

**ESTACADA SCHOOL DISTRICT  
BOARD AGENDA  
SUPPORTING DOCUMENT FOR ACTION ITEM**

**Regular Meeting of January 8, 2025**

**ITEM : Estacada High School Fitness Center**

**PREPARED BY: Mike Waer**

**TYPE OF ITEM: ACTION ITEM**

**BACKGROUND INFORMATION:**

Estacada High School in Estacada, Oregon, is dedicated to providing a high-quality educational experience that supports students' physical, mental, and emotional development. To support this commitment, the District is proposing to construct a new 3,000 square foot fitness center to meet current and future needs of its students, staff, and local athletic programs. This facility aims to support the growth of the high school's athletic programs while also addressing the physical education needs of the Estacada Middle School. Designed to meet the growing demands of our school community, the new fitness center will promote student fitness and provide a safe, inclusive space for all students, with a particular focus on the expanding women's wrestling program.

The overall enrollment for the Estacada School District is at its highest ever; nearly a 13% increase since the 2019-2020 academic school year. A recent study completed for the Estacada School District, by Flow Analytics, it is estimated that the district is expected to grow an additional 16% by 2030. Addressing this demand with modern, competitive facilities and increased capacity has never been more critical.

The current fitness center at Estacada High School has reached full capacity due to the growing student body and an expanding number of sports programs. This overcrowding restricts access which limits students' ability to train effectively. By significantly increasing the capacity, the new facility will enable all PE students and student-athletes to access a safe, well-organized space that enhances overall training quality and performance.

**BENEFITS**

The Estacada High School women's wrestling program has seen remarkable growth in recent years, with more students participating than ever before. The current fitness center/wrestling facility is not equipped to support the demands of this expanding program. Female athletes require access to training equipment designed to meet their specific needs, and the lack of dedicated space for women's wrestling has become a barrier to further growth. Construction of the proposed new fitness center will free up space in the current fitness center/wrestling facility, creating a designated area for women's wrestling tailored to the needs of female athletes. The expanded, renovated space will allow for dedicated practice times and enhanced training opportunities, ensuring that female wrestlers have the same resources and support as their male counterparts. This initiative is a crucial step in fostering gender equity in sports and enhancing the success of the women's wrestling program at Estacada High School.

In addition to serving high school students and allowing for an expansion of our women's wrestling space, the new fitness center will also benefit Estacada Middle School. The middle school's current facilities are

inadequate to accommodate the growing student population, the increasing demand and the need to meet state requirements for physical education classes. The new fitness center will provide a dedicated space for middle school students to engage in strength training and physical fitness activities, complementing their broader physical education curriculum. This space will also allow for specialized fitness and wellness classes, providing students with the opportunity to build healthy habits early in their academic careers. Expanding access to physical education resources will contribute to the overall physical and emotional well-being of students aligning with the school's broader mission of promoting lifelong fitness. This project is a strategic response to the growing needs of our student body and the expansion of athletic and physical education program, and will have a lasting positive impact on the health, fitness, and success of our students.

**FINANCIAL INFORMATION:**

- CONSTRUCTION OF FITNESS CENTER: \$135,811
- ELECTRICAL INSTALLATION: 43,809
- HVAC INSTALLATION: \$29,500
- TECHNOLOGY AND SECURITY: \$47,880
- CONTINGENCY: \$18,000

The District is also seeking grant funding through the Oregon School Activities Association, to offset a portion of the expected expenditures.

**TOTAL ESTIMATED COSTS: \$275,000**

**RECOMMENDATION: To authorize the Estacada School District to spend \$258,620 for the purpose of constructing a new fitness center at Estacada High School.**