

NUTRITION SERVICE PLAN

1308.23

Goal: To meet the objectives of the Head Start Performance Standards with regards to nutrition.

STANDARD	GOAL	OBJECTIVES	SPECIFIC TASKS/ACTIVITIES	PERSON RESPONSIBLE	TARGET DATE
1304.23	Child Nutrition	(a) Identification of Nutritional Needs (b) Nutritional Services (c) Meal Service (d) Family Assistance with Nutrition (e) Food Safety and Sanitation			
1304.23(a) Related: 1304.23(a) (1)-(4)	(a) Identification of Nutritional needs.	Staff and families must work together to identify each child's nutritional needs, taking into account staff and family discussions concerning:	1. Identify needs through: • Child Health Record • Family Partnership Agreements 2. Parent Workshops • Nutritional	1. School Nurses 2. Family Services Staff 3. Food Services Director 4. Registered Dietitian	July 2010 - May 2011
1304.23(a)(1)		(1) Any relevant nutrition related assessment data (height, weight, hemoglobin/hematocrit) obtained under 45 CFR 1304.20(a).	1. Child Health Record (Growth charts) 2. Child health Record Interview 3. Family Partnership agreement interview	1. School Nurses 2. Family Services Staff 3. Registered Dietitian	July 2010 - May 2011
1304.23 (a)(2)		(2) Information about family eating patterns, including cultural preferences, special dietary requirement for each child with nutrition-related health problems, and the feeding requirements of infants and toddlers and each child with disabilities (see 45 CFR 1308.20);	1. Child Health Record Interview 2. Special medical dietary requirements must have physician orders on file.	1. School Nurses 2. Parents 3. Registered Dietitian	July 2010 - May 2011
		(3) For infants and toddlers, current feeding schedules and types of food	Not applicable		