

**BOARD OF TRUSTEES  
AGENDA**

|                          |                 |                          |                |                          |                |
|--------------------------|-----------------|--------------------------|----------------|--------------------------|----------------|
| <input type="checkbox"/> | <b>Workshop</b> | <input type="checkbox"/> | <b>Regular</b> | <input type="checkbox"/> | <b>Special</b> |
|--------------------------|-----------------|--------------------------|----------------|--------------------------|----------------|

(A)  **Report Only**  **Recognition**

**Presenter(s):**

**Briefly describe the subject of the report or recognition presentation.**

(B)  **Action Item**  
**Presenter(s): MR. GILBERTO GONZALEZ, SUPERINTENDENT OF SCHOOLS**

**Briefly describe the action required.**

**CONSIDER AND TAKE APPROPRIATE ACTION ON THE REQUEST TO APPROVE A MEMORANDUM OF UNDERSTANDING BETWEEN THE EAGLE PASS ISD AND SOUTH TEXAS RURAL HEALTH SERVICES, INC.**

(C) **Funding source: Identify the source of funds if any are required.**

(D) **Clarification: Explain any question or issues that might be raised regarding this item.**



ADMINISTRATION OFFICE  
P.O. Box 600  
Cotulla, Texas 78014  
(830) 879-3047

COTULLA CLINIC  
304 Nueces  
Cotulla, Texas 78014  
(830) 879-2502

## SOUTH TEXAS RURAL HEALTH SERVICES, INC.

### MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding is entered into and between South Texas Rural Health Services, Inc., and Eagle Pass Independent School District for the purpose of strengthening collaboration between agencies with substance abuse prevention education. This agreement will be submitted in an application to support the planning, development, establishment, and operation funded through the Texas Department of State Health Services (DSHS). South Texas Rural Health Services, Inc. will enter **EPISD** campuses to educate the adolescent population on health concerns of substance abuse through a curriculum entitled "*Too Good For Drugs*" purchased by STRHS, Inc. This curriculum is a school-based prevention program designed to reduce risk factors and increase protective factors in relation to alcohol, tobacco, and additional drug use among students. The curriculum has developmentally appropriate lessons for each grade level, and is designed to develop five essential life skills: 1.) goal setting, 2.) decision making, 3.) bonding with peers, 4.) identifying and managing emotions, and 5.) communicating in an effective manner.

South Texas Rural Health Services, Inc. will be responsible for facilitating the following provisions:

1. Provide education to adolescents ranging from the age of 11 to 18 years.
2. Available to identify youth including identification of potential problems, health assessment, and psychosocial history.
3. Disseminate information material on all drugs, specific services, and resources available.
4. Provide referral support to make necessary arrangements by letter, telephone, and/or use of facsimile machine to any external sources.

Eagle Pass Independent School District will be responsible for facilitating the following provisions:

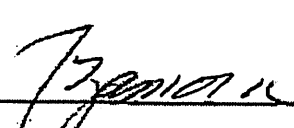
1. Maintain a physical location accessible for implementing prevention education.
2. Make students available to maximize prevention efforts.

#### Terms:

1. This letter of agreement shall be for the period of Sept 1, 2017 to Aug 1, 2018.
2. If South Texas Rural Health Services, Inc. is not funded to manage this proposed project this agreement shall be cancelled automatically.

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Mr. Gilberto Gonzalez, Superintendent of Schools  
Eagle Pass Independent School District



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Mr. Alfredo Zamora Jr., Chief Executive Officer  
South Texas Rural Health Services, Inc.

# OUR COMMITMENT TO YOU ...

**“At South Texas Rural Health Services, Inc., we offer professional and confidential behavioral health and substance services delivered in a manner which respects the values, culture, and language of our patients.”**

In Eagle Pass Licensed Counselors:  
**Douglas Grant, MS, LPC**  
[lpc3.strhs@tachc.org](mailto:lpc3.strhs@tachc.org)

**Rolando Ruiz, LCDC**  
[lcdcep.strhs@tachc.org](mailto:lcdcep.strhs@tachc.org)

**Domingo Davalos, MS,  
LPC, NCC, QCC**  
[cslpci.strhs@tachc.org](mailto:cslpci.strhs@tachc.org)

In Eagle Pass Prevention Specialists:

