

## Instruction

### A PARENT'S RIGHT TO DIRECT THE EDUCATION OF THE PARENT'S CHILD E 6142.1 (b) – High School

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#### Family Life Instruction Parent Notification – High School

This school year your child is scheduled to participate in the Family Life Instruction class as part of the North Slope Borough School District's overall health education curriculum.

Units include:

- Health and Wellness
- Mental and Emotional Health
- Stress
- Healthy Relationships
- Resolving Conflicts and Preventing Violence
- Nutrition
- Physical Health
- Personal Health Care
- Body Systems
- Reproductive Health
- Life Cycles
- Medicines, Drugs, Tobacco, Alcohol, Illegal Drugs
- Communicable and Non-Communicable Diseases
- Sexually Transmitted Diseases
- Injury Prevention
- First Aide
- Environmental Health

A portion of the class materials will involve reproductive health education and cover information on human sexuality including hormonal changes during adolescence, healthy relationships, the male and female reproductive system, pregnancy and prevention, concerns about sexuality, diverse relationships, as well as, sexually transmitted diseases and prevention.

You are welcome to contact your child's Health/Physical education teacher or school administrator to make an appointment to review the materials.

The North Slope Borough School District acknowledges that parents and guardians have the right to direct the education of their child. As such, parents/guardians have the option to exclude their child from the lessons involving reproductive health education.

**If you would like to exclude your child from the reproductive health education lessons and units, please notify the school in writing by (include date, must provide not less than 2 week notice).**

Individual students excused from the reproductive health education lessons and units will be assigned alternate materials of equal merit.

*Adopted* \_\_/22