

Browning Public Schools
Board Agenda Request
Meeting To Be Held: May 10, 2022



Recognition: Students Staff Parents
Information: Building Report Old Business Superintendent's Report
Action: Resignation Hiring Contract Service Agreements
 Travel Out-of-State Travel In State Approvals
 Termination Legal Matters Other:
 This action request pertains to Elementary (only) High School/District Wide

Date: 2/2/22

To: **Corrina Guardipee-Hall**
 Superintendent

From: Sheila Hall
Title: BES Principal

Subject: In State Travel: Feeling Inside Out, Recharge Your Resilience 2021-2022

Description: Request travel for Racquel Little Plume to attend the Feeling Inside Out, Recharge Your Resilience workshop to be held in Missoula, MT June 14-15, 2022. The conference will support school teams to build new and existing relationships and connections, manage emotions, gain a fresh perspective on neuroscience, and building healthy support systems in their school.

Financial Impact: \$ 877.75

Funding Source (Budget/grant, etc.): BES MCLSDP 115.20.423.2213.582.582

Attachment(s): Travel Request/Agenda

Approval: Superintendent's Office/Finance/Personnel as applicable (Initial) _____

Comments: _____

Board Action: N/A (Info) Approved Denied Tabled to: _____

Are you a K-12 Educator

feeling a little

INSIDE OUT?

Since early 2020, schools and communities have had to constantly juggle ever-shifting expectations, conditions, and capacities.

**What are we going to
do about it?**

How do I help mitigate sadness and sense of loss?



How can I not lose myself or be perpetually exhausted?



How do I stay in control, when I'm not in control, and I'm supposed to be in control?



How can I better co-regulate emotions and behaviors?



How can I revitalize joy in teaching & learning?



Get to the Educators' Confluence!

Anyone who serves K-12 students and their families — teachers, paraprofessionals, specialists, administrators, counselors (working inside or outside of schools), or supporting stakeholders — won't want to miss this highly engaging and valuable professional development event!

June 14-15, 2022

Missoula, Montana

DoubleTree by Hilton Missoula - Edgewater

LET'S JUST SAY IT: The pandemic has driven us on a perpetual roller coaster. Human systems — internal and external — are feeling frayed and disconnected. Some just want to bottle up emotions that are perceived as negative and put them on a shelf labeled, **Leave Me Alone**. As adults often tell kids, bottling up these emotions doesn't make them go away. It merely prevents us from connecting.

INSTEAD, JOIN BRIGHTWAYS at the 2022 Educators' Confluence, where we'll blend purpose with play. You'll get to actively reflect on and strengthen the connection with your emotional and neural systems that support healthy relationships. Gain insights from our facilitators and each other into how you can apply neuroscience and healthy, supportive relationship strategies in life. **Regulation plus a strong support system adds up to wellbeing!**



YOU WILL LEAVE:

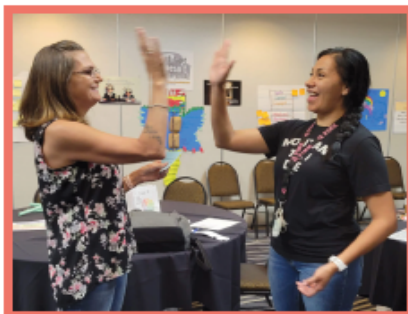
- Feeling refreshed and more resilient
- Having built new — and grown existing — connections
- Better equipped to manage emotions in a healthy way
- With a fresh perspective on neuroscience and how it connects to relationships
- Understanding how to grow healthy support systems

... And have fun doing it!



What is the Educators' Confluence?

Together, we play, learn, and grow! This annual experiential event hosted in Missoula, Montana, is all about connection. Connection is about self, students, colleagues, and families within our communities. We come together from a variety of backgrounds, experiences, and roles. The knowledge in the room, our



engaging activities, and the Confluence content inspire us to reflect on how all these backgrounds, experiences, and roles ignite connection and foster wellbeing. We craft year's event to best serve what educators crave and need as they put the school year behind them and get excited for next year!



“There’s always a pull to regulate, to seek comfort, to fill that reward bucket. But it turns out that the most powerful form of reward is relational. Positive interactions with people are rewarding and regulating. Without connection to the people who care for you, spend time with you, and support you, it is impossible to step away from any form of unhealthy reward and regulation.”

— Dr. Bruce Perry

Cost: \$275 — Teams of 3-5 from same district get 20% discount; 6+ get 25% discount & admin attends for free!

Earn Credits:

15 Montana OPI Renewal Units

Register: bit.ly/inside-out-2022

Content complements and amplifies Montana's Health Enhancement Standards and CASEL's five Core Competencies, along with Zones of Regulation and the PAX Good Behavior Game.



Brightways Learning

**BROWNING PUBLIC SCHOOLS
Leave Report/Travel Request**

Employee Name Racquel Little Plume
Building BES

Employee # _____
Substitute Name NA

LEAVE REPORT

<u>Date of Leave</u>	<u>Hours</u>	<u>Type of Leave</u>
<u>6/13-6/15, 2022</u>	<u>24</u>	<u>SR</u>
_____	_____	_____

Employee Signature _____ Date _____

Approved; Condition upon the specific leave being available for the specific employee Not Approved

Principal/Supervisor _____ Date _____

TYPE OF LEAVE

AN Annual	PL Personal Leave	ALWO Approved Leave W/O Pay
SL Sick Leave	JD Jury Duty (attach verification)	ULWO Unapproved Leave w/o Pay
*EX/SR Extra-Curricular/School Related	NG National Guard	SWP Suspended w/Pay
	FN Funeral _____	SWOP Suspended w/o Pay

(Master Contract Relationship)

***If taking School Related/Extra-Curricular Leave only, In or Out of District, you MUST list Conference Name/Location**
TRAVEL REQUEST (If receiving payment for EX/SR leave please fill out entire form completely)

Conference/Workshop Feeling Inside Out, Recharge Your Resilience workshop (Attach Brochure/Agenda)

Location Missoula, MT

Departure Date 6/13/22 Return Date 6/15/22

Departure Time 1:00 pm Return Time 08:00 pm

Transportation: Personal Vehicle Mileage 408 @ .585÷2 = \$119.34
 District Vehicle Per Diem 2 days @ 36.00 = \$ 87.00
 Professional Development

Registration PO# _____ = \$206.25
 Hotel PO# _____ = \$563.44
 Other PO# _____ = \$ 0.00
 Other PO# _____ = \$ 0.00

Sub Total \$877.75

Budget 115.20.423.2213.582.582 (100 %) \$206.34

Check Total \$206.34

Employee Signature _____ Date _____

Principal/Supervisor _____ Date _____

Superintendent Signature _____ Date _____