**Mayra Battaglia**  
[ps2ep.strhs@tachc.org](mailto:ps2ep.strhs@tachc.org)

**Diana L. Sanchez**  
[psep.strhs@tachc.org](mailto:psep.strhs@tachc.org)

***Other services available:  
Medication-Assisted Treatment  
for Opiate Addiction  
& Prevention Programs***

For Information in Eagle Pass call:  
*Ana Rodriguez at 830-757-0117*

## South Texas Wellness Centers

Eagle Pass Wellness Center  
2250 North Veteran's Boulevard  
Eagle Pass, Texas 78852  
(830) 757-0117, Fax: (830) 757-0119

Pearsall Wellness Center  
158 Medical Drive  
Pearsall, Texas 78061  
(830) 334-2087, Fax: (830) 334-2176

Cotulla Wellness Center (Main Office)  
105 South Stewart Street  
Cotulla, Texas 78014  
(830) 879-2676, Fax: (830) 879-6390

Uvalde Wellness Center  
1815 Garner Field Road  
Uvalde, Texas 78801  
(830) 591-1822, Fax: (830) 591-1826

Devine Wellness Center  
1010 West Hondo Avenue, #100  
Devine, Texas 78016  
(830) 663-9786, Fax: (830) 663-9800

Dilley Wellness Center  
606 West Leona  
Dilley, Texas 78016  
(830) 965-2190, Fax: (830) 965-2109

*\*We can counsel students in  
the schools or in our clinics.*

## SERVICE HOURS

Monday & Thursday  
9:00 am to 6:00 pm  
Tues – Wed – Fri  
8:00 am to 5:00 pm

*\*Closed for Lunch  
12:00 p.m. to 1:00 p.m.*

# South Texas Rural Health Services, Inc.



*"Your Health is our Mission"*

## Behavioral Health Department

# BEHAVIORAL HEALTH SERVICES

*Family, economic, health, peer, environmental, and school stressors at times produce significant impairment in a student's ability to cope with the demands of everyday life. When this happens, our normal problem-solving skills become overwhelmed and his or her well-being could be jeopardized.*

*Our array of services are designed to help students manage their stressors and return to their optimal level of functioning and success. Among the diagnostic and therapeutic modalities employed are:*

## Diagnostic Assessment

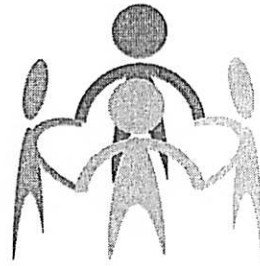
The counselor gathers information about your concerns, conducting a brief mental status exam, establishes a provisional diagnosis, and suggests a plan of treatment which may include referring you to other agencies in the community.

## Individual Counseling

Meeting with the counselor on a one-to-one basis, the emphasis is on helping you obtain insights, which can enhance your problem-solving and coping skills.

## Family Counseling

Our goal is to strengthen families by helping them learn to better problem-solve, improve communication, and increase their ability to understand and support each other's continued growth and development.



## Group Therapy

This form of treatment is characterized by a great deal of confidential and honest communication that can lead to behavioral and/or attitudinal changes required for greater life satisfaction. Group members themselves play an active role in each other's treatment.

## Play Therapy

In working with young children, the therapist utilizes various toys, games, and art to help the child become aware and come to terms with their emotional issues.

## Substance Abuse Assessment

The counselor determines if the patient has a diagnosable substance abuse disorder and, if so, what level of care and type of referral is required.

## Support Groups

These groups come together for mutual encouragement and support, and to prevent a sense of isolation in their struggle with a common problem.

## Educational Services

The counselor provides information to individuals or groups wishing to better understand their particular problem relating to mental health or substance abuse.

## ACCESSING SERVICES

To receive services, a person must first be registered as a patient of services at STRHS, Inc. You as a student may request services on your own or your parent, or your teacher may refer you. We also accept referrals on your behalf from outside agencies. If you ask for services and you are under the age of 18 we must have a parent's permission to work with you and he or she must sign consent.

## FEES & PAYMENTS

STRHS, Inc. is a provider in several HMO plans and accepts many forms of health insurance including:

- Private Health Insurance
- Medicaid
- Medicare\*

For patients not covered by health insurance, STRHS, Inc. has a sliding fee scale based on your family income and family size.

*\*For Medicare patients, the deductible is waived and co-pay will be charged according to the Center's sliding fee scale.*

