

GOOSE CREEK CISD  
SCHOOL HEALTH ADVISORY COUNCIL



---

# 2025-2026 GCCISD SHAC Annual Report

Monday, June 1, 2026 - Board Presentation

# SHAC PURPOSE & ROLE

- Supports coordinated school health and student wellness initiatives
- Provides recommendations aligned with Texas Education Code and district wellness policy
- Reviews wellness data, assessments, and campus feedback
- Promotes healthy, safe, and supportive school environments
- Considers evidence-based strategies to develop and implement nutrition guidelines and wellness goals required by federal law



# SHAC MEMBERS

- The GCCISD Board of Trustees approved the appointment of 47 members to the volunteer advisory council.
- The SHAC must be composed of a **majority of parents** who are not employees of the district.
- 25 members or **52%** of the SHAC are returning members!

2025-2026 SHAC Years of Service					
YR 1		YR 2		YR 5	
Ellen Akers		Briceida Alcaraz		Ashley Cox	
Norma Alanis		Kimberly Cooley		David Reed	
Melissa Cerda		Bruce Cortez			
Magen Clemons		Jade Cox			
Myrna De Avila		Deanna Marsalis		Thresa Caldwell	
Megan Donner		Anna Rodriguez		Natalie Edwards	
Devonna Dorsey		Louann Taylor		Amanda Kennington	
Angela Franco				Lee Martinez	
Kelly Goodwin		YR 3		Patricia Pena	
Stafney Helm		Tanya Alexander			
Valerie Juarez		Valencia Davis			
Amy Mallon		Pavandeep Kaur Gill		*	
Kassie Martinez		Joel Kunz		+	
Erin Neal		Tricia Times		*	
Emilie Olivier					
Laura Rawson		YR 4			
Barbara Rogers		Sam Chapa			
Cheryl Sheffield		Sandra Corner			
Josalyn Smith		Wes Hines			
Demaris Vega		Michelle Kaisley			
Eva Ventura		Mirtha Morales			
Royce Watson					
MeyaConnie Williams					
Kevin Zinter					
				Representation	
				25 Parents	
				3 Community Reps	
				20 Employees	
				48 Total	



GOOSE CREEK CISD  
SCHOOL HEALTH ADVISORY COUNCIL



## COMMUNICATION

- ✓ The GCCISD SHAC website:  
<https://www.gccisd.net/page/wlms.home>
- ✓ Agenda, Minutes and audio recordings can be found on the Meetings tab
- ✓ Meeting notices are posted 72 hours in advance of each General SHAC meeting in the central office of every campus in the district.
- ✓ Questions can be emailed to  
[SHAC@gccisd.net](mailto:SHAC@gccisd.net)
- ✓ Contact SHAC Facilitator by phone @  
281-707-3461

## STANDING SUBCOMMITTEES

The SHAC is divided into each of four Standing Subcommittees to address the health issues that we may see in our school aged children.

1. Health Ed/PE/Physical Activity & Fitness\*
  2. Nutrition Services
  3. Employee Wellness/Health Services/Mental & Behavioral Health
  4. Family Engagement & Community Involvement
- ★ Ad Hoc Committee: Giant Care Collective
  - ★ Ad Hoc Committee: Wellness Policy Review



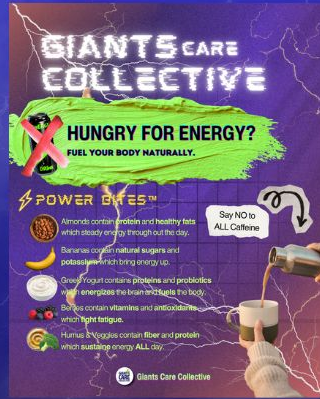
# GIANTS CARE COLLECTIVE



## Who We Are

The mission of the Giants Care Collective is to **elevate student voice in district health and wellness efforts** by helping shape meaningful district policy, supporting SHAC initiatives, and leading campaigns that inspire peers to engage in healthier choices.

- 18 members
- Juniors and seniors
- Representation from all five high schools



## Energy Drink Overconsumption

The Energy Drink Overconsumption campaign was launched April 1st.

