## **Good Medicine Program update for January 2019:**

- In the month of January, we held one Youth Mental Health First Aid training, where we presented to 9 Senior students and 1 teacher from the Heart Butte School.

## Completed Trainings & Number of participants:

- \*\* October 8, 2018: 13 coaches/teachers
- \*\* October 19, 2018: 16 individuals students/college/students/staff/community members
- \*\* December 18-19, 2018: 20 CPS & Nurturing Center staff members
- \*\* January 15, 2019: 9 Senior Students and 1 teacher

We now have a total of 59 individuals who completed the YMHFA training. Our grant requirement is 55, so we have already surpassed the targeted number and will continue to provide the trainings on the following dates.

## Scheduled Future dates:

- \*\* February 19, 2019
- \*\* March 19, 2019
- \*\* April 16, 2109
- \*\* May 8, 2019
- \*\* June 5, 2019
- \*\* August 21, 2019
- On January 28, 2019, the Director will meet with Kim Paul and her team to speak about the SAMHSA Suicide and Substance Abuse grant that was awarded to the Blackfeet Agriculture Resources Management Plan (ARMP). We are hoping to work together to implement preventions and interventions to the whole community.
- On January 16, 2019, the 8<sup>th</sup> and 9<sup>th</sup> grade students participated in the yearly Supplemental Survey for the GMP grant. I will share the data as soon as we get it back from our evaluator.
- The Youth Mental Health Specialists have been working in their designated buildings providing various groups, individuals services, suicide interventions, and family connections. Our numbers for referrals have not declined, but in fact continue to grow each year. We appreciate all of the support that we receive in each school and would like to say "Thank you for your support".
- The GMP staff members are meeting weekly to review possible grants that we can apply for to continue our services in the Browning Public Schools after September 2019. We are also hoping that SAMHSA changes their mind on allowing us to apply for the Project Aware: Montana SOARS grant through the school district, as they have changed their decision on allowing OPI to reapply in December 2018. OPI was told to pick three new communities, so they will serve Rocky Boy, Billings, and Dillion K-8.