage. Most importantly, they were often complimented for their sportsmanship by visiting coaches and teams and will be remembered by their coaches for their dedication, hard work, and positive participation.

### **Pleasantdale Conference Champs 2018-19:**

#### **7<sup>th</sup> Grade:**

Girls Volleyball (1st in Hodgkins' tournament)  
Girls Softball

#### **8<sup>th</sup> Grade:**

Girls Volleyball (2nd in Hodgkins' Tournament)  
Girls Softball

#### **7th and 8th Grade Combined**

Co-Ed Soccer

### **Athletic Participation by Grade**

<b>Grade</b>	<b>Number of Participants</b>	<b>Percentage of Grade</b>
<b>Grade 5</b>	<b>19</b>	<b>19%</b>
<b>Grade 6</b>	<b>16</b>	<b>18%</b>
<b>Grade 7</b>	<b>52</b>	<b>54%</b>
<b>Grade 8</b>	<b>64</b>	<b>57%</b>

### **Multiple Sport Athletes by Grade**

<b>Grade</b>	<b>2 Sport Athletes</b>	<b>3 Sport Athletes</b>
<b>Grade 5</b>	<b>n/a</b>	<b>n/a</b>
<b>Grade 6</b>	<b>n/a</b>	<b>n/a</b>
<b>Grade 7</b>	<b>14</b>	<b>13</b>
<b>Grade 8</b>	<b>22</b>	<b>6</b>

### **Pleasantdale Middle School Activities Programs** **Griffin Sonntag- Principal**

We are fortunate at Pleasantdale Middle School to be able to engage the majority of our student body in participation in a variety of clubs and intramural activities. Our goal is to offer a wide range of opportunities for students to explore their interests and have fun with their peers. Programs such as Team Tigers offer intramural sports and recreational physical activities for students at all grade levels. Intramural Clubs are also offered throughout the year, with activities varying each month. Competitive programs include Scholastic Bowl and Science and Math competitions. Music programs are offered in all grade levels in Band, Orchestra, and Choir, and include our annual School Musical. In all 26 different clubs and activities were offered this year.

Given the fluid nature of these programs, tracking student participation can be at times challenging, with students often moving from one event to another. Below is a summary of the student participation, by grade level, in these programs. These numbers are exclusive of the music programs and such activities as 10th Period (formerly Tutor Club) and Open Library. Student Council sponsored-events like Movie Nights, Friday Night Live, and The 3 on 3 Basketball Tournament were very well-attended this year, yet due to the nature of these activities, they are not included in the numbers on the chart below.

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Additionally, participation tends to decline as the students move through the grades and become more involved in the Interscholastic Athletic Programs and specialized programs outside of school. In all, 76% of our students participated in at least one activity at school during this school year.

#### **Activities Participation by Grade**

<b>Grade</b>	<b>Number of Participants</b>	<b>Percentage of Grade</b>
<b>Grade 5</b>	<b>80</b>	<b>87%</b>
<b>Grade 6</b>	<b>90</b>	<b>85%</b>
<b>Grade 7</b>	<b>63</b>	<b>69%</b>
<b>Grade 8</b>	<b>62</b>	<b>64%</b>

We are so fortunate and appreciative of the support received from the Board of Education and the Pleasantdale community that allows us to provide these wonderful programs for our students!