

The Howler

Garibaldi Grade School | Newsletter



January 2022

Welcome back to a new calendar year! We hope your family had a relaxing and enjoyable Winter Break and you could hopefully enjoy the snow we had! With all of the traveling, interactions happening with family and friends, please make sure to monitor any symptoms you may have. It is very important that we monitor our health and family's health closely to help prevent any spread of illness.

Please remember, all K-5 GGS students can sign up for our rapid testing at school if symptoms begin at school, and/or the weekly screening COVID testing that can be done at home or at school. Please call the school if you would like to take advantage of these free testing opportunities!

January's Characteristic is Courage

Each month, GGS focuses on a personal characteristic and teaches it to our students.

Our focus for the month of January is working on being courageous. Demonstrating courage could be trying something new, standing up for someone else, work on mastering and persisting while something is frustrating you. Being courageous is doing the right thing even if it is scary.

At the end of the month we will be handing out three awards in each class, two for students who were demonstrating courage, and one Pride of the Pack award focused on perseverance. Please talk with your child(ren) around the conversations they are having at school on courage.

Counselor's Corner - Ms. H

Our Wise Wolf Ways that we are focusing on this month are paying attention to our "red flag warnings," and getting off our emotional elevator when we are at a lower level. We all have inside red flags that we feel and outside red flags that others can see and hear. When we pay attention to our red flags, we will be able to identify when our energy level is going up and if we are feeling comfortable or uncomfortable. When our energy level is going up, we use wise wolf way #5 and try to exit the emotions elevator at a lower floor, and we do this by using our tools.

The tools we have added to our toolbox this month are the empathy tool and patience. When we use empathy we care about others and we also care about ourselves. Our patience tool helps us to understand that we are strong enough to wait.

Wise Wolf Way #4 Red Flag Warnings

- Heartbeat
- Breathing
- Muscles
- Thoughts

- Face
- Body
- Voice
- Actions

Wise Wolf Way #5 Exit the Emotions Elevator

Wizard brain thinkers know how to keep their energy level low and feelings comfortable.

I NEED TO STAY HOME IF...			
Primary COVID Symptoms Require exclusion from school			
COUGH	I HAVE A FEVER 100.4 ° or higher	SHORTNESS OF BREATH/ DIFFICULTY BREATHING	NEW LOSS OF TASTE OR SMELL
I am ready to go back to school when I am...			
Symptom free for 24 hours AND Negative COVID Test. OR 10 day isolation with no test or positive test	Symptom free for 24 hours without fever-reducing meds AND Negative COVID Test. OR 10 day isolation with no test or positive test	Symptom free for 24 hours AND Negative COVID Test. OR 10 day isolation with no test or positive test	Negative COVID test OR Medical provider clearance
Please contact the school nurse if your child has a chronic condition that may explain these symptoms. A medical provider may provide clearance.			

Return to school will be based off of ODE/OHA COVID-19 scenarios for schools and in combination with the 21/22 ODE/OHA Communicable Disease guidance.

Non-primary symptoms can be seen with many other illnesses.						
UNUSUAL FATIGUE	MUSCLE OR BODY ACHES	HEADACHE	SORE THROAT	NASAL CONGESTION OR RUNNY NOSE	VOMITING	DIARRHEA
Symptom free for 24 hours AND No new symptoms develop	Symptom free for 24 hours AND No new symptoms develop	Symptoms resolve AND No new symptoms develop	Symptoms resolve OR symptoms improving AND No new symptoms	Symptoms resolve OR symptoms improving AND No new symptoms	48 hours after the last episode	48 hours after the last episode.
IF symptoms persist more than one day, parents should consider evaluation by the child's health care provider who can determine if viral testing is advised.						
<ul style="list-style-type: none"> • If your child has strep throat or another bacterial infection, they should stay home until the antibiotic has been given for at least 24 hours and your health care provider has given permission for your child to return to school. • Unexplained rashes or eye infections will be excluded unless confirmation from a health care provider. 						

NKN January School Board Meeting

Zoom Meeting | Monday, January 10th, 6:30pm

This is a monthly meeting of our School Board. As we get closer, the Virtual Meeting ID will be sent out as well as you can access on our district website (www.nknsd.org) under "School Board" and then "Board Meetings".

NKN Current Open Positions

Neah-Kah-Nie School District is committed to recruiting and retaining the best candidates by offering competitive salary and benefit packages, teacher mentor programs, comprehensive and targeted professional development and generous tuition reimbursement. Neah-Kah-Nie School District is an equal opportunity employer. <https://nknsd.org/departments/human-resources/>

Click the link below to find more details on the current openings:

NKN District Employment Openings

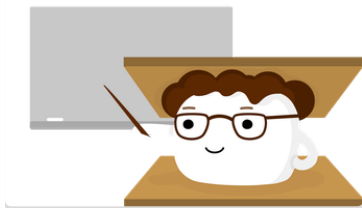
Are you interested in a flexible work schedule?

Sign up to be a classified or certified substitute at any of our schools. Neah-Kah-Nie School District has contracted with ESS for our substitute services. To become a substitute for the District please go to ESS.com, click on the Job Seeker tab and type in Neah-Kah-Nie School District to begin the application process.

If you have questions about the application process, or becoming a substitute, please contact ABrueske@ess.com or our Human Resources office at 503-355-3506.

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
9	10 NKN School Board Mtg 6:30pm Zoom	11	12	13	14	15
16	17 Martin Luther King Day Holiday— no school	18	19	20	21	22
23	24	25	26	27	28	29
30	31					





Garibaldi Grade School

 Facebook

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