

# The Howler

Garibaldi Grade School | Newsletter



## February 2023

As we are in the midst of winter, it is also cold and flu season. Please make sure to monitor your student's symptoms. If your child is out sick, remember to let the office know they are absent. Call 503-322-0311 or [tamiw@nknsd.org](mailto:tamiw@nknsd.org)/[lisas@nknsd.org](mailto:lisas@nknsd.org)

Please remember there is **NO SCHOOL on Monday, February 6th** (Professional Development) and **Monday, January 20th** (President's Day Holiday).

## February's Characteristic is Kindness

**Each month, GGS focuses on a personal characteristic and teaches it to our students.**

Our focus for the month of February is being kind. Students who are kind show respect to others and themselves. They offer help to those who need it, forgives others, and respects others' differences.

At the end of the month we will be handing out three awards in each class, two for students who were demonstrating being kind and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on being kind.

## Ms. H's Counseling Corner

During January, we focused on Wise Wolf Way # 4, red flag warnings and Wise Wolf Way #5, exiting the emotional elevator. We use our listening tool to pay attention to what signals our bodies are giving us for different emotions. We can then use our tools to manage those emotions. It's easier to manage our emotions when they are at a lower level, and this is where Wise Wolf Way #5 helps us.

The month of **February** we will be focusing on **kindness**. Our tools that we are adding to our toolbox will be the Quiet Safe Place Tool, and Our Please and Thank You Tool.



**“I remember my quiet/safe place.”**

I tell the students that this tool is our mini vacation in our mind. We can go anywhere at any time we need it by just closing our eyes and visiting the place that brings us joy. This place can be real or imaginary. When we begin to think about our quiet/safe place, it is nice to have lots of details. What does it sound like? What might we smell or feel while we are in our quiet/safe place?






**“I treat others with kindness and appreciation.”**

“Please” and “Thank you” are “magic words” that help people feel good. Expressing gratitude and giving thanks are basic principles of kindness and generosity. When we add the word “please” to a request it encourages others to be helpful and kind. Saying “thank you” lets people know you value them. These simple words create warm connections with others.



*“If we all do one random act of kindness, we might just set the world in the right direction.” Martin Kornfeld.* It is with this quote in mind that we will be celebrating kindness with a spirit week.

**Join us for KINDNESS SPIRIT WEEK - February 13-17**

| Monday<br>2/13  | Tuesday<br>2/14   | Wednesday<br>2/15   | Thursday<br>2/16   | Friday<br>2/17  |
|---|---|---|--|---|
| Kindness is seeing the best in others!  | We Love Kindness!   | Peace, Love and Kindness!   | Powered By Kindness!   | Kind Garibaldi Wolves are our Kind of Wolves!   |
|  |  |  |  |  |
| Wear your favorite shirt that shares something about you.                           | Wear Valentines colors.   | Wear Tye Dye.   | Wear something with a superhero or you're favorite book character.                   | Wear green, black, white or your Garibaldi Wolves shirts.                             |

**English Language Arts Curriculum Adoption**

NES and GGS teachers have been piloting a new English Language Arts curriculum for our district. We are interested in adopting:

- Great Minds curriculum called *Wit and Wisdom* as our core classroom curriculum
- Wilson’s curriculum called *Foundations* as our phonics and spelling foundations curriculum

- Great Minds curriculum called *Geodes* as our decodable readers

All grade K-3 teachers have piloted the *Foundations* curriculum this school year. Three teachers at each school have taught *Wit and Wisdom* (making sure all grades were piloted at one or the other school) and two K or K/1 teachers at each school are piloting *Geodes*. All the piloting teachers have met monthly to talk about the curriculum and are excited about moving to these new curriculums next year at all grades at both our NKN elementary schools to improve literacy instruction for students. All these curriculums follow the latest brain and cognitive research on learning to read and write.

