



Counseling Services

Superintendent Guardrails 1 & 5



Guardrail 1

Student Engagement
and Social Emotional
Wellness

Guardrail Progress
Measure (GPM) 1.2

Guardrail 5

Physical and Emotional
Safety of Staff and Students

Guardrail Progress Measure
(GPM) 5.1

Guardrail Progress Measure
(GPM) 5.3



GUARDRAIL 1



Student Engagement & Social Emotional Wellness

GPM 1.2 - IMPLEMENTING SEL WITH FIDELITY

100% of campuses will implement the District's SEL practices with fidelity (30 minutes of SEL lessons/week) from X to 100% by May 2027. Baseline will be established the 2025-2026 school year.

This mandate ensures dedicated time for students to build resilience, empathy, and emotional regulation skills.



Tier 1 Social Emotional Learning (SEL) Plan



Morning Check-ins

Daily 15-20 minute check-ins to build community, set daily intentions, and practice social skills before academics begin



Explicit Instruction

Dedicated "30 minutes/week" lessons focused on core competencies Using the District's SEL Curriculum through the Lenny Learning Platform



Curriculum Integration

Embedding social-emotional skills into daily instruction and routines

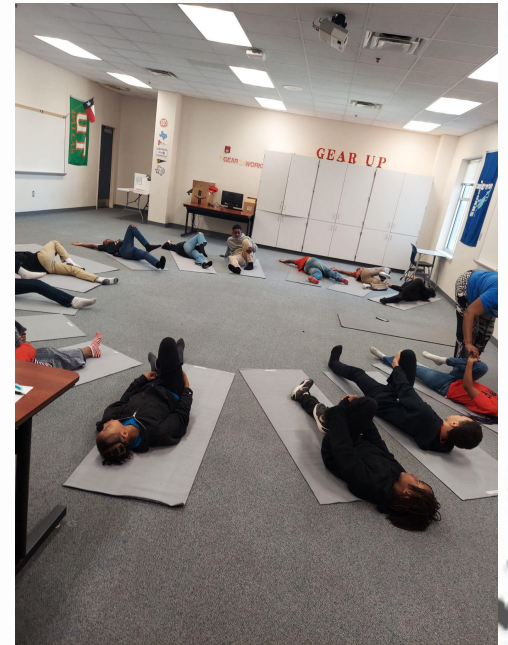


Tiers 2 and 3 Social Emotional Learning (SEL) Plan

When Tier 1 support is not enough, we leverage community agencies to provide targeted (Tier 2) and intensive (Tier 3) interventions.

Tier 2: Small group counseling and mentorship programs provided by local non-profits

Tier 3: Intensive, individualized case management and family services for complex needs



GUARDRAIL 5



Physical & Emotional Safety of Staff and Students

GPM 5.1 - Increasing Awareness

The awareness of wraparound services available by outside agencies for our families in need of services including students, families, and staff will increase X to 80% by May 2027. Baseline will be established the 2025-2026 school year.

This guarantees that more people in the District will be informed about the various supports (mental health, counseling, housing assistance, basic needs, wellness services, etc.) provided by partner organizations, helping them receive the help they need more efficiently and effectively.



CHISD Resource Guide Distribution

11,183 TOTAL RECIPIENTS

7,470 Users Reached *

7,810 Total Users



3,324 Students Reached

3,373 Total Students



5 students with no contact info

7,308 EMAIL USERS



Delivered



Viewed



Undeliverable

Bounced: 304
Spam: 18

7,070 TEXT USERS



Delivered



Failed

Landline: 50
Failed: 513



Unknown

GPM 5.3 - Staff Wellness Walks

District wellness team will conduct campus wellness walks each semester.

To bring community resources directly to our educators and staff, facilitating access to personal wellness, mental health support, and self-care tools.



Focus Areas: Staff Well-being

- ❤️ **Personal Wellness:** Connecting staff with health related services and campus chaplains
- 🧠 **Mental Health:** Providing immediate access to counseling referrals, and EAP information
- 🌸 **Self-Care:** Creating opportunities for mindfulness, relaxation techniques, and recharge moments during the day.
- ⚖️ **Work-Life Balance:** Offering resources and strategies to help staff set healthy boundaries and disconnect effectively



QUESTIONS?

