



Durand Area High School

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Athletic Department Board Report- 3/10

The Lady Railroader Varsity Basketball team looks to continue their season on 3/7 with a district championship game win. If the ladies win they will play in the regional semifinals on 3/10 @ Clawson HS and I will be absent from this board meeting. We had a great winter and look forward to how far the girls make it.

Spring sports start on 3/10 and we have sent in all of our coaching recommendations at this point and should be all set for coaches. We had our spring coaches meeting to discuss expectations and requirements for coaches here at Durand Schools.

Included in my report will be a rough draft of a supplemental concussion protocol that Durand Athletics would use if approved in addition to the MHSAA Concussion protocol. This additional protocol would prevent athletes from returning to action too soon if they aren't showing initial symptoms of a concussion when they are first evaluated. The protocol given to you also includes the forms the trainer or coaches would have to fill out in the event of a potential head injury this way everything is documented.

I also want to include that Durand Athletics is working on starting the Railroader Leadership Council. This will be a group of Durand Athletes that are positive role models, are in good academic standing, and have a recommendation from a coach when they apply to be a part of the RLC. This group will discuss ways we can improve our athletic programs, It will help teach them skills like how to be a leader, how to build teamwork and trust, how to communicate effectively, what their community and social responsibilities are, handling stress and being resilient. This will help us build and uphold a strong and positive culture between our athletes, coaches, and administration and will be led by myself and some of our coaches.