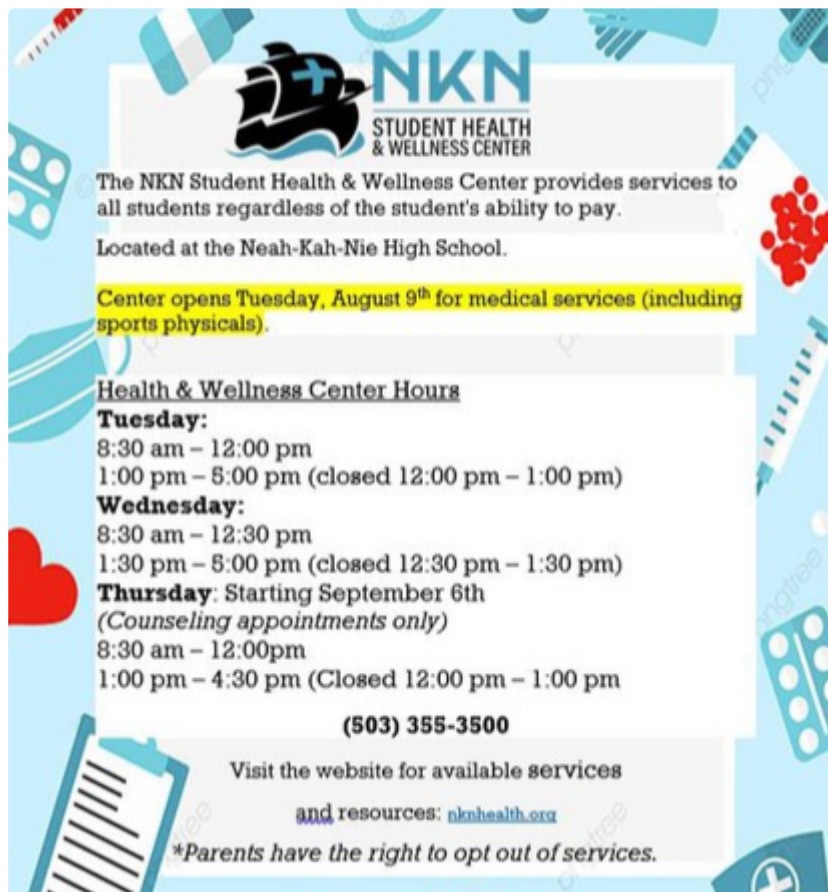
Board policy IIA requires a new curriculum to be made available to parents to review. If you would like to review the curriculum, we are putting together curriculum samples at the district office in Rockaway Beach for families to view. Please contact Kathie Sellars at 503-355-3506 to set up a time to view the materials. The Great Minds Team has also put together a parent and community member landing page that has information and links to curriculum materials in *Wit and Wisdom*, *Geodes*, and *Foundations*. This link will get you there: <https://greatminds.org/english/review/neh-kah-nie>

## Vision & Hearing Screenings

On Monday January 23rd, Vision Screenings were completed for all K-5 students in coordination with the Rockaway Lions Club. These screenings occur each year as part of required Oregon school based health screenings. A letter will be sent home in the coming weeks, ONLY if there are unexpected results or if your child needs a follow up screening with an eye doctor.

In addition, on Thursday February 2nd, Hearing Screenings for all Preschool through 2nd grade students is offered through the Northwest Regional Education Service District. Following the screenings, a letter will be sent home in the coming weeks, ONLY if there are unexpected results or if your child needs a follow up screening with a medical provider.





**NKN**  
STUDENT HEALTH  
& WELLNESS CENTER

The NKN Student Health & Wellness Center provides services to all students regardless of the student's ability to pay.

Located at the Neah-Kah-Nie High School.

Center opens Tuesday, August 9<sup>th</sup> for medical services (including sports physicals).

**Health & Wellness Center Hours**

**Tuesday:**  
8:30 am – 12:00 pm  
1:00 pm – 5:00 pm (closed 12:00 pm – 1:00 pm)

**Wednesday:**  
8:30 am – 12:30 pm  
1:30 pm – 5:00 pm (closed 12:30 pm – 1:30 pm)

**Thursday:** Starting September 6th  
(Counseling appointments only)  
8:30 am – 12:00pm  
1:00 pm – 4:30 pm (Closed 12:00 pm – 1:00 pm)

**(503) 355-3500**

Visit the website for available services  
and resources: [nknhealth.org](http://nknhealth.org)

*\*Parents have the right to opt out of services.*

## NKN School Board Meetings

Monday, February 13th, 6:30pm

This is a monthly meeting of our school Board. Meeting takes place at our Rockaway Beach School District Office or through Zoom. You can access this meeting through our district website ([www.nknsd.org](http://www.nknsd.org)) under "School Board" and then "Board Meetings".

## Neah-Kah-Nie Employment Opportunities

### Come work for Garibaldi Grade School!

We currently have a **GGs Resource Coordinator/IA position** open at GGS. Keep an eye out for other open positions in our district:

- NKN High School Assistant Secretary/Athletic Secretary
- District Director of Grounds, Maintenance & Facilities

Full Benefit and Job Descriptions are listed on our website: <https://nknsd.org/departments/human-resources/> If you have any questions, contact Kathie Sellars at our District office, 503-355-3506 or [kathies@nknsd.org](mailto:kathies@nknsd.org).

## Are you interested in a flexible work schedule?

Sign up to be a classified or certified substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to [ESS.com](https://www.ess.com), click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process. If you have questions about the application process, or becoming a substitute, please contact [ABrueske@ess.com](mailto:ABrueske@ess.com) or our Human Resources office at 503-355-3506



### Garibaldi Grade School

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