- Established @giants.care on instagram and created campaign series
- Distributed flyers at Lee College
- Distributed flyers at high schools
- Recorded podcast
  - Energy Sources Activity

The Goose Call



# 2025-2026 AREAS OF FOCUS

SHAC focused on district wellness plan implementation including physical activity and movement opportunities; nutrition education and healthy school environments; staff wellness initiatives and engagement; community partnerships and family engagement; and review of wellness-related policy and operational practices.

## HIGHLIGHTS & ACCOMPLISHMENTS

- 15 Schools Earned SHAC Whole Child Wellness Awards
- 13 Schools Earned National Healthiest Schools Recognition
- GCCISD Earned 1st in the statewide Community Challenge
- Expanded wellness awareness through campus and community events
- Continued collaboration with Be Well™ Baytown and community partners
- Supported CATCH implementation and wellness professional development
- 100% of campuses utilized the Healthy School Assessment tool
- Expanded growth overall in meeting Wellness goals collectively



# KEY SHAC ACHIEVEMENTS



**MEDIUM**  
School District Winners

**1ST** Goose Creek CISD

**2ND** Harlingen CISD

2026 **COMMUNITY CHALLENGE**  
HEALTHIER TEXAS

**GOOSE CREEK CISD**  
*Family*  
WELLNESS FESTIVAL

- 1,309** Event Participants
- 19** Campuses Represented  
**6** Student Performances
- 92** Volunteers  
**14** Department Collaborators  
**400** Books Provided
- 39** Resource Vendors  
**2** Educational Sessions
- 300** United Way Day of Caring  
Kites Donated
- 190** Meals Served  
**13,050 lbs** of Food Distributed



# NUTRITION SERVICES SUBCOMMITTEE

## Key Accomplishments (2025-2026)

- Supported continued alignment of campus menus with USDA nutrition standards and student preference feedback
- Expanded student engagement opportunities through taste tests, cafeteria feedback processes, & internship
- Increased promotion of healthy meal participation through campus-based campaigns

## Recommendations (2026-2027)

- Continue to strengthen integration of nutrition education with classroom and cafeteria messaging
- Navigate new menu regulations SY26/27
- Babylon Micro-Farms



# Nutrition Services



ACE @ SJE



CATCH Family Night



Bowie Student Survey Winner



Taste It Tuesday -  
Mandarins



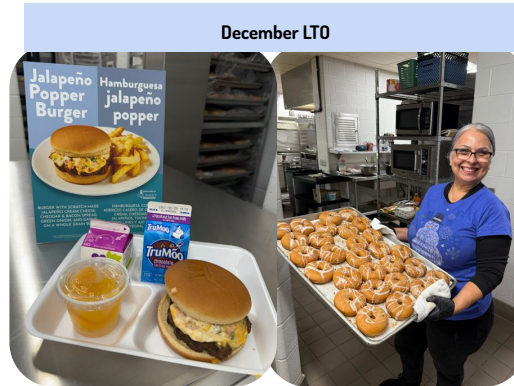
Team Titan



SHAC SC Site  
Visit/Observation @ EF  
Green



GCCISD Family Wellness Festival -  
190 Meals Served



December LTO



Egg dye with everyday ingredients.

# HEALTH, PHYSICAL ACTIVITY & PHYSICAL EDUCATION SUBCOMMITTEE

## Key accomplishments (2025-2026):

- Supported implementation of **evidence-based health instruction programs**
- Increased integration of mental wellness and **prevention education** topics
- Supported implementation of **structured physical activity opportunities** beyond PE class (active recess)
- Increased awareness and participation in **campus wellness events** (walk-to-school, activity challenges)
- Strengthened **professional capacity** and alignment of PE practices with district wellness expectations

## Recommendations (2026-2027)

- Expand staff support/resources for health instruction delivery and ensure consistent curriculum alignment across campuses
- Support movement before/after school across all campuses where feasible
- Expand opportunities for physical activity throughout the school day
- Increase staff training on physical activity integration strategies



# HEALTH, PHYSICAL ACTIVITY & PHYSICAL EDUCATION SUBCOMMITTEE



# 2025-2026 WELLNESS PLAN SUBCOMMITTEE

## District Strengths

Top-performing domains  
Notable successes  
Programs or practices contributing to success

HPE-8	98
HPE-3	97.383
EW-1	97.383
HPE-5	97.06
SS-3	96.113
NS-6	94.843
HPE-4	94.77
NS-4	93.54
SS-2	93.54
SS-1	92.54
EW-4	91.57
HPE-6	91.073
NS-5	90.923
PA-6	90.633
PA-7	90.06
HPE-10	86.883
NS-2	86.413
SS-4	84.603
PO-6	84.6
PA-1	84.24
HPE-12	83.983
PO-1	83.77
PO-2	83.683
NS-3	83.33
NS-10	82.943
NS-9	82.12
HPE-2	81.69
EW-5	81.163
SS-5	80.79

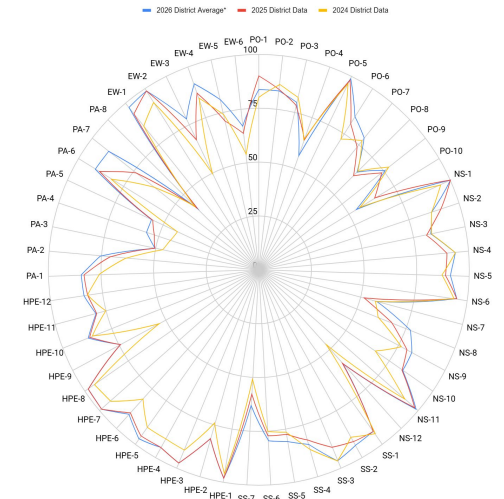
## District Areas for Growth

Lowest scoring domains  
Common gaps across campuses  
Equity considerations

PA-2	73.72
PO-9	75.615
HPE-9	74.31
EW-6	67.273
PO-8	65.13
SS-7	63.213
NS-12	59.39
NS-7	58.06
PO-4	56.31
PA-5	56.093
PA-4	55.953
PO-10	53.993
PA-3	50.34
PA-8	40.5



2024-2026 Healthy School Assessment District Data



# Key Overlaps & Strategic Alignment

## Policy Area - PA Goal #6

### Access to Physical Activity Facilities Outside School Hours

Problem Statement: District facilities (gyms, playgrounds, fields) are underutilized outside of school hours due to an unawareness of policies, liability concerns, and limited staffing. This restricts opportunities for students, families, and community members to engage in safe, accessible physical activity.

### Recommendation to the Board

1. Develop, revise, and communicate the shared-use policy to allow community access to facilities during non-school hours as feasible.
  - Ensure clear guidelines addressing supervision, liability, and maintenance are established.
2. Partner with local organizations to supervise and manage facility use.
3. Publicize facility availability and schedules to families and the broader community.

# 2026-2027 STRATEGIC PRIORITIES

- Increase alignment between district wellness goals and campus implementation
- Continue to strengthen data collection and program evaluation efforts
- Promote sustainable wellness practices across departments
- Continue positioning GCCISD as a leader in coordinated school health



## GCCISD SCHOOL HEALTH ADVISORY COUNCIL

### Meeting Dates 2026-2027

<u>Activity</u>	<u>Date &amp; Time</u>	<u>Location</u>
General SHAC Meeting	October 6, 2026 5-6:30pm	GCCISD Administration Building Board Room 4544 Interstate 10 East Baytown, Texas 77521
General SHAC Meeting	December 8, 2026 5-6:30pm	GCCISD Administration Building Board Room 4544 Interstate 10 East Baytown, Texas 77521
General SHAC Meeting	February 23, 2027 5-6:30pm	GCCISD Administration Building Board Room 4544 Interstate 10 East Baytown, Texas 77521
General SHAC Meeting	April 27, 2027 5-6:30pm	GCCISD Administration Building Board Room 4544 Interstate 10 East Baytown, Texas 77521

SCAN QR CODE TO COMPLETE  
SHAC APPLICATION ONLINE

